



**O**n June 22, 2004, the LSU swimming and diving program took a monumental step into reestablishing the national prominence of the program with the hiring of its eighth head coach, former Tiger great Adam Schmitt.

Schmitt looks to assemble the program back to the standard he helped construct as a student-athlete under the direction of former head coach Sam Freas. The Freas era, arguably, the most productive years in the program's history, dominated the late 1980s thanks in large part to Schmitt.

# Adam Schmitt

HEAD COACH • SECOND SEASON

As a member of the LSU swimming team in the 1980s, Schmitt played a key role in leading the Tigers to their highest finish ever at both the conference meet as well as the NCAA Championships in 1988. That year, LSU won its only Southeastern Conference title and then went on to a sixth-place showing at the NCAA Championships.

Individually, Schmitt capped his LSU career by capturing the SEC title in the 50 yard freestyle three times. He's also the second-most decorated swimmer in LSU history, earning a total of 10 all-America honors during his career. Schmitt's all-America awards include being a three-time recipient in both the 100 freestyle and the 400 freestyle relay as well as being honored twice in the 50-freestyle and the 400-freestyle medley relay.

Schmitt still holds the LSU record in the 100 freestyle with a 43.22 clocking, which he set in 1988. He also ranks second in school history in the 50 freestyle with a time of 19.65, also recorded in 1988.

On the international level, Schmitt was a member of several U.S. National Teams and participated in the 1986 Goodwill Games, the 1987 World University Games and the 1991 Pan-American Games. He was the 1989 U.S. Open Champion in the 50 freestyle, and

Adam and his wife Aimee with daughters Hannah and Haley.

## The Schmitt File

### Born:

1966 in Hammond, Ind.; raised in Houston, Texas

### Wife:

Aimee Schmitt; Stanford, 1989

### Children:

Hannah (8) and Haley (4)

### High School:

Cypress Creek; Houston, Texas; 1984

### College:

LSU, 1989; B.S. in Business Administration (Marketing)

### Coaching Experience

1996	Head Coach	Long Beach City College
1997-2001	Assistant Coach	Auburn
2001-04	Assoc. Head Coach	Arizona State
2004-	Head Coach	LSU



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he was a finalist in the 50 freestyle at the 1992 U.S. Olympic Trials.

Schmitt, a native of Houston, Texas, enters his second season as a head coach at his alma mater after serving as associate head coach at Arizona State for three years. Prior to his three-year stint at Arizona State, Schmitt served as an assistant coach at Auburn for four years, helping the Tigers to one NCAA title and pair of NCAA runner-up finishes.

At Auburn and Arizona State, Schmitt's expertise in the sprint races helped produce multiple top eight NCAA finishes in both individual and relay races for both schools during his four and three-year tenures.

Internationally, he has placed many athletes on U.S. and foreign national teams including the 1999 and 2003 Pan American Games, 2002 Pan Pacific Championships and the 2005 World Championships. Schmitt has also coached many U.S. Olympic Trials' finalists and helped one Arizona State swimmer secure a spot as an alternative for the 2004 U.S. Olympic Team.

In his first season as a head coach at LSU, Schmitt brought that international experience to the 2004-05 squad as several Tiger swimmers competed in elite competitions over the summer. He helped Lady Tiger captain Heather Brand train and then qualify for the World Championships as she represented her native country of Zimbabwe. Brand also earned a berth as a 2008 Olympic representative. Colleen Bertirotti and Kevin Braud earned experience on the national level while participating at the U.S. World Championship Swimming Trials. Both secured U.S. Olympic Trial standards for 2008.

Schmitt's other collegiate head-coaching stop came at Long Beach City College where he served as head coach for one season.

Schmitt is a 1989 graduate of LSU in marketing, and is married to former Stanford swimming All-American Aimee Berzins. The couple has two daughters, Hannah and Haley.

Plays a key role in leading the Tigers to their highest finish ever at both the conference meet as well as the NCAA Championships in 1988

Sets the LSU record in the 100 freestyle with a 43.22 clocking

## Adam Schmitt Timeline

Schmitt is a member of several U.S. National Teams and participates in the 1986 Goodwill Games

Wins the 1989 U.S. Open Championship in the 50 freestyle.

Graduates from LSU with a degree in Business Administration

Head Coach at Long Beach City College

Assistant Coach at Auburn

Associate Head Coach at Arizona State

Head Coach at LSU

1986

1988

1989

1996

1997-2001

2001-2004

2004-



In just three years as diving coach at LSU, Doug Shaffer has quickly driven the Tiger program to elite status. His track record of eight All-Americans and a recruiting base that spans the country are just a few examples of how Shaffer has become one of the nation's best at his profession.

## Doug Shaffer

DIVING COACH • FOURTH SEASON

The 2004-05 season exemplified Shaffer's expertise as freshman Niko Dalman made an immediate impact and entered the LSU record books. Having gathered only five months of collegiate experience, Dalman captured honorable mention All-America honors in the 1-meter at the NCAA Championships. The Auburn, Wash., native also became the first diver in school history to receive the SEC Freshman Diver of the Year award. His All-America achievement was only the fourth by a freshman in the program's history.

Lady Tiger divers Hali Saucier and Paige Brown also set a benchmark for the future of the program, becoming the first LSU divers of the new millennium to qualify for the U.S. National Championships.

In 2003-04, Shaffer coached Jessica Wantz to two All-American finishes in the 1-meter and 3-meter, respectively at the 2004 NCAA Championships. Wantz' score in the 3-meter of 540.15 -- a career high -- earned the Houston, Texas, native a third-place finish in the country.

During the 2002-03 season, Shaffer's guidance enabled three LSU divers to earn five NCAA All-American performances. Making her debut at the NCAA Championships, Wantz finished fourth in the 3-meter competition with a score of 532.45, the first All-America honor of her career. Barb Gorst, coming off of an All-America campaign in 2001-02, continued her success in 2002-03 capping off her senior season by placing 15th in the 10-meter platform diving competition with a mark of 372.80. It was the Calgary, Canada, native's third All-America honor. Fellow senior Kyle VanArsdall ended his career on a right note. The first-time All-American finished 12th in the 10-meter platform at NAAs.

The LSU program has produced at least one SEC diving champion in three out of the past six seasons and two Lady Tigers were NCAA Champions in 2000. Shaffer's elite recruiting classes look to continue that trend.

Shaffer, 42, is no stranger to leading a successful collegiate diving program. He was the head coach at the University of Minnesota from 1989-96 and then at UCLA in 1988-89.

Shaffer experienced a great deal of success at Minnesota as he was honored as Big Ten Diving Coach of the Year three times, two times on the women's side and once for the men's team. Shaffer coached 11 Big Ten champions, 29 All-Americans and two NCAA champions while at Minnesota. He was named NCAA Diving Coach of the Year in 1993. Shaffer also coached three Pac-10 champions and four All-Americans during his tenure at UCLA.

He has coached the United States in numerous international competitions since 1989, including the U.S. National Diving teams in China, Sweden, Spain and the United States. Shaffer was the assistant competition manager during the 1996 Olympic Games in Atlanta and in 2001 was recruited to serve in England as the head diving coach at the Sheffield, England, High Performance Center. There he coached five Olympians on the Lottery Funded World Class Performance Program but declined a four-year contract extension for the opportunity to coach at LSU.

Shaffer graduated from UCLA in 1986 with a Bachelor of Arts degree in history. Shaffer was an 11-time U.S. National champion, the 1986 NCAA Diver of the Year and the NCAA 1-meter and 3-meter champion in 1986 for the Bruins. One of the few divers to defeat the legendary Greg Louganis, Shaffer ousted the four-time Olympian five times in 1987, three of which were in U.S. National competition. Shaffer was a silver medalist in the 3-meter at the 1987 Pan American Games and won a gold medal at the 1987 USA-USSR dual meet in the 3-meter competition. An Olympic Trials' finalist in 1984 and 1988, Shaffer retired from competition in 1988 due to a back injury and moved into the nation's coaching ranks.

Shaffer is a native of Canton, Ohio and is married to Dr. Tracy Stephenson Shaffer, an LSU assistant professor in communication studies. The two welcomed a newborn baby girl, Sara Melissa on Nov. 30, 2005.

