



Thank you for your interest in the nationally-respected Louisiana State University Cheerleading Program. If possible, please include a copy of your acceptance letter and a headshot or photo of yourself for our files. Please complete the following forms and return them to one of the contacts provided.

Please Print Clearly

Contact Information:

Name: _____ Age: _____

Mailing Address: _____
Street Address

_____ City State Zip

Email Address: _____ Phone Number: _____

Emergency Contact: _____
Name/Relationship Phone Number

School Information:

High School: _____

College (if transferring): _____

Current Year in School/Grade: _____ Expected Graduation Date: _____

Current Unweighted GPA: _____ ACT / SAT Score: _____

Current Number of Hours Enrolled (college transfer): _____

Have you applied to LSU? _____ Yes _____ No

If yes, When? _____ Have you been accepted? _____ Yes _____ No

Have your transcripts been sent? _____ Yes _____ No If yes, When? _____

Skills Check List:

Place an "X" next to skills that you have on your own.

Place a "W" next to the tumbling skills you are working on with a spot.

Standing Tumbling:

_____ Back Tuck _____ Back Handspring Full

_____ Back Handspring Back Tuck _____ Standing Full

Running Tumbling:

_____ Tuck _____ Full

_____ Layout _____ Other: _____

Co-Ed Stunts:

_____ Hands Lib _____ Hands Stretch _____ Hands Cupie

_____ Toss Extension _____ Toss Lib _____ Toss Cupie

_____ Full-Up Lib _____ Full-Up Cupie _____ Rewind Lib

_____ Rewind Cupie _____ Front Handspring up

_____ Front Handspring 1 1/2 up _____ Back Handspring Up

_____ Back Handspring Full-Up _____ Hand to Hand

_____ Other: _____

Cradles:

From Liberty, Stretch, or Arabesque:

_____ Full Down _____ Double Down

Basket Toss Experience (females only):

Please list basket tosses you are capable of performing:

Email to Shelby Spurlock:
sspurlock@lsu.edu

Mail to:
LSU Athletics
Attn: Pauline Zernott
Spirit Program
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Baton Rouge, LA 70894