

Revised 1-14-21 Time Schedule

Field Events

Time	Event	Division	Round	Advance
9:30am	Weight Throw	Men	Trials & Final	9
11:30am	Weight Throw	Women	Trials & Final	9
1:30pm	Pole Vault	Women	Final	
2:00pm	Shot Put	Men	Trials & Final	9
2:30pm	Long Jump	Men	Trials & Final	9
2:30pm	Long Jump	Women	Trials & Final	9
2:45pm	High Jump	Women	Final	
3:30pm	Pole Vault	Men	Final	
3:30pm	Shot Put	Women	Trials & Final	9
4:00pm	Triple Jump	Men	Trials & Final	9
4:00pm	High Jump	Men	Final	
4:00pm	Triple Jump	Women	Trials & Final	9

Running Events

Top 16 entries in the 60 Meters will automatically advance to the Semi-Final Round

Time	Event	Division	Round	Advance
1:00pm	60 Meters	Women	Qualifying	8
1:10pm	60 Meters	Men	Qualifying	8
1:25pm	60 Meter Hurdles	Men	Preliminaries	8
1:40pm	60 Meter Hurdles	Women	Preliminaries	8
1:55pm	600 Meters	Women	Final (Sections against time)	
2:00pm	600 Meters	Men	Final (Sections against	time)
2:10pm	60 Meters	Women	Semi-Final	8
2:20pm	60 Meters	Men	Semi-Final	8
2:30pm	Mile	Women	Final	
2:40pm	Mile	Men	Final	
2:50pm	60 Meter Hurdles	Women	Final	
3:00pm	60 Meter Hurdles	Men	Final	
3:10pm	400 Meters	Women	Final (Sections against	time)
3:20pm	400 Meters	Men	Final (Sections against	time)
3:30pm	60 Meters	Women	Final	
3:35pm	60 Meters	Men	Final	
3:40pm	800 Meters	Women	Final (Sections against	time)
3:45pm	800 Meters	Men	Final (Sections against	
3:50pm	200 Meters	Women	Final (Sections against	time)
3:55pm	200 Meters	Men	Final (Sections against	time)
4:00pm	3000 Meters	Men	Final	
4:15pm	4x400 Meter Relay	Women	Final (Sections against	time)
4:30pm	4x400 Meter Relay	Men	Final (Sections against	time)