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#### **Community Matters**

A LifeSpire of Virginia Publication April/May/June 2019, Vol. 5, No. 2

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Community Matters is published four times per year by LifeSpire of Virginia. Editorial submissions are welcome. Please send queries to Ann Lovell. Submissions may be edited for length, style, content and clarity.

LifeSpire of Virginia operates four unique continuing care retirement communities throughout Virginia: The Culpeper in Culpeper, The Glebe in Daleville, The Chesapeake in Newport News, and Lakewood in Richmond. Each community welcomes and supports people of all backgrounds in a faith-based family atmosphere.

#### LifeSpire of Virginia

3961 Stillman Parkway Glen Allen, VA 23060 Web: lifespireliving.org Facebook: LifeSpireLiving Twitter: @lifespireliving 804-521-9214

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2018 was a year of transformation for LifeSpire of Virginia. Construction at The Culpeper and Lakewood continued. Renovations were ongoing at The Chesapeake, and The Glebe broke ground on a new memory neighborhood, called The Chaplick Center.

In late 2018, the State of Virginia approved "Lakewood at Home," a membership-based program that allows healthy, active adults living at home to age in place.

Affiliated with Lakewood, Lakewood at Home is the first continuing care at home program in the Richmond area.

In 2018, we also launched the 30/40 program for Certified Nursing Assistants at The Glebe. CNAs in The Glebe's skilled nursing area work six hours and get paid for eight. As a result of this program, the clinical outcomes for our residents have improved dramatically.

The VBH Foundation continues to provide traditional benevolence for residents and strengthen programs for our staff, such as our employee education fund and employee crisis fund.

Financially, we again finished 2018 "in the black," allowing us to look for more ways we can give back to residents and staff.

Again, thank you for your patience in 2018 as the process of transforming our communities continued. We continue to look forward to a future filled with promise and hope.

— Jonathan Cook, LifeSpire President and CEO

#### **MISSION**

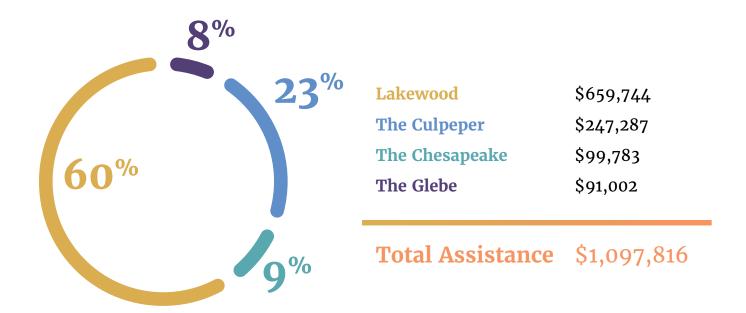
Empowering individuals with choices in purposeful living

#### **VISION**

Vibrant living where faith, wellness and community flourish

#### **Values**

Faith
Servant-Leadership
Stewardship
Integrity
Peace of Mind
Innovation
Joy



#### \$1,097,816 in Benevolent Assistance Provided in 2018

# 60 RESIDENTS RECEIVED SUBSIDIES TO PAY FOR CARE-BASED EXPENSES IN 2018 Lakewood Chesapeake 33 12 6 9 The Culpeper Glebe

## DEMOGRAPHICS OF RECIPIENTS OF BENEVOLENT SUBSIDIES

8%	45%	
were over 100	were 90-99	
50%	92%	
were baptists	were women	
39% of the women were widows	61% of the women never married	
62% resided in Assisted Living, Memory Support, or Healthcare		



#### LifeSpire Employee Crisis Fund

LifeSpire understands that employees are sometimes faced with an unexpected crisis that can result in an immediate financial need.

Natural disasters like house fires or floods, life threatening illnesses or injuries, or any unforeseen catastrophic occurrence can cause financial hardship. The Employee Crisis Fund is intended to assist full time employees who are facing one of these circumstances. It can provide immediate assistance to help the employee cope with the financial aspects of the crisis situation.

During 2018, the VBH Foundation awarded \$9,500 in financial assistance to staff in crisis.

#### LifeSpire Employee Education Fund

LifeSpire's mantra of "Faith. Wellness. Community." represents an unwavering commitment to residents' well-being and health, contentment, independence, and safety. The same principles apply to LifeSpire employees through the Employee Education Fund. The Fund provides financial assistance for higher education and updated training or certification for specialized skillsets. Tuition reimbursement toward a degree or certification is awarded to staff and college scholarships are awarded to staff or their children or grandchildren.

