

Spectators will now be allowed in attendance at full capacity as of 4/30/21.

Revised Time Schedule

Field Events

9:30 AM	Women's Discus (West Cage)
9:30 AM	Men's Shot Put
11:00 AM	Men's Discus (West Cage)
11:00 AM	Women's Shot Put
11:00 AM	Men's Pole Vault
12:15 PM	Women's High Jump
12:30 PM	Men's Javelin (West Runway)
12:30 PM	Women's Javelin (East Runway)
1:15 PM	Women's Long Jump
1:15 PM	Men's Long Jump
2:00 PM	Women's Pole Vault
2:00 PM	Men's Hammer (West Cage)
2:30 PM	Men's High Jump
3:00 PM	Women's Triple Jump
3:00 PM	Men's Triple Jump
3:30 PM	Women's Hammer (West Cage)

Running Events

Running Events		
12:00 PM	Women's Steeplechase	
12:15 PM	Men's Steeplechase	
12:28 PM	National Anthem	
12:30 PM	Women's 4 x 100 Relay	
12:35 PM	Men's 4 x 100 Relay	
12:40 PM	Women's 1500 Meters	
12:50 PM	Men's 1500 Meters	
1:00 PM	Women's 100 Hurdles	
1:15 PM	Men's 110 Hurdles	
1:25 PM	Women's 400 Meters	
1:35 PM	Men's 400 Meters	
1:45 PM	Women's 100 Meters	
1:55 PM	Men's 100 Meters	
2:05 PM	Women's 800 Meters	
2:15 PM	Men's 800 Meters	
2:25 PM	Women's 400 Hurdles	
2:30 PM	Men's 400 Hurdles	
2:40 PM	Women's 200 Meters	
2:55 PM	Men's 200 Meters	
	LSU Senior Recognition will take place during the 3,000m	
3:10 PM	Women's 3,000 Meters	
3:25 PM	Men's 3,000 Meters	
3:40 PM	Women's 4 x 400 Relay	
3:45 PM	Men's 4 x 400 Relay	