



PLEASE NOTE THE FOLLOWING COVID-19 RELATED CHANGES

- This meet is only open to NCAA D1 teams in Louisiana.
- Visiting teams will be assigned a specific team area for their team only within the Carl Maddox Fieldhouse.
- All competing teams must abide by the SEC COVID-19 Medical Guidelines attached to this packet.
- All competing teams must complete the SEC COVID-19 Attestation Form.
- Fans/family will not be allowed entry into the Carl Maddox Fieldhouse (indoor track).
- Coaches must plan on social distancing their team camps around the perimeter of the indoor track. Additional outdoor space is available in the grass field next to the Carl Maddox Field House.
- Officials and athletes will have separate designated areas on the infield for each field event. Field event athletes will be asked to social distance and remain in athlete only designated areas while they wait for their turn to compete.
- Field sizes in all events will be restricted. 24 athletes per team (men and women counted separately) will be the maximum amount of entries into the meet.

These changes are part of an ongoing process as we continue to improve the way we safely conduct our indoor track and field meets. Continue to monitor our website for any additional announcements at www.LSUports.net/meetinfo.



Invited Teams

Louisiana NCAA Division 1 Teams

Important Dates & Deadlines

All times listed are Central Time (CST)

Tuesday, January 26th	3:00pm	Deadline to enter the 2021 LSU Louisiana Invite
Wednesday, January 27th	3:00pm	Performance list and final time schedule will be posted at www.LSUsports.net/meetinfo
Friday, January 29th	8am-12pm	Packet pickup available at the Carl Maddox Fieldhouse Ticket Office

Meet Information

Athlete Check-In	Running Events: Athletes must check in before the start of the preceding event at the Clerking Station, accessible through the Northwest Portal of Carl Maddox Fieldhouse. Relay teams must turn in a relay card when they check in with the Clerk. All athletes must have their spikes checked prior to check-in. Field events: Athletes must check in 15 minutes prior to the start of their event with the Head Judge at the event site. All athletes must have their spikes checked prior to check-in.
Teams/Athletes	Team backpacks and other necessary team supplies are permitted for those wearing a wristband. Teams may bring snacks into the purple bleachers through the Southwest portal. Only water is permitted through the Northwest portal and in the aluminum bleachers around the perimeter of the facility and on the track surface. No coolers are permitted in Carl Maddox Fieldhouse.
Spectators	SPECTATORS: WILL NOT BE ALLOWED ENTRY.
Coaching Access	Coaches will be able to coach from outside the perimeter of the track. Coaches are not allowed on the infield of the track. Athletes are not to cross the track to receive coaching at any time.
Electronic Devices	NCAA rules pertaining to electronic equipment will be strictly enforced on the arena floor of the Fieldhouse. Electrical outlets around the facility are not available for personal use.
Entry Fees	Entry fees are \$200 per team (men and women are considered separate teams). Entry fees will be collected at packet pickup. Checks should be made payable to the LSU Athletic Department . A team with fewer than 10 competitors will be charged \$20 per athlete. Please do not mail payment.
Entry Limitations	24 entries max per team (men and women are separate); 2 entries per school in the field events. Additional entries in the field events are permitted if an athlete has met the standards below in collegiate competition during the 2020 or 2021 season (verified by TFRRS).

	High Jump	Pole Vault	Long Jump	Triple Jump	Shot Put	Weight Throw
Women	1.73m	3.85m	6.30m	12.80m	14.00m	16.50m
Men	2.09m	4.85m	7.77m	15.85m	15.50m	17.00m

Unattached Entries: Due to COVID-19 we are not accepting unattached entries.

- Entry Procedure** All entries will be done through www.DirectAthletics.com. No faxed, emailed or phoned entries will be accepted.
- Facility** Carl Maddox Fieldhouse on the campus of LSU is a 1,500-seat facility that was renovated in 2014. It is a flat 200-meter Mondo track surface with six 42” wide lanes on the oval and eight lanes on the straightaway. The facility contains two wooden horizontal jumps runways. The throwing circles are plywood.
- Facility Access** Team access to Bernie Moore Track and Carl Maddox Fieldhouse will begin 2 hours prior to the first event.
- Field Events** Minimum marks and approximate starting heights are listed below. In the horizontal jumps and throws, the first legal mark will be measured; all further marks must meet the minimums. Please do not bring athletes who cannot meet the opening height. Exact starting heights will be determined by meet management after all entries are received.

Minimum Marks & Anticipated Starting Heights						
	High Jump	Pole Vault	Long Jump	Triple Jump	Shot Put	Weight Throw
Women	1.63m 5'4.25"	3.66m 12'0"	5.49m 18'0"	11.58m 38'0"	12.00m 39'4.5"	14.00m 45'11.25"
Men	1.93m 6'4"	4.57m 15'0"	7.01m 23'0"	14.02m 46'0"	14.00m 45'11.25"	16.00m 52'6"