During 2018, the VBH Foundation awarded \$14,000 in education fund support to 13 individuals.



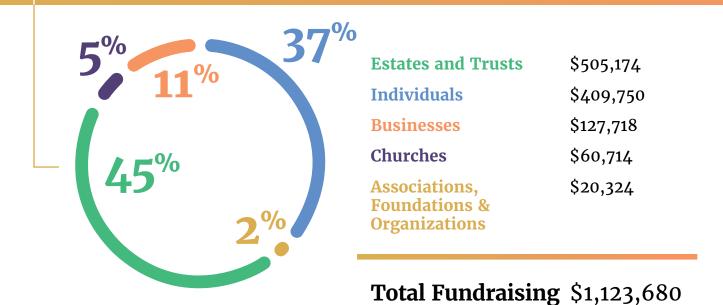
## Overcoming a Difficult Beginning

Riana Nichols was awarded a LifeSpire scholarship.

She is the daughter of Lana Sessoms, a staff member at The Chesapeake. Riana is pursuing her bachelor's degree in psychology at Virginia Commonwealth University. Born with a genetic condition that had set Riana back during her childhood, she has proudly overcome that.

When thanking the Foundation, Riana said "I am fearfully and wonderfully created for a greater purpose!"

# \$1,123,680 Was Raised from a Diverse Portfolio of Donors in 2018



#### **Forever Grateful**

LifeSpire community, I feel comfortable, secure, happy, and have enjoyed nearly ten years here. During my life, I served as a Sunday School teacher, a deacon, and was active in the Women's Missionary Union. My husband was a church leader and we supported our church financially. I will be forever grateful for your help.

— LifeSpire resident

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Donors Provided Support for Benevolence and Special Projects	Donor Circle	Number of Donors		Total Gift Amount
	\$1 to \$999		697	\$112,499
	\$1,000 to \$9,999	135		\$328,986
	\$10,000 to \$49,999	23		\$436,208
	\$50,000 plus	3		\$245,987

#### J.T. Edwards Society as of December 31, 2018

Formed in 1996, the J.T. Edwards (JTE) Society honors those who have included LifeSpire, the VBH Foundation, or one of our communities in their estate plans. Bequests, charitable gift annuities, trusts, and gifts of life insurance or retirement accounts are the most common ways that JTE members provide benevolent support for LifeSpire residents. We celebrate 66 generous individuals and couples who have chosen to create their own legacy to help others at LifeSpire!

Marjorie Arnold Barbara J. Begor Martha A. Bledsoe Ruth Bokun Curtis and Dee Brooking Jacquelyn K. Brooks Bert and Rose Browning Montgomery Cale Jeannette L. Cantrell Floyd T. Clark, Jr. Hilary and Gina Claypool Carolyn R. Coffman Ionathan and Barbara Cook Robert and Margaret Copenhaver Albert and Anne daCosta

Carole A. Edwards Emily W. Fitzgerald **Audrey Guild** J. Ellis Hall Nelson and Cathy Harris Monica Hillery R. Craig and Sharon W. Hopson Alice J. Hurst Frances W. Ingram Peyton and Nancy **Jefferson** Donald and Peggy Johnson L. Ralph Jones, Jr. Michael and Joan Keck Maurice C. Law

Mary E. Ligon Thomas and Elizabeth Mabe Guy and Vivia Mattox Joyce G. McCall Joy M. McNabb Anne B. Mitchell Patricia S. Morris Rachael D. Mothena Barbara W. Murphy Margaret J. Oliver Mary C. Paulson Marie C. Piper Doris S. Pritchard **Hunter and Mary Riggins** Randall and Linda Robinson

Peter and Myra Robinson Jacqueline R. Rowland **Bonnie Shelton** Mary K. Small Ann Ruckman Smith William and Beula Sprague LaVora M. Sprinkle Elizabeth A. Stevenson Presley and Gladys **Thompson** Violet C. Varner Robert and Julia Weikle Jacquelin A. Werb Romona P. Williams 9 anonymous donors

#### J.T. Edwards Society Legacy Gifts

In 2018, 46 donors made their ultimate gift to LifeSpire through estate planning. Some created a trust that provides income every year to support benevolence and our communities. Others gave through bequests. These generous expressions of faith humble us. While their passing saddens us, we remember the way they lived – with love and kindness for others.

