

Friday - February 28 Women's Shot Put- 4:30 p.m. Amber Hart

Men's Long Jump - 5:15 p.m. Jace Attuso, Rayvon Grey, JuVaughn Harrison

Men's Mile (Prelims) - 5:20 p.m. Davis Bove

Men's 60 Meter Dash (Prelims)- 5:48 p.m Akanni Hislop, Terrance Laird

Women's 60 Meter Dash (Prelims) - 6:02 p.m. Thelma Davies, Camille Hensarling, Tonea Marshall, Symone Mason

Men's 400 Meter Run (Prelims) - 6:14 p.m. Tyler Terry

Women's 400 Meter Run (Prelims) - 6:39 p.m. Amber Anning, Kiya Oviosun, Jurnee Woodward

Women's Long Jump - 6:55 p.m. Mercy Abire, Serena Bolden, Camille Hensarling

Men's 60 Meter Hurdles (Prelims)- 7:04 p.m. Eric Edwards Jr., Arthur Price, Damion Thomas

Women's 60 Meter Hurdles (Prelims) - 7:13 p.m. Alia Armstrong, Brittley Humphrey, Tonea Marshall, Milan Young

Women's 800 Meters (Prelims) - 7:35 p.m. Katy-Ann McDonald

Men's 200 Meter Dash (Prelims)- 8:04 p.m. Akanni Hislop, Terrance Laird, Charles Lewis, Dylan Peebles

Women's 200 Meter Dash (Prelims) 8:44 p.m. Thelma Davies, Symone Mason

Men's DMR (Final)- 9:06 p.m.

Women's DMR (Final) - 9:21 p.m.

Saturday February 29, 2020 Men's High Jump (Finals) - 1:15 p.m. JuVaughn Harrison

Women's High Jump (Final) - 1:15 p.m. Nyagoa Bayak, Abby O'Donoghue

SEC Championships Competition Guide February 28-29

Men's Weight Throw - 2 p.m. Jake Norris

Women's Triple Jump - 3:30 p.m. Mercy Abire, Kyndal McKnight

Women's Pole Vault - 4:00 p.m. Lisa Gunnarsson

Men's Mile (Final) - 4:10 p.m.

Women's Weight Throw - 4:30 p.m. Emma Robbins

Men's Triple Jump - 4:30 p.m. Christian Miller

Men's 60 Meter Dash (Final) - 4:30 p.m.

Women's 60 Meter Dash (Final) - 4:35 p.m.

Men's 400 Meter Run (Final) - 4:40 p.m.

Women's 400 Meter Run (Final) - 4:50 p.m.

Men's 60 Meter Hurdles (Final) - 5 p.m.

Women's 60 Meter Hurdles (Final) - 5:07 p.m.

Women's 800 Meter Run - 5:22 p.m.

Men's 200 Meter Dash (Final) - 5:30 p.m.

Women's 200 Meter Dash (Final) - 5:40 p.m.

Men's 3000 Meter Run (Final) - 5:50 p.m. Eric Coston

Women's 3000 Meter Run (Final) - 6:15 p.m. Sara Funderburk, Shayna Luna, Alicia Stamey

Men's 4x400 Relay (Final) - 6:40 p.m.

Women's 4x400 Relay (Final) - 6:55 p.m.

Friday Prelims

Eight athletes will advance to the final in the 60 meter dash, 60 meter hurdles, 200 meter dash, 400 meter dash, and 800 meter run. The only final that will have 10 finalists is the mile run.