- Food & Drink** Teams may bring snacks into the purple bleachers in Carl Maddox Fieldhouse through the Southwest portal. Only water is permitted through the Northwest portal and in the aluminum bleachers around the perimeter of the facility and on the track surface. No coolers are permitted in Carl Maddox Fieldhouse.
- Heat Sheets & Live Results** Heat sheets will be in your packet at check in. Individual event results will be posted at results.deltatiming.com/lsu. Final results will be available from the press box after the meet and will be posted on results.deltatiming.com/lsu.
- Media Contact** All sports information and media credential requests should be done through Aaron Hyder at ahyder@lsu.edu. These can be picked up from the Press Box inside the Fieldhouse.
- Meet Admission** Athletes and Coaches: Enter at Northwest portal by presenting your wristband.
SPECTATORS: WILL NOT BE ALLOWED ENTRY.
- Parking** Parking is available at the Bernie Moore Lot (lot 104) off Nicholson Drive. Buses may drop off and pick up along Chimes Street North of the Fieldhouse in the designated area; see attached bus routing map. Buses may not stage along Chimes Street, please call your bus driver when your team is ready to be picked up. Bus parking will be in the designated lot off Skip Bertman Drive. Any illegally parked vehicles may be subject to ticketing and towing.
- Preferred Lanes** Straightaway: 5-6-4-3-7-2-8-1
Oval: 5-6-4-3-2-1
- Restrooms** Restrooms will be available inside Carl Maddox Fieldhouse in the Southeast corner. These restrooms can only be accessed from the purple bleachers. Portable restrooms will be available outside the Northwest and Southwest portals of Carl Maddox Fieldhouse. There are no shower or changing facilities available.
- Scoring** Non-scored
- Spike Check** Only 1/4” pyramid spikes are permitted (3/8” recessed pyramid spikes are permitted for High Jump). All spikes must be presented and checked at the spike check window inside Gate 13 at Bernie Moore Track. Spikes must be checked prior to accessing Bernie Moore Track or entering Carl Maddox Fieldhouse. Athletes will not be allowed to compete without having their spikes tagged. Any athletes competing with non-tagged spikes will be disqualified.

- Sports Medicine** Trainers will be available in the Northeast Portal of Carl Maddox Fieldhouse for emergencies. Team trainers may set up on a first come, first served basis in the designated area in the Northwest Portal of Carl Maddox Fieldhouse.
- Tape** Tape for any marking on the track must be white athletic tape. NO other tape will be allowed. Chalk is prohibited for any marking. Athletes caught using chalk will be disqualified.
- Team Camps** Visiting teams may set up camps in the aluminum bleachers outside the perimeter of the track. Only water is permitted in this area; team snacks may be kept in the purple bleachers in Carl Maddox Fieldhouse. No coolers are permitted inside the Fieldhouse.
- Track Access** Wristbands for athletes and 5 additional wristbands for coaches and support staff per gender will be included in the packets. Athletes and coaches will not be permitted to access the facility without a wristband. The backstretch, Long Jump, and High Jump areas will be closed during the Weight Throw competition.
- Warm-ups** Bernie Moore Track will be available for warm ups.
- Field Events: Athletes will have access to field event venues for warm ups approximately 45 minutes prior to the scheduled start of competition. Warm ups for field events will be terminated ten minutes prior to the scheduled start of the event.
- Weigh-Ins** Implement inspections will be held in the Implement Weigh In Room inside the Northwest Portal of Carl Maddox Fieldhouse. Inspections for all throwing events will begin 2 hours prior to the scheduled start of competition and will terminate 60 minutes prior to the scheduled start of competition in each throwing event. Implements will be transported to the event site 60 minutes prior to the scheduled start of competition.
- Further Information** For further information, contact the LSU Track & Field Office at (225) 578-8627 or trackandfield@lsu.edu.

Louisiana State University, the Athletics Department, and Event Management are not responsible for any lost or stolen items. Please leave all valuables and personal items at home. LSU Athletics does not provide security for monitoring personal belongings.



2021
Louisiana Invite
 January 29 · Carl Maddox Fieldhouse

Tentative Time Schedule

Field Events

Time	Event	Division	Round	Advance
10:00am	Weight Throw	Women	Trials & Final	9
11:30am	Weight Throw	Men	Trials & Final	9
1:30pm	Pole Vault	Women	Final	
2:00pm	Shot Put	Women	Trials & Final	9
2:30pm	Long Jump	Men	Trials & Final	9
2:30pm	Long Jump	Women	Trials & Final	9
2:45pm	High Jump	Women	Final	
3:30pm	Pole Vault	Men	Final	
3:30pm	Shot Put	Men	Trials & Final	9
4:00pm	Triple Jump	Men	Trials & Final	9
4:00pm	High Jump	Men	Final	
4:00pm	Triple Jump	Women	Trials & Final	9

Running Events

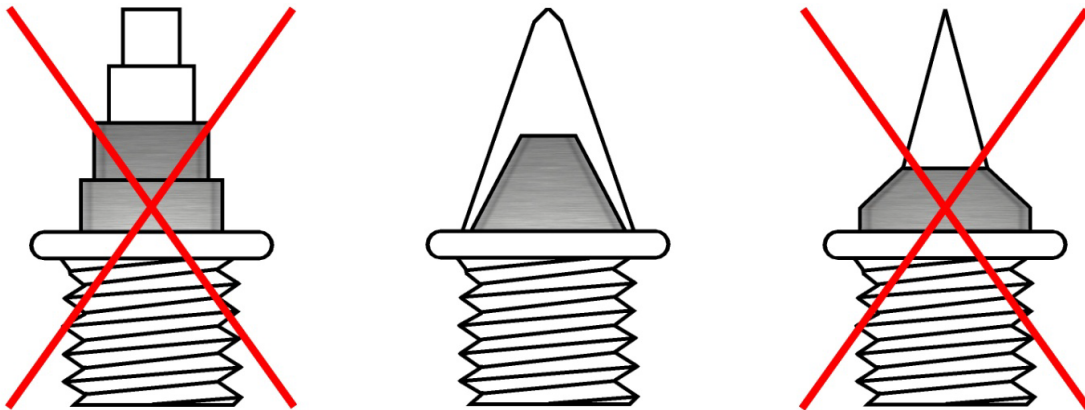
Top 16 entries in the 60 Meters will automatically advance to the Semi-Final Round

