



NCAA Championships Competition Guide March 11-13

Thursday, March 11 (All Times CT)

Women's Weight Throw - 4:30 p.m.

Monique Hardy

Men's Weight Throw- 6:30 p.m.

Jon Nerdal, Jake Norris

Friday, March 12

Men's High Jump - 11:30 a.m.

JuVaughn Harrison

Men's Long Jump - 2:00 p.m.

JuVaughn Harrison

Men's Mile Run (Prelims) - 2:00 p.m.

Davis Bove

Men's 60 Meter Hurdles (Prelims) - 2:15 p.m.

Eric Edwards Jr., Damion Thomas

Men's 400 Meter Dash (Prelims) - 2:25 p.m.

Sean Burrell, Noah Williams

Men's 200 Meter Dash (Prelims) - 3:25 p.m.

Terrance Laird

Women's High Jump - 4:30 p.m.

Nyagoa Bayak, Abigail O'Donoghue

Women's Pole Vault - 6:15 p.m.

Lisa Gunnarsson

Women's Long Jump- 6:30 p.m.

Aliyah Whisby

Women's 60 Meter Hurdles (Prelims) - 7:15 p.m.

Milan Young

Women's 400 Meter Dash (Prelims) - 7:25 p.m.

Amber Anning

Women's 200 Meter Dash (Prelims) - 8:25 p.m.

Favour Ofili

Saturday, March 13

Men's Triple Jump - 1:00 p.m.

Sean Dixon-Bodie

Men's Mile Run (Finals)- 2:00 p.m.

Men's 400 Meter Dash (Finals) - 2:20 p.m.

Men's 60 Meter Hurdles (Finals) - 2:30 p.m.

Men's 200 Meter Dash (Finals) - 2:20 p.m.

Men's 60 Meter Hurdles (Finals) - 2:30 p.m.

Men's 200 Meters (Finals) - 2:50 p.m.

Men's 4x400 Meter Relay - 3:20 p.m.

Women's 400 Meter Dash (Finals) - 6:20 p.m.

Women's 60 Meter Hurdles (Finals) - 6:30 p.m.

Women's 200 Meter Dash (Finals) - 6:50 p.m.

Women's 4x400 Meter Relay - 7:20 p.m.

Friday Prelims

Eight athletes will advance to Saturday's finals in the 60 meter dash, 60 meter hurdles, 200 meter dash, and 400 meter dash. The only final that will have 10 finalists is the mile run.