

# Program Overview

## **9u/10u Programs**

We focus on ensuring that basic techniques are done properly to set the groundwork for when the players get older. As we progress through the skills classes, we will get more in depth with the finer details of the game. Our main goal for this age level is to ensure that the players have fun playing the game while also developing/learning how the game should be played.

Rosters as the age level do not exceed 12 players. Each season the field dimensions become bigger to better transition to the big diamond. (9u: 46' mound, 60' bases. No leading. 10u: 46' mound, 65' bases w/ leading and stealing.)

## **11u/12u Programs**

Our players are introduced to higher level baseball which includes taking leads, stealing, holding runners, etc. while playing on a 50'/70' diamond. We still add focus to the fundamentals of the game to ensure that our players continue to take strides in the right direction.

Our goal is to implement a system that makes the transition to the bigger diamond as smooth as possible and to prepare our players to continue to play high-level baseball. Rosters at this age level do not exceed 13 players.

## **13u Program**

Our players are now playing on the big diamond for the first time, and our ultimate goal is to ensure that this transition is as smooth as possible. We begin to focus on the smaller intricacies of the game while still hammering home the fundamentals.

Our goal is that throughout this year, our players become more comfortable with the bigger diamond and are prepared for higher-level baseball at the next level. We focus on developing arm strength, speed and power, and baseball IQ. Rosters at this age level do not exceed 14 players.

## **14u Program**

Our players have now played on the big diamond for a full season and are beginning to become more comfortable with how the game is played at this level. We continue to work on the smaller intricacies of the game while still focusing on the fundamentals.

Our goal for this season is to do our best to ensure our players are prepared to play high school baseball. We continue to focus on developing arm strength, speed and power, and baseball IQ. Rosters at this age level do not exceed 14 players.

## **15u+ National Team Programs**

The Nor'Easters college development baseball program is designed to accomplish three goals:

1. Develop our players and expose them to next level baseball training
2. Showcase our players in front of colleges and make sure that they find a college that best fits their needs
3. Provide an environment where our players continue to enjoy coming to baseball  
The goal is to get our players placed in a college that fits their academic, geographical, and baseball objectives. We will accomplish these in an environment where we promote confidence, grittiness, and an attitude to succeed.

## **15u+ Local Team Programs**

Our local teams continue to focus on development as they prepare/continue to play high school baseball. We continue to introduce college level development and strive to have the players truly understand the game.

We focus on assisting players develop arm strength, speed and power, and baseball IQ. Rosters at these age levels range from 13 players to 17 players.