Hatcher Broadus and Therma Valentine Baxter Living Trust William Hirst Bell and Annie Lee Bell Memorial Fund Inez Duff Bishop Charitable Trust Alma P. Bryan Trust Estate of Bruce H. Cantrell Estate of Judith **Gathright Cooke Culpeper Endowment** Fund Alton Carlton Elder Trust John W. and Ruth B. Elmore Trust David I. and **Edith Evans Trust** 

Stanford L. Fellers, Jr. Memorial Trust Mr. and Mrs. R. E. Graves Trust **Edward Russell Gray** Memorial Fund Woodford B. Hackley Trust Fund Laura J. Harris Trust John T. & Mamie Harris Trust Lizzie Harvey Trust Charlie Hatchel Living Trust Fund Samuel W. Holdcroft Trust Fund Ira C. and Bertha Johns Hopkins & Nancy Hopkins Bryan Fund

C. Kenneth Horner Trust Mary B. Hudson Trust Fund Estate of Louisa S. Hutchison Ora Jones Trust Yvonne Stewart Kelly Fund Alice Ruth and Willie Parr Lewis Trust Estate of Albert H. Lindler Mr. and Mrs. Wilbur Jason Lyttle Living Trust Fund Catherine H. Mahoney Trust Estate of Marie E. Mason Lloyd C. and Ruth C. Moore Trust Estate of Elizabeth A. Nalley

Estate of Betty D. Owen Emily C. Ramstetter Trust Estate of Maxine H. Rayford James M. and Ida F. Rose Trust Waller J. Rucker and Sallie M. Rucker Trust Loraine Russell Trust Estate of Ruby L. Smith Estate of Fletcher Stiers I. Robert Stiff Memorial Trust Hubert T. Thornhill Trust Robert A. Treakle Trust James T. Tunstall Trust Georgia T. Witt Fund

Estate of Lois L. Wolf

It's so hard to go through life's challenges with others. It's even more difficult going it alone. I appreciate you being here for me. Thank you for your help.

— A grateful LifeSpire employee

#### 2018 Annual Donors

Sincere appreciation to every donor! Whether your gift provided comfort and security to seniors in need through benevolence, or supported a special project or employee fund, you made a difference and touched the lives of the entire LifeSpire family.

#### Leaders

Frank and Mary Bloxom Jonathan and Barbara Cook John Foote and **Rosamond Tompkins** Eleanor J. Gruber

Audrey Guild David and Barbara Howell Jesse and Roselyn Hughes Donald and Peggy Johnson Ivars and Pamela Renga

**Hunter and Mary Riggins** Jacqueline R. Rowland Mrs. Jane N. Scott Ann Ruckman Smith

#### **Individuals**

Clifton and Karla Adair Nancy B. Adams Michele Akers John and Mary-Margaret Albertella Chickie Alexander Elizabeth Alexander Rochelle Allen Martha C. Almario

Donald and Margaret Altman

Sarah Amick **Gary Andrews** China Archer

Thomas W. Armstrong, Jr.+ Raymond and Deborah Asbell

Tia Askew

Christopher A. Astle, Jr.

Sarah Atkins Katharine Austin Bruce A. Baber and Mary Jane S. Peake Rex Bader Anne R. Bailey Martin Bailey Yash Balla Philip and Shari Barber Cliffton Barnes Suzanne Barnett

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Louise Bendl Kenneth Benjamin Nora T. Bennette Max and Nancy Bertholf

Lydia Bien-Aise

Lawrence and Marie Biermann

**Providence Billings** 

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Joan Blackwell William Blanks

D. Wayne and Nina Blevins

Norbert Bliley

Richard and Martha Blocker

Michelle Boggs Ruth Bokun Paula M. Bolton Brenda Bond

+ Deceased

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Margaret Copenhaver

Ralph and Marsha Costen

Alison Creger Thomas and Gaybrooke Crittenden Whit Crowell Olive Crummett Ignacio and Sue Cruz Albert and Anne daCosta Iohn and Iane Daniel Shelia Dantzler Dwayne and Ellen D'Ardenne **Butch Davies and** Marty Moon B.J. and Kathryn Davis Joyce Davis Gary and Sandra Davis Katherine Davison Joan D. Dawson S. Wallace and **Bonnie Dawson** Vera DeFreitas Dehmlow and **Smith Families** Rachel Delano Darryl and Brenda Dellis Claudia Densley Barbara Denton Beth DeTullio Helene M. DeVries Chad DiChristina Hilda DiNardo Melissa Dixon Daniel and Carol Donohue Carl Dudding Donald and Marilyn Duguid Ralph and Karen Dunker Ayleen Durrer

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Thomas J. Edwards

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+ Deceased

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Fourteen members of my family have lived here and I'm satisfied that I made the right choice to move here as well. Two of my relatives needed benevolent support towards the end of their lives, so that's why I give now.