Time	Event	Division	Round	Advance
1:00pm	60 Meters	Women	Qualifying	8
1:10pm	60 Meters	Men	Qualifying	8
1:25pm	60 Meter Hurdles	Men	Preliminaries	8
1:40pm	60 Meter Hurdles	Women	Preliminaries	8
1:55pm	600 Meters	Women	Final (Sections against time)	
2:00pm	600 Meters	Men	Final (Sections against time)	
2:10pm	60 Meters	Women	Semi-Final	8
2:20pm	60 Meters	Men	Semi-Final	8
2:30pm	Mile	Women	Final	
2:40pm	Mile	Men	Final	
2:50pm	60 Meter Hurdles	Women	Final	
3:00pm	60 Meter Hurdles	Men	Final	
3:10pm	400 Meters	Women	Final (Sections against time)	
3:20pm	400 Meters	Men	Final (Sections against time)	
3:30pm	60 Meters	Women	Final	
3:35pm	60 Meters	Men	Final	
3:40pm	800 Meters	Women	Final (Sections against time)	
3:45pm	800 Meters	Men	Final (Sections against time)	
3:50pm	200 Meters	Women	Final (Sections against time)	
3:55pm	200 Meters	Men	Final (Sections against time)	
4:00pm	3000 Meters	Men	Final	
4:15pm	4x400 Meter Relay	Women	Final (Sections against time)	
4:15pm	4x400 Meter Relay	Men	Final (Sections against time)	

FACILITY REGULATIONS

SPIKES

- All spikes must be checked outside at Gate 13 of Bernie Moore Track. Spikes must be checked prior to accessing Bernie Moore Track or entering Carl Maddox Fieldhouse. Athletes will not be allowed to compete without having their spikes tagged. Any athletes competing with non-tagged spikes will be disqualified.
- Acceptable spikes:
 - ¼" pyramids



TAPE

- Tape for any marking on the track surface must be white athletic tape. NO other tape will be allowed. Chalk is prohibited for any marking. Athletes caught using chalk will be disqualified

FOOD & DRINK

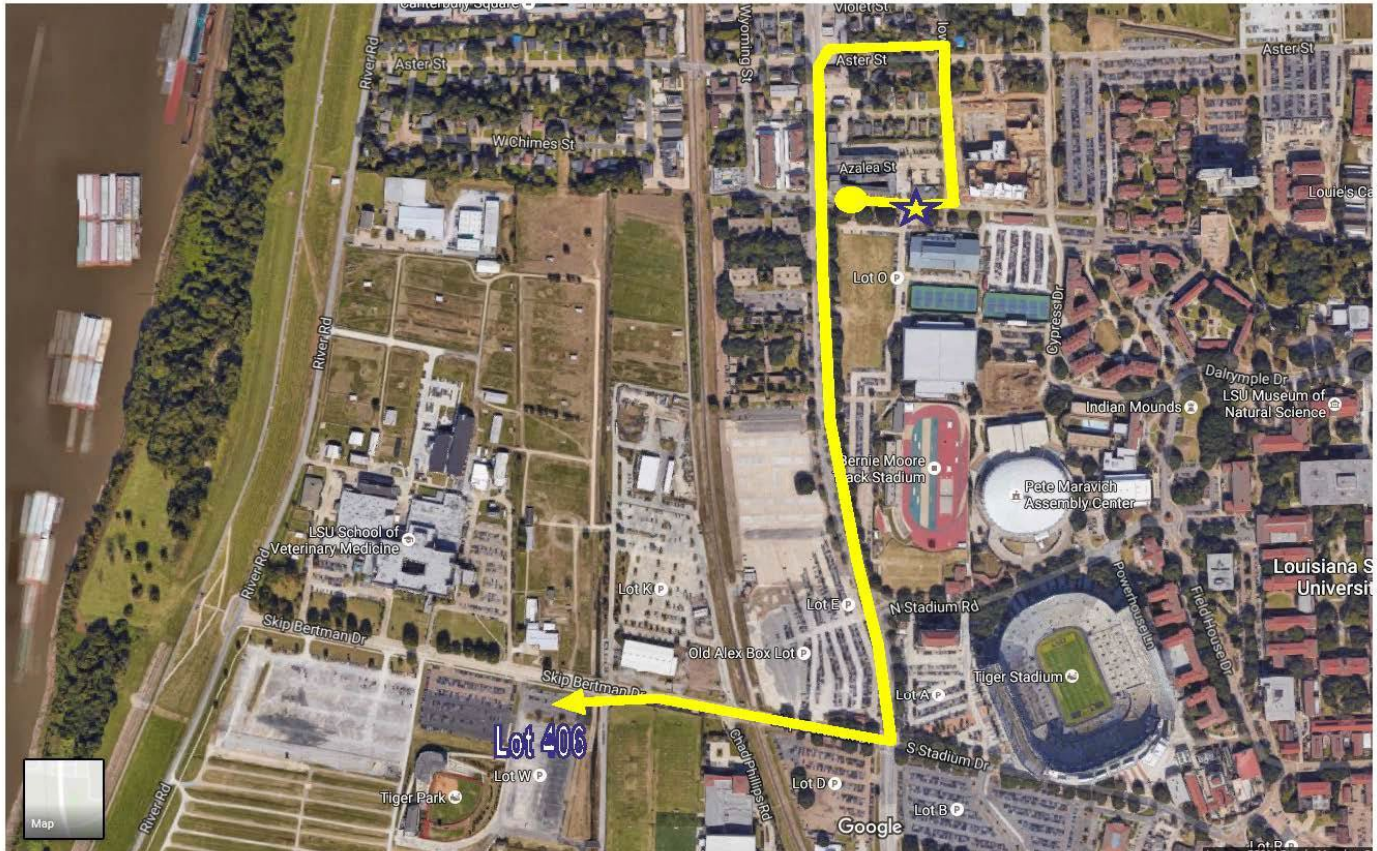
- Water is the only permitted drink allowed on the rubber surface at Bernie Moore Stadium and inside Carl Maddox Fieldhouse
- Team food is only permitted in the bleachers at Bernie Moore Stadium

BAGS

- Only shoe bags & drawstring bags are permitted inside Carl Maddox Fieldhouse. No bags of excessive size (backpacks, duffel bags, suitcases, coolers) are permitted inside the Fieldhouse.