### The Shaffer File

#### Born:

July 8, 1963 in Baltimore, Md.

#### Wife:

Tracy Stephenson Shaffer

#### High School:

Mission Viejo High School; Mission Viejo, Calif.

#### College:

UCLA, 1986; B.A. History



## Morgan Bailey

### ASSOCIATE HEAD COACH

Second Season



Morgan Bailey is no stranger to championship swimming and his addition to the LSU staff in the summer of 2004 certainly solidifies the Tigers' hopes for landing several highly touted recruits.

Bailey served as the head senior coach at the Mecklenburg Aquatics Club in Charlotte, N.C., before joining the Tiger staff. He enters his second year at LSU with eight years of experience as an assistant in the collegiate ranks. During his previous coaching stints, Bailey accounted for six national championships as both a swimmer and coach.

As an assistant coach in charge of sprints at Georgia from 1999-2001, he was part of a staff that led the women's team to consecutive SEC and NCAA titles in 2000 and 2001. He was also instrumental in coaching Bulldog All-American Courtney Shealy to an appearance at the 2000 Olympic Games in Sydney. Shealy swam in the 100 backstroke and also joined her teammates in winning the gold medal in the 4x100 freestyle relay.

Bailey also served as an assistant at Auburn from 1997-99 where the Tigers claimed both the men's SEC and NCAA titles in 1999. While at Auburn, the 34-year old served as recruiting coordinator and brought in several of the nation's top swimmers. Prior to his stint with the Tigers, Bailey served as an assistant coach at UNLV from 1995-97.

An outstanding freestyle and backstroke swimmer himself, Bailey was a 23-time All-American at Oakland University and helped the school claim two national titles.

Bailey graduated with a bachelor's degree in exercise science from Oakland in 1995. He would later earn his master's degree from Auburn in 1998.

### The Bailey File

**Born:** May 21, 1971 in Los Angeles, Calif.

**Wife:** Katie Bailey

**Children:** Maxwell (5) and John (3)

**High School:** Glendora High School; 1989

**College:** Oakland University, 1995;  
B.S. in Exercise Science  
Auburn University, 1998;  
M.S. in Motor Control

## Anne Shawhan

### ASSISTANT COACH

Second Season



Anne Shawhan enters her second season as an assistant coach for the Tigers.

Before joining the LSU staff in the summer of 2004, Shawhan served an assistant coach at her alma mater of Florida State. In her three seasons there, the Brampton, Canada native helped guide the Florida State women's team to a top-20 national finish and also led the men's and women's squads to top-three finishes at the ACC Championships. During her tenure, the Seminoles produced four Olympians and numerous school record holders.

Shawhan had a unique opportunity to work at the Nike World Headquarters in Beaverton, Ore. following college graduation. She gained unlimited experience working as an intern for the Director of College Marketing, as well as aiding the college account managers and field representatives involved in all team aspects of Nike. Her success was evident when she was immediately hired as the Marketing Assistant Coordinator for the sales department following the completion of her internship.

Shawhan, 29, began swimming at a young age, which finally led her to a scholarship at Florida State in 1996. As a Seminole, she became one of the most prolific swimmers in school history, earning All-America status five times during her four-year career. She captured All-American honors three times in 2000 as a member of three freestyle relay teams. She earned her first All-America honor in 1997 in the 200 individual medley.

The Canada native graduated from Florida State in 2000, earning a bachelor's degree in sports management. She is married to George Shawhan.

### The Anne Shawhan File

**Born:** Oct. 1, 1976 in Toronto, Ontario, Canada

**Husband:** George Shawhan

**High School:** Bramlea Secondary School;  
Brampton, Ontario, 1995

**College:** Florida State, 2000;  
B.S. in Sports Management  
(Marketing)

## David Geyer

### ASSISTANT COACH

First Season



David Geyer comes to LSU with five years of coaching experience on the collegiate and club levels.

In his first season, Geyer will serve as recruiting coordinator for the Tigers, a post the 28-year old has experience in.

Geyer, a native of Pittsburgh, Pa., most recently served as an assistant coach at Mecklenburg Aquatics from 2002-05. While at the Charlotte, N.C. club team, he earned valuable experience under current LSU associate head coach Morgan Bailey. Before his three-year stint at Mecklenburg, Geyer was as an assistant at his alma mater of Shippensburg University from 1999-2001. He helped train all levels of athletes from developmental to national.

A talented athlete himself, Geyer was a four-time All-American in relays at Shippensburg. He graduated from Shippensburg with a bachelor's degree in psychology in 1999 before receiving his master's degree in counseling in 2001.

Geyer's leadership skills did not go unnoticed as he received the Rick Marlin Scholarship Award, while serving as a team captain.

Geyer is married to Lyndi Croft of State College, Pa. The couple has a one-year old daughter, Maddilyn.

### The Geyer File

**Born:** March 15, 1977

**Wife:** Lyndi Geyer

**Children:** Maddilyn (1)

**High School:** Elizabeth Forward High School  
Pittsburgh, Pa.; 1995

**College:** Shippensburg,  
University of Pennsylvania  
B.S. in Psychology, 1999;  
M.S. in Counseling, 2001

## Support Staff



**Matt Leach**  
Graduate Assistant



**Chad Cook**  
Trainer



**Ashley Stringfellow**  
Administrative Assistant



**C.J. Beaudet**  
Manager

**Not pictured:**  
**Brandon Rayne**  
Student Trainer



**Tim Reynolds**  
Strength and Conditioning



**John Allen**  
Academic Center



**Dan Davidson**  
Manager



**Bill Martin**  
Sports Information

## Veteran Experience

Brand, Bertirotti, Saucier guide Lady Tigers into 2005-06

If the success of LSU's offseason international competition and training program is any indication of where the team is heading, then head coach Adam Schmitt should expect a solid finish at the SEC and NCAA Championships. The LSU women's team returns 14 letterwinners, including several key names who look to build on their successes from last season. The possibilities are even more exciting when a talented recruiting class that the LSU staff inked in the signing period joins those seniors.

Schmitt's signing class and veteran leaders will be tested early in meets against some of the best programs in the nation. The Lady Tigers open the season with last year's NCAA runner up, Auburn, at home. Meets on the road at Florida State and Alabama present a formidable challenge. Top-10 ranked Texas A&M and Florida also visit the LSU Natatorium in February. The tough dual meet schedule leads up to the SEC Championships at Knoxville, Tenn., and then the NCAA Championships at Athens, Ga.



Colleen Bertirotti

### Freestyle

Without question, LSU's freestyle personnel could be the strongest the team has seen in years. In sprint events, Colleen Bertirotti returns after another stellar season, one in which the junior qualified for the World Championship Trials in the 50 free. Bertirotti, a native of San Antonio, Texas, enters the season as the owner of the third-fastest 50 free time in school history. The time of 23.27 was recorded at the Last Chance Meet and just missed qualifying for the NCAA Championships. Bertirotti has aspirations of reaching the event this season.

One member of the LSU team that did reach the NCAA Championships was Heather Brand. Brand, a team co-captain, placed 49th in the 50 free prelims at NAAs. She was also the Lady Tigers' highest finisher in the event at the SEC Championships last season. What Brand did following LSU's season is what may give the senior even more of an advantage in 2005-06. Brand qualified and participated in four events for her native country of Zimbabwe at the 2005 FINA World Championships. Both Bertirotti and Brand return for LSU in the 100 free as well.

"We are strong here with two returning sprint scorers but also we have a good core of young sprinters as well," said Schmitt. "It is a pretty solid group of athletes right now. Colleen and Heather have really grown within the program to where they provide leadership for the younger sprinters to help achieve our goals."

Freshmen Katie Gilmore, Nele Trepp and Jamie Wright provide immediate depth and look to continue the success established by Brand and Bertirotti. Gilmore was a two-time 50 free state champion and record holder in the state of Alabama. Trepp comes to LSU with international freestyle experience in Estonia, and Wright was a standout Junior National qualifier for the Bengal Tiger Aquatic Club in Baton Rouge.

