

2024 MEN'S INDOOR PERFORMANCE LIST

Top Individual Marks

60 Meters

6.61	Myles Thomas LSU Purple Tiger (1/12)
6.64	Godson Oghenebrume Tyson Invitational (2/9)
6.70@	Da'Marcus Fleming Corky Classic (1/20)
6.70	Jaiden Reid LSU Purple Tiger (1/12)
7.06	Dillon Bedell-Bass LSU Purple Tiger (1/12)

200 Meters

20.74	Da'Marcus Fleming Tyson Invitational (2/9)
21.10	Myles Thomas Tyson Invitational (2/9)
21.14@	Sean Burrell New Mexico Classic (2/3)
21.29@	Salim Epps New Mexico Classic (2/3)
21.36@	Dillon Bedell-Bass New Mexico Classic (2/3)
21.47@	Godson Oghenebrume Corky Classic (1/20)
21.97	Louis Rudge Tyson Invitational (2/9)

400 Meters

45.92	Sean Burrell SEC Indoor Championships (2/23)
46.89	Dillon Bedell-Bass Alex Wilson Invite (2/17)
47.02	Shakeem McKay SEC Indoor Championships (2/23)
47.18	Salim Epps SEC Indoor Championships (2/23)
49.03@	Louis Rudge New Mexico Classic (2/3)

600 Yards

1:08.23	Sean Burrell Corky Classic (1/20)
1:11.48	Mats Swanson Corky Classic (1/20)
1:14.61	Louis Rudge Corky Classic (1/20)

800 Meters

1:50.82	Isiah Travis SEC Indoor Championships (2/23)
1:52.04	Mats Swanson Valentine Invitational (2/9)
1:52.07	Dyllon Nimmers Valentine Invitational (2/9)
1:53.23@	Rhen Langley Corky Classic (1/20)

Mile Run

4:04.65	Rhen Langley Valentine Invitational (2/9)
4:19.24#	Hugh Carlson LSU Twilight (2/16)
4:22.12#	Rob Buisson LSU Purple Tiger (1/12)
4:25.26#	Will Dart LSU Purple Tiger (1/12)
4:25.29#	Casey Goetschel LSU Purple Tiger (1/12)
4:27.75#	Dyllon Nimmers LSU Twilight (2/16)
4:37.01#	Alex Holbrook LSU Purple Tiger (1/12)

3000 Meters

8:28.47	Rob Buisson Valentine Invitational (2/9)
8:29.91	Will Dart Valentine Invitational (2/9)
8:33.85	Tyler Stevens Valentine Invitational (2/9)
8:35.01	Casey Goetschel Valentine Invitational (2/9)
9:08.72#	Alex Holbrook LSU Twilight (2/16)

60-Meter Hurdles

7.67	Matthew Sophia Tyson Invitational (2/9)
7.73@	Jahiem Stern New Mexico Classic (2/3)

4x400-Meter Relay

3:06.77	Bedell-Bass, Burrell, Epps, McKay ... SEC Indoor Championships (2/23)
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High Jump

2.12m (6' 11.5")	Kuda Chadenga Razorback Invitational (1/26)
2.12m (6' 11.5")	Isaac Onuoha LSU Twilight (2/16)
2.01m (6' 7")	Ji'eem Bullock Tyson Invitational (2/9)

Pole Vault

5.21m (17' 1")	Kameron Aime LSU Twilight (2/16)
5.20m (17' 0.75")	Beau Domingue Corky Classic (1/20)
4.90m (16' 0.75")	Trye Boucher Corky Classic (1/20)

Long Jump

7.66m (25' 1.75")	Ji'eem Bullock SEC Indoor Championships (2/23)
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Shot Put

19.89m (65' 3.25")	John Meyer Razorback Invitational (1/26)
12.90m (42' 4")	Jaden James LSU Twilight (2/16)

Weight Throw

22.30m (73' 2")	Luke Witte Tyson Invitational (2/9)
20.25m (66' 5.25")	Jevan Parara LSU Twilight (2/16)

@ - Ran at altitude, converted.

- Ran on flat track, not converted.

2024 MEN'S INDOOR PERFORMANCE LIST

All Results

A detailed performance list for each athlete can be viewed by clicking on their name. It will direct you to tfrs.org, which has all of their performances listed.

[Kameron Aime](#)

[Dillon Bedell-Bass](#)

[Trey Boucher](#)

[Rob Buisson](#)

[Ji'eem Bullock](#)

[Sean 'Squirrel' Burrell](#)

[Hugh Carlson](#)

[Kuda Chadenga](#)

[Will Dart](#)

[Beau Domingue](#)

[Salim Epps](#)

[Da'Marcus Fleming](#)

[Casey Goetschel](#)

[Alex Holbrook](#)

[Jaden James](#)

[Rhen Langley](#)

[Shakeem McKay](#)

[John Meyer](#)

[Dyllon Nimmers](#)

[Godson Oghenebrume](#)

[Isaac Onuoha](#)

[Jevan Parara](#)

[Jaiden Reid](#)

[Claudio Romero](#)

[Ronnie Rounds](#)

[Louis Rudge](#)

[Trenton Sandler](#)

[Matthew Sophia](#)

[Jahiem Stern](#)

[Tyler Stevens](#)

[Mats Swanson](#)

[Myles Thomas](#)

[Isiah Travis](#)

[Jack Wallace](#)

[Luke Witte](#)

MEN'S INDOOR COLLEGIATE PERSONAL BESTS

KAMERON AIME

Pole Vault 17' 1" (5.21m)

DILLON BEDELL-BASS

60m 7.06
200m 21.36
400m 46.34

TREY BOUCHER

Pole Vault 16' 0.75" (4.90m)

ROB BUISSON

Mile 4:22.12
3000m 8:28.47

Jl'EEM BULLOCK

Long Jump 25' 1.75" (7.66m)
High Jump 6' 8" (2.03m)

