

VIRGINIA BAPTIST HOMES, INC. DBA LIFESPIRE OF VIRGINIA

REPORT FOR THE MUNICIPAL SECURITIES RULEMAKING BOARD, VIA ELECTRONIC MUNICIPAL MARKET ACCESS

Faith. Wellness. Community.

# Quarterly Continuing Disclosure Information <br> As of December 31, 2023 

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# LifeSptre <br> Faith. Wellness. Community. 

# Virginia Baptist Homes, Inc., dba LifeSpire of Virginia 

TO: Municipal Securities Rulemaking Board, via
Electronic Municipal Market Access
Digital Assurance Certification, LLC
US Bank, Master Trustee
Truist Bank, Trustee
Bondholders and Other Interested Parties
FROM: Jonathan Cook, Chief Executive Officer/President
DATE: $\quad$ February 14, 2024
SUBJECT: Quarterly Disclosure for LifeSpire of Virginia and its Obligated Group:
Industrial Development Authority of Botetourt County, Virginia
Residential Care Facility Revenue Refunding Bonds
(The Glebe, Inc.), Series 2014A
Economic Development Authority of the City of Newport News, Virginia
Residential Care Facilities Revenue Refunding Bonds
(LifeSpire of Virginia), Series 2016
Economic Development Authority of Henrico County, Virginia
Residential Care Facilities Revenue and Refunding Bonds
(LifeSpire of Virginia), Series 2017C
Virginia Small Business Financing Authority
Residential Care Facilities Revenue and Refunding Bonds
(LifeSpire of Virginia), Series 2021

Virginia Baptist Homes, Inc. dba LifeSpire of Virginia, Lakewood Manor Baptist Retirement Community, Inc. dba Lakewood, Culpeper Baptist Retirement Community, Inc. dba The Culpeper, Newport News Baptist Retirement Community, Inc. dba The Chesapeake, The Glebe, Inc., and Lynchburg Baptist Retirement Community, LLC dba The Summit collectively comprise the Obligated Group ("Obligated Group") that is obligated to make payments on the above-described Bonds ("Bonds"). Each is a Virginia non-stock corporation or limited liability company. Pursuant to its continuing disclosure obligations under the agreements executed in connection with the issuance of the Bonds, the Obligated Group submits the attached quarterly filing for the period ended December 31, 2023.

If there are questions, please feel free to contact:
Jonathan Cook, Chief Executive Officer/President
Phone: (804) 521-1940 Email: jcook@lifespireliving.org

# LifeSplre 

LIFESPIRE OF VIRGINIA AND SUBSIDIARIES
CONSOLIDATING STATEMENT OF OPERATIONS AND CHANGES IN NET ASSETS
Unrestricted revenues, gains and other support:
Earned Entrance Fees
Independent Living
Assisted Living
Memory Support
Health care services
Clinic
Net assets released from restrictions used for operations
Unrestricted gifts and donations:
Cooperative Program
Churches
Gifts and bequests
Investment income designated for current operations
Other

## Expenses: <br> Salaries, wages and professional fees <br> Provisions for depreciation and amortization <br> Interest <br> Other

Operating Income
Unrealized gains on investments
Excess of revenues, gains and other support over expenses
Unrestricted net assets (continued):
Net assets released from restrictions for acquisition of property, plant and equipment
Increase (Decrease) in unrestricted net assets
Temporarily restricted net assets:
Gifts, grants and bequests
Net assets released from restrictions
Increase in temporarily restricted net assets
Permanently restricted net assets:
Change in present value of perpetual trust funds
Increase in permanently restricted net assets
Increase (Decrease) in net assets
Net assets at beginning of year
Net assets at end of period

| $\begin{aligned} & \text { Year Ended } \\ & \text { 12/31/2023 } \\ & \text { Actual } \end{aligned}$ |  | Budget |  | Increase (Decrease) |  | $\begin{gathered} 2022 \\ \text { Prior Year } \end{gathered}$ |  | Increase (Decrease) |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| \$ | 20,832,567 | \$ | 17,530,414 | \$ | 3,302,153 | \$ | 19,140,913 | \$ | 1,691,654 |
|  | 46,665,173 |  | 46,424,316 |  | 240,857 |  | 42,886,694 |  | 3,778,479 |
|  | 13,248,058 |  | 13,331,761 |  | $(83,703)$ |  | 12,136,453 |  | 1,111,605 |
|  | 5,977,477 |  | 6,034,196 |  | $(56,719)$ |  | 5,261,948 |  | 715,529 |
|  | 24,372,103 |  | 24,703,053 |  | $(330,950)$ |  | 23,942,476 |  | 429,627 |
|  | 978,218 |  | 1,002,432 |  | $(24,214)$ |  | 938,426 |  | 39,792 |
|  | 1,021,327 |  | 1,380,864 |  | $(359,537)$ |  | 769,968 |  | 251,359 |
|  | 1,500 |  | - |  | 1,500 |  | - |  | 1,500 |
|  | - |  | - |  | - |  | - |  | - |
|  | 387,368 |  | 116,552 |  | 270,816 |  | 1,237,393 |  | $(850,025)$ |
|  | 1,284,746 |  | 1,696,400 |  | $(411,654)$ |  | $(1,252,267)$ |  | 2,537,013 |
|  | 5,336,381 |  | 3,771,333 |  | 1,565,048 |  | 3,835,157 |  | 1,501,225 |
|  | 120,104,918 |  | 115,991,321 |  | 4,113,597 |  | 108,897,160 |  | 11,207,757 |
|  | 60,176,270 |  | 58,691,938 |  | 1,484,332 |  | 54,925,839 |  | 5,250,431 |
|  | 17,953,099 |  | 17,133,630 |  | 819,469 |  | 17,228,776 |  | 724,323 |
|  | 10,542,867 |  | 10,549,327 |  | $(6,460)$ |  | 10,655,628 |  | $(112,761)$ |
|  | 36,028,843 |  | 31,720,671 |  | 4,308,173 |  | 35,100,170 |  | 928,674 |
|  | 124,701,079 |  | 118,095,566 |  | 6,605,514 |  | 117,910,413 |  | 6,790,667 |
|  | $(4,596,161)$ |  | $(2,104,245)$ |  | $(2,491,917)$ |  | $(9,013,253)$ |  | 4,417,090 |
|  | 5,099,257 |  | - |  | 5,099,257 |  | $(11,767,777)$ |  | 16,867,034 |
|  | 503,096 |  | $(2,104,245)$ |  | 2,607,340 |  | $(20,781,030)$ |  | 21,284,124 |
|  | - |  | - |  | - |  | $(48,674)$ |  | 48,674 |
|  | 503,096 |  | (2,104,245) |  | 2,607,340 |  | (20,829,704) |  | 21,332,799 |
|  | 442,166 |  | $925,000$ |  | $(482,834)$ |  | 484,873 |  | $(42,707)$ |
|  | $(1,021,327)$ |  | $(1,414,813)$ |  | 393,486 |  | $(721,290)$ |  | $(300,037)$ |
|  | $(579,161)$ |  | $(489,813)$ |  | $(89,348)$ |  | $(236,417)$ |  | $(342,744)$ |
|  | $(132,449)$ |  | - |  | $(132,449)$ |  | $(2,829,896)$ |  | 2,697,447 |
|  | $(132,449)$ |  |  |  | $(132,449)$ |  | $(2,829,896)$ |  | 2,697,447 |
|  | $(208,514)$ |  | $(2,594,058)$ |  | 2,385,543 |  | $(23,896,017)$ |  | 23,687,502 |
|  | $(52,812,813)$ |  | $(52,812,813)$ |  | $(35,917,351)$ |  | $(28,916,793)$ |  | $(23,896,021)$ |
| \$ | $(53,021,328)$ | \$ | $(55,406,871)$ | \$ | $(33,531,808)$ | \$ | $(52,812,810)$ | \$ | $(208,519)$ |

## LifeSplre

## LIFESPIRE OF VIRGINIA AND SUBSIDIARIES CONSOLIDATING BALANCE SHEET

## ASSETS

## Current assets:

Cash and cash equivalents
Short-term investments
Current portion of assets whose use is limited
Accounts receivable
Notes receivable
Prepaid expenses
Other
Total current assets

## Investments

## Beneficial Interest in Perpetual Trust

## Assets whose use is limited:

Externally restricted under bond indenture agreement
(held by trustee)
Less amounts available for current liabilities
Total assets whose use is limited
Property, plant and equipment, less accumulated depreciation of $\$ 219,374,885$ and $\$ 201,784,114$ in 2022

## Other assets:

Miscellaneous
Total other assets
TOTAL ASSETS

## December

| December | December |
| :---: | :---: |
| 2023 | 2022 |


| \$ | 25,384,753 | \$ | 38,394,958 |
| :---: | :---: | :---: | :---: |
|  | - |  | - |
|  | 11,083,422 |  | 7,550,499 |
|  | 7,656,242 |  | 4,046,677 |
|  | 2,984,446 |  | 2,451,032 |
|  | 1,448,918 |  | 1,423,826 |
|  | 2,219,590 |  | 2,511,617 |
|  | 50,777,371 |  | 56,378,609 |
|  | 60,985,318 |  | 54,529,955 |
|  | 8,628,817 |  | 8,761,266 |
|  | 23,969,855 |  | 14,397,798 |
|  | 11,083,422 |  | 7,550,499 |
|  | 12,886,433 |  | 6,847,299 |
|  | 271,196,125 |  | 264,538,647 |
|  | - |  | - |
|  | - |  | - |
| \$ | 404,474,064 | \$ | 391,055,776 |

## LIABILITIES AND NET ASSETS

## Current liabilities:

Accounts payable
Salaries and wages
Interest payable
Lease payable
Deferred Revenue
Deposits from prospective residents
Current portion of long-term deb
Deferred revenue from advance fees
subject to refund
Total current liabilities

## Advance fees

Deferred revenue from advance fees

Other Liabilities
Long-term debt, less current portion

## Total liabilities

## Net assets:

Unrestricted
Temporarily restricted
Permanently restricted

## Total net assets

TOTAL LIABILITIES AND NET ASSETS
$\left.\begin{array}{crr}\text { December } \\ \text { 2023 }\end{array} \quad \begin{array}{c}\text { December } \\ \text { 2022 }\end{array}\right]$

## LifeSptre

## LIFESPIRE OF VIRGINIA AND SUBSIDIARIES CONSOLIDATED STATEMENTS OF CASH FLOWS

|  | For the Year Ended December 31, |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | 2023 |  | 2022 |  |
| Cash flows from operating activities |  |  |  |  |
| Increase/(Decrease) in net assets | \$ | $(208,514)$ | \$ | $(23,896,016)$ |
| Adjustments to reconcile decrease in net assets to net cash provided by operating activities: |  |  |  |  |
| Amortization of deferred revenue from advance fees |  | $(21,335,980)$ |  | $(19,553,587)$ |
| Proceeds from advance fees and deposits |  | 41,703,031 |  | 35,885,847 |
| Amortization of deferred financing costs |  | - |  | 1 |
| Provision for Bad Debts |  | $(674,226)$ |  | $(109,533)$ |
| Provision for depreciation |  | 18,312,302 |  | 17,557,797 |
| Net realized and unrealized (gains) losses on long-term investments |  | $(11,811,836)$ |  | 34,111,858 |
| Other-than-temporary decline in value of investments |  |  |  | $(34,978)$ |
| Change in present value of trust funds |  | 132,449 |  | 2,829,896 |
| Decrease (increase) in operating assets: |  |  |  |  |
| Accounts receivable |  | $(2,935,336)$ |  | $(100,084)$ |
| Interest receivable |  | - |  | - |
| Prepaid expense |  | $(25,092)$ |  | $(204,569)$ |
| Notes Receivable |  | $(533,414)$ |  | 1,129,093 |
| Other current assets |  | 292,027 |  | 205,498 |
| Increase (decrease) in operating liabilities: |  |  |  |  |
| Accounts payable |  | 2,441,305 |  | $(1,137,129)$ |
| Deferred Revenue |  | $(698,678)$ |  | 373,018 |
| Salaries and wages |  | $(335,964)$ |  | 269,831 |
| Interest payable |  | 4,209,480 |  | 38,049 |
| Lease payable |  | $(389,044)$ |  | 114,587 |
| Deposits from prospective residents |  | $(305,600)$ |  | $(279,500)$ |
| Net cash (used in) provided by operating activities |  | 27,836,910 |  | 47,200,079 |
| Cash flows from investing activities |  |  |  |  |
| Acquisition of property, plant and equipment |  | $(24,969,782)$ |  | $(28,144,363)$ |
| Change in investments and assets whose use is limited: |  |  |  |  |
| Change in cash and cash equivalents |  | $(8,281,928)$ |  | 16,288,502 |
| Net (Purchases)/Sales of Investments |  | 4,066,343 |  | $(17,995,541)$ |
| Net cash used in investing activities |  | $(29,185,367)$ |  | $(29,851,402)$ |
| Cash flows from financing activities |  |  |  |  |
| Other financing activities: |  |  |  |  |
| Refunds of advance fees and deposits |  | $(9,197,741)$ |  | $(5,850,102)$ |
| Proceeds from debt issuance |  | 246,033 |  | 246,034 |
| Payments on long-term debt |  | $(2,028,000)$ |  | $(6,245,000)$ |
| Increase in other liabilities |  | $(682,037)$ |  | $(682,037)$ |
| Net cash provided by financing activities |  | (11,661,745) |  | $(12,531,105)$ |
| Net increase (decrease) in cash and cash equivalents |  | $(13,010,202)$ |  | 4,817,572 |
| Cash and cash equivalents at beginning of year |  | 38,394,956 |  | 33,577,384 |
| Cash and cash equivalents at end of period | \$ | 25,384,753 | \$ | 38,394,956 |

STATISTICAL SUMMARY
Average Year-to-Date Through 12/31/2023

|  | UNITS AVAILABLE |  |  |  |  | UNITS OCCUPIED |  |  |  |  | OCCUPANCY PERCENT |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ILU | AL | MS | HC | Total | ILU | AL | MS | HC | Total | ILU | AL | MS | HC | TOTAL |
| Culpeper | 52 | 54 | 32 | 47 | 185 | 45 | 46 | 29 | 46 | 166 | 87.5\% | 85.1\% | 89.4\% | 97.1\% | 89.5\% |
| Chesapeake | 251 | 57 | 16 | 52 | 376 | 241 | 52 | 15 | 52 | 360 | 96.2\% | 90.3\% | 94.0\% | 99.1\% | 95.7\% |
| Lakewood | 336 | 32 | 14 | 96 | 479 | 321 | 28 | 13 | 83 | 446 | 95.5\% | 87.7\% | 96.3\% | 86.0\% | 93.1\% |
| Summit | 101 | 43 | - | - | 144 | 89 | 42 | - | - | 131 | 88.4\% | 97.5\% | 0.0\% | 0.0\% | 91.1\% |
| Glebe | 154 | 32 | 20 | 32 | 238 | 150 | 32 | 20 | 29 | 231 | 97.4\% | 98.6\% | 99.3\% | 91.5\% | 96.9\% |
| OBLIGATED GROUP | 894 | 218 | 82 | 227 | 1,422 | 847 | 200 | 77 | 209 | 1,333 | 94.7\% | 91.5\% | 93.9\% | 92.1\% | 93.8\% |

Average for the Month Ending 12/31/2023

|  | UNITS AVAILABLE |  |  |  |  | UNITS OCCUPIED |  |  |  |  | OCCUPANCY PERCENT |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | ILU | AL | MS | HC | Total | ILU | AL | MS | HC | Total | ILU | AL | MS | HC | TOTAL |
| Culpeper | 52 | 54 | 32 | 47 | 185 | 42 | 45 | 31 | 46 | 164 | 81.0\% | 82.9\% | 96.5\% | 97.5\% | 88.4\% |
| Chesapeake | 251 | 57 | 16 | 52 | 376 | 240 | 57 | 16 | 48 | 361 | 95.7\% | 99.3\% | 100.0\% | 92.4\% | 96.0\% |
| Lakewood | 336 | 32 | 14 | 96 | 479 | 316 | 25 | 14 | 85 | 441 | 94.0\% | 78.7\% | 97.4\% | 89.0\% | 92.1\% |
| Summit | 101 | 43 | - | - | 144 | 88 | 42 | - | - | 130 | 87.1\% | 98.0\% | 0.0\% | 0.0\% | 90.4\% |
| Glebe | 154 | 32 | 20 | 32 | 238 | 149 | 30 | 20 | 31 | 230 | 96.9\% | 94.7\% | 100.0\% | 96.1\% | 96.7\% |
| OBLIGATED GROUP | 894 | 218 | 82 | 227 | 1,422 | 836 | 199 | 81 | 210 | 1,326 | 93.5\% | 91.3\% | 98.2\% | 92.5\% | 93.2\% |

## LifeSpire of Virginia - All Five CCRCs

## Supplemental Occupancy \& Contract-Related Continuing Disclosure Information December 31, 2023

## Residency Agreement Type Mix

The following table displays The Obligated Group's year-end contract type mix (Life Care vs. Continuing Care/Fee for Service/Rental) from fiscal year 2020 through Q4/2023:

|  | FYE 2020 | FYE 2021 | FYE 2022 | FYE 2023 |
| :---: | :---: | :---: | :---: | :---: |
| Life Care | 63.4\% | 55.8\% | 54.1\% | 53.1\% |
| CC/FFS/RE | 36.6\% | 44.2\% | 45.9\% | 46.9\% |
| Total | 100\% | 100\% | 100\% | 100\% |

## Refund Type Mix

The following table displays the refund type mix from fiscal year 2020 through Q4/2023:

|  | FYE 2020 | FYE 2021 | FYE 2022 | FYE 2023 |
| :---: | :---: | :---: | :---: | :---: |
| Standard | 86.3\% | 82.6\% | 82.7\% | 83.0\% |
| Guaranteed: |  |  |  |  |
| 90\%+ | 12.9\% | 16.5\% | 16.4\% | 16.2\% |
| 50\% | 0.8\% | 0.9\% | 0.9\% | 0.8\% |
| Total | 100\% | 100\% | 100\% | 100\% |

[^0]
## OCCUPANCY

Below is a table showing average available units and average year to date unit occupancy through December 31, 2023, followed by the average occupancy of the five most recent fiscal years: (The Summit became a member of the LifeSpire family on October 1, 2021.)

|  | \# of Units Available | Avg. Through December 31, 2023 |  | Average Occupancy for the Fiscal Year Ended December 31, |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | \# Occ. | \% Occ. | 2022 | 2021 | 2020 | 2019 | 2018 |
| Independent Living |  |  |  |  |  |  |  |  |
| Lakewood | 336 | 321 | 95.5\% | 93.5\% | 92.3\% | 91.3\% | 88.8\% | 89.8\% |
| The Chesapeake | 251 | 241 | 96.2\% | 96.4\% | 97.1\% | 96.7\% | 97.2\% | 91.3\% |
| The Culpeper | 52 | 45 | 87.5\% | 75.4\% | 98.0\% | 98.6\% | 100.0\% | 84.9\% |
| The Glebe | 154 | 150 | 97.4\% | 97.0\% | 95.9\% | 95.7\% | 95.0\% | 94.8\% |
| The Summit | 101 | 89 | 88.4\% | 95.6\% | 95.6\% | - | - | - |
| Assisted Living |  |  |  |  |  |  |  |  |
| Lakewood | 32 | 28 | 87.7\% | 84.0\% | 78.9\% | 82.8\% | 88.5\% | 87.0\% |
| The Chesapeake | 57 | 52 | 90.3\% | 91.3\% | 86.1\% | 93.1\% | 90.2\% | 93.5\% |
| The Culpeper | 54 | 46 | 85.1\% | 85.0\% | 94.5\% | 95.2\% | 114.3\% | 71.2\% |
| The Glebe | 32 | 32 | 98.6\% | 91.3\% | 95.1\% | 98.0\% | 92.6\% | 95.5\% |
| The Summit | 43 | 42 | 97.5\% | 96.1\% | 96.1\% | - | - | - |
| Memory Support |  |  |  |  |  |  |  |  |
| Lakewood | 14 | 13 | 96.3\% | 70.7\% | 50.9\% | 79.2\% | 85.7\% | 84.8\% |
| The Chesapeake | 16 | 15 | 94.0\% | 90.3\% | 91.8\% | 82.2\% | 68.8\% | 94.6\% |
| The Culpeper | 32 | 29 | 89.4\% | 90.8\% | 74.0\% | 81.5\% | 42.2\% | - |
| The Glebe | 20 | 20 | 99.3\% | 94.9\% | 89.3\% | 85.7\% | 79.5\% | - |
| The Summit |  |  | - | - | - | - | - | - |
| Nursing |  |  |  |  |  |  |  |  |
| Lakewood | 96 | 83 | 86.0\% | 81.0\% | 82.8\% | 87.5\% | 91.8\% | 94.2\% |
| The Chesapeake | 52 | 52 | 99.1\% | 94.4\% | 93.6\% | 88.4\% | 90.1\% | 89.4\% |
| The Culpeper | 47 | 46 | 97.1\% | 92.8\% | 83.3\% | 89.6\% | 93.1\% | 93.7\% |
| The Glebe | 32 | 29 | 91.5\% | 93.1\% | 87.2\% | 84.9\% | 89.0\% | 94.7\% |
| The Summit | - | - | - | - | - | - | - | - |
| Total | 1,422 | 1,333 | 93.8\% | 92.0\% | 91.5\% | 91.9\% | 91.5\% | 90.7\% |

Below is a table of the weighted average year to date unit occupancy through December 31, 2023, and during the five most recent fiscal years:

|  | \# of Units Available | Avg. Through December 31, 2023 |  | Weighted Average Occupancy for the Fiscal Year Ended December 31, |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | \# Occ. | \% Occ. | 2022 | 2021 | 2020 | 2019 | 2018 |
| Independent Living | 894 | 847 | 94.7\% | 94.1\% | 94.9\% | 94.2\% | 93.2\% | 91.0\% |
| Assisted Living | 218 | 200 | 91.5\% | 89.0\% | 89.1\% | 91.4\% | 96.5\% | 87.0\% |
| Memory Support | 82 | 77 | 93.9\% | 88.3\% | 77.2\% | 82.3\% | 63.9\% | 89.9\% |
| Nursing | 227 | 209 | 92.1\% | 88.2\% | 86.0\% | 87.8\% | 91.3\% | 93.1\% |
| Total | 1,422 | 1,333 | 93.8\% | 92.0\% | 91.5\% | 91.9\% | 91.5\% | 90.7\% |

## SKILLED NURSING PAYOR MIX

The following tables display the skilled nursing payor mix from fiscal year 2020 through Q4/2023 for each community and the Obligated Group:

## Lakewood Payor Mix

|  | FYE 2020 | FYE 2021 | FYE 2022 | YTD through 12/31/2023 |
| :---: | :---: | :---: | :---: | :---: |
| Private Pay | 69.4\% | 60.9\% | 74.8\% | 80.6\% |
| Medicare | 27.7\% | 37.1\% | 23.8\% | 17.0\% |
| Medicaid | 0.0\% | 0.0\% | 0.0\% | 0.0\% |
| Other | 2.9\% | 2.0\% | 1.4\% | 2.4\% |
| Total | 100\% | 100\% | 100\% | 100\% |

## The Chesapeake Payor Mix

|  | FYE 2020 | FYE 2021 | FYE 2022 | YTD through 12/31/2023 |
| :---: | :---: | :---: | :---: | :---: |
| Private Pay | 80.5\% | 84.7\% | 78.7\% | 74.3\% |
| Medicare | 14.0\% | 10.5\% | 16.0\% | 20.0\% |
| Medicaid | 3.7\% | 3.6\% | 4.0\% | 4.1\% |
| Other | 1.8\% | 1.2\% | 1.3\% | 1.6\% |
| Total | 100\% | 100\% | 100\% | 100\% |

The Culpeper Payor Mix

|  | FYE 2020 | FYE 2021 | FYE 2022 | YTD through 12/31/2023 |
| :---: | :---: | :---: | :---: | :---: |
| Private Pay | 55.4\% | 52.7\% | 52.1\% | 56.8\% |
| Medicare | 23.2\% | 24.4\% | 26.6\% | 23.5\% |
| Medicaid | 20.6\% | 22.0\% | 20.0\% | 18.1\% |
| Other | 0.8\% | 0.9\% | 1.3\% | 1.6\% |
| Total | 100\% | 100\% | 100\% | 100\% |

The Glebe Payor Mix

|  | FYE 2020 | FYE 2021 | FYE 2022 | YTD through 12/31/2023 |
| :---: | :---: | :---: | :---: | :---: |
| Private Pay | 67.3\% | 65.3\% | 69.5\% | 66.1\% |
| Medicare | 31.8\% | 33.4\% | 28.7\% | 33.1\% |
| Medicaid | 0.0\% | 0.0\% | 0.0\% | 0.0\% |
| Other | 0.9\% | 1.3\% | 1.8\% | 0.8\% |
| Total | 100\% | 100\% | 100\% | 100\% |

## Consolidated Payor Mix



## SKILLED NURSING PRIVATE PAY MIX

The following table displays the composition of The Obligated Group's skilled nursing private pay residents (i.e., outside admissions vs internal transfers of continuing care contract holders) through fiscal period December 31, 2023:

|  | Culpeper | Chesapeake | Lakewood | Glebe | $\begin{gathered} \text { Combined } \\ \text { YTD } \\ 12 / 31 / 2023 \\ \hline \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Cont. Care | 33.6\% | 90.3\% | 79.8\% | 99.3\% | 77.2\% |
| Direct Admits | 66.4\% | 9.7\% | 20.2\% | 0.7\% | 22.8\% |
| Total | 100\% | 100\% | 100\% | 100\% | 100\% |

## LIFESPIRE OF VIRGINIA <br> OBLIGATED GROUP <br> debt service coverage ratio

| Tested annually on December 31st |  |  |
| :--- | :--- | :--- | :--- |

## LIFESPIRE OF VIRGINIA <br> OBLIGATED GROUP <br> DAYS CASH ON HAND

| For Period Ending | 12/31/2020 | 12/31/2021 | 12/31/2022 | 12/31/2023 |
| :---: | :---: | :---: | :---: | :---: |
| Unrestricted Cash and Securities | 93,215,145 | 99,797,241 | 98,630,326 | 86,370,071 |
| Total Operating Expenses for period ended | 93,625,911 | 103,592,332 | 113,766,858 | 124,701,079 |
| Less: Depreciation \& Amortization | 15,305,207 | 16,620,762 | 17,278,066 | 17,953,099 |
|  | 78,320,704 | 86,971,570 | 96,488,792 | 106,747,980 |
| Average day's expenses | 213,991 | 238,278 | 264,353 | 292,460 |
| Day's Cash on Hand | 436 | 419 | 373 | 295 |
| Minimum Days Cash on Hand | 120 | 120 | 120 | 120 |
| Better or Worse than requirement | Better | Better | Better | Better |

## LIFESPIRE OF VIRGINIA <br> OBLIGATED GROUP <br> OPERATING RATIO

| Twelve | Twelve | Twelve | Twelve |
| :---: | :---: | :---: | :---: |
| Mths Ended | Mths Ended | Mths Ended | Mths Ended |
| $12 / 31 / 2020$ | $12 / 31 / 2021$ | $12 / 31 / 2022$ | $12 / 31 / 2023$ |

OPERATING RATIO

| Total Revenues | $94,602,603$ |  | $107,049,482$ | $108,897,160$ |
| :--- | ---: | ---: | ---: | ---: |
| $120,104,918$ |  |  |  |  |
| Less: Earned Entrance Fees | $(15,217,189)$ | $(17,171,960)$ | $(19,140,913)$ | $(20,832,567)$ |
| Less: Contributions | $(943,904)$ | $(668,159)$ | $(1,237,393)$ | $(387,368)$ |
| Less: Investment Income | $(2,409,002)$ | $(3,752,188)$ | $1,252,267$ | $(1,284,746)$ |
| Cash Revenues Excluding Investment Income | $76,032,508$ | $85,457,175$ | $89,771,121$ | $97,600,237$ |
|  |  |  |  |  |
| Total Expenses | $93,094,192$ | $103,592,332$ | $117,910,413$ | $124,701,079$ |
| Less: Depreciation \& Amortization | $(15,354,498)$ | $(16,620,762)$ | $(17,278,065)$ | $(17,953,099)$ |
| Cash Expenditures | $77,739,694$ | $86,971,570$ | $100,632,348$ | $106,747,980$ |
|  |  |  |  | 109 |

Note: Calculated per the Supplemental Indenture for the Series 2016 bonds. There is no extant debt covenant related to this ratio; it is shown for informational purposes only.



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| The Summit |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| New Entrants: Fees Paid in Cash |  | 1,000 | - | 273,800 | 238,000 | 58,000 | - | 247,000 | 1,000 | 1,000 | 51,000 | 790,700 | 299,800 | 1,961,300 |  |
| Deferrals Collected |  | - | - | 286,800 | 247,800 | - | 249,000 | - | - | 477,000 | 377,000 | - | 230,300 | 1,867,900 |  |
| Refunds - Paid |  | $(345,571)$ | - | - | - | - | - | $(284,795)$ | $(38,452)$ | - | $(61,981)$ | $(425,415)$ | $(505,150)$ | $(1,661,364)$ |  |
| Net Entry Fee Cash |  | $(344,571)$ | - | 560,600 | 485,800 | 58,000 | 249,000 | $(37,795)$ | $(37,452)$ | 478,000 | 366,019 | 365,285 | 24,950 | 2,167,836 |  |
| Deferrals Granted |  | 286,800 | - | - | 249,000 | - | - | - | 477,000 | 377,000 | 117,000 | 309,300 | 231,200 | 2,047,300 |  |
| Deferrals Collected |  | - | - | $(286,800)$ | $(247,800)$ | - | $(249,000)$ | - | - | $(477,000)$ | $(377,000)$ | - | $(230,300)$ | $(1,867,900)$ |  |
| Deferrals W/O Bad debt/ Adjusted off Net Deferrals/(Collections) |  | - | - | - | - | - | - | - | - | - | - | - |  | - |  |
|  | 247,800 | 286,800 | - | $(286,800)$ | 1,200 | - | $(249,000)$ | - | 477,000 | $(100,000)$ | $(260,000)$ | 309,300 | 900 | 179,400 | 427,200 |
| Refunds - Paid |  | 345,571 | - | - | - | - | - | 284,795 | 38,452 | - | 61,981 | 425,415 | 505,150 | 1,661,364 |  |
| Refunds - On Hold |  | $(345,571)$ | $(660,438)$ | - | (284,795) | $(330,528)$ | - | $(388,333)$ | $(617,439)$ | $(231,307)$ | - | - | $(377,866)$ | $(3,236,277)$ |  |
| Net Refunds | (61,981) | - | $(660,438)$ | - | (284,795) | $(330,528)$ | - | $(103,538)$ | $(578,987)$ | $(231,307)$ | 61,981 | 425,415 | 127,284 | $(1,574,913)$ | (1,636,894) |
| Foregone Entrance Fees Discounts |  | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  | 0.00 |  |
| New Residents w/EF |  | 2 | - | 2 | 3 | - | - | 2 | 2 | 2 | 1 | 8 | 4 | 26 |  |
| New Units w/ EF |  | 1 | - | 1 | 1 | - | - | 1 | 1 | 1 | 1 | 4 | 2 | 13 |  |
| Internal transfer Residents w/ EF |  | - | - | - | - | 1 | - | - | - | - | - | . | . | 1 |  |
| Internal transfer Units w/ EF |  | - | - | - | - | 1 | - | - | - | - | - | - | - | 1 |  |
| Units w/ refunds |  | 1 | 4 | 1 | 1 | 2 | - | 1 | 2 | 1 | - | - | 1 | 14 |  |

Totals

| New Entrants: Fees Paid in Cash |  | 2,037,160 | 901,400 | 1,190,650 | 1,108,200 | 2,529,890 | 3,536,492 | 3,575,600 | 3,181,800 | 3,004,104 | 3,386,286 | 2,836,390 | 2,440,686 | 29,728,658 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Deferrals Collected |  | 473,300 | 194,228 | 806,328 | 748,028 | 1,495,968 | 861,278 | 641,948 | 1,232,873 | 1,320,208 | 1,097,568 | 190,628 | 1,173,228 | 10,696,083 |  |
| Entry Fee Refunds - Paid |  | $(357,091)$ | $(500,794)$ | $(302,808)$ | $(2,676)$ | $(110,228)$ | $(871,448)$ | (501,679) | $(243,144)$ | $(1,338,217)$ | (593,289) | $(495,803)$ | $(631,464)$ | $(5,948,641)$ |  |
| Net Entry Fees |  | 2,153,369 | 594,834 | 1,694,170 | 1,853,552 | 3,915,630 | 3,526,322 | 3,715,869 | 4,632,029 | 2,986,095 | 3,890,565 | 2,531,215 | 2,982,450 | 34,476,100 |  |
| Deferrals Granted |  | 661,307 | 1,216,600 | 371,700 | 257,550 | 1,432,360 | 1,510,485 | 406,800 | 921,100 | 1,592,900 | 117,000 | 577,910 | 1,745,535 | 10,811,247 |  |
| Deferrals Collected |  | $(473,300)$ | $(194,228)$ | $(806,328)$ | $(748,028)$ | (1,495,968) | $(861,278)$ | $(641,948)$ | $(1,693,373)$ | $(1,320,208)$ | $(1,097,568)$ | $(190,628)$ | $(1,173,228)$ | (10,696,083) |  |
| Deferrals W/O to Bad debt/ Adjusted off |  | - | - | - | - | - | $(42,250)$ | - | - | - | - | - | - | $(42,250)$ |  |
| Net Deferrals/(Collections) | 2,451,032 | 188,007 | 1,022,372 | $(434,628)$ | $(490,478)$ | $(63,608)$ | 606,957 | 225,352 | (772,273) | 272,692 | $(980,568)$ | 387,282 | 572,307 | 533,414 | 2,984,446 |

## LifeSpire of Virginia Obligated Group <br> Interim Financial Statements <br> Year Ended December 31, 2023

## Narrative on Financial Condition

Virginia Baptist Homes, Inc. dba LifeSpire of Virginia, Culpeper Baptist Retirement Community, Inc. dba The Culpeper, Newport News Baptist Retirement Community, Inc. dba The Chesapeake, Lakewood Manor Baptist Retirement Community, Inc. dba Lakewood, The Glebe, Inc., and Lynchburg Baptist Retirement Community, LLC dba The Summit

## Revenues:

Combined revenue for the Obligated Group ("The Group") of $\$ 114.8 \mathrm{M}$ through Q4 2023 was $\$ 1.1 \mathrm{M}$ below budget and $\$ 5.9$ more than the previous year's results. The revenue variance from the prior year is primarily the result of $\$ 1.7 \mathrm{M}$ in increased earned entry fees and $\$ 4.8 \mathrm{M}$ increase in monthly service fees which were driven by the 2023 rate increases. Investment income is up over the prior year by $\$ 2.5 \mathrm{M}$ and "Other Revenue" increased from the prior year by $\$ 1.5 \mathrm{M}$ and was the result of current year recognition of HHS Funds which are not recurring.

The following chart illustrates The Group's trailing 12-month IL occupancy results:


Compared to the budget, IL revenue is running above budget by $\$ 241 \mathrm{~K}$. Average annual IL unit occupancy for The Group averaged 847 units or $94.7 \%$ through Q4. IL revenue is above the same period in 2022 by $\$ 3.8 \mathrm{M}$. We continue to have high demand for IL and our wait lists continue to grow. This is driving our plans to build additional cottages at The Glebe and The Summit beginning in 2024.

Memory support, AL, and health care are below budget due to lower than budgeted occupancy. Memory support at The Culpeper dropped significantly in the first quarter and accounts for the negative variance. The Culpeper's memory support has rebounded during the remainder of 2023. The other communities are helping to make up for this and are above budget. AL and health care are most significantly below budget at Lakewood as a result lower than expected occupancy partially driven by disruption in the health service building due to our memory support expansion. We are converting 32 skilled rooms to 20 memory support suites. This project will help meet the growing demand for larger, more comfortable memory support suites.

Combined Health Care Center (HCC) and Clinic revenues were $\$ 355 \mathrm{k}$ below budget, and $\$ 470 \mathrm{k}$ more than the previous year's results through Q4. This is due primarily to The Group's Medicare caseload which is rehabilitative in nature and a shorter length of stay, which tends to be variable. The Group's combined HCC unit occupancy averaged 209 through Q4, lower than the average 2023 budget of 227 . The lower than budgeted volume in HCC continues to be affected by the staffing shortages that are currently facing our industry.