Parking Map & Bus Traffic Flow



Coming from West on Interstate 10:

Take I-10 to the Nicholson Drive/Highland Road exit (Exit 155A). Keep right and turn right onto Terrace Street. Turn left onto Nicholson Drive and proceed 1.5 miles and turn left on West Chimes Street. If you reach North Stadium Drive (and Tiger Stadium) you have gone too far. Bus drop off is on West Chimes Street at the entrance to Lot 105.

Coming from East on Interstate 10:

1) Take I-10 to Highland Road (La. 42, exit 166). Turn left onto Highland Road and proceed 10.5 miles until reaching South Quad Drive on the left. Drive 0.9 miles until reaching Nicholson Drive (La. 30). Turn right onto Nicholson Drive and proceed 0.3 miles just past North Stadium Drive (and Tiger Stadium). Go past Bernie Moore Stadium and Carl Maddox Fieldhouse and turn right on West Chimes Street. Bus drop off is on West Chimes Street at the entrance to Lot 105.

2) Take I-10 to Acadian Thruway (La. 427, exit 157B). Turn left onto Acadian Thwy. and proceed 2.0 miles until reaching Highland Rd. (note that Acadian becomes Stanford Ave. and then LSU Ave.). Turn right onto Highland Road and proceed 0.4 miles until reaching South Quad Drive on the left. Drive 0.9 miles until reaching Nicholson Drive (La. 30). Turn right onto Nicholson Drive and proceed 0.3 miles just past North Stadium Drive (and Tiger Stadium). Go past Bernie Moore Stadium and Carl Maddox Fieldhouse and turn right on West Chimes Street. Bus drop off is on West Chimes Street at the entrance to Lot 105.



SEC COVID-19 Attestation Form for Non-Conference Contests

Updated 11/30/20

Director of Athletics or Sport Administrator and **the Team Physician or Head Athletic Trainer** must complete this document and exchange with the opposing team the day of a contest, at least three hours before the contest begins. **The institution must also forward a copy to the Conference office by 5:00 p.m. CT the day prior to competition to Melinda Calderini via email (mcaldnerini@sec.org).** For questions, please contact Tiffany Daniels at 205-380-3886 or via email at tdaniels@sec.org.

By signing and dating this form, you attest that your institution has satisfied the policy requirements outlined below:

1. Your institution has complied fully with the requirements for testing, surveillance, clinical, medical response plan, quarantine protocol and isolation protocols developed by the Southeastern Conference (“SEC”) Return to Activity and Medical Guidance Task Force (“Task Force”) during the week leading into competition with an SEC institution. Note this excludes those who are post-positive and not subject to Task Force’s testing and surveillance protocols.
2. All student-athletes, coaches, support staff, medical staff and travel party who will participate in the contest (hereinafter referred to collectively “competition group”) have been tested for COVID 19 consistent with the Task Force’s Testing Plan for Competition for their sport [***PCR tested no more than 3 days prior to competition or Rapid Antigen tested within one day of competition***]or are not subject to the Task Force’s Testing Plan for Competition due to their post-positive status.
3. All members of the competition group have not had a verified positive test within the prior week. All members of the competition group have not been identified as being a close contact subject to quarantine under the Task Force Requirements.
4. Upon date and time of signature, no member of the competition group has developed symptoms that might indicate an infection of SARS-CoV-2 between the time the most recent test was collected and the beginning of the contest. Should any such person report such symptoms at any time prior to the contest, he/she will be tested and confirmed to be negative. If the student-athlete tests positive or testing cannot be done before the competition, he/she will be held out of the contest.
5. The home institution has complied fully with Conference requirements related to sanitization and disinfection, including but not limited to facilities and locker rooms.
6. In the event a member of the SEC institution’s competition group becomes symptomatic or has a positive test for SARS-CoV-2 in the 48 hours after a contest, the opponent institution will be notified as soon as possible and consistent with Conference policy.
7. In the event a member of the opponent institution’s competition group becomes symptomatic or has a positive test for SARS-CoV-2 in the 48 hours after a contest, the opponent institution will notify the SEC institution as soon as possible and consistent with Conference policy.
8. Participating institutions agree to comply with masking and other competition requirements as outlined in the SEC Task Force protocols.



NON-CONFERENCE INSTITUTION: _____

SPORT: _____

DATE OF COMPETITION: _____

Director of Athletics or Sport Administrator

Team Physician or Head Athletic Trainer

Signature

Signature

Print or type Name

Print or type Name

Date

Date



SEC MEDICAL GUIDANCE TASK FORCE

REQUIREMENTS FOR COVID-19 MANAGEMENT: WINTER SPORTS

(Revised: November 12, 2020)

The Southeastern Conference (SEC) continues to closely monitor COVID-19 and associated public health information related to the resulting pandemic. Since April 21, the SEC Return to Activity and Medical Guidance Task Force (Task Force) has met weekly to provide guidance to the SEC, with a priority placed on the health, safety and wellness of student-athletes (SAs), coaches and staff members, as it prepares for membership decisions related to the return of athletics activities, including team gatherings, practices, conditioning and competition.

The members of the SEC Return to Activity and Medical Guidance Task Force include:

- Dr. Jimmy Robinson, University of Alabama, Head Team Physician and Medical Director
- Dr. Kent Hagan, University of Arkansas, Sports Medicine/Team Physician
- Dr. Mike Goodlett, Auburn University, Chief Medical Officer/Team Physician
- Dr. Jay Clugston, University of Florida, Team Physician
- Ron Courson, University of Georgia, Senior Associate Athletics Director/Sports Medicine
- Jim Madaleno, University of Kentucky, Executive Associate Athletics Director/Sports Medicine and Performance
- Dr. Catherine O'Neal, LSU Health Sciences Center Assistant Professor of Medicine, Infectious Diseases
- Dr. Marshall Crowther, University of Mississippi, Medical Director/Sports Medicine Physician
- Dr. Cliff Story, Mississippi State University, Director of University Health Services
- Dr. Stevan Whitt, University of Missouri, Associate Professor of Medicine, Divisions of Pulmonary and Critical Care Medicine and Infectious Diseases; Senior Associate Dean for Clinical Affairs, University of Missouri School of Medicine, Chief Clinical Officer
- Dr. Zoë Foster, University of South Carolina, Program Director, Primary Care Sports Medicine Fellowship
- Dr. Chris Klenck, University of Tennessee, Head Team Physician
- Dr. Shawn Gibbs, Texas A&M University, Dean of School of Public Health
- Dr. Warne Fitch, Vanderbilt University, Associate Professor of Emergency Medicine, Associate Professor of Orthopedics



