

2021 CRIMSON TIDE INVITE

6:00PM REVISION (4/9/21)

12:00PM REVISION (4/9/21)

PRESENTED BY BEYNON SPORTS

THURSDAY APRIL 8TH – SATURDAY APRIL 10TH, 2021

THURSDAY APRIL 8TH, 2021

TIME	GENDER	MULTI EVENTS – DECATHLON (DAY 1)
NOON	MEN	100M DASH
~12:40PM	MEN	LONG JUMP (N. RUNWAY)
~1:50PM	MEN	SHOT PUT (S. RING)
~2:50PM	MEN	HIGH JUMP (E. PIT)
~4:20PM	MEN	400M DASH
TIME	GENDER	MULTI EVENTS – HEPTATHLON (DAY 1)
12:30PM	WOMEN	100M HURDLES
~1:20PM	WOMEN	HIGH JUMP (E. PIT)
~2:50PM	WOMEN	SHOT PUT (S. RING)
~3:50PM	WOMEN	200M DASH

FRIDAY APRIL 9TH, 2021

TIME	GENDER	MULTI EVENTS – DECATHLON (DAY 2)
10:00AM	MEN	110M HURDLES
~10:50AM	MEN	DISCUS THROW (E. RING)
~NOON	MEN	POLE VAULT (C. PIT)
~2:00PM	MEN	JAVELIN THROW (E. RUNWAY)
~3:00PM	MEN	1500M RUN
TIME	GENDER	MULTI EVENTS – HEPTATHLON (DAY 2)
NOON	WOMEN	LONG JUMP (S. RUNWAY)
~1:10PM	WOMEN	JAVELIN THROW (E. RUNWAY)
~2:10PM	WOMEN	800M RUN
TIME	GENDER	FIELD EVENTS
MOVED TO SAT	WOMEN	HAMMER THROW (E. RING) – 45.00M MIN. MARK
MOVED TO SAT	MEN	HAMMER THROW (E. RING) – 50.00M MIN. MARK
MOVED TO SAT	WOMEN	TRIPLE JUMP (S. RUNWAY)
MOVED TO SAT	MEN	TRIPLE JUMP (N. RUNWAY)
TIME	GENDER	RUNNING EVENTS
9:00PM	WOMEN	1500M RUN
9:25PM	MEN	1500M RUN
MOVED TO SAT	WOMEN	5000M RUN
MOVED TO SAT	MEN	5000M RUN

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THURSDAY APRIL 8TH – SATURDAY APRIL 10TH, 2021

SATURDAY APRIL 10TH, 2021

TIME	GENDER	FIELD EVENTS
11:00AM	WOMEN	DISCUS THROW (E. RING) – 40.00M MIN. MARK
TO FOLLOW	MEN	DISCUS THROW (E. RING) – 45.00M MIN. MARK
NOON	WOMEN	TRIPLE JUMP (S. RUNWAY)
1:00PM	MEN	TRIPLE JUMP (N. RUNWAY)
2:00PM	WOMEN	POLE VAULT (E. PIT)
3:05PM	MEN	POLE VAULT (C. PIT)
2:50PM	WOMEN	HIGH JUMP (E. PIT)
TO FOLLOW	MEN	HIGH JUMP (E. PIT)
3:30PM	WOMEN	JAVELIN (W. RUNWAY) – 40.00M MIN. MARK
TO FOLLOW	MEN	JAVELIN THROW (W. RUNWAY) – 50.00M MIN. MARK
3:50PM	WOMEN	SHOT PUT (N. RING)
3:55PM	MEN	SHOT PUT (S. RING)
4:00PM	WOMEN	LONG JUMP (S. RUNWAY)
4:30PM	MEN	LONG JUMP (N. RUNWAY)
7:00PM	WOMEN	HAMMER THROW (E. RING) – 45.00M MIN. MARK
TO FOLLOW	MEN	HAMMER THROW (E. RING) – 50.00M MIN. MARK
TIME	GENDER	RUNNING EVENTS
11:00AM	WOMEN	5000M RUN
11:30AM	MEN	5000M RUN
12:55PM		NATIONAL ANTHEM
1:00PM	WOMEN	4 x 100M RELAY
1:10PM	MEN	4x100M RELAY
1:20PM	WOMEN	100M HURDLES
1:35PM	MEN	110M HURDLES
2:00PM	WOMEN	400M DASH
2:25PM	MEN	400M DASH
2:45PM	WOMEN	100M DASH
3:05PM	MEN	100M DASH
3:25PM	WOMEN	800M RUN
3:45PM	MEN	800M RUN
4:10PM	WOMEN	400M HURDLES
4:20PM	MEN	400M HURDLES
4:45PM	WOMEN	200M DASH
5:05PM	MEN	200M DASH
5:25PM	WOMEN	3000M STEEPLECHASE
5:40PM	MEN	3000M STEEPLECHASE
5:55PM		SENIOR RECOGNITION
6:05PM	WOMEN	4 x 400M RELAY
6:20PM	MEN	4 x 400M RELAY