SEAN BURRELL

200m 21.14
400m 45.57
600y 1:08.23

HUGH CARLSON

Mile 4:19.24

KUDA CHADENGA

High Jump 7' 5" (2.26m)

WILL DART

Mile 4:21.85
3000m 8:29.72
5000m 14:49.07

BEAU DOMINGUE

Pole Vault 17' 1.5" (5.22m)

SALIM EPPS

200m 21.29
300m 33.94
400m 47.05

DA'MARCUS FLEMING

60m 6.60
200m 20.74

CASEY GOETSCHER

Mile 4:25.29
3000m 8:35.01

ALEX HOLBROOK

Mile 4:37.01

JADEN JAMES

Shot Put 42' 4" (12.90m)

RHEN LANGLEY

800m 1:53.55
Mile 4:04.65

SHAKEEM McKAY

400m 47.02

JOHN MEYER

Shot Put 66' 10" (20.37m)
Weight Throw 53' 8.50" (16.37m)

DYLLON NIMMERS

600m 1:20.98
800m 1:52.07
Mile 4:25.19

GODSON OGHENEBRUME

60m 6.58
200m 21.12

ISAAC ONUOHA

High Jump 6' 11.5" (2.12m)

JEVAN PARARA

Weight Throw 66' 5.25" (20.25m)

JAIDEN REID

60m 6.70

CLAUDIO ROMERO

Shot Put 60' 6" (18.44m)
Weight Throw 60' 7.25" (18.47m)

RONNIE ROUNDS

High Jump 6' 7.75" (2.03m)
Triple Jump 45' 9.75" (13.96m)

LOUIS RUDGE

200m 21.97
400m 49.03
600y 1:14.61

TRENTON SANDLER

MATTHEW SOPHIA

60mh 7.70
200m 22.44

JAHIEM STERN

60m 7.09
300m 36.50
60mh 7.73@

TYLER STEVENS

3000m 8:33.85

MATS SWANSON

200m 21.86
400m 47.86
600y 1:11.48
800m 1:52.04

MYLES THOMAS

60m 6.61
200m 21.10

ISIAH TRAVIS

600y 1:10.09
600m 1:20.60
800m 1:50.82

JACK WALLACE

800m 1:55.49aa
Mile 4:13.47
3000m 8:45.29

LUKE WITTE

Weight Throw 72' 0.75" (21.96m)

MEN'S ALL-TIME INDOOR PERFORMANCE LIST

55 Meters

1. Chris Cummings	1998	6.13@
2. Clyde Bishop	1982	6.14y
3. Willie Turner	1978	6.19y
4. Slip Watkins	1990	6.21
5. Jermaine Grant	1998	6.22@
6. Glenroy Gilbert	1993	6.24
Efram Coley	1979	6.24y
ReVey Scott	1978	6.24y
9. Rohsaan Griffin	1996	6.25
Anthony Druilhet	1986	6.25y

60 Meters

1. Richard Thompson	2008	6.51
2. Trindon Holliday	2008	6.54
3. Godson Oghenebrume	2023	6.58
4. Myles Thomas	2024	6.61
Horatio Williams	2011	6.61
6. Da'Marcus Fleming	2022	6.62@
7. Donte Jackson	2016	6.63
8. Dorian Camel	2022	6.64@
9. Nethaneel Mitchell-Blake	2017	6.65
Tremayne Acy	2015	6.65
Akanni Hislop	2020	6.65

200 Meters

1. Terrance Laird	2021	20.20
2. Xavier Carter	2006	20.30
3. Kelly Willie	2006	20.46
4. Nethaneel Mitchell-Blake	2017	20.49
5. Aaron Ernest	2013	20.53
6. Jaron Flournoy	2019	20.55
7. Horatio Williams	2011	20.68
8. Rohsaan Griffin	1996	20.69
Dylan Peebles	2019	20.69
10. Correion Mosby	2018	20.70

400 Meters

1. Noah Williams	2021	44.71
2. Xavier Carter	2006	45.28
3. Vernon Norwood	2015	45.31
4. Alleyne Francique	2002	45.35
5. Pete Coley	2002	45.37
6. Kelly Willie	2005	45.41
7. Sean Burrell	2021	45.57
8. Michael Cherry	2016	45.61
9. Tyler Terry	2020	46.01
10. Caleb Williams	2011	46.08

800 Meters

1. Alex Selles	2023	1:47.33
2. Blair Henderson	2017	1:47.34
3. Richard Jones	2010	1:47.78
4. Jeffrey Fisher	2005	1:47.84
5. Elkana Kosgei	2008	1:48.18
6. Reuben Twijukye	2008	1:48.29
7. Jamaal James	2007	1:48.58
8. Parker McBride	2023	1:48.91
9. Mark Fowler	1988	1:49.31
10. Passmore Furusa	1995	1:49.40

Mile

1. Davis Bove	2022	3:56.38
2. Passmore Furusa	1995	3:58.77
3. John Kosgei	2008	3:59.85
4. Robin van Helden	1988	4:00.42
5. Patrick Gavin	2006	4:02.73
6. Terry Thornton	1990	4:03.06
7. Bobby Beck	1982	4:03.14
8. Mike Quigley	1980	4:04.29

9. Rhen Langley	2024	4:04.65
10. Michael Hendry	2008	4:05.03

3000 Meters

1. Davis Bove	2023	7:53.73
2. John Kosgei	2008	7:55.49
3. Terry Thornton	1989	7:56.66
4. Mark Elliott	1989	8:00.03
5. Eric Coston	2021	8:02.15
6. Passmore Furusa	1994	8:04.90
7. Mike Quigley	1980	8:07.00c
8. Curtis Conaway	1982	8:08.00
9. Dajour Braxton	2017	8:08.55
10. Tom Douple	1975	8:10.40c

5000 Meters

1. Terry Thornton	1990	13:39.68
2. Mark Elliott	1990	13:43.34
3. Jimmy Wiggins	2005	14:14.94
4. Mike Smith	1986	14:16.98c
5. Mark Dobbins	1980	14:21.80c
6. Joseph Simuchimba	2008	14:24.46
7. Jackson Martingayle	2023	14:25.35
8. Likhaya Dayile	2000	14:25.85
9. Richard Chautin	2011	14:29.11
10. Cullen Doody	2012	14:30.25
Oversized Track:		
1. Sam Mwape	2004	14:31.39

55-Meter Hurdles

1. Larry Shipp	1976	7.11y
2. Bernard Williams	1985	7.15y
3. Charles James	1986	7.16y
Orlando McDaniel	1981	7.16y
5. Bert Rareshide	1996	7.17c
6. Eric Reid	1987	7.19y
7. Derek Hopkins	1990	7.22
8. Allen Misher	1973	7.24yc
9. George Boutte	1978	7.26y
10. Sherman Morris	1991	7.31

60-Meter Hurdles

1. Damion Thomas	2021	7.51
2. Barrett Nugent	2012	7.55
3. Jordan Moore	2016	7.58
Eric Edwards Jr.	2021	7.58
5. Matthew Sophia	2024	7.67
6. Ryan Fontenot	2008	7.69
Alleyne Lett	2007	7.70
8. Jahiem Stern	2024	7.73@
Joshua Thompson	2015	7.73
10. Bert Rareshide	1996	7.77

High Jump

1. JuVaughn Harrison	2021	2.30m (7' 6.50")
Tom Lange	1992	2.30m (7' 6.50")
3. Alain Metellus	1986	2.22m (7' 3.50")
4. J.J. Barton	1999	2.21m (7' 3")
Larey Weaver	1983	2.21m (7' 3")
6. Claston Bernard	2002	2.18m (7' 1.75")
7. Louis Callaway	1987	2.17m (7' 1.50")
8. Bruce Reid	1989	2.13m (6' 11.75")
9. Isaac Onuoha	2024	2.12m (6' 11.5")
Kuda Chadenga	2024	2.12m (6' 11.5")

Pole Vault

1. Mondo Duplantis	2019	5.92m (19' 5")
2. Russ Buller	1999	5.80m (19' 0.25")
3. Daniel Trosclair	2004	5.51m (18' 1")
Grey Rappe	1984	5.51m (18' 1")
5. Andreas Duplantis	2013	5.42m (17' 9.25")
6. Derrick Prentice	1995	5.38m (17' 7.75")
7. Marcus McGehee	2011	5.37m (17' 7.50")
8. Joseph Caraway	2014	5.36m (17' 7")
Ricky Wright	1987	5.36m (17' 7")
10. Edgar Diaz	1991	5.34m (17' 6.25")

Long Jump

1. JuVaughn Harrison	2021	8.45m (27' 8.75")
2. John Moffitt	2004	8.27m (27' 1.75")
3. Damar Forbes	2013	8.21m (26' 11.25")
4. Walter Davis	2002	8.15m (26' 9")
5. Llewellyn Starks	1990	8.11m (26' 7.25")
6. Rayvon Grey	2020	8.09m (26' 6.50")
7. Zedric Thomas	2011	8.08m (26' 6.25")
8. Marcus Thomas	2000	8.02m (26' 3.75")
9. Jeremy Hicks	2009	8.02m (26' 3.50")
10. Brandon Hicklin	2023	7.97m (26' 1.75")

Triple Jump

1. Walter Davis	2002	17.23m (56' 6.50")
2. Lejuan Simon	2004	17.05m (55' 11.25")
3. Apalos Edwards	2023	16.84m (55' 3")
4. John Moffitt	2004	16.79m (55' 1")
5. LaVar Anderson	1999	16.78m (55' 0.75")
6. Sean Dixon-Bodie	2021	16.64m (54' 7.25")
7. Willie Bradley	2004	16.59m (54' 5.25")
8. Reggie Jones	1993	16.53m (54' 2.75")
9. Lotfi Khaïda	1992	16.49m (54' 1.25")
10. Marcus Thomas	2001	16.47m (54' 0.50")

Shot Put

1. John Meyer	2023	20.37m (66' 10")
2. Joe Maciejczyk	1981	20.12m (66' 0.25")
3. Simon Williams	1990	19.23m (63' 1.25")
4. Rolf Kahles	1997	19.18m (62' 11.25")
5. Gunnar Pfingsten	1998	19.16m (62' 10.50")
6. Scott Petersen	1994	18.90m (62' 0.25")
7. Frank Mazza	1989	18.74m (61' 5.75")
8. Christian Nehme	1999	18.72m (61' 5")
9. Ricky Jean-Francois	2006	18.32m (60' 1.25")
10. Alex Forst	1999	18.30m (60' 0.50")

Weight Throw

1. Walter Henning	2010	23.80m (78' 1")
2. Johnnie Jackson	2017	23.56m (77' 3.75")
3. Luke Witte	2024	22.30m (73' 2")
4. Jon Nerdal	2021	22.24m (72' 11.75")
5. Michael Lauro	2012	22.10m (72' 6.25")
6. Jake Norris	2019	21.92m (71' 11")
7. Dave Paddison	1994	21.32m (69' 11.50")
8. Rodney Brown	2015	21.11m (69' 3.25")
9. David Collins	2016	20.82m (68' 3.75")
10. Ross Roubion	2011	20.43m (67' 0.50")

Pentathlon

1. Sheldon Blockburger	1987	4,451
2. Bruce Reid	1989	4,399
3. Claston Bernard	2002	4,350
4. Bengt Jarlsjo	1989	4,085
5. Mikael Olander	1988	4,053
6. Enno Tjepkema	1988	3,925
7. Kanon Vanderhoff	1992	3,877

