

Women's All-Time Top 10



CASSIE KALISZ

50-Yard Freestyle	Time	Year
1. Amanda Kendall	21.92	2012
2. Jane Trepp	21.97	2011
3. Leah Troskot	22.23	2016
4. Haylee Knight	22.26	2019
5. Olivia Taylor	22.44	2020
6. Amber Carter	22.49	2014
7. Katarina Milutinovich	22.51	2021
8. Samantha Goates	22.55	2011
9. Katie Gidslmore	22.57	2009
10. Marlene Niemi	22.66	2012

100-Yard Freestyle	Time	Year
1. Amanda Kendall	47.90	2011
2. Haylee Knight	47.98	2019
3. Leah Troskot	48.24	2017
4. Jane Trepp	48.52	2011
5. Katarina Milutinovich	48.84	2020
6. Katherine Noland	49.00	2009
7. Amber Carter	49.46	2015
8. Mandy Leach	49.65	2001
9. Katie Gilmore	49.74	2009
10. Monica McJunkin	49.78	2009

200-Yard Freestyle	Time	Year
1. Amanda Kendall	1:44.95	2011
2. Danielle Stirrat	1:45.72	2015
3. Katarina Milutinovich	1:45.76	2020
4. Leah Troskot	1:45.81	2016
5. Megan Cox	1:46.49	2014
6. Mandy Leach	1:46.94	2002
7. Devon Dabney	1:47.22	2017
8. Summer Stanfield	1:47.26	2021
9. Kara Kopcsó	1:47.45	2017
10. Buffy Krieger	1:47.68	1987

500-Yard Freestyle	Time	Year
1. Devon Dabney	4:45.89	2016
2. Stephanie Smith	4:47.75	2002
3. Jolee Liles	4:48.14	2021
4. Summer Stanfield	4:48.21	2020
5. Buffy Krieger	4:48.40	1987
6. Lexi Daniels	4:48.61	2020
7. Lauren Grandy	4:48.99	2010
8. Megan Cox	4:49.28	2014
9. Stacey Stanfield	4:49.97	2014
10. Mandy Leach	4:50.45	2000

1000-Yard Freestyle	Time	Year
1. Stephanie Smith	9:50.51	2002
2. Mary Jo Dressman	9:53.60	1981
3. Devon Dabney	9:54.02	2015
4. Jane MacDougall	9:59.94	2018
5. Lexi Daniels	10:01.06	2018
6. Julie McLaughlin	10:01.88	1995
7. Melissa Knox	10:03.22	2000
8. Laurie Jacobson	10:03.83	1989
9. Stacey Stanfield	10:05.72	2016
10. Brooke Barnett	10:07.47	2008

1650-Yard Freestyle	Time	Year
1. Stephanie Smith	16:21.41	2002
2. Devon Dabney	16:26.58	2015
3. Mary Jo Dressman	16:34.34	1981
4. Lexi Daniels	16:37.24	2018
5. Melissa Knox	16:39.81	2000
6. Laurie Jacobson	16:43.74	1989
7. Jane MacDougall	16:44.89	2015
8. Brooke Barnett	16:45.90	2008
9. Julie McLaughlin	16:46.02	1995
10. Jessie James	16:49.82	2013



LIZZIE CUI

200-Yard IM	Time	Year
1. Kara Kopcsó	1:56.55	2015
2. Nicole Rozier	1:57.21	2019
3. Caley Oquist	1:57.32	2014
4. Torrey Bussey	1:58.23	2011
5. Colleen O'Neil	1:58.30	2016
6. Mary Beck	1:58.74	2009
7. Cari Blalock	1:58.79	2011
8. Niamh Robinson	1:58.92	2019
9. Summer Stanfield	1:58.93	2020
10. Sophie Weber	1:59.38	2014

400-Yard IM	Time	Year
1. Kara Kopcsó	4:12.23	2014
2. Cari Blalock	4:12.46	2011
3. Lucy Findlay	4:12.60	1997
4. Sophie Weber	4:12.70	2014
5. Vanessa Duenas	4:14.24	2009
6. Sally Wood	4:14.29	2012
7. Julie McLaughlin	4:16.52	1996
8. Jessica Pryne	4:16.68	2020
9. Jana Ruimerman	4:17.57	2012
10. Alexandria Ham	4:17.86	2018

100-Yard Butterfly	Time	Year
1. Haylee Knight	51.71	2019
2. Kara Kopcsó	52.07	2016
3. Jane Trepp	52.11	2010
4. Amber Carter	52.11	2015
5. Amanda Kendall	52.14	2011
6. Helen Grossman	52.96	2020
7. Nicole Rozier	52.97	2019
8. Sara Haley	53.17	2010
9. Katherine Noland	53.36	2009
10. Mandy Leach	53.49	2001