In distance freestyle events, Clare Schepens will be counted upon heavily after an outstanding freshman campaign. Schepens posted the Lady Tigers' fastest times of the season in the 500, 1000 and 1650 free events. Her clockings in the 1000 and 1650 free reached the all-time top 10. She was also the team's best scorer at the SEC Championships.

"Clare is the backbone of our distance group, and we look to her to fill the need in those events," said Schmitt.

Hannah Martin enters her senior year with experience in distance freestyle events. She recorded the best finish by any LSU swimmer at SECs in the 200 free. Newcomers Lauren Simons and Angela Jurma enter the program as distance freestyle participants at their previous levels.



Clare Schepens

## Backstroke



**Mallory Neltner**

Mallory Neltner returns in backstroke events. Neltner, a native of Fort Thomas, Ky., earned the fastest time of the season in the 200 back last year and was second to Lindsay Staak in the 100 back. Both times were in finishes at the SEC Championships. With a time of 2:02.83 in the 200 back, Neltner moved into the school's all-time top 10. It's a spot, she looks to progress on in 2005-06.

Despite losing Staak, a talented recruiting class in backstroke events led by Monica McJunkin and Berit Aljand could fill the void. McJunkin was one of the top high school swimmers in North Carolina, while Aljand gathered experience on the international level in Estonia. Returning standout Stefanie Carver posted the second and third-best times of the season in the 200 and 100 back, respectively. Carver's versatility could be used in other events as well.

## Breaststroke

LSU looks to fill another void in breaststroke this season, following a brilliant career by Lauren Harvey. Harvey left her mark in the breaststroke as a holder of two all-time top 5 times in the events. Closely behind Harvey was freshman Michelle Hanson. Hanson, now a sophomore, had the second-best clockings of the season in the 100 and 200 breaststroke. She took in her first SEC Championship appearance as the second-highest scorer for the Lady Tigers in both events. Hanson's times continue on the verge of cracking the school's all-time top 10.

One of the most coveted prospects of Schmitt's first recruiting class was the top breaststroker in the state of Louisiana. Baton Rouge native Sarah Bedell was a four-time Class 2A state breaststroke champion at Episcopal High School. Bedell currently owns the state record in the 100 breaststroke with a time of 1:06.12. Upperclassmen Jeannine Malbrough and Rachel Taylor will also add depth.

## Butterfly



**Heather Brand**

Consider the butterfly one of the strength's of the 2005-06 squad. Not only does Heather Brand shine in freestyle, it is here where the team co-captain swam at the NCAA and World Championships. Brand placed 29th in the 100 fly prelims at NAAs and has one more shot at reaching a higher place as a senior. The time of 54.54 in the 100 fly went down as the third-fastest mark in school history.

Teammate Colleen Bertirotti will be used in butterfly events again, but what should be intriguing is the progress of freshman Katherine Noland. Noland, a native of Deerfield Beach, Fla., could be the top first-year swimmer in 2005-06. She was the Florida state high school champion in the 100 fly as a senior. Recognized around the state, Noland was named to the Miami Herald's First Team All-State. Perhaps even more valuable was that Noland was a member of three state championship teams and knows what it takes to be competitive. Seniors Jenna Molinski and Hannah Martin provide quality senior leadership into the butterfly this season.



**Hali Saucier**

## Individual Medley

Jenna Molinski returns in the 400 IM. Molinski, a team co-captain this season, was the best scorer on the team in the 400 IM at the SEC Championships with a 19th-place finish in the prelims. LSU also returns Stefanie Carver, Jeannine Malbrough and Michelle Hanson in the IM. Noland and Aljand are two freshmen who will see immediate action in IM events.

## Diving

Doug Shaffer and the Lady Tigers return an outstanding squad in 2005-06. Shaffer developed Hali Saucier and Paige Brown in the summer and both reached the U.S. Diving National Championships. He also added two talented freshmen, one from the state of Texas and one from California.

Jessica Wantz wrapped up her career last spring at the NCAA Championships. She leaves a legacy behind that saw three All-America honors and two SEC Diver of the Week awards. At one point last season, Wantz won 12 consecutive events. Wantz will continue to help the squad as a volunteer assistant.

During her reign, Wantz and Saucier became a solid tandem for the LSU team. Saucier now takes over as the top diver but it's a position the junior is comfortable with. Even with Wantz on the roster, Saucier was the Lady Tigers' best scorer at the 2005 SEC Championships. In the summer, Saucier earned a runner-up finish in the 1-meter at the U.S. Zone C Midwest Championships. More impressively might have been the fact that she and Brown qualified for the platform at the U.S. National Championships in an event where the two had only been training for a little over a year.

"It's a tribute to the hard work that they have brought to the program," said Shaffer. "They have developed tremendously. When I came to LSU three years ago it was turnover period. Now, they are the first divers in at least the past three seasons to qualify for nationals."

Now both have higher aspirations of reaching the NCAA Championships with a solid performance at Zones. Joining the mix will be freshmen Rynne Snyder and Alyson Thomas. Both were Junior National qualifiers during their high school careers and enter LSU with promising futures.

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# Lady Tiger Roster/Qualifying Times

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## Pronunciation

**Berit Aljand** .....Bear-eet Al-yand  
**Sarah Bedell** .....Buh-dell  
**Colleen Bertirotti** .....Ber-TEA-rottie  
**Angela Jurma** .....Jur-muh  
**Katy Leininger** .....Line-in-jur  
**Jeannine Malbrough** .....Mal-BRO  
**Sabrina Messmer** .....Mez-mur  
**Clare Schepens** .....Shep-ins  
**Lauren Simons** .....SI-mens  
**Nele Trepp** .....Neh-LEE

Paige Brown



## Roster

Name	Year	Event	Hometown/Previous School
Berit Aljand	Fr./HS	Backstroke	Tallinn, Estonia/Tallinn German Gymnasium
Sarah Bedell	Fr./HS	Breaststroke	Baton Rouge, La./Episcopal HS
Colleen Bertirotti	Jr./2L	Free/Fly	San Antonio, Texas/Clark HS
Heather Brand	Sr./3L	Free/Fly	Harare, Zimbabwe/Gateway HS
Paige Brown	So./1L	Diving	Zionsville, Ind./Interactive Academy
Stefanie Carver	So./1L	IM/Backstroke	Spring, Texas/Klein HS
Katie Gilmore	Fr./HS	Freestyle/Backstroke	Loxley, Ala./Daphne HS
Michelle Hanson	So./1L	Breaststroke	Alpharetta, Ga./Chattahoochee HS
Angela Jurma	Fr./HS	Freestyle	Bedford, Texas/Trinity HS
Katy Leininger	So./1L	Backstroke/Free	Madisonville, La./Mandeville HS
Jeannine Malbrough	Jr./2L	Breaststroke/IM	Metairie, La./Mount Carmel Academy
Hannah Martin	Sr./3L	Free/Fly	West Monroe, La./West Monroe HS
Monica McCjunkin	Fr./HS	Backstroke/Free	Charlotte, N.C./Providence HS
Sabrina Messmer	Fr./HS	Freestyle	Daytona Beach, Fla./Spruce Creek HS
Jenna Molinski	Sr./3L	Backstroke/IM	Memphis, Tenn./St. Agnes Academy
Mallory Neltner	So./1L	Freestyle/Backstroke	Fort Thomas, Ky./Notre Dame Academy
Katherine Noland	Fr./HS	Free/Fly	Deerfield Beach, Fla./St. Thomas Aquinas HS
Hali Saucier	Jr./2L	Diving	Gig Harbor, Wash./Peninsula HS
Clare Schepens	So./1L	Freestyle	Richland, Wash./Richland HS
Lauren Simons	Fr./HS	Free/Fly	Mobile, Ala./St. Paul's Episcopal HS
Ryanne Snyder	Fr./HS	Diving	LaMirada, Calif./LaMirada HS
Melissa Stanley	Jr./2L	Butterfly/IM	Spring, Texas/Klein HS
Rachel Taylor	Sr./2L	Freestyle	Baton Rouge, La./Episcopal HS
Alyson Thomas	Fr./HS	Diving	Highland Village, Texas/Marcus HS
Nele Trepp	Fr./HS	Freestyle	Tallinn, Estonia/Gustav Adolf Grammar School
Jamie Wright	Fr./HS	Free/Fly	Baton Rouge, La./Baton Rouge HS

## Lady Tigers Swimming and Diving

### 2006 Women's NCAA Division I Qualifying Times

(25-yard short course)

Event	'A' cut	'B' cut	Event	'A' cut	'B' cut
50 Freestyle	22.88	23.56	100 Butterfly	53.75	55.36
100 Freestyle	49.49	50.97	200 Butterfly	1:58.11	2:01.65
200 Freestyle	1:47.09	1:50.30	200 Individual Medley	2:00.52	2:04.29
500 Freestyle	4:45.46	4:54.02	400 Individual Medley	4:15.63	4:23.60
1650 Freestyle	16:23.54	16:53.04	200 Freestyle Relay	1:31.01	1:33.74
100 Backstroke	54.47	56.10	400 Freestyle Relay	3:18.95	3:24.91
200 Backstroke	1:58.24	2:01.78	800 Freestyle Relay	7:11.65	7:24.59
100 Breaststroke	1:01.70	1:03.86	200 Medley Relay	1:39.75	1:42.89
200 Breaststroke	2:13.65	2:18.27	400 Medley Relay	3:38.32	3:44.86

Sarah Bedell





## Berit Aljand

Freshman \* HS \* Backstroke  
Tallinn, Estonia  
Tallinn German Gymnasium

### Prior To LSU

National caliber breastroker in Estonia ... Set numerous country records ... Swam in Estonia with current teammates Miko Malberg and Sven Schneider ... Coached by her father, Riho.

### Personal

Born July 8, 1985 ... Parents are Riho and Kaja Aljand ... Both were professional swimmers ... Has one sister, Triin and one brother, Martti ... Currently undecided on a major.



## Sarah Bedell

Freshman \* HS \* Breaststroke  
Baton Rouge, La.  
Episcopal High School

### Prior To LSU

Completed a brilliant four-year career at Episcopal High School in Baton Rouge ... Awarded as the 2003 and 2004 Nokia Sugar Bowl Outstanding Class 2A Female Swimmer of the Year ... 2002, '03, '04 Louisiana Class 2A breaststroke champion ... 2003, '04 state champion in the 200 individual medley ... Currently owns the high school state record in the 100 breaststroke (1:06.12) ... Shattered her own state record in the 100 breaststroke as a senior ... Member of two state champion relay teams in the 200 medley ... Team MVP last three years of high school ... Qualified for U.S. Nationals in the 400 freestyle and medley relay ... Coached in high school by Brian Zelinski and John Roy ... An outstanding club swimmer for Crawfish Aquatics under coach Jimmy Roberts.

### Personal

Born Feb. 2, 1987 in Houston, Texas ... Parents are Richard and Gwen Bedell ... Has a twin brother, Matt ... Currently undecided on a major.

### Quick Fact

# 23.27

Colleen Bertirotti's time of 23.27 seconds at the 2005 Last Chance Meet was recorded as the third-fastest mark in school history.



## Colleen Bertirotti

Junior \* 2L \* Freestyle/Butterfly  
San Antonio, Texas  
Clark High School

U.S. Olympic Trial Qualifier  
2005 U.S. World Championships Participant  
2005 SEC Academic Honor Roll  
2004 SEC Freshman Academic Honor Roll

### Sophomore Season (2004-05)

Proved to be one of the top freestyle swimmers on the squad, posting two all-time top 10 times ... Represented LSU at the U.S. World Championship Trials in the 50 free ... Rated among the nation's best sprinters in the 50 free with a season high time of 23.27 at the Last Chance Meet ... The time was recorded as the third-fastest mark in school history and shattered her career-best time of 23.64 set in 2004 ... Also set a team-high time of 50.78 in the 100 free at the SEC Championships ... That time ranks as the fourth-best mark in school history ... Teamed with Lindsay Staak, Lauren Harvey and Heather Brand to shatter the school record in the 200 medley relay at the Bulldog Invitational (142.15) ... Anchored the finish of that race with an incredible 22.35 pace ... The group also set an LSU Natatorium record and "B" cut time in the 200 medley relay versus Delta State and UL-Monroe (1:42.72) ... Qualified and placed eighth (16th overall) in the 50 free consolation final at SECs with a time of 23.32 ... Helped LSU take first place in the 400 free relay at the season-opener against Alabama and Arkansas (3:32.67) ... Made the SEC Academic Honor Roll for the second consecutive season ... Earned her second varsity letter.

### Freshman Season (2003-04)

The top freshman on the squad in 2003-04 ... Posted five times in the top three of each category on the season ... Swam the fastest time by any Lady Tiger all season in the 50 freestyle, 23.64, at the SEC Championships ... Time earned her 20th place out of 51 swimmers in the 50 free prelims at SECs, the highest finisher by any LSU swimmer ... The time also was the seventh-best mark in school history ... Was also the Lady Tigers' best scorer in the 100 free, placing 26th (51.92) ... Had the second-fastest times on the season in the 50 backstroke (27.82), 100 back (59.25) and 100 butterfly (57.06) ... Also an outstanding performer in relay events, contributing to top times in three events ... Highest finish at SECs was fifth in the 200 medley relay finals ... Group swam a time of 1:43.95, the fastest time all season ... Member of winning 400 medley relay team at Alabama ... Named to the SEC Freshman Academic Honor Roll for her efforts in the classroom ... Earned her first varsity letter.

### Prior To LSU

Excellent sprint freestyle swimmer ... Four-year letterwinner at Clark High School in San Antonio, Texas ... Three-time 50 and 100 free All-American ... District and school record-holder in the 100 free and 100 backstroke ... Finished fourth in the 50 free at the Texas State High School Championships ... Three-time all-state selection in the 50 and 100 free, 200 and 400 free relays and 200 medley relay ... Team captain ... Three-year Academic All-American ... Member of the National Honor Society.

### Personal

Born April 25, 1985 ... Parents are Michael and Celeste Bertirotti ... Has one sister, Erica ... Majoring in elementary education.

### Colleen's Top Times

50 freestyle	23.27	2005 Last Chance Meet
100 freestyle	50.78	2005 SEC Championships
100 butterfly	57.06	2004 SEC Championships

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## Heather Brand

Senior \* 3L \* Freestyle/Butterfly  
Harare, Zimbabwe  
Gateway High School

2005-06, 2004-05 Team Co-Captain  
2005 World Championships Qualifier (Zimbabwe)  
2005 SEC Academic Honor Roll  
2004 SEC Academic Honor Roll

### Junior Season (2004-05)

Arguably, the most valuable swimmer on the squad last season ... A powerful butterfly and freestyle swimmer ... Qualified and participated in four events for her native country of Zimbabwe at the 2005 FINA World Championships ... Was the lone Lady Tiger to compete at the NCAA Championships, swimming in the 100 fly and 50 free ... Placed 29th in the 100 fly prelims (54.73) and 49th in the 50 free prelims (23.45) at NCAAs ... Qualified for the NCAA 100 fly at the Last Chance Meet, recording the third-fastest mark in school history (54.54) ... Clocking the fourth-fastest mark in school history in the 50 free (23.33) at the SEC Championships ... Member of school-record setting 200 medley relay team at the Bulldog Invitational with Lindsay Staak, Lauren Harvey and Colleen Bertirotti (1:42.15) ... Took fifth (13th overall) in the consolation final of the 100 fly at SECs with a "B" cut time of 54.67 ... Was LSU's highest finisher in the 50 free at SECs, swimming a prelim time of 23.33 ... Owned two team-high times in the 100 and 200 fly ... Served as the team captain in 2004-05 ... Awarded to the SEC Academic Honor Roll for the second straight season ... Earned her third varsity letter.

### Sophomore Season (2003-04)

A steady performer in the butterfly ... Was LSU's highest finisher in the 100 fly at the SEC Championships ... Swam a time of 56.96 to place 23rd in the prelims ... Posted the fastest time of the season in the 100 fly, 56.18, at the Nike Cup Invitational ... Swam in two relay events at SECs ... Member of fifth-place 200 medley relay team (1:43.95) at SECs ... Also participated in the 400 medley relay, earning sixth in the finals with a time of 3:48.72 ... Both times were the top times on the season in each relay, respectively ... Won the 200 medley relay versus UL-Monroe on Jan. 17 (1:49.96) ... Also won the 200 medley relay against South Carolina on Nov. 17 (1:46.51) ... Captured the 100 fly at Delta State on Oct. 25 (58.22) ... An SEC Academic Honor Roll student in the classroom and Dean's List member ... Earned her second varsity letter.

### Freshman Season (2002-03)

Had a solid freshman season after taking a redshirt the previous year ... Swam in every meet of the season ... Finished 16th in the finals of the 100 butterfly at the SEC Championships with a time of 56.62 ... Swam in the prelims of the 50 freestyle at SECs finishing 30th with a time of 24.18 ... Set a personal best-time of 24.14 in the 50 free at the Nike Cup Invitational ... Named to the SEC Academic Honor Roll and LSU Director's Cup ... Earned her first varsity letter.

### Redshirt Freshman Season (2001-02)

Competed in just one meet on the season as she took a redshirt ... Swam in the season opener versus Houston ... Placed second in the 100 butterfly against Houston with a time of 59.54 ... Also competed in the 200 freestyle relay in the season-opening meet versus Houston.

### Prior To LSU

Lettered all four years in swimming at Gateway High School ... Named "Swimming Sports Woman of the Year" ... Captain of team.

### Personal

Born Nov. 17, 1982 ... Parents are James and Pamela Brand ...

Majoring in wildlife management.

### Heather's Top Times

50 freestyle	23.33	2005 SEC Championships
100 freestyle	52.76	2002 Nike Cup Invitational
100 butterfly	54.54	2005 Last Chance Meet
200 butterfly	2:05.11	2005 SEC Championships



## Paige Brown

Sophomore \* 1L \* Diving  
Zionsville, Ind.  
Interactive Academy

2005 U.S. Diving National Championship  
Qualifier (Platform)  
2005 SEC Freshman Academic Honor Roll

### Freshman Season (2004-05)

Enjoyed a successful freshman campaign and an excellent summer season ... Qualified for the U.S. Diving National Championships in the platform competition with a fifth-place score of 359.90 at the Zone C Midwest Championships ... Joined teammate Hali Saucier as one of only five individuals to advance to Nationals at the regional qualifier ... Also competed in the 3-meter springboard at the event, taking 14th-place with a mark of 157.20 ... Highest 3-meter, 11-dive score was 379.30 at the Texas A&M Invitational ... Set a season-high score of 257.03 in the 1-meter at TCU on Jan. 21 ... Competed in her first official platform event at the Georgia Invitational, taking 10th-place honors with a score of 314.55 ... Placed 22nd in the 3-meter at the Georgia Invite ... Named to the SEC Freshman Academic Honor Roll ... Recipient of team's "Stripes" Award for her outstanding work ethic, attitude and dedication ... Earned her first varsity letter.

### Prior To LSU

Participated in club diving and gymnastics ... Coached in diving by Sean McCarthy ... A standout gymnast for eight years ... Level nine and 10 regional bar champion.

### Personal

Born Sept. 14, 1984 in Indianapolis, Ind. ... Parents are Donald and Kyle Brown ... Has five sisters, Nicole, Camille, Danielle, Angie and Katie and two brothers, David and Chris ... Majoring in biological engineering.

### Paige's Top Scores

1-meter (six dives)	257.03	2005 at TCU
3-meter (six dives)	297.83	2005 at TCU
3-meter (11 dives)	379.30	2005 Texas A&M Invitational
Platform (nine dives)	359.90	2005 U.S. Zone C Midwest Champ.

### Quick Fact

# 54.54

Heather Brand owns the third-fastest 100-yard butterfly time in school history.



## Stefanie Carver

Sophomore \* 1L \* Backstroke/IM  
Spring, Texas  
Klein High School

2005 SEC Freshman Academic Honor Roll

### Freshman Season (2004-05)

One of the top backstroke and individual medley swimmers on the team as a freshman ... Posted the second-fastest clocking of the season in the 200 back, 2:04.22, at the SEC Championships ... Just missed advancing to the consolation final of that event with a 19th-place showing in the prelims ... Also owned the team's second-best mark in the 400 IM, 4:36.04, vs. Rice and Houston on Jan. 28 ... Finished 24th in the prelims of the 100 back at SECs (59.12) ... Swam a top-three time in the 200 IM at Kentucky on Jan. 13 (2:10.98) ... One of four Lady Tigers named to the SEC Freshman Academic Honor Roll ... Earned her first varsity letter.

### Prior To LSU

Standout swimmer at Klein High School under coach Tom Harwood ... Voted team's most valuable swimmer during the 2002-03 season ... Served as team captain during senior season ... Varsity team placed third in the state of Texas in 2003-04 ... Member of the National Honor Society and a "Who's Who In Team Sports" selection ... Contributed to the PALS program, a leadership organization in the community.

### Personal

Born July 31, 1986 in Houston, Texas ... Parents are Solon and Sherri Carver ... Majoring in elementary education.

### Stefanie's Top Times

100 backstroke	59.12	2005 SEC Championships
200 backstroke	2:04.22	2005 SEC Championships
200 individual medley	2:10.98	2005 at Kentucky
400 individual medley	4:36.04	2005 vs. Rice and Houston



## Katie Gilmore

Freshman \* HS \* Freestyle  
Loxley, Ala.  
Daphne High School

### Prior To LSU

A two-time state champion freestyle swimmer at Daphne High School ... Earned four letters and All-America consideration ... A four-time all-county selection and a Southeastern region finalist ... The current Alabama state champion and state record holder in the 50 free ... Member of team that placed fourth in state as a senior ... Coached by Eric Smith ... Was a club swimmer at Baldwin Mobile Aquatic Club ... An honor student in the classroom.

### Personal

Born March 13, 1987 in Hampton, Va. ... Parents are Tom Gilmore and Bea Clayton ... Has one brother, Francis and one sister, Meghan ... Plans on majoring in history at LSU.



## Michelle Hanson

Sophomore \* 1L \* Breaststroke  
Alpharetta, Ga.  
Chattahoochee High School

2005 SEC Freshman Academic Honor Roll

### Freshman Season (2004-05)

Provided quality depth to LSU's breaststroke and individual medley efforts ... Was the Lady Tigers' second highest finisher in the 100 and 200 breaststroke at the SEC Championships ... Placed 18th in the prelims of the 100 breaststroke at SECs with a time of 1:06.64 ... Finished 21st in the 200 breaststroke at SECs with a time of 2:25.46 ... Also swam in the 200 IM at SECs, taking 34th with a time of 2:14.43 ... Named to the SEC Freshman Academic Honor Roll ... Earned her first varsity letter.

### Prior To LSU

Four-year letterwinner at Chattahoochee High School ... Named Scholastic All-American and voted most valuable player by her coaches and teammates ... Coached by Mark Minier.

### Personal

Born June 11, 1986 in Reston, Va. ... Parents are Mark and Sue Hanson ... Has one older sister, Melissa and one older brother, Matt ... Majoring in dietetics.

### Michelle's Top Times

100 breaststroke	1:06.64	2005 SEC Championships
200 breaststroke	2:25.46	2005 SEC Championships



## Angela Jurma

Freshman \* HS \* Freestyle  
Bedford, Texas  
Trinity High School

### Prior To LSU

Prepped at Trinity High School for four years ... Voted "Most Valuable Swimmer" sophomore through senior years ... Was the high-point district swimmer sophomore and junior seasons ... Outstanding sprinter and team record holder in the 50 and 100 freestyle ... Coached by Patty Bush ... Club swimmer at Grapevine-Colleyville Aquatics Team under Pete Salvan ... Lettered in cross country as a senior ... Vice President of the National Honor Society ... Served as "Miss Trinity High School".

### Personal

Born Feb. 13, 1987 ... Parents are William and Susan Jurma ... Has one older brother, Chris ... Majoring in biochemistry.



## Katy Leininger

Sophomore \* 1L \* Backstroke/Freestyle  
Madisonville, La.  
Mandeville High School

### Freshman Season (2004-05)

Solid all-around swimmer who competed in several freestyle, backstroke and individual medley events ... Was the second-fastest Lady Tiger in the 200 IM at the SEC Championships, touching the wall at 2:11.13 ... Also competed in the 200 back and 200 free at SECs ... Swam season-best times in both events ... Earned her first varsity letter.

