

Midlothian Basketball League

Adult 5v5 League Rules

Follow NFHS Rules except for below

Minimum of 7 players on Roster

Uniforms need to be provided for 1st contest

*all numbers must be permanent and unique (0-99)

MBL PROVIDES SCOREKEEPER

6 GAME SEASON

End of Season Tournament ~ top 6 teams participate

Game Length:

- Three Minute Warm Up
 - Game begins on time ~ Teams are allowed to begin with 4 players
 - A team must have a minimum of 4 players (on roster) in order to start the game. If a team is unable to field a team (4 players) within 5 minutes of the scheduled game time the game will be forfeited. Forfeited games will not be rescheduled.
 - (2) 18 Minute Halves (Clock Stops in the last 2 minutes of the 2nd Half if score is Within 10 Points)
 - 2 minute overtime if tied at end of regulation (2nd overtime is sudden death)
 - Shoot one & one (bonus) on the 7th foul of each half
 - Shoot two shots on 10th foul
 - Men's regulation ball size (29.5),
 - Ejection from contest will result in a 1 game suspension (out of the game ejected + next contest)
 - Foul Out on 6 fouls
 - Teams with more than 1 forfeit (without proper notice, 48 hours) will be dropped from playoff contention
- Every player must be on roster to play, and show an ID before the game
- No additions to roster after second game of the season

Time outs per game:

- Two (2) time outs per half. They do not carry over- use them or lose them.
- One (1) additional 20 second time out for each overtime period.

ZERO TOLERANCE POLICY

- There will be zero tolerance for any physical altercations. If there is a fight of any kind, all parties involved will be detained by security and will be held on the premise until law enforcement arrives. The PLAYER who initiates the fight, along with his ENTIRE TEAM, will be banned for the remainder of the season with no refund.