The SEC, in consultation with the other Autonomy Five (A5) conferences, has relied on the advice and counsel of medical experts to determine a responsible approach for a safe return to athletics should the current status of the pandemic allow for such activity. We recognize there is no way to eliminate the risk of transmission of the virus at this time. These standards are intended to increase the likelihood of early identification and help mitigate the potential impact of the virus.

As such, these requirements have been developed in consultation with representatives from each SEC university, including infectious disease specialists, public health experts, team physicians and athletic trainers, in concert with medical representatives from each member of the A5 conferences. These policies are intended to guide institutions in the minimum necessary requirements needed to participate in SEC athletics during the 2020-2021 academic year. Previous advisory recommendations released on May 20, 2020, from the SEC Return to Activity and Medical Guidance Task Force focused on the safe return to sport training and activity. The requirements described herein supersede the previous advisory recommendations and extend to competition settings for winter sports. This document will be updated as needed and to include spring sports.

These requirements are based on currently available information. Given the fluid nature of this pandemic, the requirements and testing strategies within are likely to change and will be updated as information evolves. This plan is based on risk mitigation strategies and is contingent upon supply chain availability.

Ultimately, each institution is responsible for managing individuals within athletics programs and is subject to requirements imposed by its state, campus and/or local health departments, as well as state law. Institutions should report their positive results directly to their university-wide COVID-19 public health management operations for notification, tracing, isolation/quarantine, and follow-up support.



Consistent with NCAA Constitution Bylaw 3.2.4.19, each institution’s medical staff must have unchallengeable autonomous authority to determine medical management and return-to-play decisions related to student-athletes.

Finally, the COVID-19 pandemic can have a significant impact on mental health and wellness. In addition to the outlined requirements, the SEC Return to Activity and Medical Guidance Task Force recommends all universities be aware of and attend to the mental health needs of its individuals within athletics programs.

GENERAL REQUIREMENTS

Testing

Polymerase chain reaction (PCR) is the current standard testing method and unless otherwise stated, references to “testing” in this document refer to PCR. Alternative testing methods may be considered if sufficient data to support their use develops.

Surveillance

- For high risk sports, PCR surveillance is required weekly during practice and three times weekly during competition periods. Intermediate and low risk sports (See Table 1) may be tested at less frequent intervals. Each sport may be subject to additional testing requirements as detailed in the applicable section below. Surveillance testing of someone who previously tested positive for the virus, subsequently recovered and has returned to play will not be required through December 1, 2020. This is an evolving area of research and this policy may need to be adjusted as new information arises.
- **The Team Travel Party should be limited to only the team, coaches and essential personnel who undergo similar surveillance as student-athletes and coaching staff. All others should travel separately to and from competitions (e.g., families, boosters, administrators, etc.).**



Table 1: Risk Level for SEC Sponsored Sports

Category	Sports
High Transmission Risk Sports	Basketball, Football, Soccer, Volleyball
Intermediate Transmission Risk Sports	Baseball, Cross Country, Gymnastics, Indoor Track & Field, Softball, Swimming & Diving
Low Transmission Risk Sports	Equestrian, Golf, Outdoor Track & Field, Tennis

**Note: The NCAA COVID-19 Advisory Group placed swimming & diving and track & field in the low transmission risk category. The SEC Medical Guidance Task Force upgraded swimming and diving to the intermediate transmission risk category as the SEC is one of few conferences left who compete with both genders. The squad size of both groups creates a large gathering of individuals within the allotted deck space and creates a greater risk to the participants. The SEC Medical Guidance Task Force separated indoor vs. outdoor track and field and elevated indoor track and field due to the large number of individuals that typically congregate within a small space of the indoor competition facility and ancillary areas.*

Cardiac Screening and Return-to-Play following COVID-19 Infection

Based on CDC guidance, all student-athletes diagnosed with a COVID-19 (SARS-CoV-2) infection, will require isolation for at least 10 full days with day 0 starting at the onset of symptoms or the day of testing, if asymptomatic. No exercise should be undertaken during the isolation period. After the isolation period is completed, each student-athlete will undergo a medical evaluation by a team physician. Given the concern for possible cardiac complications from COVID-19 infections (i.e. acute myocarditis), cardiac testing and a period of re-acclimation to exercise will be required prior to returning to full participation in sport.

The required cardiac testing will include:

1. Electrocardiogram (EKG)
2. Serum Troponin level
3. Echocardiogram (ECHO)



The results of these tests, medical evaluation findings, or the clinical course of the student-athlete (i.e. moderate to severe infections requiring hospitalization) may warrant further testing (such as cardiac MRI) based on the discretion of the team physician.

In addition to cardiac testing, a minimum of a 4-day period of re-acclimation to exercise will be required to monitor for any signs or symptoms of cardiac complications (i.e. chest pain, shortness of breath, presyncope, syncope). Day 1 of re-acclimation should be approximately 25% of a normal practice or conditioning session, with Day 2 being 50%, Day 3 being 75% and Day 4 being full participation. Prior to starting Day 1 of re-acclimation a medical evaluation, and EKG should be completed and deemed normal by the team physician. A troponin must be obtained on day 1 prior to exercise and results must be available prior to beginning day 2. An echocardiogram should be completed prior to final clearance for full participation.

A potential timeline for return to full participation after a new confirmed **COVID-19 infection** may resemble:

Isolation: No exercise

Re-acclimation:

Day 1: Medical evaluation, EKG, Troponin level, ECHO (if possible). May proceed with Day 1 of re-acclimation (25% intensity) if medical evaluation and EKG are completed and normal. Troponin must be obtained on day 1 prior to exercise and results must be available prior to beginning day 2.

Day 2: Day 2 of re-acclimation (50% intensity).

Day 3: Day 3 of re-acclimation (75% intensity).

Day 4: Day 4 of re-acclimation (100% intensity; full practice or game; ECHO must be completed and be read as normal prior to this activity).



*Practice and conditioning activities during the period of re-acclimation to exercise should be determined collaboratively by medical staff, strength and conditioning staff, and coaching staff.

Student-athletes who have a suspected past infection with positive antibody test but negative PCR test, should also undergo a medical evaluation and cardiac testing including EKG, troponin and echocardiogram. Further cardiac evaluation may be indicated based on results of medical evaluation, cardiac testing, or clinical course of past illness at the discretion of the team physician. A period of re-acclimation may not be indicated if the student-athlete has not had any interruption in training but monitoring for any signs or symptoms of cardiac complications from a suspected prior infection is advised.

Clinical

- In addition to routine surveillance and pre-competition testing, if SAs or staff develop symptoms consistent with COVID-19 at any point, they must undergo clinical evaluation including testing for presence of the virus. PCR testing is preferred, if available. If a SA or staff becomes symptomatic between the surveillance testing period and competition, rapid diagnostic testing may be utilized for testing purposes as available.
- Individuals with a previous diagnosis of COVID-19, who develop new symptoms consistent with COVID-19 may require retesting if an alternative etiology is not identified; consultation with infectious disease or infection control experts is recommended in this situation.
- See Medical Response Plan section for management of positive cases.



- Adjustments to testing frequency and alternative testing methods may be considered if sufficient data to support their use develops. This should include consultation with Conference medical experts and local health officials before implementation.

Medical Response Plan

- **Confirmed Infection**

- Asymptomatic Infection

Isolate for at least 10 days from the date of the positive test. If the individual becomes symptomatic, implement symptomatic infection recommendations below. When returning to activity following isolation, student-athletes will need 1) cardiac evaluation; 2) clearance from a team physician; and 3) must adhere to an appropriate period of acclimatization following the period of inactivity.

- Symptomatic Infection

Isolate for at least 10 days from onset of symptoms. At least 24 hours must have passed since last fever without the use of fever-reducing medications and symptom improvement (e.g., cough, shortness of breath, etc.) has occurred, in accordance with current CDC guidance for isolation to end. When returning from isolation, student-athletes will need 1) cardiac evaluation; 2) clearance from a team physician; and 3) must adhere to an appropriate period of acclimatization following the period of inactivity.

- Management of Individuals Following Confirmed Positive COVID Infection

Individuals within a 90-day period of a confirmed positive test on COVID surveillance testing or a confirmed symptomatic COVID infection, will not be required to participate in a surveillance testing and will not be required to quarantine following a close contact with a COVID positive individual. After 90 days, surveillance testing will not be required through December 1, 2020, however those individuals will be



required to quarantine if they are deemed to be a close contact following high risk exposure. This is an evolving area of research and this policy may need to be adjusted as new information arises.

- **Presumed Infection:** Isolate individual with suspected infection; if in the athletic facility, provide a mask, isolate and refer to a medical professional for evaluation and management.
 - Pre-competition patient under investigation (PUI) or confirmed case: For cases that arise after pre-competition testing but before competition begins, the individual needs to be promptly isolated and tested. Preliminary contact tracing for PUIs and full contact tracing for confirmed cases to identify and quarantine close contacts should occur.
 - In-competition PUI: For potential cases that arise during competition, the individual needs to be promptly evaluated. Rapid Antigen Testing (RAT) will be available for both competing teams at each member institution for symptomatic individuals who are suspected to have COVID-19.
 - Post-competition confirmed case: For cases that arise after competition is completed, the individual needs to be promptly isolated and tested. Contact tracing to identify and quarantine close contacts should occur. For COVID-19, a close contact is defined as any individual who was within 6 feet of an infected person for at least 15 minutes starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to positive specimen collection) until the time the patient is isolated.



Quarantine Protocol

- Close contacts are defined as someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period* starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.

** Individual exposures added together over a 24-hour period (e.g., three 5-minute exposures for a total of 15 minutes). Data are limited, making it difficult to precisely define “close contact;” however, 15 cumulative minutes of exposure at a distance of 6 feet or less can be used as an operational definition for contact investigation. Factors to consider when defining close contact include proximity (closer distance likely increases exposure risk), the duration of exposure (longer exposure time likely increases exposure risk), whether the infected individual has symptoms (the period around onset of symptoms is associated with the highest levels of viral shedding), if the infected person was likely to generate respiratory aerosols (e.g., was coughing, singing, shouting), and other environmental factors (crowding, adequacy of ventilation, whether exposure was indoors or outdoors). Because the general public has not received training on proper selection and use of respiratory PPE, such as an N95, the determination of close contact should generally be made irrespective of whether the contact was wearing respiratory PPE. At this time, differential determination of close contact for those using fabric face coverings is not recommended.*

- Quarantine: 14 days per current national guidelines. Asymptomatic student-athletes in quarantine are permitted to exercise alone, including in athletics facilities, if permitted by campus guidelines and local/state policies. Strict social distancing must be enforced.
- Return to play after Quarantine: Allowable if no symptoms develop while quarantined and if individual quarantined for the recommended time. Institutions may consider testing contacts during quarantine if the local testing supply is adequate, however this does not shorten or remove the need for a 14-day quarantine period.

