

# CHILLED CUCUMBERS

Yield: 1 Appetizer

# INGREDIENTS FOR PICKLED FRESNO CHILIS

(Prepares 1 cup)

5 Fresno chilis, thinly sliced

2 Tbsp. water

4 Tbsp. white balsamic vinegar

1 Tbsp. sugar

1 tsp. salt

3 ½ Tbsp. lemon juice

# INGREDIENTS FOR DUKKAH

(Prepares 1 cup)

2 Tbsp. Marcona almonds

1 Tbsp. pepitas

2 Tbsp. cashews

1 Tbsp. sesame seeds

1 Tbsp. black sesame seeds

2 Tbsp. sumac

2 Tbsp. coriander seeds

1 Tbsp. cumin seeds

2 Tbsp. Aleppo pepper





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#### INGREDIENTS FOR MINT RELISH

(Prepares 1 cup)

- 2 ½ Tbsp. pickled fresno chilis, minced
- 2 1/2 Tbsp. garlic, chopped
- 2 ½ tsp shallot, minced
- 2 ½ Tbsp. mint, destemmed & chopped
- 2 ½ Tbsp. basil, destemmed & chopped
- 2 ½ Tbsp. pepper paste, chef recommends Turkish pepper paste
- 5 Tbsp. extra virgin olive oil
- 2 ½ Tbsp. lemon juice

# INGREDIENTS FOR CASHEW CREAM

(Prepares 1 cup)

- 2 cups cashews
- 1 1/2 Tbsp. fresh ginger, peeled & chopped
- 4 Tbsp. lime juice
- 4 Tbsp. white or traditional soy sauce
- 1 Tbsp. honey
- 2 Tbsp. sriracha, chef recommends the Sambal Oelek brand
- 2 tsp. Liquid Shio Koji, optional
- 4 Tbsp. cup canola oil
- ½ tsp. salt

### INGREDIENTS FOR CHILLED CUCUMBERS

¼ cup Cashew Cream

1 cup cucumbers, sliced

1 tsp. salt

1 Tbsp. Mint Relish

1 Tbsp. Dukkah

7 mint leaves, destemmed and torn





# METHOD FOR PICKLED FRESNO CHILIS

- 1. Add thinly sliced pickled Fresno chilis to a bowl and set aside.
- 2. In a large saucepan, combine water, white balsamic vinegar, sugar and salt, and bring to a simmer over high heat.
- 3. Whisk the mixture thoroughly to dissolve the sugar and salt. Remove the saucepan from the heat when thoroughly combined.
- 4. Pour the mixture over the Fresno chilis and mix well.
- 5. Pour mixture into an airtight container.
- 6. Refrigerate until cold.

#### METHOD FOR DUKKAH

- 1. Preheat the oven to 300°F.
- 2. Roughly crush all the seeds and nuts. Place seeds and nuts on a baking sheet and toast for 10 minutes. Check at 7 minutes to avoid burning.
- 3. Remove from the oven and let cool.
- 4. Add Aleppo pepper, nutmeg, toasted nuts and seeds to a medium bowl. Mix well.
- 5. Using a mortar and pestle or the back of a small pot on a parchment-lined tray, crush the mixture until it reaches a fine texture.
- 6. Set aside.

#### METHOD FOR MINT RELISH

- In a medium bowl, place all ingredients and whisk until thoroughly combined.
- 2. Pour mint relish into an airtight container.
- 3. Refrigerate until cold.





# METHOD FOR CASHEW CREAM

- 1. Add cashews to a saucepan and add water until cashews are fully submerged.
- 2. Bring water to a boil, then remove from the heat. Let cashews sit until tender, about 45 minutes.
- 3. Drain cashews and set  $\frac{1}{4}$  cup of the water aside. Transfer cashews to a blender or food processor.
- 4. Add in ginger, lime juice, soy sauce, honey, Sriracha and Liquid Shio Koji. Add in the ¼ cup of reserved water.
- 5. Puree mixture until smooth.
- 6. Once thoroughly combined, pour cashew cream into an airtight container.
- 7. Refrigerate until cold.

#### METHOD FOR CHILLED CUCUMBERS

- 1. Add a scoop of cashew cream to the side of a shallow dish.
- 2. In a medium mixing bowl, combine sliced cucumbers with salt.
- 3. Add ¾ of the salted cucumbers to a separate medium mixing bowl. Add mint relish and dukkah and toss until evenly coated.
- 4. Arrange the seasoned cucumbers in a tall pile next to the cashew cream.
- 5. Place the remaining salted cucumbers over the seasoned pile.
- 6. Garnish with torn mint leaves, extra virgin olive oil, and lemon zest to taste.
- 7. Serve immediately.

