



Camp Parent Guide 2019

Mission and Goals for our Summer Programs

Texas Play Hard has designed programs to establish and strengthen stick skills and game concepts in a safe and fun environment. We aim to create an environment that fosters young athletes to make sound decisions, and grow up to be both responsible and caring. This environment is created through a blend of factors; support, clear boundaries/expectations, commitment to learning, and self-empowerment.

Texas Play Hard focuses on instilling healthy habits of exercise and a balanced diet. We encourage participants to meet new people in our accepting and inclusive atmosphere. Confidence, cooperation, and flexibility will allow our campers to have the best experience possible, all while improving skills applicable on and off the lacrosse field.

Character Development

Texas Play Hard believes that character development is a part of who we are. This is an important challenge for all participants- camp staff, players, and parents- demonstrating and accepting positive values of respect, honest, and responsibility.

Locations

Texas Play Hard Camp

6/4-6/8

St. Stephen's Episcopal School

6500 Saint Stephens Drive

Austin, TX 78746

North Austin- Half day Camp

7/8-7/12

Town & Country

9100 Meadowheath Drive

Austin, TX 78729

Camp Staff

Camp Director

Johanna Owens: 512-589-4416
coachjo@texasplayhard.com

Camp Assistant Director

Emily Roussel: 512-639-2873
coachem@texasplayhard.com

Our camp staff will vary year to year: a mix of NCAA coaches, Austin area coaches, and collegiate level player coaches.

At the Texas Play Hard Camp, there will be access to the St. Stephen's Episcopal school Athletic Trainer.

Payment

Payment for all camps will be done through the Texas Play Hard page of the "LeagueApps" webservice. Payment is due by dates listed, late fees will be added for payments past due dates.

Bounced Checks

There will be an additional \$25.00 fee for any checks that bounce.

Cancellation Policy

50% of your camp tuition is non-refundable for any reason.

If injuries or sickness prevent you from attending our camp, we must be notified by **May 1, 2019** in order for you to be eligible for a partial refund.

Balances and deposits are transferable to siblings or family members only.

Camp Information

Camp information will vary based upon camp. Expectations for participants are the same for all camps

Expectation for Behavior

Follow all instructions of camp staff and immediately consult camp staff if you are uncertain about any instruction given

Follow camp schedule and report on time to all activities

Participate in all scheduled camp activities (including meals). The camp director must grant permission for any camper to be excused from scheduled activities.

Attendance will be taken throughout the duration of camp

Keep camp staff informed of your whereabouts at all times

If you are an overnight camper

Keep your dormitory space clean

Dorm rooms are to remain unlocked and doors open, unless campers are changing or sleeping

No keys will be assigned to campers

DO NOT LOCK DOORS

Use the buddy system (as instructed by camp staff) when traveling between camp areas (ex. Fields, dorms, dining hall, pool, etc)

Bring all equipment and personal items required for camp

Notify camp staff of **any** problem. Camp staff is available to campers at any time

Follow instructions of police, fire, or emergency personnel

Behaviors not permitted

- Use of profanity or inappropriate language, both verbal and written
- Leaving camp areas as designated by camp staff. Campers are not permitted to freely walk outside of designated camp areas
- Visitors are not permitted in camp dorm areas of St. Stephen's Episcopal School. Spectators are allowed to watch camp sessions in designated areas
- Using a motor vehicle during camp. Campers who drive cannot leave camp. Please inform camp staff of any extenuating circumstance, and a decision will be discussed
- Possession and/or consumption of alcohol, tobacco, or illegal substances
- Possession of lighters, matches, hot plates, kettles, fireworks, lethal weapons, or any other object that the camp staff considers dangerous
- Possession and/or distribution of indecent literature or images
- Tampering with fire alarms or any security/safety equipment
- Inappropriate use of a cell phone during camp- phone may be confiscated for the duration of camp
- Damaging or stealing property of camp locations or other participants. For overnight campers dorm rooms will be inspected prior to check-in and immediately following check out, and at any time deemed necessary by camp staff. The cost of repairing damaged to the room/furniture will be the responsibility of the camper. Camp fees do not cover payment for lost or stolen items.
- Harassment, bullying, or intimidation of campers or camp staff.
- Excessive noise or horseplay
- For overnight campers in the dorms-
 - Entering a residence hall that is not a lacrosse dorm
 - You may only sleep in your assigned room
 - Permitting any person other than a camper to enter that camp building
 - Moving furniture in any dorm or St. Stephen's building
- Removing food, glassware, utensils, or any items from dining halls
- Violation of state and federal laws.