### Prior To LSU

Four-year letterwinner and team captain at Mandeville High ... Named all-metro and all-district all four years of high school ... Member of Louisiana zone team ... Awarded team MVP sophomore through senior years ... Served on class senate for four years and also was a member of the honor roll every year.

### Personal

Born Aug. 9, 1985 in Decatur, Ill. ... Brother and sister, Laura Jo and Robbie, also lettered in swimming at LSU ... Currently undecided on a major.

### Katy's Top Times

200 freestyle	1:55.21	2005 SEC Championships
200 backstroke	2:08.12	2005 SEC Championships
200 individual medley	2:11.13	2005 SEC Championships



## Jeannine Malbrough

Junior \* 2L \* Breaststroke/IM  
Metairie, La.  
Mount Carmel Academy

2005 SEC Academic Honor Roll  
2004 SEC Academic Honor Roll

### Sophomore Season (2004-05)

Standout breastroker and individual medallist ... Competed at the SEC Championships for the second straight season ... Swam a personal-best time in the 100 breaststroke at the Texas A&M Invitational (1:08.30) ... Placed 23rd in the 200 breaststroke at SECs with a time of 2:27.94 ... Finished 36th in the 200 IM at SECs with a time of 2:14.63 ... One of 13 Lady Tigers named to the SEC Academic Honor Roll ... Earned her second varsity letter.

### Freshman Season (2003-04)

Competed in seven meets on the season as well as the Nike Cup Invitational and SEC Championships ... Time of 2:27.90 in the 200 breaststroke at SECs was the second-best mark by any Lady Tiger on the season ... Recorded the third-fastest time of the season in the 400 IM, 5:00.91, versus South Carolina on Nov. 7 ... Earned her third varsity letter.

### Prior To LSU

Three-year letterwinner at Mount Carmel Academy ... Team captain as a senior ... Qualified for the Junior Nationals ... State champion in the 200 breaststroke ... Consensus all-district, all-metro, all-state selection freshman, junior and senior years ... Zone champion in the 100 breast ... Member of high school state champion squad ... Graduated with honors and was also

named a "Who's Who Among American Students" ... Presented President's PSAT award.

### Personal

Born Nov. 13, 1984 ... Parents are Bobby and Shirley Malbrough ... Has three brothers, Joey, Garrett and J.R. and two sisters, Allison and Meghan ... Majoring in interior design.

### Jeannine's Top Times

100 breaststroke	1:08.30	2004 Texas A&M Invitational
200 breaststroke	2:27.90	2004 SEC Championships



## Hannah Martin

Senior \* 3L \* Freestyle/Butterfly  
West Monroe, La.  
West Monroe High School

### Junior Season (2004-05)

Outstanding distance freestyle swimmer who progressed as the season went on ... Posted the second-fastest times of the season in the 200, 500 and 1000 free events ... Recorded a personal-best time of 1:53.66 in the 200 free at the SEC Championships, finishing 24th ... LSU's highest finisher in the 200 free at SECs ... Clocked a mark of 10:28.21 in the 100 free versus Alabama and Arkansas on Oct. 29 ... Earned her third varsity letter.

### Sophomore Season (2003-04)

Competed at the SEC Championships for the first time in her career and fared quite well ... Recorded four career-highs on the season, including three at SECs ... Swam in three events with her best finish coming in the 1650 freestyle at SECs ... Placed 18th in the 1650 free finals (17:10.53) ... Was LSU's second-highest finisher in the 200 free, placing 30th with a time of 1:54.35 ... Time in the 200 free was a career-high ... Posted the second-fastest time on the season in the 1000 free versus Texas A&M on Jan. 23 (10:26.11) ... Delivered a personal-best swim in the 1000 free versus UL-Monroe to open the spring season ... Won the 1000 free with a time of 10:26.40, nearly 13 seconds better than her previous best mark ... Earned her second varsity letter.

### Freshman Season (2002-03)

Had an excellent freshman campaign competing in 12 meets as well as the Nike Cup and Texas Bevo Invitationals ... Solid distance swimmer who had her best outing in a dual meet victory versus UL-Monroe and Delta State winning the 200 and 500 freestyle events ... Won the 200 free in a time of 1:54.88 and finished the 500 free in 5:09.08 ... Also won the 500 free at Houston with a mark of 4:57.36 ... Finished 27th in the 1650 free at the Nike Cup Invitational (17:42.48) ... Posted the third-best time of the season in the 500 free (5:06.05) at the Texas Bevo Invitational ... Earned her first varsity letter.

### Prior To LSU

Attended West Monroe High School and lettered four years in swimming and track and field ... Also lettered three years in cross country ... Coached in swimming by John Pittington at West Monroe ... A Wendy's High School Heisman nominee ... Named the Scholar-Athlete of the Week ... 2002 5A state champion in the 100 butterfly and runner-up in the 500 freestyle ... A Junior National finalist in her career as well.



## Personal

Born July 11, 1984, in San Diego, Calif. ... Parents are Rick and Teresa Martin ... Has one brother, Jesse ... Majoring in general studies.

## Hannah's Top Times

200 freestyle	1:53.66	2005 SEC Championships
500 freestyle	5:02.23	2004 SEC Championships
1000 freestyle	10:26.11	2004 vs. Texas A&M
1650 freestyle	17:10.53	2004 SEC Championships



## Monica McJunkin

Freshman \* HS \* Backstroke/Freestyle  
Charlotte, N.C.  
Providence High School

## Prior To LSU

Specialized in backstroke and freestyle events at Providence High School ... Received team's MVP award as a freshman ... Swam in the 100 and 200 back and 200 freestyle ... Swam at the famed Mecklenburg Aquatic Club and trained under coach Dave Gibson ... Scholastic All-American in the classroom.

## Personal

Born May 17, 1987 ... Parents are Chuck and Tina McJunkin ... Has one younger sister, Marissa ... Currently undecided on a major.



## Sabrina Messmer

Freshman \* HS \* Freestyle  
Daytona Beach, Fla.  
Spruce Creek High School

## Prior To LSU

Talented freestyle swimmer at Spruce Creek High School ... Won state championship in the 100 free as a freshman ... Named Daytona News Journal and Orlando Sentinel "Swimmer of the Year" as a senior ... Voted as Volusia/Flagler Counties "Swimmer of the Year" ... Coached by Steve Lochte ... Also a club swimmer at Daytona Beach Swim Club.

## Personal

Born April 3, 1987 in Minneapolis, Minn. ... Parents are Max and Julienne Messmer ... Has two sisters, Natasha and Simone ... Currently undecided on a major.



## Jenna Molinski

Senior \* 3L \* Backstroke/IM  
Memphis, Tenn.  
St. Agnes Academy

2005-06 Team Captain  
2005 SEC Academic Honor Roll  
2004 SEC Academic Honor Roll

## Junior Season (2004-05)

Reliable swimmer in the individual medley, who also contributed in distance freestyle and backstroke events ... Clocks a team-high time in the 400 IM at the SEC Championships ... Finished 19th in the preliminary heat of the 400 IM at SECs with a mark of 4:29.50 ... Owned the third-fastest times of the season in the 500 (5:08.57) and 1000 (10:31.69) free events ... Placed third in the 1000 free at Kentucky (Jan. 13) with a career-fast time of 10:31.69 ... Part of a one-two-three finish in the 1000 free versus Delta State and UL-Monroe (Jan. 29) ... Also swam a career-best mark and season-high time in the 500 free at the Texas A&M Invitational ... Received SEC Academic Honor Roll recognition for the second consecutive year ... Earned her third varsity letter.

## Sophomore Season (2003-04)

Participated at the SEC Championships with her best finish coming in the 200 butterfly ... Qualified for the 200 fly finals at SECs, swimming a time of 2:08.06 to finish 16th ... Swam in the 1650 freestyle, finishing 20th in the finals (17:23.74) ... Had the third-fastest mark by any Lady Tiger in the 200 backstroke, 2:11.32, at home against Texas A&M on Jan. 23 ... Was LSU's highest finisher in the 1650 free at the Nike Cup Invitational, placing 21st with a time of 17:27.90 ... Set a career-best time of 5:09.10 in the 500 free at the Nike Cup ... Named to the SEC Academic Honor Roll ... Earned her second varsity letter.

