



Answers on Aging

Faith. Wellness. Community.
formerly Virginia Baptist Homes

LifeSpire of Virginia's mission is empowering individuals with choices in purposeful living. As a faith-based provider of senior living with strong ties to Virginia Baptists, we are committed to becoming the first stop for resources on aging.

Some of these resources include:

- A 3-minute downloadable video introducing LifeSpire of Virginia, formerly Virginia Baptist Homes, suitable for church services or community events.
- A downloadable PowerPoint slide advertising LifeSpire's mission, suitable for display in church services or community events.
- A speaker's bureau, offering experts in various aspects of aging and retirement planning who can speak to your congregation or small group.
- Small group curriculum and accompanying video, outlining the history of Virginia Baptist Homes (our predecessor organization).
- A resource line directing callers to specific individuals, agencies or organizations who can address your most pressing needs. Call us at (844) 673-3573.
- A quarterly newsletter that provides resident stories and information about day-to-day life in our communities.



These resources are available for downloading at <http://LifeSpireliving.org/our-story/answers-on-aging>. Future initiatives include:

- A monthly "answers on aging" column on our website.
- An "answers on aging" podcast, addressing age-related issues.

We also want to hear from you! If you have ideas on how we can best answer your questions about aging, please let us know! Contact Ann Lovell, LifeSpire's Corporate Director of Communications, to share your ideas. Call 804-521-9192 or email alovell@lifespireliving.org.



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FOUR COMMUNITIES. ONE VISION.

Where Faith, Wellness, and Community Flourish



Whether you enjoy the water or the mountains, the city or a charming small town, LifeSpire of Virginia, formerly Virginia Baptist Homes, has a retirement community that's right for you. Each of our four communities offers apartments and cottages as well as the peace of mind of continuing care should you or your spouse ever need it. Take advantage of a great location and the security of knowing your future is well-planned in a vibrant, resident-centered community where faith, wellness, and community flourish. To learn more, call (804) 521-9214 or visit lifespireliving.org.

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