Texas Play Hard Camp

Date

June 4-8th for Overnight Campers

June 5-8th for Commuter and Half-Day Camps

Location

St. Stephen's Episcopal School

6500 Saint Stephens Drive

Austin, TX 78746

Things to Bring

Half-Day campers (6/5-6/8)

Sunscreen
Water bottle
Stick
Goggles
Mouth-guard
Cleats
Snack

Tribal costumes
(Native American
Theme) for Saturday

Full-day Campers (6/5-6/8)

Sunscreen
Water bottle
Stick
Goggles
Mouth-guard
Cleats
Snack
Running shoes (incase
we move indoors)
Bathing suit
Towel
Bug Spray
Tribal costumes
(Native American
Theme)

Overnight Campers (6/4-6/8)

Sunscreen
Water bottle
Stick
Goggles
Mouth-guard
Cleats
Snack
Running shoes (incase
we move indoors)
Bathing suit
Towel
Bug Spray
Tribal costumes
(Native American
Theme)
Linens (twin bed)
(sheets, blanket,
pillow)
Sports bras
Socks
Athletic shorts
T-shirts
Sleep clothes
Bath towel
Pillow
Toiletries
Snacks (shared
refrigerator available)

Schedule

Overnight Campers

Tuesday

6:30-7 pm Overnight check in
(no dinner provided)
7:30-9 pm Capture the
flag/Floorball
10pm Lights out

Wednesday - Friday

8am Breakfast
8:30 Morning warm up
8:45-11:20 Session 1:
Instructional
11:30-12 Lunch (provided)
12:00-1 Indoor talk/Indoor
games/Rest time
1:15-3:30 Session 2:
Instructional
4-5pm Pool/Rest Time
5:30-6 Dinner (provided)
6:15-8 Session 3: GAMES
10pm Lights Out

Saturday (TRIBAL DAY)

8am Breakfast
8:30-10am Tribal Games
10:00-11am Tribe time
11:15am-1 The Ultimate
Lacrosse Game (families invited)
1:00 pm Overnighter check out

Commuter Campers

Wednesday-Friday

8:30 Morning warm-up
8:45-11:30 Session 1: Instructional
11:30-12 Lunch (provided)
12:00-1 Indoor talk/Indoor games/Rest time
1:15-3:30 Session 2: Instructional
4-5pm Pool/Rest Time
5:30-6 Dinner (provided)
6:15-8 Session 3: GAMES
8pm Full-day camp Pick-up

Saturday (TRIBAL DAY)

8am Breakfast
8:30-10am Tribal Games
10:00-11am Tribe time
11:15am-1 The Ultimate Lacrosse Game
(families invited)
1:00 pm Overnighter check out

Half-Day Campers

Wednesday-Friday

8:30 Morning warm-up
8:45-11:20 Session 1: Instructional
11:30 am Half-day camp Pick-up

Saturday (TRIBAL DAY)

8am Breakfast
8:30-10am Tribal Games
10:00-11am Tribe time
11:15am-1 The Ultimate Lacrosse Game (families invited)

Drop Off and Pick Up Information

Dropping your child off on Tuesday June 4th 6:30-7pm in front of Clayton Gym

- Follow the schedule for drop off
- Driving up to the dorms is prohibited, follow the signs and directions from coaches along the way
- Do not change rooms or roommates for your daughter
- If your daughter has a reason that they have to leave camp during the day please tell the director ahead of time so we are aware of the situation
- Make sure your daughter is prepared for the upcoming week before you go, paying special attention to sunscreen (is it expired, is there enough, etc.), bug spray, water bottles and if they have an extra t-shirt to wear under their jersey in case of sun burn

For dropping items off to your child during the week

- Leaving stuff behind does happen, if this occurs a coach will meet you at the gym or agreed upon meeting spot to retrieve items
- DO NOT GO TO THE DORMS- PARENTS ARE NOT ALLOWED IN DORM EXCEPT FOR DROPOFF & PICK UP (unless escorted by a head coach)

For picking your child up on Saturday June 8th after The Ultimate Lacrosse Game at 1:00pm

- Do not drive up to dorms to pick up your child
- Make sure the room is clean of trash and that your child has all their items before they leave. Check the refrigerator too.
- Check in with camp staff and sign your child out before you go

Overnight Campers: Dorm Expectations

- No opening the emergency doors
- No touching the thermostats
- If you make a mess, clean it up
- Do not use the ovens
- No wandering around campus: ask permission from your head counselor if you want to go for a walk
- No going into any other dorms that aren't lacrosse dorms
- Be on time, that means waking yourself up
- Be prepared- make sure you have everything you need before you leave the dorm
- For tribal games- no paint or hairspray inside
- Applying sunscreen inside
- Cleats are to be put on outside and left outside cafeteria
- No phones outside of dorms

July Half day Camps

Dates& Locations

North Austin- Half day Camp

7/8-7/12

Town & Country

9100Meadowheath Drive

Austin, TX 78729

Schedule

Monday-Friday

8:30 Morning warm-up

8:45-11:20 Session 1: Instructional

11:30 am Camp Pick-up

What to bring

Sunscreen

Water bottle

Stick

Goggles

Mouth-guard

Cleats

Snack