

IMPACT REPORT

"Lutheran Senior Services is Christian love in action. I'm glad to be a part of that and to provide resources for seniors who are not able to afford them."

— Larry Neeb, Donor
Neeb Family Foundation



Serving AS CHRIST

The LSS LIVING FOUNDATION advocates for older adults. Inspired by the Christian Mission of Lutheran Senior Services — *Older Adults Living Life to the Fullest* — the LSS LIVING FOUNDATION speaks to the shared concerns of the aging process.

Through programs funded by generous donors, positive impact and support are given to those seeking a voice, a sense of well-being, purpose in life, and the need to be included. Offering an open invitation to serve seniors at a vulnerable time in their life, the LSS LIVING FOUNDATION builds upon the generosity and support from all who understand the challenges associated with aging.

Project Wellness

Project Wellness promotes healthy lifestyles at ten LSS Affordable Housing locations and in the surrounding community. Providing the use of a tele-health kiosk for self-monitoring of blood pressure, weight, and blood glucose, Project Wellness also includes the services of a parish nurse. This program was initiated by a generous \$384,000 grant from the Lutheran Foundation of St. Louis to help older adults take control of their health.

"The kiosks, along with the parish nurses, have helped people better manage their health, leading to changes in lifestyle and behaviors. We're pleased to have been able to support this important program which has been a blessing to so many."

— Ann Vazquez, President and CEO
Lutheran Foundation of St. Louis

Hospice

When care and compassion matter most, hundreds of families have trusted LSS Hospice. For families facing financial difficulties, the Hospice Memorial Fund supports private duty care or assists with the cost of funeral services. The Hospice Memorial Fund also provides services such as Music Therapy, Massage Therapy, and Pet Therapy which is not offered through Medicare but brings significant relief and support to families.

"Not only were the hospice staff and volunteers there for my mom, but they were equally there for me." — Judy Weber, Hospice Family Member



Senior Connections

Thousands of older adults live in isolation, never receiving a single visitor. Senior Connections pairs relational volunteers with older adults to improve quality of life through meaningful one-on-one relationships.

Benevolent Care

As healthcare costs soar and people live longer on fixed incomes, what happens when their finances are exhausted? LSS provides more than \$11.4 million annually in Benevolent Care to residents who, through no fault of their own, have outlived their resources. Allowing them to continue to receive the resources they need, Benevolent Care has been a blessing to those who were hopeless.

"It's wonderful to hear the news about the growth of the program and to see it flourish under LSS."

— Dick Fahey
Catherine Manley Gaylord Foundation

Resources PROVIDED TO ASSIST



Outreach Social Services

A place to turn for assistance and education, Outreach Social Services empowers older adults to maintain an independent lifestyle.

300+

Older adults receive assistance with utilities, medical equipment, and incontinence supplies.

1,300+

Older adults receive free educational information through the LSS speakers bureau.

Good Neighbor Program

For many older adults, additional help around the house is all that is needed to maintain independence. The Good Neighbor Program pairs older adults with caregivers at a reduced rate.

200+

Older adults paired with independent caregivers for assistance with meal preparation; housecleaning; laundry; shopping and errands; companionship; help with bathing, dressing, and hygiene; and help with daily activities.

Aging Answers

Elder Care Specialists at Lutheran Senior Services offer assistance in finding answers regarding aging.

900+

Older adults, family members, pastors, and members of the community receive education and assistance through this free LSS service.

314.446.2475

The phone number for Aging Answers where Elder Care Specialists answer questions regarding aging and resources for older adults.

Chaplains

Full-time chaplains offer pastoral care to older adults through prayer, personal visits, Bible studies, and worship services. Available 24 hours a day, LSS chaplains are specially trained to provide for the emotional and spiritual needs of older adults and their loved ones. In preparation for the next generation of chaplains serving in senior living communities, the LSS LIVING FOUNDATION also supports Clinical Pastoral Education.

8,500+

LSS residents and their families and 3,000+ LSS staff members served by 18 chaplains.

