

2020-21 LSU Cheerleader Tryouts

Due to continuing developments related to the coronavirus (COVID-19), the LSU Spirit staff will be holding Video Tryouts for the 2020-2021 season.

Please read the information below carefully as detailed information is provided. Please note that dates are subject to change.

General Information

LSU Spirit is looking for committed team members who exemplify athleticism through their skill level, fitness, health, and work ethic. Our team is continuously in the public eye and is expected to represent LSU by maintaining an athletic/professional image.

About the Team

Commitment to a full year of participation is mandatory. Cheerleaders participate at all home and away football games, home Volleyball matches, Men's and Women's basketball games and home Gymnastics meets. The cheerleaders also travel to postseason football and basketball tournaments as assigned by athletic administration. Cheerleaders participate in additional athletic department events, campus and community service activities during the year. Participation in UCA College Nationals will be determined on a yearly basis. There is not a weight or height restriction.

2020-2021 CHEERLEADING TRYOUT REQUIREMENTS

To be considered for a tryout, your application and all required documents must be submitted no later than 5 p.m. CT on May 13, 2020.

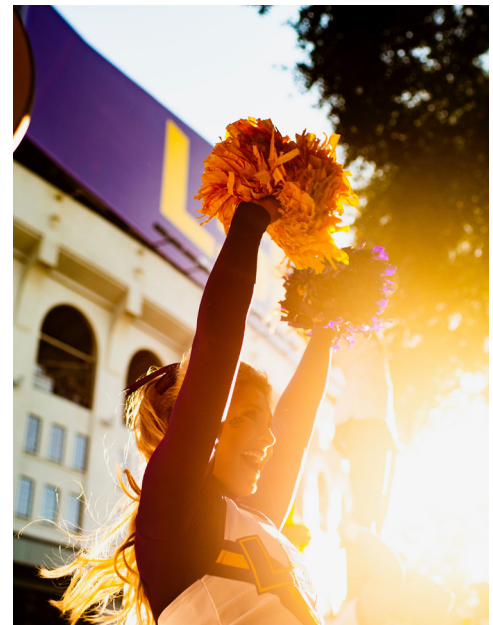
1. **Complete the LSU Spirit Squad Application**
2. **Current LSU students**
 - Must have a minimum 2.0 GPA to be eligible
 - Must be enrolled full-time (12 hours) to be eligible
 - Must be in good disciplinary and academic standing with the university

Transfer students ...

- Must have a minimum 2.0 GPA to be eligible
- Must be disciplinarily and academically eligible to return to the university from which they are transferring

Incoming freshmen ARE eligible to apply by submitting ...

- A copy of LSU acceptance letter



Applicants will receive an email verification that your application has been received. (If you do not receive an email confirmation within 48 hours please contact us at lsucheer2020@gmail.com.)

TRYOUT MATERIAL AND ATTIRE REQUIREMENTS

All tryout material will be emailed on **May 14, 2020**, to those who submit an application. If you have already emailed or mailed packet, just be sure you confirm it was received. Please see below for further details.

Material will consist of a sideline and a fight song. In addition, we will ask you to video a standing back tuck and a handspring back tuck. Filming can be recorded in a yard, it does not require being filmed in a gym.

ATTIRE

Females: a long waisted sports top and soffe style gym shorts is recommended.

Males: a polo style shirt tucked into gym shorts.

Please wear LSU school colors or black, white and grey.

HAIR & MAKEUP

Females: Curled/Teased hair. It is preferred that sides are pulled back and tied with a ribbon. Makeup should be of natural tones.

Males: We are looking for a professional look. Hair should be neatly combed and no facial hair.

2020 IMPORTANT TRYOUT DATES

* subject to change

May 13

Online Spirit Squad Tryout Applications are due by **5 p.m. CT.**

- Make sure the online application is complete before submitting.

PHASE 1

MAY 14

Video of tryout material will be sent out to those who submitted an online application.

- The LSU Spirit staff will email tryout materials and instructions on how to video these.
- PLEASE CHECK YOUR EMAIL for this information, including your junk email box.

MAY 15

All Video entries due by **11:59 p.m. CT.**

- Be sure to follow instruction provided in email.

MAY 17

Round 1 Cut will be Announced by **8 p.m. CT.**

- Emails will be sent to Round 2 candidates to sign up for Video Interviews on **May 18**

MAY 18

Video Interviews

- Interviews with candidates will be held via Zoom video conference call.

MAY 20

Phase 2 Candidates Announced by **8 p.m. CT.**

- Phase 2 Candidates will report **July 16-17** for an in person final tryout.
- Same attire as shown in the Phase 1 video should be worn for Phase 2. Hair and makeup should also follow the guidelines indicated for Phase 1.



PHASE 2

July 16-17, 2020

All material submitted in video will be revisited during Phase 2. We will make a cut if necessary followed by summer choreography, technique and game day camp held July 18-22.

How can I prepare for LSU Cheer tryouts?

We are looking for a well-rounded individual. First and foremost an outgoing personality as well as good character is very important. The LSU Cheerleaders are highly visible within our community and therefore must be able to represent the University in a positive way. Grades and how well you work with others and our coaches will also be considered at tryouts. We are looking for well-rounded cheerleaders diverse in partner stunts, tumbling and game day motions.

Game Day

Sharp, properly placed, collegiate style motions are important. Knowledge of the material, confidence with loud voices will be looked for and weigh heavily. A sideline and a fight song will be evaluated.

Tumbling

Tumbling is required for female cheerleaders. The minimum skills are a standing tuck and standing back-handspring tuck. Running tumbling varies from tucks to trick passes. Male members range from no tumbling to trick passes.

Questions

If you have any questions regarding tryouts, please email the Spirit Director at pzernott@lsu.edu.