## Freshman Season (2002-03)

Had a solid freshman campaign, competing in every event of the season including her debut at the SEC Championships ... Placed 28th in the prelims of the 500 freestyle (5:12.70) at SECs ... Posted two 24th-place finishes at SECs in the 200 butterfly (2:09.33) and 400 IM (4:32.45) ... Finished 15th in the 400 IM consolation final at the Nike Cup Invitational (4:28.35) ... The time of 4:28.35 was the top time of the season by any Lady Tiger in the event ... Swam a personal-best time of 10:38.75 in the 1000 free in a double-dual meet at Texas A&M and Rice, the fifth best time of the year in the event ... Posted the fourth-best time in the 200 fly all-season, 2:07.22, versus Kentucky on Feb. 1. ... Earned her first varsity letter.

## Prior To LSU

Lettered all four years in swimming at St. Agnes Academy ... Was her team's most valuable swimmer during her career there ... Member of the USS Southeastern Swimming Hall of Fame ... Won the Babe Ruth Sportsmanship Award ... Was an Academic All-American ... Member of "Who's Who in Sports All-Stars" ... Member of the National Honor Society ... Also lettered in cross country and track.

## Personal

Born Jan. 31, 1984 ... Parents are Charles and Relia Molinski ... Has one younger sister, Mary ... Majoring in kinesiology.

## Jenna's Top Times

200 individual medley	2:10.72	2003 vs. Kentucky
400 individual medley	4:28.35	2002 Nike Cup Invitational
500 freestyle	5:08.57	2004 Texas A&M Invitational
1000 freestyle	10:31.69	2005 at Kentucky

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## Mallory Neltner

Sophomore \* 1L \* Freestyle/Backstroke  
Fort Thomas, Ky.  
Notre Dame Academy

### Freshman Season (2004-05)

Enjoyed a standout freshman season and excelled in several events ... One of two freshmen who contributed significantly to LSU's "A" relay teams ... Also proved to be a reliable swimmer in backstroke events ... Entered LSU's all-time top 10 in the 200 backstroke with a clocking of 2:02.83 at the SEC Championships ... Qualified for the consolation final with that season-best time ... Finished eighth in that heat and 16th overall in the SEC with a finals' time of 2:03.22 ... Placed 28th in the 50 freestyle prelims at SECs (24.09) ... LSU's highest finisher in the 100 back at SECs, swimming a time of 58.24 in the prelims to place 18th ... Won the 200 back versus Rice and Houston (Jan. 28) with a time of 2:06.07 ... The winning swim changed the complexion of the meet and spearheaded LSU to victory ... Posted a first-place finish for the second consecutive day in the 200 back versus UL-Monroe and Delta State (Jan. 29) ... Touched the wall with a winning time of 2:05.44 ... Nearly set a school record in the 200 free relay at SECs with a group time of 1:32.70 that placed seventh ... Member of winning relay team in the 400 free against Alabama and Arkansas (Oct. 29) ... Also participated in the 800 free relay ... Earned her first varsity letter.

### Prior To LSU

State runner-up in the 100 backstroke and finished third in the 50 freestyle in 2003 state championships ... North Kentucky and Cincinnati "Sports Girl of the Year" ... Member of 2001 state championship team ... A seven-year letterwinner in high school, having started swimming as a sixth grader ... Coached by Heather Stultz.

### Personal

Born July 13, 1986 in Cincinnati, Ohio ... Parents are Rick and Margie Neltner ... Older brother, Ross, is a forward on the basketball team at Vanderbilt ... Currently undecided on a major.

### Mallory's Top Times

50 freestyle	24.09	2005 SEC Championships
100 backstroke	58.24	2005 SEC Championships
200 backstroke	2:02.83	2005 SEC Championships



## Katherine Noland

Freshman \* HS \* Butterfly/Freestyle  
Deerfield Beach, Fla.  
St. Thomas Aquinas High School

### Prior To LSU

A four-year letterwinner at St. Thomas Aquinas High School in Fort Lauderdale ... Florida state high school champion in the 100 butterfly and 50 freestyle as a senior ... Member of three state championship teams (2001, '02, '04) and four district championship squads ... Outstanding freestyle sprinter and performer in the butterfly ... Coached in high school by Jimmy Paramenter ... Swam six All-American cuts as a senior ... Set three new career-fast times at the 2004 Florida state meet ... Three-time Miami Herald First Team selection ... Honor student in the classroom.

### Personal

Born Dec. 9, 1986 in Boynton Beach, Fla. ... Parents are Howard and Margaret Noland ... Has one brother, Thomas and one sister, Elizabeth ... Currently undecided on a major.



## Hali Saucier

Junior \* 2L \* Diving  
Gig Harbor, Wash.  
Peninsula High School

2005 U.S. Diving Nat. Championships Qualifier  
(1-meter, Platform)  
2005 SEC Academic Honor Roll  
2004 SEC Freshman Academic Honor Roll

### Sophomore Season (2004-05)

One of the top divers in the SEC ... Qualified for the U.S. National Championships in the 1-meter and platform over the summer ... Finished 12th among the nation's top divers in the platform at the meet (375.87) ... Tremendous performance in the 1-meter at the U.S. Zone C Midwest Championships earned her a runner-up finish (418.50) ... Scored a fourth-place score of 373.90 in the platform at the same meet ... Was LSU's best performer at the SEC Championships in all events ... Earned a pair of seventh-place finals' finishes in the 3-meter (445.20) and 1-meter (256.00) at SECs ... Had the third-highest point tally in the prelims of the 1-meter (266.95) ... Qualified for finals in the 3-meter and platform at the NCAA Zone B Diving Championships ... Enjoyed a successful Georgia Diving Invitational, placing fifth in the platform (373.85) and fifth in the 1-meter (260.50) ... Won the platform at the Texas A&M Invitational (Nov. 21) with a career-high score of 378.55 ... Posted a season-high score of 306.98 in a second-place finish of the 3-meter at TCU (Jan. 21) ... Maintained highest GPA on team and received SEC Academic Honor Roll recognition ... Named "Most Valuable Diver" on the team at awards banquet ... Earned her second varsity letter.

### Freshman Season (2003-04)

Delivered a stellar freshman campaign and nearly qualified for the NCAA Championships ... Recorded a personal-best score of 465.00 in the 3-meter at the NCAA Zone B Diving Regionals ... Held the lead in the 3-meter at NCAA Zones after five rounds ... Competed in all three diving events at the SEC Championships ... Was LSU's lone competitor in the platform event at SECs, placing 15th with a score of 292.90 in the prelims ... Best finish at SECs was 12th in the 1-meter (245.80) ... Swept both diving events versus Rice on Jan. 30 ... Posted the best score of the season in the 1-meter in that meet (275.25) ... Won the 3-meter against Texas A&M on Jan. 23 (272.32) ... Took third place honors in the semifinals of the 3-meter at the Minnesota Invitational (420.70) ... Named Student Athlete of the Month for November for her excellence in the classroom and community ... Carried a perfect 4.0 GPA on the fall semester to make the Dean's List and SEC Freshman Academic Honor Roll ... Earned her first varsity letter.

### Prior To LSU

Four-year standout and team captain at Peninsula High School ... Three-time All-American and two-time district champion in diving ... Placed third in the state of Washington in 1999 ... Was second in the state three consecutive years, 2000-02 ... Qualified for Junior Nationals three times during her high school career ... Finished 29th in the 1-meter at the summer Junior Nationals ... Coached by Liz Litsch ... Member of the National Honor Society ... Maintained a perfect 4.0 GPA and named Valedictorian at Peninsula High School.

## PERSONAL

Born June 12, 1985 at Tacoma, Wash. ... Majoring in kinesiology.