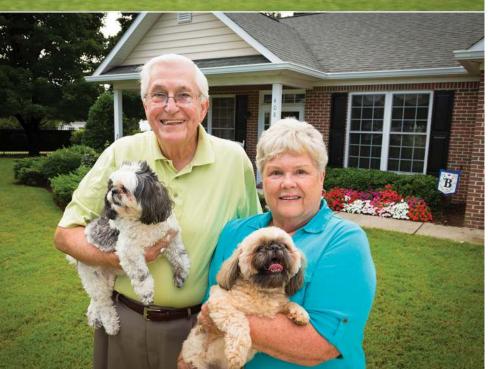
- A grateful LifeSpire resident

#### **Social Accountability**

Social accountability is the extent to which a non-profit organization responds to the needs of the community surrounding it. In 2018, LifeSpire communities provided more than \$140,000 in financial support or fees waived to a variety of charitable causes and public interests. Staff provided approximately 3,500 hours, and residents donated nearly 4,000 hours to community outreach initiatives.



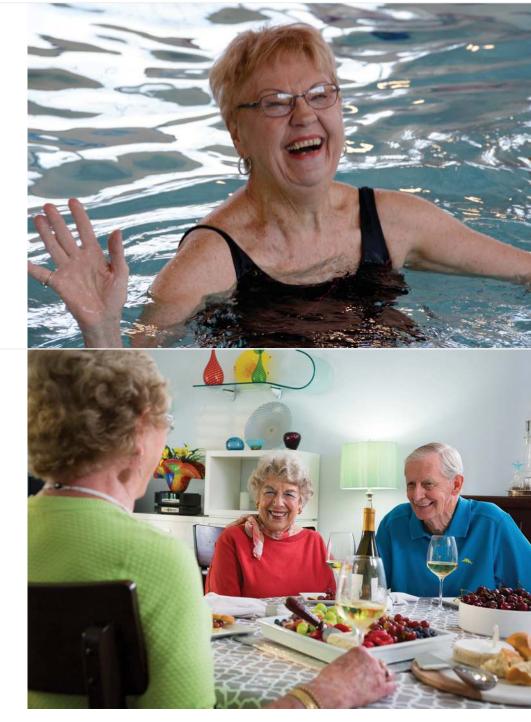
#### The Culpeper donated 405 staff hours, 1,421 resident hours, and \$10,269 to charitable causes and public interests in 2018, doubling the amount of support they provided in 2017.



#### The Chesapeake

donated 650 staff hours, 440 resident hours, and \$20,760 to charitable causes and public interests in 2018, up from 495 staff hours, 430 resident hours, and \$14,225 in 2017. LifeSpire's home office and the VBH Foundation gave 376 staff hours and \$22,405 to various causes. Notably, the home office and Foundation staff gave one day to serve at the Central Virginia Foodbank. Members of the home office team also provided mentoring and transportation to ReEstablish Richmond, an organization that helps refugees in the Richmond area establish roots, build community, and become self-sufficient.

The Glebe donated 1,808 staff hours, 406 resident hours and \$55,765 to causes and public interests in 2018, up from 1,500 staff hours, 303 resident hours and \$49,064 in 2017.



Lakewood donated 302 staff hours, 1,730 resident hours, and \$31,788 to social accountability projects.



Whether the contributions were clothing and school supplies to local elementary schools or offering meeting space to local organizations, LifeSpire staff and residents are proud to give back to the larger communities that support them.

**AARP** 

**Aging Together** 

Alzheimer's Association

**American Cancer Society** 

**American Red Cross** 

**Angel Flight** 

**Angel Tree** 

**Bedford Area Chamber of Commerce** 

**Bethel High School** 

**Blue Ridge Autism Achievement Center** 

**Bon Secours Medical Group** 

**Botetourt Christian Free Medical Clinic** 

**Botetourt County Historical Society** 

**Box Tops for Education** 

**Boy Scouts of America** 

**Boys Home of Virginia** 

**Broadband Summit** 

**B-Tech** 

**Capital Area Aging Senior Center** 

**Carver Elementary** 

**Catholic Charities** 

**Central International College** 

Central Virginia Foodbank

Children's Trust Roanoke Valley

**Closeknits of Culpeper** 

**Craddock Center** 

**Culpeper County High School** 

**Culpeper County Public Library** 

**Culpeper County Volunteer Fire Department** 

**Dabney Lancaster** 

**Eastern View High School** 

**ECPI Technical College** 

**Epilepsy Foundation** 

**Eyes of Hope** 

**Faithful Aging Conference** 

**Full Circle Thrift** 

**Gayton Glen Homeowners Association** 

**Girl Scouts of America** 

**God's Pit Crew** 

**Goochland Homeless Shelter** 

**Goodwill Industries** 

**Greenfield Fall Festival** 

**HomeInstead Caregivers** 

**Interfaith Community of Greater Richmond** 

**James River Football Team** 

**James River High School** 

Jill's Blankets

LeadingAge Virginia

Lions' Club

**Lord Botetourt High School** 

**Mission Marketplace** 

**New Horizons** 

**Newport News Fire Station #8** 

Peninsula Regional Animal Shelter

**Pioneer Group** 

**Poquoson High School** 

**Queenspoint Homeowners Association** 

**Rappahanock Rapidan Community Services** 

**Read Mountain Middle School** 

ReEstablish Richmond

**Riverside Hospital** 

**Roanoke Valley Baptist Association** 

Samaritan's Purse

Santa to a Senior

Southwest VA Wildlife Center of Roanoke

St. Mark's UMC

St. Mary's Hospital

St. Stephen's Episcopal Church

**Thomas Nelson Community College** 

**Troutville Fire Department** 

**United Way of Roanoke Valley** 

**University of Mary Washington** 

**UVA Culpeper Hospital Resident Auxillians** 

**VA Hospital** 

Virginia Sexual and Domestic Violence

**Action Alliance** 

**Warrenton Baptist Church** 

**World Vision** 

**Youth Challenge Services** 

# A Gift of Fun and Fitness at The Glebe

Glebe resident Pam Renga made a gift to build a 6-hole putting green. The Memorial Green (named in memory of her brother, Brian Miller) provides a place to unwind and exercise. Later in 2018, Pam also created the First Annual Memorial Green Short Games Tournament. The games raised more than \$4,600 in net proceeds to benefit The Glebe Endowed Fund for Benevolence.



#### continued from page 9

John and Juanita Fox Sylvia Fox Frances Francis Frank J. Fritz Catherine M. Frostick Ray and Cathy Gable Emelia Gagliano+ Sara B. Gallagher Gary and Judy Gallahan Paul and Anne Garber Elizabeth Gee Debra Geiger Marie E. Gerringer Faith Gibbs Clyde and Nathalie Givens Jackie Gordon Taylor and Judy Gore Glenda B. Gotshall Wendell and **Betty Graham** Ronald and Martha Gravatt John and Donna Green John and Susan Green Carolyn Greene Laura Groff John + and Anne Gullen Jacquelin Guter **Betty Gutzmer** Shirley Guy Megan Hackett Frederick and Carolee Hall Diane W. Halley Kwang and Sook Han **Betty Harrington** 

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"

Our aunt was a missionary overseas, which was exciting and rewarding. But it didn't leave much extra to save for her retirement. She lived to 97, and near the end, ran out of money. The VBH Foundation provided a monthly grant for her so she wouldn't have to leave her home. What a wonderful ministry! Thank you.

— A grateful LifeSpire family

Elizabeth Ann Peterson Forest G. Peterson Gilbert H. Piercy Sharlene Pollard Lanice Porter Susan Potter Billie Powell Charles and Barbara Price **Eloise Price** William and Patricia Priesmeyer Barbara Proffitt **Ruth Purinton** John Rader Margie W. Rainey Douglas and Sandra Ramsey Andrew Ramstetter Sally Redfern Barbara Redford **Betty Reeves** Harry Register Amanda Reid + Charlotte Reynolds Bert and Gail Reynolds Virginia Reynolds Michael and Linda Rigsby George and Joanne Ringler **Edwin Robertson** Shirley D. Robertson **Beverly Robinson** Peter and Myra Robinson Randall and

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+ Deceased

#### A Gift for Families at The Chesapeake

Nathalie Sharits

Doris Shea

Cardinal's Haven was born from the vision of residents Sue and Jesse Hughes as a place for families to gather during their loved one's final days. Their gift made possible the renovation of a training room in the health care wing to become a serene, welcoming, and comfortable environment for families to share precious time together. The room has also proved to be a wonderful haven for families visiting their loved ones during temporary stays in health care.



"

My mother lived at a LifeSpire community. She was fortunate enough to receive benevolence and received wonderful, loving care throughout her life there. Because I wasn't able to help financially then, I give every year now as generously as I can so that my gifts will help someone else.

— A grateful LifeSpire family

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Deb Underhill Phillip and Robbye Unger Meloney Urguhart Elizabeth Vance Raul Vasquez Marguerite Verlander Arlicia Wade Lee and Virginia Waldron Terri Walker Cherie Wall Iulie G. Walton Rowland and Barbara Wampler Jean Ward Robin Ward Carolyn Lee Warden Kathyrn Washburn Victoria Washington Ann Watkins Albert and Cathy Watson Barrett and Jessica Way Oliver and Bonnie Way Diane Weakley Shelton and Mary Webb Thelma Webber Jane Weeden Robert and Julia Weikle John Wenrich Jacquelin Werb Ellis and Phyllis West Sally Wheat Nancy White

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#### **Churches**

**Antioch Baptist Church** Averett Baptist Church **Baptist General** Association of Virginia Bethany Baptist Church Black Creek Baptist Church Braddock Baptist Church **Bundys Chapel Baptist** Church **Burdette Baptist Church** Calverton Baptist Church Carmi Baptist Church Culpeper Baptist Church Derbyshire Baptist Church **Dundas Baptist Church** Elk Creek Baptist Church **Enon Baptist Church** 

Fairport Baptist Church

First Baptist Church, Charlottesville First Baptist Church. Martinsburg First Baptist Church, Richmond Flat Creek Baptist Church Gibeon Baptist Church Greenville Baptist Church Greenwood Baptist Church High Point Baptist Church Hillcrest Baptist Church, Danville Hillcrest Baptist Church, Ridgeway Long Branch Baptist Church Mattaponi Baptist Church Melville Avenue Baptist Church

Memorial Baptist Church Mill Creek Baptist Church Millfield Baptist Church **Mount Tabor Baptist** Church Mountain Plain Baptist Church **Mountain View Baptist** Church, Catawba **Mountain View Baptist** Church, Meadowview Mt. Hebron Baptist Church Newsoms Baptist Church Parham Road Baptist Church Pine Grove Missionary **Baptist Church** Pine Street Baptist Church **Plantation Road Baptist** 

Church

Potomac Baptist Church **Providence Baptist** Church River Road Church, **Baptist Rodgers Chapel Baptist** Church Rosedale Baptist Church Salem Baptist Church Samaria Baptist Church Sandston Baptist Church Sandy Ridge Baptist Church Sedley Baptist Church Shadowlawn Church Southern Baptist Conservatives of Virginia Stevensburg Baptist Church

Churches Cont'd

Tsena Commocko
Baptist Church
Union Chapel Baptist
Church
Union Hill Baptist
Church
Victoria Baptist Church
Waterford Baptist
Church
Waverly Baptist Church

"

My wife and I worked hard all our lives, raising and educating our son, and saving for our retirement. We thought we had enough, but we were both blessed to live long lives. She lived to be 99. Thank you, generous people, who gave so that I can stay in my LifeSpire home.

— A grateful LifeSpire family

"

#### **Businesses**

Amazon Smile
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BB&T Capital Markets
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Cavalier Produce
Residents of The Chesapeake
Chiles Healthcare Consulting
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Comfort System USA
Consolidated Electrical Distrik
Convergent Technologies Grou

Consolidated Electrical Distributors **Convergent Technologies Group** Residents of The Culpeper Davenport & Company LLC Delta Dental of Virginia Eastern Alliance Insurance Group Envirowash Folkes Electrical Construction Co., Inc. Found and Sons Funeral Chapel GC Commercial, Inc. Giving Assistant, Inc. Residents of The Glebe GlynnDevins **GMKA Interiors** Go Green **Graham's Facility Services** 

The Graham Company Greenbrier Development, LLC GuideStone Financial Resources Hershey Creamery Company **HPSI** The Huntington National Bank **IBM Corporation** Ikenberry's Landscape & Seedling LLC Jackson Lewis P.C. **Kroger Community Rewards** Residents of Lakewood Lakewood Resident Services Leipertz Construction MatrixCare Matthews Development Company McGuire Woods LLP McKesson Foundation Medline Industries Mid-Atlantic Business Communications **Morrison Community Living** Norton Lilly International O'Neill Mortgage Corporation John M. Oakey, Inc. Funeral Service Orange Foot Design

**Pro Floors** Professional Printing Center, **Hampton Roads Pruitt Health Pharmacy Services** Rappahannock Electric Cooperative RehabCare Remedi SeniorCare Pharmacy Rockfab **Ruppert Companies** Sam Rust Seafood, Inc. Scott Benefit Services Scott's Landscaping & Tree SFCS, Inc. **Smuckers** Sonny Merryman, Inc. Spotts Fain Stateson Homes Stone4Kitchen SunTrust Symtech, Inc. Sysco Virginia **Tanner Construction** THW Design **Timmons Group** Virginia Maid Kitchens W. M. Jordan Company, Inc. Wellness Concepts Pharmacy WellsColeman Xpress Copy and Graphics, LLC

Every effort has been made to ensure that each donor is included correctly. If you made a gift in 2018 and your name has been omitted or listed incorrectly, please accept our sincere apology and contact us at (804) 521-9213 so we may accurately acknowledge your gift.

PowerSecure, Inc.

#### **Foundations & Associations**

Blue Stocking Club
Daleville/Fincastle Branch Lions
Club
David and Claudia Jackson
Foundation
Dominion Energy Charity
Classic

Madison Greene Humane Society Ralph & Peggy Jones Giving Fund The Anne and Latane Brugh Fund Sarah Sunday School Class, Monument Heights Baptist Church William R. and Mary K. Small Fund George C. Stuckey Fund of The Community Foundation Virginia Baptist Foundation, Inc. Women's Fellowship Circle, Fairfax Baptist Church 1 anonymous donor

#### **In-Kind Donors**

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The Homeplace Restaurant
Tizzone Wood-Fired Kitchen
& Wine Bar
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"

While I never thought that I would be a recipient of benevolent care, I feel so grateful that people just like me care enough about others to give what they can. I now live with peace of mind and dignity.

For those of you who give to the Benevolent Fund, we will always be grateful for those who made it possible for our mom to have such an exceptional experience here. From the bottom of our hearts, we thank you.

— A grateful LifeSpire daughter

#### ,,

#### **Tribute Giving**

Gifts received in honor and in memory of loved ones are wonderful expressions of compassion and understanding. We celebrate those who were remembered in this special, meaningful way.

#### In Honor

Philip Barber
Jane A. Berkeley
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Geneva B. Hall Clifford A. Hammer **Enos Hargrave** Virginia W. Harrison William P. Harrison John D. Harwood Betty B. Hawes Patricia A. Hedrick Dorothy C. Hooff Elizabeth Howard Mabel Hurst Wales B. Ingram Ethel C. Jeffress Myrtle Jenkins Jane A. Jennings Clara Jensen Delma T. Johnson Agnes Johnson Lola H. Joyce Carol Kammeter R. Furman Kenney Donald H. Kent Betty M. Knight **Eunice Kunkel** Vivian S. Landrum Robert E. Lassiter Edith Lee George Lee Albert H. Lindler **Bonnie Lingaitis** William Lipscomb Mabel F. Little Joyce Lomax Olga E. Lonitz Paul K. Lotz Robert J. Lyons Marguerite S. Mattox George McClammy Doris H. McClammy Dorothy McCusker Jane B. McDorman Brian Miller Mary L. Mitchel Pearl A. Moody Virginia Moore Joyce S. Moore Agnes E. Murrill Shirley A. Myrick Violet Nale Ray Nale Norma C. Newlon Iames H. Nicholson Evelyn G. Niedermayer Thomas J. Northen Gladys M. Northen Ellen Olney Connie Orr Betty D. Owen Sydney W. Palmer Nancy Palmore Ethel E. Parker Orion Parker Maybelle P. Payne Jane W. Perkins Woodrow M. Pierce M. Lenora Piercy Virginia M. Pirovano William L. Proffitt Maxine H. Rayford **Iack Redfern Edwin Reeves** Amanda Reid Dorothy Riley Phillip E. Rodgerson Frances T. Rountree

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LifeSpire of Virginia operates four exceptional continuing care retirement communities that welcome people from all backgrounds.



The VBH Foundation raises funds to help LifeSpire's life care residents who outlive their financial resources remain in their homes. In 2018, we provided almost \$1,100,000 in benevolence to 60 residents across all four communities.



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For more information, visit lifespireliving.org/foundation, or contact Jodi Leonard at (804) 521-9213.



