

## 6U

We expect our players to develop proper softball skills and a growing knowledge of the game. What you teach these girls at the 6U Level is important to their development and ability to successfully move up through our softball program.

As coaches you are asked to prepare these girls by working with them to master basic softball skills.

**By the end of this season, we want our 6U softball players to know these basic skills....**

- Execute the basics of a batting stance.
- Automatically run to first base upon hitting the ball.
- Identify bases and home plate on the field.
- Understand and execute a "Ready Position" in the field.
- Field a ground ball using the "Alligator" technique.
- Step with the proper foot and throw to a general target.
- Catch a ball.
- Understands some basic rules of the game, (how many outs is needed, scoring, what is a strike & ball)