## Operating Expenses:

Combined operating expenses for The Group of $\$ 124.7 \mathrm{M}$ through Q4 2023 were $\$ 6.6 \mathrm{M}$ above budget and $\$ 6.8 \mathrm{M}$ more than the previous year. Turnover in healthcare remains high and our communities continue to struggle with staff retention. We continue to balance our team with the use of overtime and agency staff which come at a high cost. "Salaries, wages and professional fees" are over budget by $\$ 1.5$ which is predominately driven by agency staff. Depreciation expense was over budget by $\$ 819 \mathrm{~K}$. Other operating expenses were over budget by $\$ 4.3 \mathrm{M}$. Food and utility expenses continue to be increasing faster than normal inflation; however, overall inflationary pressure appears to be easing. Inflation is running in the range of $4 \%$ to $5 \%$ which is an improvement over the 2022 inflation that was as much as $15 \%$ depending on the goods and services purchased.

## Medicare Case Load:

Combined Medicare Part A average case load for The Group for the previous twelve months, by quarter, is below:

|  | QE | QE | QE | QE | QE |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
|  | $\underline{12 / 31 / 2022}$ | $\underline{3 / 31 / 2023}$ | $\underline{6 / 30 / 2023}$ |  | $\underline{9 / 30 / 2023}$ | $\underline{12 / 31 / 2023}$ |
|  |  |  |  |  |  |  |
|  |  | 42.4 |  | 41.2 |  | 46.7 |
|  | 49.6 |  | 50.6 |  |  |  |
| Actual Avg. | 60.6 | 50.0 | 50.0 |  | 50.0 | 50.0 |
| Avg. Annual Budgeted |  |  |  |  |  |  |

Medicare occupancy tends to be variable, because of its rehabilitative nature and resultant short length of stay. Our Medicare average stays have been improving and for Q3 we were 0.4 stays per day below our budget expectation. We are currently using 16 of our skilled beds at Lakewood to support AL residents while we complete a memory support expansion.

## Entrance Fee Deferrals:

New entrance fee deferrals granted for the quarter were $\$ 73 \mathrm{~K}$ less than collections of previously deferred entrance fees, increasing The Group's outstanding entrance fee deferral balance to $\$ 3.0 \mathrm{M}$ on December 31, 2023. We expect the presently outstanding deferrals to be collected over the next six months.

## Net Entrance Fee Receipts:

Net cash entrance fee receipts through Q4 2023 were $\$ 34.5 \mathrm{M}$ and $\$ 3.3 \mathrm{M}$ above our budget of $\$ 31.1 \mathrm{M}$.

## Strategic Repositioning \& Financing:

The Group has undertaken major strategic expansion/construction projects pertaining to its communities:

- During Q2 2021, we broke ground on 19 new cottages at Lakewood. The anticipated cost of construction was estimated at $\$ 15.1 \mathrm{M}$. As of September 30, 2023, we had recognized $\$ 15.0 \mathrm{M}$ in capital cost relating to this project. All 19 cottages have been completed and are occupied.
- Our memory support repositioning at Lakewood is well underway and we expect construction to be completed in the first quarter of 2024.

During Q1/2024, presales for new cottages to be constructed on the campuses of The Summit and The Glebe were begun.
Presently, market acceptance is strong, and we expect to commence construction during Q2/2024. Our current strategic plans call for 18 cottages at The Summit, costing an estimated $\$ 18.2 \mathrm{M}$, and 22 cottages at The Glebe, costing an estimated $\$ 18.3 \mathrm{M}$. These projects, which are in the early stages of development, are expected to be financed in conjunction with a bond issuance presently being considered for 2024.

## Leadership Change:

Christopher M. Markwith, The Group's Chief Financial Officer and Treasurer ("CFO") for more than four years, has left LifeSpire of Virginia to pursue other career interests; we thank him for his past service, and wish him well in his future endeavors. A search for our new financial leader is underway, and our previous CFO has been retained on a consulting basis to help maintain stability and continuity. We do not anticipate any adverse consequences as a result of this development.

## CMS Star Ratings:

The federal government's Centers for Medicare and Medicaid Services ("CMS") maintains a rating system in which it assigns one to five stars (with five being the best) to nursing facilities based on the results of surveys and various other quality indicators. As of February 11, 2024, the overall CMS star ratings assigned to the Health Care components of each of The Group's communities were:

- The Chesapeake 5 stars (much above average)
- The Culpeper 4 stars (average)
- Lakewood

2 stars (below average)

- The Glebe

5 stars (much above average)

## Schedule of Long-Term Debt:

Following is a schedule of The Group's long-term debt, including unamortized original issuance discounts/premiums ("OID" and "OIP") and bond issuance costs ("BIC") as of 12/31/2023:


## Financial Ratios and Covenant Compliance:

The Group's financial ratio covenants, calculated in accordance with the definitions in the applicable bond documents, reflect days cash on hand and debt service coverage ratio above the requirements as of December 31, 2023.

| Interim Covenant Tests: | Results | Required |  |
| :--- | ---: | ---: | ---: |
|  | (a) |  |  |
| Days Cash on Hand | 295 | 120 |  |
| Debt Service Coverage Ratio |  |  |  |
|  | 2.19 | 1.20 |  |
|  |  |  |  |
| (a) Tested annually at December 31st. |  |  |  |

NOTE: The following information for each of our four communities has been published separately on EMMA. Please refer to our "LifeSpire of Virginia - 2023 Units and Rates Disclosure":

- Fee List and Unit Counts
- Published Rates


[^0]:    * "Standard" refers to all non-guaranteed refundable contract types; both non-refundable and fully amortizing.

