

VANCOUVER MINOR BASEBALL ASSOCIATION

OUTBREAK OR ILLNESS PLAN- Updated June 14, 2021

Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak/illness. An “outbreak” is two or more cases.

Procedure:

VMBA members, volunteers, or a participants of the program reports that they have a confirmed case of COVID-19 or have been in contact with a confirmed case of Covid -19 that person:

-**Must** get tested & be confirmed you have no infection before returning to the program.

-**Must** let the association know right away (Coach, Director or Executive).

-**Once** VMBA has received notification we will send an email out to advise the person or persons involved to follow PHO’s order. VMBA may also go further & send a directive of how the members who are involved should proceed.

Members, Please Know that VMBA will take every step to break the chain of infection within the association.

Explanation: A VMBA directive could ask that the members involved not attend program for a set amount of time, to hopefully break the chain of infection.

(**please be kind**, if you get an email like that just know our only motive is for everyone’s health & safety).

EXAMPLE: The Provincial Health Officers office has used province/city/district wide circuit breakers to stop the chain of illness infections as well with success.

If you **DO** receive an **OUTBREAK** or an **ILLNESS** directive email from VMBA and or are told to not attend our program, please follow that directive.

(**please be kind**, if you get an email like that just know our only motive is for everyone’s health & safety).

Members:

-**Please** monitor your general health daily:

-Please report to VMBA & Fraser Health Authority if you have:
Fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.

-Please STAY HOME if you have any unexplained respiratory illness and do not to return to the VMBA activity for at least 10 days, unless infection lasts longer then stay away until it has passed.

Members If you are unsure:

Please use the COVID-19 self-assessment tool at BC COVID-19 Self-Assessment Tool to help determine if further assessment or testing for COVID-19 is needed.

Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency.