



FIELDING MEMBER CLASS

FLASH THE LEATHER

Work on solidifying the fundamentals of fielding while progressing into the more advanced aspects of the defensive game that are needed to be successful at the next level.

Max Reps- Class that will get you the most possible fielding reps. Athlete will work on different types balls that they will see in a game such as; straight on, forehand, back hand, V cuts and slow rollers. The fielder will learn how to read different bounces and how to approach those bounces.

Show It Off - Fielder will gain an understanding of how we use our arm slots depending on the type of play. Player will do different drills to work on our throwing slots. The different types of throws that we will covered are; on the run, quick hands, off balance throws, and double play throws.

Glove Control- Athlete will gain an understanding of how we can use our glove as a fielder. The athlete will go through different drills and exercises that will focus on glove control such as; glove flips, cut off deflecting the ball, fielding lanes, wall drills and fun competitions.