MEN'S ALL-TIME INDOOR PERFORMANCE LIST

Heptathlon

1. Darion Powell.....2006.....5,707
2. Edwin Billot2006..... 5,652
3. Gavin Fleming.....2005.....5,077
4. Alleyne Lett2005..... 5,072
5. Kwami Roberts2005..... 4,822

4x400-Meter Relay

1. Kelly Willie, Reggie Dardar, Melville Rogers, Xavier Carter
2006 3:04.01
2. Darrell Bush, Quincy Downing, Cyril Grayson, Vernon Norwood
2014 3:04.04
3. Cyril Grayson, LaMar Bruton, Michael Cherry, Fitzroy Dunkley
2016 3:04.28
4. Robert Parham, Lueroy Colquhoun, Pedro Tunon, Alleyne Francique
2001 3:04.44
5. Cyril Grayson, LaMar Bruton, Michael Cherry, Fitzroy Dunkley
2016 3:04.46
6. Darrell Bush, Quincy Downing, Cyril Grayson, Vernon Norwood
2014 3:04.54aa
7. Darrell Bush, Quincy Downing, Cyril Grayson, Vernon Norwood
2014 3:04.60
8. Tyler Terry, Dylan Peebles, Correion Mosby, Jaron Flournoy
2019 3:04.69
9. Lueroy Colquhoun, Pete Coley, Robert Parham, Alleyne Francique
2002 3:04.75
10. Pete Coley, Marlon Greensword, Bennie Brazell, Kelly Willie
2003 3:04.79

Oversized Track:

1. Robert Parham, Pete Coley, Bennie Brazell, Kelly Willie
2004..... 3:03.97
2. Bernard Whyte, Andre Brown, David Herbert, Bernard Williams
1985 3:04.14
3. Darrell Bush, Quincy Downing, Cyril Grayson, Vernon Norwood
2015 3:04.28
4. Robert Parham, Lueroy Colquhoun, Pedro Tunon, Alleyne Francique
2001..... 3:06.73
5. Bennie Brazell, Pete Coley, Siraj Williams, Kelly Willie
2004..... 3:06.79

Distance Medley Relay (1200, 400, 800, 1600)

1. Alex Selles, Ashton Hicks, Parker McBride, Davis Bove
2023..... 9:22.83
2. Blair Henderson, Jaron Flournoy, Jack Wilkes, Dajour Braxton
2017..... 9:31.66
3. Elkana Kosgei, Armanti Hayes, Jamaal James, John Kosgei
2008 9:35.31
4. Blair Henderson, Cyril Grayson, Jack Wilkes, Dajour Braxton
2016 9:35.90
5. Blair Henderson, Marcus Tiner, Jack Wilkes, Dajour Braxton
2017..... 9:36.22
6. Michael Hendry, Austin Benton, Isa Phillips, Patrick Gavin
2006 9:41.04
7. Jack Wilkes, Matthew Rhorer, Blair Henderson, Dajour Braxton
2016 9:42.56
8. Eric Coston, Charles Lewis, Adam Wise, Davis Bove
2021..... 9:43.14
9. **Davis Bove, Aaron Smith, Dyllon Nimmers, Eric Coston
20229:45.39**
10. Tre Hendry, Kurt Dietrich, James Hook, Passmore Furusa
1995 9:45.64

c = converted from equivalent distance

y = time achieved at yard equivalent

@ = adjusted for altitude

2024 WOMEN'S INDOOR PERFORMANCE LIST

Top Individual Marks

60 Meters

7.03	Brianna Lyston.....NCAA Championships (3/7)
7.31@	Alia Armstrong.....New Mexico Classic (2/3)
7.31	Thelma Davies.....SEC Indoor Championships (2/23)
7.36	Aniyah Bigam.....Tyson Invitational (2/9)
7.55	Jordyn Grady.....LSU Purple Tiger (1/12)
7.56	Morgan Smalls.....Tyson Invitational (2/9)
7.58	Kennedi Sanders.....LSU Purple Tiger (1/12)
7.77	Tima Godbless.....LSU Purple Tiger (1/12)

200 Meters

22.96	Thelma Davies.....SEC Indoor Championships (2/23)
23.23@	Brianna Lyston.....New Mexico Classic (2/3)
23.42@	Leah Phillips.....New Mexico Classic (2/3)
23.49@	Aniyah Bigam.....New Mexico Classic (2/3)
23.58@	Ella Onojuvwevwo.....New Mexico Classic (2/3)
23.85@	Tima Godbless.....New Mexico Classic (2/3)
23.86@	Garriel White.....New Mexico Classic (2/3)
24.06@	Shani'a Bellamy.....New Mexico Classic (2/3)
24.11	Kennedi Sanders.....Tyson Invitational (2/9)
24.80	Jordyn Grady.....Razorback Invitational (1/26)
24.90@	Sydney Clemens.....New Mexico Classic (2/3)

400 Meters

52.47	Ella Onojuvwevwo.....SEC Indoor Championships (2/23)
52.60	Garriel White.....SEC Indoor Championships (2/23)
53.89	Shani'a Bellamy.....Razorback Invitational (1/26)
55.13	Jordyn Grady.....Razorback Invitational (1/26)
57.09@	Kennedi Sanders.....New Mexico Classic (2/3)

600 Yards

1:16.76	Michaela Rose.....Corky Classic (1/20)
1:19.13	Garriel White.....Corky Classic (1/20)
1:22.81	Shani'a Bellamy.....Corky Classic (1/20)

800 Meters

1:59.49	Michaela Rose.....Valentine Invitational (2/9)
2:06.12	Montana Monk.....Razorback Invitational (1/26)
2:11.78	Katie Johnson.....Valentine Invitational (2/9)

1500 Meters

4:15.91	Lorena Rangel-Batres.....Valentine Invitational (2/9)
4:24.80	Callie Hardy.....Valentine Invitational (2/9)

Mile Run

4:36.79	Lorena Rangel-Batres.....Valentine Invitational (2/9)
4:38.64	Michaela Rose.....Razorback Invitational (1/26)
4:41.86	Callie Hardy.....SEC Indoor Championships (2/23)
4:50.56	Montana Monk.....Valentine Invitational (2/9)
4:55.39#	Ella Chesnut.....LSU Purple Tiger (1/12)
5:05.33#	Sophie Martin.....LSU Purple Tiger (1/12)
5:07.36#	Svenya Stoyanoff.....LSU Twilight (2/16)
5:09.61#	Carly Nicholson.....LSU Twilight (2/16)
5:10.15	Adele Broussard.....Razorback Invitational (1/26)
5:10.80#	Hailey Day.....LSU Purple Tiger (1/12)
5:15.68#	Katie Johnson.....LSU Purple Tiger (1/12)
5:17.46#	Gwyneth Hughes.....LSU Purple Tiger (1/12)
5:24.66#	Annie Fink.....LSU Purple Tiger (1/12)

3000 Meters

9:23.97	Ella Chesnut.....Razorback Invitational (1/26)
9:49.39	Sophie Martin.....SEC Indoor Championships (2/23)
9:51.51	Callie Hardy.....Razorback Invitational (1/26)
9:57.95	Gwyneth Hughes.....SEC Indoor Championships (2/23)
10:25.71#	Adele Broussard.....LSU Twilight (2/16)
10:55.54#	Annie Fink.....LSU Twilight (2/16)

5000 Meters

16:08.34	Ella Chesnut.....Valentine Invitational (2/9)
17:01.53	Gwyneth Hughes.....Valentine Invitational (2/9)
17:10.51	Sophie Martin.....Valentine Invitational (2/9)

60-Meter Hurdles

7.92@	Alia Armstrong.....Corky Classic (1/20)
8.01@	Leah Phillips.....New Mexico Classic (2/3)
8.21	Sydney Clemens.....LSU Twilight (2/16)
8.78	Jordyn Grady.....LSU Twilight (2/16)

4x400-Meter Relay

3:30.07	Onojuvwevwo, Rose, Bellamy, White...SEC Indoor Championships (2/23)
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Distance Medley Relay

10:55.27	Hardy, White, Rose, Rangel-Batres...Alex Wilson Invite (2/17)
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High Jump

1.82m (5' 11.5")	Morgan Smalls.....Razorback Invitational (1/26)
1.64m (5' 4.5")	Emma Engelhardt.....LSU Twilight (2/16)

Pole Vault

3.81m (12' 6")	Emery Prentice.....LSU Purple Tiger (1/12)
3.66m (12' 0")	Johanna Duplantis.....LSU Twilight (2/16)
3.51m (11' 6.25")	Aly Jo Warren.....LSU Twilight (2/16)

Long Jump

6.40m (21' 0")	Morgan Smalls.....Tyson Invitational (2/9)
5.89m (19' 4")	Taylor Fingers.....SEC Indoor Championships (2/23)
5.20m (17' 0.75")	Praise Djoma.....Razorback Invitational (1/26)
4.86m (15' 11.5")	Kaiya Key.....LSU Purple Tiger (1/12)

Triple Jump

13.07m (42' 10.75")	Taylor Fingers.....SEC Indoor Championships (2/23)
12.37m (40' 7")	Praise Djoma.....SEC Indoor Championships (2/23)

Shot Put

13.63m (44' 8.75")	Leah Acosta.....LSU Twilight (2/16)
13.43m (44' 0.75")	Ambria Langley.....Razorback Invitational (1/26)

Weight Throw

14.45m (47' 5")	Leah Acosta.....Razorback Invitational (1/26)
14.14m (46' 4.75")	Ambria Langley.....LSU Twilight (2/16)

@ - Ran at altitude, converted.

- Ran on flat track, not converted.

2024 WOMEN'S INDOOR PERFORMANCE LIST

All Results

A detailed performance list for each athlete can be viewed by clicking on their name. It will direct you to tfrs.org, which has all of their performances listed.

[Leah Acosta](#)

[Alia Armstrong](#)

[Shani'a Bellamy](#)

[Aniyah Bigam](#)

[Adele Broussard](#)

[Ella Chesnut](#)

[Sydney Clemens](#)

[Thelma Davies](#)

[Hailey Day](#)

[Praise Djoma](#)

[Johanna Duplantis](#)

[Emma Engelhardt](#)

[Taylor Fingers](#)

[Annie Fink](#)

[Maddie Kate Gardiner](#)

[Tima Godbless](#)

[Jordyn Grady](#)

[Callie Hardy](#)

[Gwyneth Hughes](#)

[Katie Johnson](#)

[Kaiya Key](#)

[Ambria Langley](#)

[Brianna Lyston](#)

[Sophie Martin](#)

[Tana Monk](#)

[Carly Nicholson](#)

[Ella Onojuvwevwo](#)

[Leah Phillips](#)

[Emery Prentice](#)

[Lorena Rangel-Batres](#)

[Michaela Rose](#)

[Kennedi Sanders](#)

[Morgan Smalls](#)

[Shelby Spoor](#)

[Addison Stevenson](#)

[Svenya Stoyanoff](#)

[Estel Valeanu](#)

[Aly Jo Warren](#)

[Garriel White](#)

WOMEN'S INDOOR COLLEGIATE PERSONAL BESTS

LEAH ACOSTA

Shot Put 44' 8.75" (13.63m)
Weight Throw 47' 5" (14.45m)

ALIA ARMSTRONG

60m..... 7.11
200m..... 23.76
60mh..... 7.81

SHANI'A BELLAMY

60m..... 7.49
200m..... 24.06
300m..... 39.50
400m..... 53.89
600y..... 1:22.81
60mh..... 8.21
Long Jump..... 17' 6.25" (5.34m)

ANIYAH BIGAM

60m..... 7.36
200m..... 23.49

ADELE BROUSSARD

Mile..... 4:57.28
3000m..... 10:15.78

ELLA CHESNUT

Mile..... 4:55.39
3000m..... 9:23.97
5000m..... 16:08.34

SYDNEY CLEMENS

60m..... 7.61
200m..... 24.98
60mh..... 8.2
Long Jump..... 17' 2.75" (5.25m)

THELMA DAVIES

60m..... 7.23
200m..... 22.80

HAILEY DAY

Mile..... 5:08.83

PRAISE DJOMA

Long Jump..... 17' 0.75" (5.20m)
Triple Jump..... 40' 7" (12.37m)

JOHANNA DUPLANTIS

Pole Vault..... 13' 1.5" (4.00m)

EMMA ENGLEHARDT

High Jump..... 5' 7" (1.70m)

TAYLOR FINGERS

Long Jump..... 19' 4" (5.89m)
Triple Jump..... 42' 10.75" (13.07m)

ANNIE FINK

Mile..... 5:24.66

MADDIE KATE GARDINER

TIMA GODBLESS

60m..... 7.77
200m..... 23.85

JORDYN GRADY

60m..... 7.55
200m..... 24.80
400m..... 55.13
60mh..... 8.61

CALLIE HARDY

800m..... 2:19.47
Mile..... 4:41.86
3000m..... 9:41.85

GWYNETH HUGHES

Mile..... 5:05.62
3000m..... 9:52.38
5000m..... 17:01.53

KATIE JOHNSON

800m..... 2:11.78
Mile..... 5:15.68

KAIYA KEY

Long Jump..... 15' 11.5" (4.86m)

AMBRIA LANGLEY

Shot Put..... 44' 0.75" (13.43m)
Weight Throw 46' 4.75" (14.14m)

BRIANNA LYSTON

60m..... 7.03
200m..... 23.23

SOPHIE MARTIN

800m..... 2:25.04
Mile..... 5:05.33#
3000m..... 9:49.39
5000m..... 17:10.51

TANA MONK

800m..... 2:06.12
Mile..... 4:50.56

CARLY NICHOLSON

Mile..... 5:09.61

ELLA ONOJUWWEVWO

200m..... 23.58
400m..... 52.47

LEAH PHILLIPS

200m..... 23.14
60mh..... 7.97

EMERY PRENTICE

Pole Vault..... 12' 11.5" (3.95m)

WOMEN'S INDOOR COLLEGIATE PERSONAL BESTS

LORENA RANGEL-BATRES

600m..... 1:35.31
800m..... 2:08.40
Mile..... 4:36.79

MICHAELA ROSE

600y..... 1:16.76
800m..... 1:59.25
Mile..... 4:38.64

KENNEDI SANDERS

60m..... 7.46
200m..... 23.72
400m..... 53.73

MORGAN SMALLS

60m..... 7.49
200m..... 24.26
High Jump..... 6' 0.5" (1.84m)
Long Jump..... 21' (6.40m)
Triple Jump..... 41' 9.25" (12.73m)

SHELBY SPOOR

3000m..... 10:49.82

ADDISON STEVENSON

Mile..... 4:50.36
3000m..... 9:30.93
5000m..... 16:47.23

SVENYA STOYANOFF

Mile..... 5:07.36

ESTEL VALEANU

Shot Put..... 49' 4.25" (15.04m)
Weight Throw..... 65' 6.25" (19.97m)

ALY JO WARREN

Pole Vault..... 12' 1.5" (3.70m)

GARRIEL WHITE

200m..... 23.86
400m..... 52.60
600y..... 1:19.13

WOMEN'S ALL-TIME INDOOR PERFORMANCE LIST

55 Meters

1. Dawn Sowell.....	1989	6.58
2. D'Andre Hill.....	1996	6.65
3. Peta-Gaye Dowdie.....	1998	6.68@
4. Esther Jones.....	1989	6.69
5. Sheila Echols.....	1987	6.70
6. Cheryl Taplin.....	1994	6.72
7. Kelly Baptiste.....	2006	6.73
Muna Lee.....	2003	6.73
9. Dahlia Duhaney.....	1993	6.76
10. Kwajalein Butler.....	1996	6.77

60 Meters

1. Brianna Lyston	2024.....	7.03
2. Aleia Hobbs.....	2018	7.07
3. Mikiah Brisco.....	2018	7.10aa
4. Alia Armstrong	2022.....	7.11
5. Kelly Baptiste.....	2008.....	7.13
6. Kortnei Johnson	2019	7.14
7. Favour Ofili.....	2023.....	7.15
Muna Lee.....	2003.....	7.15
9. Kimberlyn Duncan.....	2013	7.16
10. Kenyanna Wilson.....	2008.....	7.18
Samantha Henry.....	2008.....	7.18

200 Meters

1. Favour Ofili	2023.....	22.36
2. Muna Lee	2003.....	22.49
3. Kimberlyn Duncan	2013.....	22.54
4. Symone Mason	2020.....	22.76
5. Thelma Davies	2020.....	22.80
6. Mikiah Brisco	2018.....	22.81
7. Peta-Gaye Dowdie.....	1999.....	22.83
8. Semoy Hackett.....	2011.....	22.84
Brooklynn Morris.....	2006.....	22.84
10. Jada Martin.....	2017.....	22.85

400 Meters

1. Hazelann Regis.....	2005.....	50.92
2. Amber Anning.....	2021.....	51.83
3. Nadia Davy.....	2004.....	52.00
4. Youlanda Warren.....	1995.....	52.39
5. LaTarsha Stroman.....	1997.....	52.45
6. Ella Onojuvwevwo.....	2024.....	52.47
7. Deonna Lawrence.....	2005.....	52.48
8. Ronetta Smith.....	2002.....	52.59
9. Garriel White.....	2024.....	52.60
10. Rebecca Alexander.....	2012.....	52.66

800 Meters

1. Michaela Rose	2024.....	1:59.25
2. Natoya Goule.....	2013	2:02.00
3. Charlene Lipsey.....	2013	2:02.47
4. Katy-Ann McDonald	2022	2:02.85
5. Morgan Schuetz	2017	2:03.01
Ruby Stauber	2017	2:03.01
7. Claudine Williams.....	1999	2:03.38
8. LaTavia Thomas	2010	2:03.77
9. Neisha Bernard-Thomas	2005.....	2:03.93
10. Cindy Bourdier.....	2023	2:04.38

Mile

1. Lorena Rangel-Batres.....	2024.....	4:36.79
2. Morgan Schuetz.....	2017	4:38.45
3. Michaela Rose.....	2024.....	4:38.64
4. Christine Slythe.....	1985	4:38.67
5. Muffy McLeod.....	1985	4:41.54c
6. Callie Hardy.....	2024.....	4:41.86

7. Charlotte Mayock.....	1997	4:41.98
8. Silje Rasmussen.....	1997	4:42.91
9. Laura Carleton.....	2012	4:43.12
10. Ruby Stauber.....	2017	4:43.17

3,000 Meters

1. Lisa Reed	1987	9:19.11
2. Laura Carleton	2013	9:21.92
3. Ella Chesnut	2024	9:23.97
4. Addison Stevenson	2022	9:30.93
5. Alicia Stamey	2022	9:32.69
6. Morgan Schuetz	2016	9:36.91
7. Muffy McLeod	1985	9:40.44c
8. Callie Hardy	2023	9:41.85
9. Julia Palin	2019	9:46.99
10. Sophie Martin	2023	9:49.39

5,000 Meters

1. Ella Chesnut	2024	16:08.34
2. Laura Carleton	2013	16:11.58
3. Julia Palin	2019	16:38.80
4. Addison Stevenson	2022	16:47.23
5. Gwyneth Hughes	2024	17:01.53
6. Sophie Martin	2024	17:10.51
7. Bridgette Cusack.....	2000	17:16.95c
8. Katie Denton	2005.....	17:26.60
9. Elaine Gomez.....	1984	17:30.21c
10. Brea Goodman.....	2011.....	17:33.34

55 Hurdles

1. Kim Carson.....	1996	7.40
2. Astia Walker.....	1998	7.46a
3. Tananjalyne Stanley.....	1989	7.47
4. Dawn Bowles.....	1992	7.51
5. Lolo Jones.....	2003	7.57
6. Joyce Bates.....	1999	7.58
7. Cinnamon Sheffield.....	1992	7.59
8. Mary Cobb.....	1991	7.61
9. Jessica Ohanaja.....	2006	7.62
10. Alicia Bass.....	1986	7.63

60 Hurdles

1. Alia Armstrong.....	2022.....	7.81
Tonea Marshall.....	2020.....	7.86a
3. Jasmin Stowers.....	2014.....	7.94a
4. Leah Phillips.....	2022.....	7.97
5. Mikiah Brisco.....	2017.....	7.98
6. Joyce Bates.....	2000.....	7.99
7. Jessica Ohanaja.....	2007.....	8.00
Lolo Jones.....	2004.....	8.00
9. Nickiesha Wilson.....	2007.....	8.01
10. Milan Young.....	2021.....	8.03

High Jump

1. Abigail O'Donoghue.....	2020	1.89m (6' 2.25")
2. Gai Kapernick	1993	1.87m (6' 1.50")
3. Nyagosa Bayak.....	2022	1.86m (6' 1.25")
Brittani Carter	2011	1.86m (6' 1.25")
Gretchen Francois	1998	1.86m (6' 1.25")
6. Kym Carter.....	1987	1.85m (6' 0.75")
7. Morgan Smalls.....	2022	1.84m (6' 0.50")
8. Kelli Flynn.....	1991	1.82m (5' 11.50")
9. Keisha Spencer	1999	1.81m (5' 11.25")
10. Hareldau Arayle	1996	1.80m (5' 10.75")

Pole Vault

1. Lisa Gunnarsson	2021.....	4.56m (14' 11.5")
2. Rachel Laurent	2010.....	4.36m (14' 3.5")
3. Katelyn Rodriguez ...	2008	4.13m (13' 6.5")
4. Johanna Duplantis ...	2023... 4.00m (13' 1.5")	
5. Emery Prentice	2023... 3.95m (12' 11.5")	
6. Lacey Sanchez	2012.....	3.90m (12' 9.5")
7. Amy Stelly	2019.....	3.81m (12' 6")
8. Mallory Thompson...	2008	3.66m (12' 0")
9. Randi Opperman.....	2002	3.60m (11' 9.75")
10. Lauren Saucier	2008	3.58m (11' 9")

Long Jump

1. Daphne Saunders.....	1994	6.82m (22' 4.5")
2. Sheila Echols.....	1987	6.70m (21' 11.75")
3. Aliyah Whisby.....	2021	6.66m (21' 10.25")
4. Monique Freeman.....	2000	6.52m (21' 4.5")
5. Mercy Abire.....	2020	6.44m (21' 1.5")
Tina Harris.....	2005	6.44m (21' 1.5")
Dahlia Duhaney.....	1991	6.44m (21' 1.5")
8. Suzette Lee.....	1997	6.43m (21' 1.25")
9. Morgan Smalls.....	2024...	6.40m (21' 0")
Nataliyah Friar.....	2015	6.40m (21' 0")

