# **2024** David Hemery Valentine Invite Final Schedule



\*\*Events will run fast to slow unless otherwise noted

# Friday – Doors open at 8:00am

## **Field Events:**

11:00am Women's Long jump followed by Women's Triple (Top 32 verifiable entry marks)
11:00am Women's Pole Vault (Top 32 verifiable entry marks)
2:00pm Women's Shot Put followed by Women's Weight Throw (Top 32 verifiable entry marks)
3:00pm Women's High Jump (Top 32 verifiable entry marks)

## Running events: Doors open 8:00am

9:00am	Women's 5000m (Slowest 2 heats – slow to fast)16:50 and slower		
9:40am	Women's 3000m (Slowest 5 heats – slow to fast) 9:48.00 and slower		
10:38am	Women's 60H Open Final		
10:45am	Women's 60H Invite Trials		
10:50am	Women's 60m Open Final		
11:00am	Women's 60m Invite Trials		
11:05am	Women's 800m	Fast sections first	
12:40pm	Women's 400m		
2:00pm	Women's 60H Invite Finals	(unless noted)	
2:03pm	Women's 60m Invite Finals	Jumps: Best Flight Last	
2:05pm	Women's 200m		
3:00pm	Women's 1000m		
3:20pm	Women's 4x400m relay		
4:10pm	Men's DMR		
4:25pm	Intermission (20 minutes)		
4:45pm	Women's 1Mile		
6:45pm	Women's 3000m		
8:25pm	Women's 5000m		
	9:40am 10:38am 10:45am 10:50am 11:00am 11:05am 12:40pm 2:00pm 2:03pm 2:03pm 3:00pm 3:20pm 4:10pm 4:25pm 4:45pm 6:45pm	9:40amWomen's 3000m (Slowest 5 heats – slow to fa10:38amWomen's 60H Open Final10:45amWomen's 60H Invite Trials10:50amWomen's 60m Open Final11:00amWomen's 60m Invite Trials11:05amWomen's 800m12:40pmWomen's 60H Invite Finals2:00pmWomen's 60H Invite Finals2:03pmWomen's 60H Invite Finals2:05pmWomen's 200m3:00pmWomen's 1000m3:20pmWomen's 1000m4:10pmMen's DMR4:25pmIntermission (20 minutes)4:45pmWomen's 3000m	

10:00pm Estimated completion of Day 1:

# Day 2 Final Schedule

\*\*Events will run fast to slow unless otherwise noted



Last

#### Saturday: Doors Open at 8:00am

#### **Field Events:**

11:00am Men's Long jump followed by Men's Triple (Top 32 verifiable entry marks)
11:00am Men's Pole Vault (Top 32 verifiable entry marks)
2:00pm Men's Shot Put followed by Men's Weight Throw (Top 32 verifiable entry marks)
3:00pm Men's High Jump (Top 32 verifiable entry marks)

### Running events: Doors open 8:00am

9:00am	Men's 5000m (Slowest 3 heats - Slow to Fast) 14:10 and slower		
9:50am	Men's 3000m (Slowest 4 heats - Slow to Fast) 8:20 and slower		
10:30am	Men's 60H Trials		
10:37am	Men's 60m Open Final		
10:55am	Men's 60m Invite Trials		
11:00am	Men's 800m		
12:30pm	Men's 400m	Fast sections first	
1:55pm	Men's 60H Invite Finals	(unless noted)	
1:58pm	Men's 60m Invite Finals	lumns: Bast Elight Lag	
2:01pm	Women's DMR	Jumps. Dest Fight Las	
2:30pm	Men's 200m		
3:30pm	Men's 1000m		
3:45pm	Men's 4x400m relay		
4:25pm	Intermission (30 minutes)		
4:55pm	Men's 1 Mile		
7:00pm	Men's 3000m		
8:30pm	Men's 5000m		
10:55am 11:00am 12:30pm 1:55pm 1:58pm 2:01pm 2:30pm 3:30pm 3:45pm 4:25pm 4:55pm 7:00pm	Men's 60m Invite Trials Men's 800m Men's 400m Men's 60H Invite Finals Men's 60m Invite Finals Women's DMR Men's 200m Men's 200m Men's 4x400m relay Intermission (30 minutes) Men's 1 Mile Men's 3000m	Fast sections fi (unless noted) Jumps: Best Fligh	

10:00pm Estimated completion of Day 2: