



Texas Relays Competition Guide March 24, 25, 26

Thursday, March 24th (All Times CST)

Men's Hammer - 2:00 p.m.

Jake Norris

Women's 400 Meter Hurdles (Prelims) - 4:30 p.m.

Leah Phillips, Garriel White

Men's 1500 Meters - 7:20 p.m.

Adam Wise

Women's 3000 Meter Steeplechase - 8:20 p.m.

Sara Funderburk, Alicia Stamey,
Addison Stevenson

Men's 3000 Meter Steeplechase - 8:35 p.m.

Will Dart

Women's 5000 Meters - 8:50 p.m.

Doria Martingayle

Friday, March 25th (All Times CST)

Women's 4x100 Meter Relay (Prelim) - 9:35 a.m.

Men's 4x100 Meter Relay (Prelim) - 9:55 a.m.

Women's 100 Meter Hurdles (Prelim) - 10:15 a.m.

Alia Armstrong, Leah Phillips

Men's 110 Meter Hurdles (Prelim) - 10:15 a.m.

Eric Edwards

Women's 100 Meters (Prelim) - 10:45 a.m.

Tionna Beard-Brown, Hannah Douglas

Men's 100 Meters (Prelim) - 10:45 a.m.

Dorian Camel, Da'Marcus Fleming

Men's Long Jump (B) - 10:00 a.m.

Ji'eem Bullock

Women's Long Jump (B) - 10:00 a.m.

Serena Bolden

Women's Shot Put (B) - 10:00 a.m.

Amber Hart

Men's 4x400 Meter Relay (Prelims) - 12:00 p.m.

Women's Triple Jump - 12:30 p.m.

Kyndal McKnight

Men's Triple Jump - 3:00 p.m.

Sean Dixon-Bodie, Apalos Edwards

Women's Sprint Medley Relay - 5:00 p.m.

Women's 400 Meter Hurdles (Final) - 5:35 p.m.

Women's Distance Medley Relay - 5:50 p.m.

Men's Javelin - 6:00 p.m.

Eli Gaughan, Tzurriel Pedigo

Men's Distance Medley Relay - 6:05 p.m.

Saturday, March 26th (All Times CST)

Women's Discus - 10:00 a.m.

Women's 4x800 Meter Relay - 10:40 a.m.

Men's 4x800 Meter Relay - 10:50 a.m.

Women's High Jump (A) - 11:00 a.m.

Nyagoa Bayak, Abigail O'Donoghue

Women's Pole Vault (Elite) - 12:00 p.m.

Lisa Gunnarsson

Women's 4x200 Meter Relay - 12:05 p.m.

Men's 4x100 Meter Relay (Final) - 1:30 p.m.

Women's 4x100 Meter Relay (Final) - 1:35 p.m.

Women's 100 Meter Hurdles (Final) - 2:20 p.m.

Men's 110 Meter Hurdles (Final) - 2:40 p.m.

Women's 100 Meters (Final) - 3:15 p.m.

Men's 100 Meters (Final) - 3:25 p.m.

Women's Long Jump (A) - 3:00 p.m.

Morgan Smalls

Men's 4x400 Meter Relay (Final) - 4:35 p.m.

Women's 4x400 Meter Relay (Final) - 4:45 p.m.