



Louisiana Classics Competition Guide March 19-20

Friday, March 19 (All Times CT)

Women's Javelin Throw - 3:00 p.m.

Noel Baker

Men's Javelin Throw- 5:00 p.m.

Andre Girouard, Tzuriel Pedigo

Women's Discus Throw - 5:00 p.m.

Amber Hart

Women's 5K - 7:30 p.m.

Adele Broussard, Ashley LaJocies, Virginia Dirks

Saturday, March 20

Men's Hammer Throw- 10:00 a.m.

Jon Nerdal, Jake Norris, Luke Witte

Women's Hammer Throw - 1:00 p.m.

Monique Hardy, Emma Robbins

Women's 4x100 Meter Relay - 2:00 p.m.

Men's 4x100 Meter Relay - 2:10 p.m.

Women's 1,500 Meter Run - 2:20 p.m.

Shelby Spoor, Shanya Luna

Men's 1,500 Meter Run - 2:35 p.m.

Jackson Martingayle, Adam Wise

Women's 100 Meter Hurdles - 3:00 p.m.

Alia Armstrong, Brittley Humphrey, Leah Phillips

Men's 110 Meter Hurdles - 3:10 p.m.

Arthur Price

Women's 400 Meter Dash - 3:25 p.m.

Kiya Ovisoun, Lorena Rangel Batres

Men's 400 Meter Dash - 3:45 p.m.

T.J. Bleichner

Women's 100 Meter Dash - 4:00 p.m.

Serena Bolden, Ariyonna Augstine, Tonea Marshall, Thelma Davies, Symone Mason

Men's 100 Meter Dash - 4:15 p.m.

Akanni Hislop, Da'Marcus Fleming, Charles Lewis

Women's 800 Meter Run - 4:30 p.m.

Hannah Carroll, Katy-Ann McDonald, Cori Mitchell

Men's 800 Meter Run - 4:50 p.m.

Stephen Schlottman

Women's 400 Meter Hurdles - 5:25 p.m.

Leah Phillips, Milan Young

Women's Steeple - 6:05 p.m.

Alicia Stamey, Sara Funderburk

Men's Steeple - 6:20 p.m.

Will Dart, Cade Martin, Garrett Hamilton

Women's 4x400 Meter Relay - 6:35 p.m.

Men's 4x400 Meter Relay - 6:50 p.m.