

THAI BASIL CHICKEN SIZZLING RICE

Serving size: 2

EQUIPMENT REQUIRED

- Blender
- Small Skillet
- Cast Iron Skillet

SAUCE INGREDIENTS

- 4 tablespoons oyster sauce
- 2 teaspoons tamari
- 2 teaspoons sugar
- ½ teaspoon black pepper
- 2 garlic cloves, minced
- 2 teaspoons fish sauce
- ¼ teaspoon Chinese five-spice powder
- 2 teaspoons sambal oelek (chili paste)

CHICKEN MIXTURE INGREDIENTS

- 1 lb ground chicken
- 1 poblano pepper, thinly sliced
- ½ yellow onion, thinly sliced
- 4 thai basil leaves
- Sauce (above)

THAI BASIL CHICKEN SIZZLING RICE INGREDIENTS

- Chicken mixture (above)
- 1 fresno chili, deseeded and cut into coins
- 3 tablespoons eel sauce
- 2 egg yolks
- 3 tablespoons thinly sliced scallion greens
- 1 pinch chili threads
- 2 cups prepared sushi rice

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SAUCE METHOD

- 1. Combine tamari, sugar, black pepper, garlic cloves, fish sauce, five spice, oyster sauce and sambal oelek into a blender
- 2. Blend until all ingredients are incorporated and sugar is dissolved
- 3. Set aside for later

CHICKEN METHOD

- 1. Heat vegetable oil in a small skillet over medium heat
- Add ground chicken to the skillet and cook on medium heat until half cooked, do not brown
- 3. Add julienned poblano and yellow onion to the skillet, simmer until liquid is almost cooked out
- 4. Add basil chicken sauce and thai basil to the skillet, bring to a simmer, then remove from heat
- 5. Set aside for later

SUSHI RICE METHOD

- 1. Prepare sushi rice according to package instructions
- 2. Set aside for later

THAI BASIL CHICKEN SIZZLING RICE METHOD

- 1. Preheat oven to 400 degrees
- 2. Add warm sushi rice to an oiled cast iron skillet
- 3. Add chicken mixture to the top of the rice, leaving the edge of the rice open
- 4. Top with fresno chili coins
- 5. Place the cast iron skillet into the oven for three minutes
- 6. Remove from the oven
- 7. Drizzle with eel sauce
- 8. Add egg yolks to center the skillet
- 9. Garnish with green onions and chili threads

