



# Holi Powder Recipe

India's Holi celebration, also called the Festival of Colors, marks the beginning of spring each year. To celebrate the end of winter and welcome in the bright, natural colors of spring, people celebrate Holi by throwing water and colored powder on each other. Celebrate Holi by making your own colored powder to throw with a friend.

## MATERIALS

1 cup flour

½ cup water

Food coloring, any color

Rolling pin

Coffee grinder or mortar and pestle  
(If not available, use a heavy spoon and a bowl)

## INSTRUCTIONS

- 1 Mix the flour and water in a large bowl until it forms a thick paste.
- 2 Add your favorite food coloring to the paste and mix it in with your hands. (You may want to wear gloves!)
- 3 Scoop the paste from the bowl and press it into a ball with your hands.
- 4 Use a rolling pin to flatten the ball into a disc about one quarter inch in thickness and set it aside to dry. To make more colors, repeat steps 1-4.
- 5 Let the disc sit overnight, until it has completely dried.
- 6 Use a coffee grinder or mortar and pestle to crumble the disc back into powder. Alternatively, set the disc in a bowl and whack it with a heavy spoon.
- 7 Head outside with a friend and have fun throwing the colored powder at each other!

