

What to Look For In Assisted Living and Long Term Care

Deciding on care for your loved one is an important choice. There are many considerations to keep in mind. Here we've compiled a few areas to pay attention to with questions to ask or things to look for – precautionary measures, amenities, levels of living, and pricing structure.

_____	_____	_____
_____	_____	_____
Community 1	Community 2	Community 3

COVID-19 PRECAUTIONARY MEASURES

The community should be taking appropriate measures to protect residents, staff, and visitors.

Is the community following regulatory guidelines for visitors?	_____	_____	_____
Does the community have sufficient personal protective equipment (PPE) for staff?	_____	_____	_____
Are people wearing masks, observing social distancing, and practicing hand hygiene?	_____	_____	_____
Are there testing plans for staff and residents?	_____	_____	_____
Do new residents need to quarantine?	_____	_____	_____
How are updates communicated with residents and family members?	_____	_____	_____
How are staff keeping residents engaged and socialized during this time?	_____	_____	_____

LOCATION

The community should be located where friends and family can drop in and near entertainment and medical locations.

Is the community conveniently located for friends and family to visit?	_____	_____	_____
Is the community close to entertainment, shopping, restaurants, churches?	_____	_____	_____
Are there physicians and medical facilities nearby?	_____	_____	_____



Community 1

Community 2

Community 3

AMENITIES

These extra add-ons can make a community really shine and help residents live life to the fullest.

Are there wellness and lifestyle enrichment programs to engage body, mind, and spirit?

Are social outings to restaurants, museums, theaters, etc. available with scheduled transportation included? (When safe to do so.)

Is housekeeping provided?

Are transportation services available?

Is there a Wellness Center that includes a gym, indoor pool, and exercise room with classes?

Is there an emergency response system?

Are there inviting outdoor areas?

Are entertainment spaces available to reserve for family or personal functions? (When safe to do so.)

LEVELS OF LIVING

Choosing a community with access to additional care means only having to make the decision to move once and helps in planning for the future. Does the community include the following levels of living?

Independent Living

Assisted Living

Memory Care Assisted Living

Long Term Care

Short Stay Rehabilitation