### Hali's Top Scores

1-meter (six dives)	282.90	2005 at Texas A&M
3-meter (six dives)	306.98	2005 at TCU
3-meter (11 dives)	465.00	2004 NCAA Zone B Meet
Platform (six dives)	378.55	2004 at Texas A&M Invitational



## Clare Schepens

Sophomore \* 1L \* Freestyle  
Richland, Wash.  
Richland High School

2005 SEC Freshman Academic Honor Roll

### Freshman Season (2004-05)

LSU's top performer in all distance freestyle events ... Put together a fantastic freshman season, etching her name into the all-time top 10 in the 1000 free (10:13.29) and 1650 free (16:59.97) ... Also posted the fastest time of the season in a 22nd-place finish in the 500 free (5:01.58) at the SEC Championships ... Placed 12th in the 1650 free at SECs, swimming the eighth-fastest time in school history (16:59.97) ... Was also the Lady Tigers' highest finisher in the 1000 free with the ninth-best mark in school history (10:13.29) ... Swam in the 800 free relay at SECs, helping LSU finish sixth with a time of 7:29.00 ... Won the 500 free at Kentucky (Jan. 13) with a mark of 5:10.76 ... Swam a time of 10:22.67 in the 1000 free to place second versus Rice and Houston (Jan. 28) ... Named to the SEC Freshman Academic Honor Roll ... Earned her first varsity letter.

### Prior To LSU

Named MVP of her team junior through senior years ... Took fourth place in the 500 freestyle at state championships and was fifth in the 200 free at state ... Owned school records in the 200 and 500 free ... Member of the National Honor Society and a "Who's Who Among American High School Students" ... Coached by Kathy Piper at Richland High.

### Personal

Born July 18, 1986 in Augusta, Ga. ... Parents are Roy and Susan Schepens ... Has one older sister, Cissy and one older brother, Pat ... Cissy was a three-time letterwinner at LSU ... Plans on majoring in business administration.

### Clare's Top Times

200 freestyle	1:53.70	2005 SEC Championships
500 freestyle	5:01.58	2005 SEC Championships
1000 freestyle	10:13.29	2005 SEC Championships
1650 freestyle	16:59.97	2005 SEC Championships



## Lauren Simons

Freshman \* HS \* Freestyle  
Mobile, Ala.  
St. Paul's Episcopal High School

### Prior To LSU

Lettered at St. Paul's Episcopal School ... Team co-captain as a senior and voted "Most Improved Swimmer" ... Member of the All-American 200 freestyle relay team that was a state record holder for three years ... Team was state champions final two seasons of her high school career ... Distance swimmer in the 200 and 500 free ... Coached by Bill Quina ... An Academic All-America selection and a member of the National Honor Society and Interact Club ... Was a club swimmer for the City of Mobile Swim Association coached by Tom Herder.

### Personal

Born Feb. 4, 1987 ... Currently undecided on a major.



## Rynanne Snyder

Freshman \* HS \* Diving  
LaMirada, Calif.  
LaMirada High School

### Prior To LSU

Standout diver at LaMirada High School ... An eight-time Junior National qualifier and a two-time Senior National qualifier ... Qualified for three U.S. Opens ... The 2004 CIF Division IV high school champion ... Graduated with honors and named school's student of the month on several occasions.

### Personal

Born Oct. 16, 1986 in Whittier, Calif. ... Parents are Jeff and Lorie Snyder ... Has one brother, Jeremy and one sister, Amy ... Currently undecided on a major.



## Melissa Stanley

Junior \* 2L \* Butterfly/IM  
Spring, Texas  
Klein High School

2005 SEC Academic Honor Roll  
2004 SEC Freshman Academic Honor Roll

### Sophomore Season (2004-05)

Added depth to LSU's butterfly efforts ... Swam at the SEC Championships for the second consecutive season ... Posted a career-high in the 200 fly against Rice and Houston (Jan. 28) ... Finished with a time of 2:12.44 in that race ... Named to the SEC Academic Honor Roll ... Earned her second varsity letter.

### Freshman Season (2003-04)

Competed in seven meets on the season and the SEC Championships ... Posted the third-best time on the season in the 200 butterfly, 2:17.06, at SECs ... Had the fifth-fastest mark of the season in the 100 fly (59.96) ... Made her debut at



Alabama on Oct. 24 ... Named to the SEC Freshman Academic Honor Roll ... Earned her first varsity letter.

## Prior To LSU

Four-year letterwinner at Klein High School ... Coached by Tom Harwood ... Team captain senior season ... Member of National Honor Society and named to the "Who's Who Among High School Athletes" ... Also an Academic All-American in the classroom ... Voted the hardest worker by her teammates and coaches.

## PERSONAL

Born Jan. 24, 1985 in Longview, Texas ... Parents are Thomas and Susan Stanley ... Has three brothers, Tom, Matthew and Adam ... Majoring in business administration.

## Melissa's Top Times

100 butterfly	59.96	2004 SEC Championships
200 butterfly	2:12.44	2005 vs. Rice and Houston



## Rachel Taylor

Senior \* 2L \* Freestyle  
Baton Rouge, La.  
Episcopal High School

2005 SEC Academic Honor Roll  
2004 SEC Academic Honor Roll

## Junior Season (2004-05)

Participated in several meets on the season, including the Texas A&M Invitational and SEC Championships ... Swam career-fast times at SECs in the 50 free (24.41) and 100 free (53.78) ... Finished 36th in the 50 free at A&M Invitational (24.80) ... Received SEC Academic Honor Roll recognition for the second consecutive year ... Earned her second varsity letter.

## Freshman Season (2003-04)

Did not see any action during the fall season ... Made her debut on Jan. 17 at home against UL-Monroe ... Saw action in four meets on the season as well as the Nike Cup Invitational and SEC Championships ... Swam in several freestyle events on the season ... Awarded to the SEC Academic Honor Roll for her efforts in the classroom ... Earned her first varsity letter.

## Prior To LSU

Lettered four years at Episcopal High School ... Coached by David Zielinski ... Also a member of the track team ... Voted team captain her senior season ... Named the "Most Improved" swimmer by her coaches.

## Personal

Born Sept. 1, 1983 ... Parents are Ben and Debbi Taylor ... Has one older sister, Cami ... A recent undergraduate in psychology ... Currently working on a master's degree in social work.

## Rachel's Top Times

50 freestyle	24.41	2005 SEC Championships
100 freestyle	53.78	2005 SEC Championships



## Alyson Thomas

Freshman \* HS \* Diving  
Highland Village, Texas  
Marcus High School

## Prior To LSU

Four-year letterwinner and All-American at Marcus High School ... Team captain junior and senior seasons ... Set school record score in six-dive meet (264.30) ... U.S. Junior Olympic National qualifier in 2003, '04 and '05 ... Team was district champions all four years of high school ... Received TISCA All-State recognition ... Former international elite gymnast ... Coached by Sherry McGuire.

## Personal

Born Aug. 26, 1986 in Dallas, Texas ... Parents are James and Brenda Thomas ... Has one sister, Amanda ... Currently undecided on a major.



## Nele Trepp

Freshman \* HS \* Freestyle  
Tallinn, Estonia  
Gustav Adolf Grammar School

## Prior To LSU

International freestyle swimmer in Estonia ... Participated in the 50 and 100 free and 50 butterfly ... Swam with current teammate Miko Malberg.

## Personal

Born March 28, 2005 ... Parents are Madis and Angela Trepp ... Has one sister, Jane ... Currently undecided on a major.



## Jamie Wright

Freshman \* HS \* Freestyle/Butterfly  
Baton Rouge, La.  
Baton Rouge High School

## Prior To LSU

One of the most coveted swimming prospects in the state ... A product of Baton Rouge High School and the Bengal Tiger Aquatic Club ... Coached by John Roy ... A Junior National qualifier and multi-time finalist in the freestyle, butterfly and back-stroke events ... Louisiana representative for the Wendy's High School Heisman Award and an Academic All-American ... Was the captain and MVP at BHS and BTAC ... Earned All-America honors in the 50 and 100 free and 100 fly ... Louisiana state high-point winner and sectionals' finalist ... Graduated Suma Cum Laude.

## Personal

Born Oct. 7, 1987 ... Parents are Rob and Amy Wright ... Has two brothers, Robbie and Travis ... Father, Rob and brother, Robbie attended LSU ... Travis is a 100 fly swimmer at Tennessee ... Has lived near the LSU campus all of her life ... Majoring in biology.