200-Yard Butterfly	Time	Year
1. Kara Kopcsó	1:54.46	2016
2. Sara Haley	1:56.67	2012
3. Hannah Bellina	1:57.18	2021
4. Helen Grossman	1:57.27	2019
5. Cari Blalock	1:57.30	2011
6. Gabrielle Pick	1:57.52	2019
7. Nicole Rozier	1:57.58	2019
8. Vanessa Duenas	1:58.15	2009
9. Summer Stanfield	1:58.60	2020
10. Megan Cox	1:58.64	2016

100-Yard Breaststroke	Time	Year
1. Jane Trepp	58.94	2011
2. Summer Spradley	59.24	2019
3. Niamh Robinson	59.85	2020
4. Colleen O'Neil	59.86	2016
5. Emilie Boll	59.97	2021
6. Olivia Paskulin	1:00.10	2019
7. Torrey Bussey	1:00.30	2013
8. Taryn MacKenzie	1:00.47	2016
9. Kannon Betzen	1:01.76	2009
10. Jadyn Jannasch	1:02.51	2021

200-Yard Breaststroke	Time	Year
1. Niamh Robinson	2:08.37	2020
2. Summer Spradley	2:10.03	2019
3. Colleen O'Neil	2:11.64	2016
4. Torrey Bussey	2:11.72	2011
5. Lucy Findlay	2:12.80	1997
t6. Cissy Schepens	2:14.25	2003
t6. Olivia Paskulin	2:14.25	2019
8. Becky Gibbs	2:14.33	1996
9. Taryn MacKenzie	2:14.51	2016
10. Catherine Lowengrub	2:14.54	2016



HAYLEE KNIGHT

100-Yard Backstroke	Time	Year
1. Caley Oquist	52.67	2014
2. Cassie Kalisz	52.89	2019
3. Monica McJunkin	53.07	2009
4. Danielle Stirrat	53.52	2016
5. Katarina Milutinovich	53.63	2020
6. Grace Horton	53.72	2018
7. Mary Beck	53.73	2010
8. Kate Zimmer	53.77	2019
9. Brittany Thompson	53.85	2019
10. Katlin Sepp	54.26	2014

200-Yard Backstroke	Time	Year
1. Cassie Kalisz	1:54.76	2019
2. Caley Oquist	1:54.87	2014
3. Summer Stanfield	1:55.05	2021
4. Danielle Stirrat	1:55.18	2015
5. Brittany Thompson	1:55.92	2019
6. Alexandria Ham	1:56.25	2019
7. Mary Beck	1:56.89	2010
8. Ellie Baldwin	1:56.97	2019
9. Jana Ruimerman	1:57.14	2011
10. Makenna Wilson	1:57.35	2017

1-Meter Diving (6 dives)	Score	Year
1. Alex Bettridge	350.30	2015
2. Lizzie Cui	349.35	2019
3. Aimee Wilson	335.63	2019
4. Rebecca St. Germain	331.15	2011
5. Kelli Hill	325.50	1992
6. Rachel Ware	323.90	2007
7. Hali Saucier	321.37	2007
8. Jessica Wantz	318.08	2005
9. Cassie Weil	311.65	2015
10. Ashley Culpepper	307.20	2000

3-Meter Diving (6 dives)	Score	Year
1. Lizzie Cui	391.40	2017
2. Aimee Wilson	387.38	2020
3. Cassie Weil	372.68	2012
4. Alex Bettridge	370.60	2015
5. Hali Saucier	340.50	2006
6. Anne Tuxen	337.88	2019
7. Ashley Culpepper	337.65	1998
8. Allie Alter	334.87	2013
9. Katie Lagarde	333.90	2013
10. Jessica Wantz	330.68	2005

Platform Diving (5 dives)	Score	Year
1. Cassie Weil	331.70	2015
2. Alex Bettridge	307.10	2015
3. Madison Sthamann	306.00	2014
4. Paige Brown	300.30	2008
5. Hali Saucier	294.30	2006

200-Yard Freestyle Relay	Time	Year
Trepp, Kendall, Betzen, Goates	1:28.98	2011

400-Yard Freestyle Relay	Time	Year
Noland, Gilmore, Trepp, McJunkin	3:15.56	2009

800-Yard Freestyle Relay	Time	Year
Stirrat, Cox, Kopcsó, Troskot	7:04.77	2016

200-Yard Medley Relay	Time	Year
McJunkin, Trepp, Gilmore, Noland	1:36.88	2009

400-Yard Medley Relay	Time	Year
Zimmer, Spradley, Grossman, Knight	3:33.10	2019