Isolation Protocol

- Pre-Travel: If an individual(s) tests positive prior to travel, the positive individual(s) will not travel and will be isolated according to the policies established by their institution.
- During Travel: If an individual(s) tests positive while traveling, the positive individual(s) will not participate in any elements of the competition and will be isolated according to



the policies established by their institution.

- The local health authorities that govern the home team, visiting team, and the individual's physical location when the test was administered will be notified. Institutions should report their positive results directly to their university-wide COVID-19 public health management operations for notification, tracing, isolation/quarantine, and follow-up support.
- The team with the individual who tested positive will return the individual to his/her campus community as soon as it can arrange to do so using appropriate infection control and physical distancing processes.
- Each institution should have designated and dedicated isolation rooms for each of the home and visiting teams.
- Post-Travel: If an individual(s) tests positive after traveling, the positive individual(s) will be isolated according to the policies established by their institution.

Considerations for Handling Asymptomatic Positive Tests

Asymptomatic individuals with a positive COVID-19 RT-PCR test will be placed immediately into isolation. Within 24 hours of receiving the results of the positive PCR test, the individual may receive a second PCR test at the direction of team medical personnel (test to be administered by PAE).

- If the 2nd PCR test is positive, this will confirm an active COVID-19 infection.
- If the 2nd PCR test is negative, the individual should receive two (2) additional PCR tests 24 hours apart administered by PAE. If the individual has three (3) successive negative PCR test, and remains asymptomatic, they may be released from isolation and medically



cleared to return to athletics activities only. The individual should also return to the surveillance testing program. Contacts associated with the exposure, who are in the SEC's surveillance testing program, may be released from quarantine for athletics activities only.

- In the event an individual is subjected to a Rapid Antigen Test during non-conference competition, asymptomatic individuals with a positive Rapid Antigen Test will be placed immediately into isolation. A confirmatory RT-PCR test should be taken immediately following the Rapid Antigen Test. The PCR test is definitive, including when ruling out a false positive antigen test.

All such cases shall be reported to the SEC Medical Task Force by the involved institution's SEC Task Force member.

Response to a Potential Quality Assurance/Control Error Involving Testing

- If there is reason to suspect a quality assurance or quality control error involving a subset of test results from a surveillance screening session, the PAE Medical Director will work with the appropriate parties to conduct a review of the testing process which may, as indicated, include repeat testing of the affected samples or individuals.
- During the period of review, individuals for whom the tests were initially reported as positive will remain in isolation.
- At the conclusion of the review, the PAE Medical Director will present the data to the SEC Medical Task Force for final review and update the final test results.

Face Coverings

All individuals who access the competition area shall be required to wear a face covering, other than student-athletes and the officials who are engaged in competition. SAs and game officials shall wear face coverings as outlined in the sport-specific guidelines addressed later in this document. The proper use of a mask/neck gaiter as a mitigation strategy requires that



the mask/neck gaiter must completely cover both the nose and mouth such that neither nostrils nor the tip of the nose is visible.

Game Balls

Other than the game officials and participants, any individuals who will or may touch the game balls (i.e., footballs, soccer balls, volleyballs, or basketballs) during competition shall be PCR tested weekly, adhere to appropriate handwashing/hand sanitizing protocols and wear a face covering. Game balls that leave the competition area must be disinfected according to the ball manufacturer's guidelines prior to re-entering play.

COVID-19 Protocol Oversight Officer

Each institution shall designate a COVID-19 Protocol Oversight Officer who shall be responsible for education and ensuring compliance with the SEC's COVID-19 Management Plan. The COVID-19 Protocol Oversight Officer, or his/her designee, will ensure compliance with management protocols by teams, staff and essential personnel at each competition (both home and away).

Game Discontinuation Considerations

- Inability to isolate new positive cases, or quarantine high-risk contacts of cases of university students.
- Unavailability or inability to perform symptomatic, surveillance or pre-competition testing when warranted.
- Campus-wide or local community positivity test rates that are considered unsafe by local public health officials.
- Inability to perform adequate contact tracing consistent with local, state or federal requirements or recommendations.



- Local public health officials indicate an inability for the hospital infrastructure to accommodate a surge in COVID-19 related hospitalizations.

Post-Game Contact Tracing

Contact tracing is an important part of reducing the spread of COVID-19. The combination of an enhanced testing protocol undertaken by the SEC for all student-athletes, staff and essential personnel and the use of personal tracking devices to determine close proximity encounters for a period of time greater than 15 minutes (where available), can help reduce the risk of exposure during competition. This mitigation strategy also aids in identifying individuals that may be deemed a High-Risk contact and determine if additional testing or quarantine is required. While no process will reduce the risk to zero and the process of contact tracing is still evolving as applied to athletics activities, the SEC's strategy to minimize exposure and spread of COVID-19 serves as a model for other sports organizations.

Objectives

- To ensure a consistently high standard of reporting and identification of close direct contacts with COVID-19 cases within all SEC sports;
- To develop a monitoring system that will identify close direct contacts that will aid in determining which individuals need to be quarantined after an exposure;
- To ensure a standardization of case management and close contact isolation procedures across the SEC in all sports; and
- To assist public health officials with clinical decision making related to the athletic population/sports and the potential exposure to positive cases and the subsequent case management.



Potential Close Contact Identification Process

In the event that an individual tests positive for COVID-19 in the 48 hours after a contest, the process for determining whether other student-athletes, coaches, or officials may be considered as “direct contacts” is outlined below. The process for identifying close contacts may involve review of game film or the use of personal tracking devices.

1. If a team member tests positive for COVID-19 within 48 hours of a game, the COVID-19 Administrator of the reporting institution shall notify the COVID-19 Administrator of the opposing institution as well as the SEC Office. The positive test result will be either an SEC administered PCR test or a Rapid Antigen COVID-19 test. The SEC or its designee will serve as the process coordinator. Institutions should report their positive results directly to their university-wide COVID-19 public health management operations for notification, tracing, isolation/quarantine, and follow-up support.
2. Each institution will coordinate the analysis of the student-athlete’s involvement in the contest using data from personal tracking devices (if available) and video footage of the game, if necessary. If personal tracking devices are not available, institutions may rely on game statistics and full review of video footage as the primary determinate of close contacts.

Modalities

Personal Tracking Devices

- The personal tracking device (KINEXON®) will serve as a source for defining a close contact in conjunction with game video footage for confirmation. The game footage will be used to verify the data from the tracking device or if there is some question of accuracy or failure of the tracking device.



- Should an individual test positive within 48 hours of a contest, the data from the personal tracking device will be utilized to identify suspected close direct contacts.
- This data will be reviewed by an independent reviewer appointed by the SEC to identify any high-risk exposures on both teams.
- Individuals identified by the independent reviewer will be notified along with the institution's COVID-19 Administrator.
- Individuals with a cumulative direct exposure of 15 minutes or greater to a positive student-athlete(s) will be considered a direct close contact and placed in quarantine.

Video analysis

- Game footage may be used in conjunction with the personal tracking devices and serve as a back-up should there be a malfunction of the tracking devices.

Close Contacts during competition shall be defined as:

- Individuals within 6 feet of a positive case for 15 minutes or longer during competition:
 - Student-athletes on either side of positive student-athletes
 - Student-athletes directly across from positive student-athletes
 - Sideline/courtside/team bench area
 - Position/unit meeting areas
- Any student-athlete who comes into direct contact with secretions of an infected student-athletes through oral, nasal, or eye mucosa.
- Any student-athlete identified through proximity monitoring devices, if utilized.



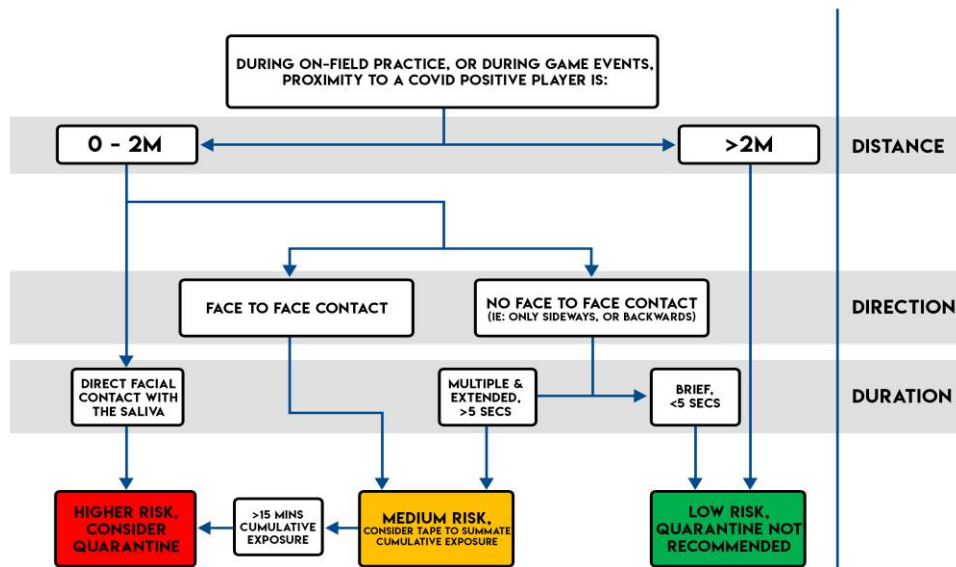
- Close contacts do not include brief encounters such as high fives and walking past someone.

Definitions:

The following definitions will be used, applying the approved Team Sport Risk Exposure Framework:

- According to the current CDC definition, a close contact is anyone who was within 6 feet of an infected person for at least 15 minutes cumulative over 24 hours. An infected person can spread COVID-19 starting 48 hours (or 2 days) before the person had any symptoms or tested positive for COVID-19
- Proximity and duration, as per the Team Sport Risk Exposure Framework (Figure 1).

Figure 1





INDOOR TRACK AND FIELD

Risk Category: Intermediate

Testing Plan Pre-Competition

PCR surveillance testing should be conducted; the cadence shall be set at the institution's discretion.

Testing Plan for Competition Season

All indoor track and field student-athletes, coaches and essential staff shall undergo PCR testing each week. Testing during the week of a competition shall be administered no more than 3 days prior to competition.

Masking

- All coaches, staff and non-competing student-athletes are required to wear a mask/neck gaiter. Physical distancing should be employed to the extent possible.
- All competing student-athletes are required to wear a face mask/neck gaiter during warm-ups and at the starting line which may be removed just prior to the start of a race.
- All track and field officials are required to wear a face mask/neck gaiter in the competition area at all times.
- All other individuals provided with access to the competition area are required to wear a face mask/neck gaiter at all times.



Competition (SEC hosted contests only)

- Event organizers must adhere to local/state guidelines regarding facility capacity for indoor venues. Adjustments to event schedule, number of heats, etc. should account for reduced facility capacity.
- Consideration should be given to reduce the number of heats in each race to minimize the number of individuals gathering for competition on the warm-up track, in the student-athlete area and in the medical area.
- Venue attendance should be limited to essential personnel to allow coaches, support staff and non-competing student-athletes to achieve physical distancing. If the facility is such that the presence of spectators does not allow for appropriate distancing measures for participants and spectators, spectators may not attend.
- Only competing student-athletes and track officials are allowed in the competition area. Medical personnel are allowed to enter the competition area in the event of an injury or illness to provide medical assistance.
- Physical distancing should be employed to the extent possible in the medical and warm-up areas as these are typically the most congested sites.
- Institutions shall be limited to no more than twelve (12) coaches and support staff per institution (e.g. athletic trainers, managers, operations staff).
- To the extent possible, institutions should arrange to have student-athletes arrive to the competition facility no more than two (2) hours prior to his/her scheduled event. Consideration should also be given to transport student-athletes who have completed competition away from the facility following their last event.