

2023 CROSS COUNTRY PERFORMANCE LIST

2023 LSU CROSS COUNTRY SCHEDULE

Friday, September 1st	UNO Opener (UNO)	New Orleans, LA
Friday, September 15th	LSU Invitational (LSU)	Baton Rouge, LA
Friday, September 29th	Florida State Invitational (FSU)	Tallahassee, FL
Friday, October 13th	Arturo Barrios Invitational (TAMU)	College Station, TX
Friday, October 27th	SEC Championships	Columbia, S.C.
Friday, November 10th	NCAA South Central Regional	Fayetteville, Ark.
Saturday, November 18th	NCAA Championships	Charlottesville, Va.

UNO OPENER SEPTEMBER 1, 2023 NEW ORLEANS, LOUISIANA WOMEN'S 4K & MEN'S 5K

Women's Team Results

	Points
1)..... Tulane.....	31
2)..... <i>LSU</i>.....	35
3)..... New Orleans.....	56
4)..... Nicholls State	118
5)..... SE Louisiana	144
6)..... Dillard	194
7)..... Xavier-Louisiana	199

Men's Team Results

	Points
1)..... Tulane.....	20
2)..... New Orleans.....	47
3)..... <i>LSU</i>.....	67
4)..... Nicholls State	136
5)..... Loyola-New Orleans.....	156
6)..... Xavier-Louisiana	175
7)..... SE Louisiana	179
8)..... Southern	191

Women's Individual Results

	Time
2)..... Ella Chesnut.....	13:44.66
5)..... Montana Monk.....	13:58.81
6)..... Callie Hardy	14:08.15
11)..... Carly Nicholson.....	14:23.47
13)..... Katie Johnson	14:31.48
15)..... Gwyneth Hughes	14:34.77
26)..... Hailey Day.....	15:02.62
33)..... Svenya Stoyanoff	15:32.07
34)..... Annie Fink.....	15:37.28
37)..... Adele Broussard.....	15:46.08

Men's Individual Results

	Time
11)..... Hugh Carlson	15:24.13
12)..... Rob Buisson.....	15:25.23
13)..... Jack Wallace.....	15:33.21
16)..... Tyler Stevens.....	15:40.87
20)..... Alex Holbrook	15:54.27
24)..... Casey Goetschel	16:08.15

**LSU INVITATIONAL
SEPTEMBER 15, 2023
BATON ROUGE, LOUISIANA
WOMEN'S 5K & MEN'S 6K**

Women's Team Results	Points
1)..... <i>LSU</i>	<i>15</i>
2)..... Nicholls State	63
3)..... Alcorn State	85
4)..... SE Louisiana	112
5)..... Northwestern St.....	128
6)..... Southern.....	153
7)..... Dillard	168

Men's Team Results	Points
1)..... <i>LSU</i>	<i>21</i>
2)..... Nicholls State	75
3)..... SE Louisiana	94
4)..... Southern.....	101
5..... Xavier-Louisiana	113
6..... Alcorn State	129

Women's Individual Results	Time
1)..... Montana Monk.....	17:21.70
2)..... Callie Hardy	17:54.40
3)..... Gwyneth Hughes	18:06.10
4)..... Carly Nicholson.....	18:11.10
5)..... Adele Broussard.....	18:24.50
6)..... Katie Johnson	18:26.40
9)..... Hailey Day.....	19:03.60
11)..... Addison Stevenson	19:13.90
13)..... Annie Fink	19:29.90
14)..... Sophie Martin.....	19:48.60
16)..... Svenya Stoyanoff	20:02.40
17)..... Shelby Spoor.....	20:19.40

Men's Individual Results	Time
1)..... Jack Wallace.....	18:18.20
2)..... Tyler Stevens.....	18:18.30
5)..... Rob Buisson.....	19:01.10
6)..... Will Dart	19:02.60
7)..... Casey Goestchel	19:03.20
8)..... Dyllon Nimmers	19:05.30
10)..... Hugh Carlson	19:07.20
12)..... Alex Holbrook	19:15.30
14)..... Rhen Langley.....	19:30.80

**FLORIDA STATE INVITATIONAL
SEPTEMBER 29, 2023
TALLAHASSEE, FLORIDA
WOMEN'S 5K & MEN'S 8K**

Women's Team Results	Points
1)..... <i>LSU</i>	27
2)..... #8 Florida	42
3)..... FIU	106
4)..... Tampa.....	110
5)..... Miami (Fla.)	170
6)..... Palm Beach Atlantic.....	222
7)..... #28 Florida State.....	241
8)..... Florida Southern.....	259
9)..... South Florida	260
10)..... Nova Southeastern.....	294

Men's Team Results	Points
1)..... Florida	39
2)..... Embry-Riddle.....	75
3)..... Florida Southern.....	82
4)..... Tampa.....	114
5)..... South Florida	178
6)..... Miami (Fla.)	213
7)..... <i>LSU</i>.....	215
8)..... Florida Gulf Coast	268
9)..... Auburn Montgomery	278
10)..... Huntington	278

Women's Individual Results	Time
1)..... Lorena Rangel-Batres.....	17:13.0
2)..... Michaela Rose.....	17:20.5
3)..... Ella Chesnut.....	17:21.5
6)..... Tana Monk.....	17:40.5
15)..... Callie Hardy	18:06.2
19)..... Adele Broussard.....	18:14.7
34)..... Sophie Martin.....	18:33.4
39)..... Gwyneth Hughes	18:36.9
45)..... Katie Johnson	18:44.1
76)..... Hailey Day.....	19:12.7
84)..... Maddie-Kate Gardiner.....	19:19.5
85)..... Annie Fink	19:19.6
109)..... Svenya Stoyanoff	19:43.3
131)..... Shelby Spoor.....	19:59.8

Men's Individual Results	Time
34)..... Will Dart	25:37.5
49)..... Tyler Stevens.....	25:27.6
54)..... Dyllon Nimmers	25:54.0
60)..... Jack Wallace.....	25:59.2
63)..... Casey Goetschel	26:00.1
67)..... Hugh Carlson	26:02.9
80)..... Rob Buisson.....	26:11.3
86)..... Alex Holbrook	26:16.0
129)..... Rhen Langley.....	26:48.7

**ARTURO BARRIOS INVITATIONAL
OCTOBER 13, 2023
COLLEGE STATION, TEXAS
WOMEN'S 6K & MEN'S 8K**

Women's Team Results	Points	Men's Team Results	Points
1).....Utah Valley.....	97	1).....Tulane.....	103
2).....UCLA.....	188	2).....Indiana.....	113
3).....Boston College.....	206	3).....Incarnate Word.....	188
4).....Ohio State.....	214	4).....Texas A&M.....	192
5).....Connecticut.....	215	5).....South Dakota State.....	209
6).....SMU.....	225	6).....Youngstown State.....	244
7).....Texas A&M.....	231	7).....Georgia Tech.....	248
8).....Toledo.....	233	8).....Ohio State.....	256
9).....Eastern Michigan.....	255	9).....Arkansas State.....	289
10).....LSU.....	275	10).....Texas Tech.....	294

Women's Individual Results	Time	Men's Individual Results	Time
15).....Lorena Rangel-Batres.....	20:07.8	105)....Jack Wallace.....	24:42.4
46).....Ella Chesnut.....	20:34.6	183)....Dyllon Nimmers.....	25:16.6
48).....Michaela Rose.....	20:39.2	198)....Casey Goetschel.....	25:23.6
65).....Callie Hardy.....	20:51.9	214)....Will Dart.....	25:31.8
106)....Montana Monk.....	21:14.7	222)....Hugh Carlson.....	25:37.7
138)....Sophie Martin.....	21:30.0	277) ...Alex Holbrook.....	26:12.0
145)....Gwyneth Hughes.....	21:33.0	310)....Rhen Langley.....	26:35.6
216)....Adele Broussard.....	22:18.2		
257) ...Hailey Day.....	22:42.5		
268) ...Katie Johnson.....	22:48.5		
273) ...Svenya Stoyanoff.....	22:51.7		
278) ...Annie Fink.....	22:52.4		
285) ...Shelby Spoor.....	22:59.9		

**SEC XC CHAMPIONSHIPS
OCTOBER 27, 2023
COLUMBIA, SOUTH CAROLINA
WOMEN'S 6K & MEN'S 8K**

Women's Team Results	Points
1).....Florida	49
2).....Arkansas.....	59
3).....Tennessee.....	80
4).....Alabama.....	84
5).....Ole Miss.....	107
6).....Texas A&M.....	181
7).....Vanderbilt.....	258
8).....South Carolina.....	262
9).....Missouri.....	265
10).....LSU.....	278
11).....Auburn.....	283
12).....Kentucky.....	292
13).....Mississippi State.....	329
14).....Georgia.....	371

Men's Team Results	Points
1).....Arkansas.....	38
2).....Alabama.....	57
3).....Tennessee.....	59
4).....Texas A&M.....	140
5).....Auburn.....	148
6).....Ole Miss.....	169
7).....Florida.....	194
8).....Kentucky.....	197
9).....Missouri.....	232
10).....Georgia.....	250
11).....LSU.....	370
12).....Vanderbilt.....	375

Women's Individual Results	Time
35).....Ella Chesnut.....	21:03.3
42).....Michaela Rose.....	21:16.2
50).....Montana Monk.....	21:28.3
76).....Callie Hardy.....	21:53.2
100)....Sophie Martin.....	22:20.8
102)....Gwyneth Hughes.....	22:21.5
118)....Adele Broussard.....	22:54.5
135)....Hailey Day.....	24:10.3

Men's Individual Results	Time
75).....Hugh Carlson.....	25:22.0
80).....Tyler Stevens.....	25:29.7
87).....Dyllon Nimmers.....	25:40.3
94).....Will Dart.....	25:58.8
95).....Casey Goetschel.....	26:07.0
100)....Jack Wallace.....	26:35.2
103)....Alex Holbrook.....	26:52.8

**NCAA SOUTH CENTRAL REGIONAL
NOVEMBER 10, 2023
FAYETTEVILLE, ARKANSAS
WOMEN'S 6K**

Women's Team Results	Points
1).....Arkansas.....	36
2).....Texas A&M.....	90
3).....LSU.....	129
4).....Tulane.....	139
5).....Texas.....	143
6).....SMU.....	143
7).....Arkansas State.....	166
8).....UT-Arlington.....	215
9).....TCU.....	223
10).....Rice.....	259

Women's Individual Results	Time
4).....Ella Chesnut.....	20:18.4
18).....Michaela Rose.....	21:03.7
27).....Lorena Rangel-Batres.....	21:22.1
42).....Callie Hardy.....	21:50.0
47).....Sophie Martin.....	21:56.6
68).....Montana Monk.....	22:19.8
109).....Addison Stevenson.....	22:59.7

**NCAA CHAMPIONSHIPS
NOVEMBER 18, 2023
CHARLOTTESVILLE, VIRGINIA
WOMEN'S 6K**

Women's Team Results	Points
1)..... NC State	123
2)..... NAU	124
3)..... Oklahoma State	156
4)..... Notre Dame	237
5)..... Florida	268
6)..... Tennessee.....	294
7)..... Alabama.....	314
8)..... Washington	323
9)..... Arkansas.....	329
10) Oregon.....	335

Women's Individual Results	Time
196).... Ella Chesnut.....	21:28.7