306

Ministry chaplains have been trained through the LSS Clinical Pastoral Education (CPE) Program.

LeadingCare Scholarship

In support of LSS employees, the LSS LIVING FOUNDATION offers financial scholarships for clinical studies. Investing not only in the care given today, but the care given in the future, the LeadingCare Scholarship fund is dedicated to assisting employees with their educational goals in support of the LSS Christian Mission.

"The LeadingCare Scholarship has allowed me the ability to further my education in nursing, a goal I have been interested in pursuing for many years. I am thankful to work for an organization that offers these amazing programs to their team members and that values ongoing education."

— Rachel Travis, Scholarship Recipient



Thank You for Your Support

The LSS Legacy Partners have made the LSS LIVING FOUNDATION the beneficiary of an estate gift or a charitable gift annuity.

The LSS LIVING FOUNDATION has also established the Abundant Giving Society to recognize the generosity of our annual donors.

Abundant Giving Society Recognition Levels

Anchors of Hope	\$100,000+ over lifetime
Ambassadors	\$10,000+ annually
Advocates	\$2,500 - \$9,999 annually
Allies	\$1,000 - \$2,499 annually
Associates	\$100 - \$999 annually
Affiliate	\$1 - \$99 annually

Please visit LSSLiving.org/Giving to see your name on our Honor Roll of Donors.

Welcome Home

The Home Conversion Program offers prospective residents the opportunity to receive a fixed income for life through a Charitable Gift Annuity by gifting their home to the LSS LIVING FOUNDATION.

"That Lutheran Senior Services offers the Home Conversion opportunity is a God-send. I knew that I was just not up to doing the necessary upgrading and said, "YES" to Home Conversion." Plus, how wonderful to also benefit Benevolent Care."

— Judith Hoffman, LSS Resident

Planned Gifts Bring Joy to the Donors and Serve the Future Needs of Older Adults

"We are so grateful for the many services provided for residents that we have chosen to support the LSS LIVING FOUNDATION. Not only have we shown our support with a charitable gift annuity, but also have planned a gift from our estate."

— Gus & Mary Gyaki
LSS Legacy Partners



COURAGEOUS LIVING

Volunteer and Community Engagement

Volunteers have the opportunity to dramatically touch the lives of older adults and make a positive impact. The LSS LIVING FOUNDATION welcomes individuals, churches, and corporations to honor, respect, and serve seniors whose hard work and self-sacrifice have paved the way for the next generation.

"It's a matter of giving your time and talents. Anything I can do to bring the language of life into their lives brings me such joy. I love volunteering with older adults and building personal relationships with them."

— Lori Schlosser
Volunteer

7,000+ Volunteers

Our Christian Mission would not be possible without volunteers. Creating relationships with older adults, these volunteers give selflessly in a variety of ways that offer personal satisfaction.

75,000+ Hours

Together, the number of volunteers and their time given adds up! It's a big number that shows the big impact made from serving older adults.

\$1.78 Million

While it is very difficult to put a dollar value on volunteer time, LSS volunteers have given far more to our older adults in their love and laughter.



The Need is Great. Our Reach is Wide.



The need is great for many older adults. But the reach of the LSS LIVING FOUNDATION is wide. I believe that together we will transform the aging process, educating and promoting the needs of those who have already given much of themselves to us.

With a large aging population calling for help, there are so many opportunities to make an impact. Through your generous hearts, the LSS Living Foundation offers innovative programs and services so older adults can live life to the fullest!

With gratitude,

A handwritten signature in black ink that reads 'Lisa K. Norwine'. The signature is fluid and cursive.

Lisa K. Norwine
Vice President of Advancement



Thank you FOR IMPACTING
THE LIVES OF OLDER ADULTS



**LSS LIVING
FOUNDATION**
LUTHERAN SENIOR SERVICES

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LSSLiving.org/Giving

LSS Living Foundation | 314.262.8266

LSS Volunteer and Community Engagement | 314.262.8206