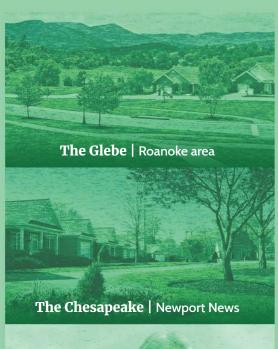
#### **LifeSpire Consolidated Balance Sheet**

Summarized Consolidated Balance Sheet	Dec. 31, 2018	Dec. 31, 2017
Current Assets	\$42,513,217	\$52,068,029
Investments	\$37,069,964	\$21,607,196
Beneficial Interests in Perpetual Trusts	\$8,258,191	\$9,063,001
Assets Whose Use is Limited	\$32,857,948	\$51,781,434
Property, Plant and Equipment	\$171,163,727	\$128,156,036
Other Assets	\$565,210	\$120,332
	\$292,428,257	\$262,796,028
Current Liabilities	\$24,016,456	\$20,336,413
Advanced Fee Refund Liabilities, Less Current Portion	\$21,208,055	\$19,060,182
Deferred Revenue from Advance Fees	\$80,545,462	\$76,749,310
Annuities Payable	\$448,766	\$507,105
Liabilities under Interest Rate Swap Agreements	\$562,609	\$837,015
Long-Term Debt, Less Current Portion	\$199,308,975	\$178,311,971
Net Assets (Deficit)	(\$33,662,066)	(\$33,005,968)
	\$292,428,257	\$262,796,028

### LifeSpire Statements of Operations and Changes in Assets

Summarized Consolidated Statements of Operations and Changes in Net Assets	Dec. 31, 2018	Dec. 31, 2017
Revenues, Gains, and Other Support		
Residential Services, Including Amortization of Deferred Revenue from Advanced Fees of \$11,992,916 and \$11,732,913 in 2018 and 2017, Respectively	\$51,106,804	\$49,612,307
Health Care Services	\$20,813,843	\$20,300,407
Net Assets Released from Restrictions Used for Operations	\$127,069	\$291,329
Unrestricted Gifts and Donations	\$330,604	\$556,365
Investment Income	\$10,153,638	\$1,049,284
Other	\$1,051,011	\$1,572,556
Total Revenues, Gains, and other Support  Operating Expenses	\$83,582,969	\$73,382,248
Salaries, Wages, and Professional Fees	\$37,117,114	\$34,988,551
Provisions for Depreciation and Amortization	\$10,945,466	\$10,677,238
Interest	\$6,153,275	\$5,657,960
Other Expenses	\$21,465,177	\$20,633,488
Total Operating Expenses	\$75,681,032	\$71,957,237

Summarized Consolidated Statements of Operations and Changes in Net Assets (cont.)	Dec. 31, 2018	Dec. 31, 2017
Operating Income	\$7,901,937	\$1,425,011
Non-Operating Income (Loss)		
Change in Value of Interest Rate Swap Agreements	\$274,406	(\$837,015)
Total Non-Operating Income (Loss)	\$274,406	\$(837,015)
Net Assets without Donor Restrictions —		
Excess of Revenues, Gains and Other Support Over Expenses	\$8,176,343	\$587,996
Other Changes in Unrestricted Net Assets:		
Change in Unrealized Gains (Losses) on Investments	(\$8,217,668)	\$2,202,463
Net Assets Released from Restrictions for Acquisitions of Property, Plant and Equipment	\$46,000	\$2,976
Increase in Net Assets without Donor Restrictions	\$4,675	\$2,793,435
Purpose Restricted Net Assets with Donor Restrictions		
Gifts, Grants and Bequests	\$330,310	\$181,708
Investment Loss	(\$41,699)	
Change in Value of Annuity Obligations	(\$18,768)	(\$83,514)
Net Assets Released from Restrictions	(\$173,069)	(\$294,305)
Increase (Decrease) in Purpose Restricted Net Assets with Donor Restrictions	\$96,774	(\$196,111)
Perpetually Restricted Net Assets with Donor Restrictions —		
Gifts, Grants and Bequests	\$47,263	\$49,009
Change in Value of Annuity Obligations		\$21,842
Change in Present Value of Perpetual Trust Funds	(\$804,810)	\$946,348
Increase (Decrease) in Perpetually Restricted Net Assets with Donor Restrictions	(\$757,547)	\$1,017,199
Increase (Decrease) in Net Assets		
Increase (Decrease) in Net Assets	(\$656,098)	\$3,614,523
Net Assets (Deficit) – Beginning of Year, Previously Reported	(\$33,005,968)	(\$35,603,943)
Restatement - Deferred Marketing Costs		(\$1,016,548)
Net Assets (Deficit) - Beginning of Year, Restated	(\$33,005,968)	(\$36,620,491)
Net Assets (Deficit) - End of Year	(\$33,662,066)	(\$33,005,968)





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