

Thursday May 12 (All Times CST) Men's Hammer Throw - 2:15 p.m.

Jake Norris

Women's 800 Meters (Prelims) - 6:30 p.m.

Hannah Carroll, Katy-Ann McDonald, Lorena Rangel, Michaela Rose

Men's 800 Meters (Prelims) - 6:50 p.m.

Eric Coston, Thomas Daigle, Dyllon Nimmers

Women's 200 Meters (Prelims) - 7:10 p.m.

Alia Armstrong, Thelma Davies, Hannah Douglas, Favour Ofili, DaJah Parker-Love, Tionna Beard-Brown

Men's 200 Meters (Prelims) - 7:35 p.m.

Dorian Camel, Da'Marcus Fleming

Women's 400m Hurdles(Prelims) - 8 p.m.

Garriel White

Men's Javelin - 8 p.m.

Tzuriel Pedigo

Men's 400m Hurdles (Prelims) - 8:20 p.m.

Sean Burrell

Women's 10,000 Meters - 8:40 p.m.

Doria Martingayle

Men's 10,000 Meters - 9:20 p.m.

Jackson Martingayle

Friday May 13 (All Times CST)

Men's Long Jump - 4:30 p.m.

Ji'eem Bullock

Women's High Jump - 5 p.m.

Nyagoa Bayak, Abigail O'Donoghue, Morgan Smalls

Women's 100m Hurdles (Prelims) - 6 p.m.

Alia Armstrong

Women's Shot Put - 6 p.m.

Amber Hart

Men's 110m Hurdles (Prelims) - 6:15 p.m.

Eric Edwards Jr.

Women's 1,500 Meters (Prelims) - 6:40 p.m.

Katy-Ann McDonald, Lorena Rangel

Men's 1,500 Meters (Prelims) - 7 p.m.

Davis Bove, Eric Coston, Eric Coston

SEC Championships Competition Guide May 12-14

Women's Long Jump - 7:05 p.m. Serena Bolden, Morgan Smalls

Women's 400 Meters (Prelims) - 7:20 p.m. Amber Anning

Men's 400 Meters (Prelims) - 7:45 p.m. CJ Ekeanyanwu, Ashton Hicks, Aaron Smith

Men's Shot Put - 8 p.m. John Meyer

Women's 100 Meters (Prelims) - 8:10 p.m. Tionna Beard-Brown, Thelma Davies, Hannah Douglas, Symone Mason, Favour Ofili, DaJah Parker-Love

Men's 100 Meters (Prelims) - 7:20 p.m. Dorian Camel, Da'Marcus Fleming, Kenroy Higgins II, Godson Oghenebrume

Women's 3,000m Steeplechase - 9 p.m. Sara Funderburk, Alicia Stamey, Callie Hardy

Men's 3,000m Steeplechase - 9:20 p.m. Will Dart, Garrett Hamilton, Cade Martin

Saturday May 14 (All Times CST) Women's Discus - 12:30 p.m. Amber Hart

Women's Triple Jump - 2:30 p.m. Serena Bolden, Kyndal McKnight, Morgan Smalls

Men's High Jump - 3 p.m. Ronnie Rounds

Women's Pole Vault - 5 p.m. Lisa Gunnarsson

Women's 4x100m Relay - 5:05 p.m.

Men's 4x100m Relay - 5:15 p.m.

Men's Triple Jump - 5:45 p.m. Apalos Edwards, Sean Dixon-Bodie

Women's 5,000 Meters - 7:45 p.m. Sara Funderburk, Doria Martingayle, Alicia Stamey, Callie Hardy

Men's 5,000 Meters - 8:05 p.m. Will Dart, Garrett Hamilton, Cade Martin, Jackson Martingayle, Adam Wise

Women's 4x400m Relay - 8:30 p.m.

Men's 4x400m Relay - 8:40 p.m.

**There are 14 other finals on the track that will also be contested Saturday. Athletes have to advance from the preliminary round to advance to Saturday's finals