Triple Jump

1. Suzette Lee.....	1997	14.25m (46' 9")
2. Keisha Spencer.....	2000	14.06m (46' 1.5")
3. Nicole Toney.....	2003	13.77m (45' 2.25")
4. Andrea Linton.....	2008	13.57m (44' 6.25")
5. Daphnie Saunders.....	1994	13.54m (44' 5.25")
6. Keri Emanuel.....	2013	13.46m (44' 2")
7. Lynnika Pitts.....	2014	13.43m (44' 0.75")
8. Bianca Rockett.....	2002	13.41m (44' 0")
9. Melissa Ogbourne.....	2010	13.23m (43' 5")
10. Kyndal McKnight.....	2022	13.08m (42' 11")

Shot Put

1. Tori Bliss.....	2015	18.47m (60' 7.25")
2. Danyel Mitchell.....	1994	17.03m (55' 10.50")
3. Teresa Williford.....	1986	17.00m (55' 9.25")
4. Nickolette Dunbar.....	2017	16.50m (54' 1.75")
5. Katie McKeever.....	2003	15.87m (52' 1")
6. Amber Hart.....	2022	15.77m (51' 9")
6. Laverne Eve.....	1987	15.74m (51' 7.75")
7. Laurie Trapp.....	1992	15.14m (49' 8.25")
8. Brianna Kennedy.....	2010	14.99m (49' 2.25")
10. Kym Carter.....	1987	14.63m (48' 0")

Weight Throw

1. Denise Hinton.....	2014	22.53m (73' 11")
2. Monique Hardy.....	2021	21.93m (71' 11.5")
3. Jordan McClendon.....	2017	21.11m (69' 3.25")
4. Emma Robbins.....	2021	20.65m (67' 9")
5. Mallory McDonald.....	2003	19.88m (65' 2.75")
6. Karen Henning.....	2013	18.86m (61' 10.5")
7. Brianna Kennedy.....	2012	18.83m (61' 9.5")
8. Gabby Figueroa.....	2015	18.62m (61' 1.25")
9. Marvalyn Vernon.....	2017	18.61m (61' 0.75")
10. Samia Stokes.....	2010	18.51m (60' 8.75")

Pentathlon

1. Sharon Jaklofsky.....	1992	4,212
2. Katarina Hallberg.....	1990	4,002
Cheryl Wilson.....	1989	4,002
4. Rhonda Phillips.....	1989	3,988
5. Megan Akre.....	2006	3,971
6. Shaunette Davidson.....	2007	3,896
7. Jovennie McDuffie.....	1992	3,890
8. Brittany Kelly.....	2017	3,881

WOMEN'S ALL-TIME INDOOR PERFORMANCE LIST

9. Therese Jernbeck..... 2013 3,864
10. Alex Gochenour 2012 3,855

4x400-Meter Relay

1. Brooklynn Morris, Neisha Bernard-Thomas, Deonna Lawrence, Hazelann Regis
2005 3:29.06
2. Brooklynn Morris, Juanita Broadus, Cynethia Rooks, Deonna Lawrence
2006 3:29.33
3. Symone Mason, Favour Ofili, Milan Young, Amber Anning ...
2021 3:29.69
4. Brooklynn Morris, Cynethia Rooks, LaTavia Thomas, Deonna Lawrence
2007 3:29.86
5. **Hannah Douglas, Favour Ofili, Michaela Rose, Kennedy Sanders
2023 3:29.94**
6. **Ella Onojuvwevwo, Michaela Rose, Shani'a Bellamy, Garriel White
2024 3:30.07**
7. Hazelann Regis, Neisha Bernard-Thomas, Monique Hall, Nadia Davy
2004 3:30.14
8. Brooklynn Morris, Nickiesha Wilson, Cynethia Rooks, Deonna Lawrence
2007 3:30.26
9. Rebecca Alexander, Cassandra Tate, Latoya McDermott, Jonique Day
2011 3:30.37
10. Brooklynn Morris, Kelly Baptiste, Juanita Broadus, Deonna Lawrence
2006 3:30.43

Oversized Track:

1. Hazelann Regis, Neisha Bernard-Thomas, Monique Hall, Nadia Davy
2004 3:29.42
2. Kymber Payne, Jada Martin, Rachel Misher, Travia Jones
2017 3:31.50
2. Michele Morris, Jackie Bobien, Rose Lofton, Wendy Truvillion
1985 3:34.41
3. Ronetta Smith, Stephanie Durst, Muna Lee, Myra Combs
2001 3:37.40
4. Indira Hamilton, Shannon Cox, Dahlia Duhaney, Youlanda Warren
1993 3:38.02

Distance Medley Relay (1200, 400, 800, 1600)

1. **Callie Hardy, Garriel White, Michaela Rose, Lorena Rangel-Batres
2024 10:55.27**
2. **Cindy Bourdier, Ella Onojuvwevwo, Michaela Rose, Lorena Rangel-Batres
2023 10:56.41**
3. Ruby Stauber, Travia Jones, Hollie Parker, Morgan Schuetz
2017 10:57.66
4. Hollie Parker, Travia Jones, Hannah Deworth, Morgan Schuetz
2016 11:05.34
5. Ruby Stauber, Travia Jones, Erika Lewis, Morgan Schuetz
2017 11:06.83
6. Ruby Stauber, Travia Jones, Hollie Parker, Morgan Schuetz
2017 11:08.44
7. Hollie Parker, Chanice Chase, Hannah Deworth, Morgan Schuetz
2016 11:15.43
8. Hollie Parker, Ketterra Harris, Hannah Deworth, Morgan Schuetz
2016 11:16.92
9. Hollie Parker, Oksana Lawrence, Erika Lewis, Morgan Schuetz
2017 11:17.28
10. Charlene Lipsey, Jonique Day, Samantha Levin, Laura Carleton
2012 11:18.75

c = converted from equivalent distance
y = time achieved at yard equivalent
@ = time achieved at altitude
aa = altitude adjusted