

2025 MEN'S OUTDOOR PERFORMANCE LIST

100 Meters

#	Name	Meet (Date)	Time
1.	Jelani Watkins	NCAA East First Round (05/28)	10.01
2.	Jaiden Reid	NCAA Championships (06/11)	10.02
3.	Myles Thomas	Tom Jones Invitational (04/18)	10.13
4.	Jahiem Stern	Battle on the Bayou (03/28)	10.47
5.	Matthew Sophia	Lurline Hamilton Invitational (03/22)	10.60

200 Meters

#	Name	Meet (Date)	Time
1.	Jaiden Reid	NCAA East First Round (05/28)	19.97w
2.	Jelani Watkins	NCAA East First Round (05/28)	20.24
3.	Jayden Phillip	Lurline Hamilton Invitational (03/22)	20.82w
4.	Jeremiah Walker	SEC Championships (05/15)	20.97
	Myles Thomas	Tom Jones Invitational (04/18)	20.97
6.	Amal Glasgow	Lurline Hamilton Invitational (03/22)	21.06w
7.	Matthew Sophia	Battle at the Beach (04/04)	21.27w
8.	Gregory Prince	Battle at the Beach (04/04)	21.31w

400 Meters

#	Name	Meet (Date)	Time
1.	Amal Glasgow	SEC Championships (05/15)	45.85
2.	Jeremiah Walker	Tom Jones Invitational (04/18)	46.40
3.	Gregory Prince	SEC Championships (05/15)	46.65
4.	Jayden Phillip	LSU Invitational (05/03)	47.25
5.	Shakeem McKay	LSU Alumni Gold (04/26)	47.40

600 Meters

#	Name	Meet (Date)	Time
1.	Dyllon Nimmers	Lurline Hamilton Invitational (03/22)	1:18.83
2.	Michael Vocke	Lurline Hamilton Invitational (03/22)	1:20.44
3.	Jack Wallace	Lurline Hamilton Invitational (03/22)	1:20.84
4.	Trenton Sandler	Lurline Hamilton Invitational (03/22)	1:22.72

800 Meters

#	Name	Meet (Date)	Time
1.	Emedy Kiplimo	LSU Alumni Gold (04/26)	1:48.35
2.	Dyllon Nimmers	LSU Invitational (05/03)	1:49.35
3.	Jack Wallace	Battle at the Beach (04/04)	1:51.78
4.	Rhen Langley	Battle at the Beach (04/04)	1:51.86
5.	Michael Vocke	Battle at the Beach (04/04)	1:53.31
6.	Trenton Sandler	Battle at the Beach (04/04)	1:54.91

1500 Meters

#	Name	Meet (Date)	Time
1.	Emedy Kiplimo	LSU Invitational (05/03)	3:39.88
2.	Rhen Langley	LSU Invitational (05/03)	3:40.55
3.	Jack Wallace	LSU Invitational (05/03)	3:43.38
4.	Casey Goetschel	LSU Invitational (05/03)	3:45.41
5.	Trenton Sandler	LSU Invitational (05/03)	3:48.12
6.	Michael Vocke	LSU Alumni Gold (04/26)	3:49.68
7.	Hugh Carlson	Lurline Hamilton Invitational (03/22)	3:54.58
8.	Dyllon Nimmers	Bryan Clay Invitational (04/16)	3:56.49

3000 Meters

#	Name	Meet (Date)	Time
n/a			

5000 Meters

#	Name	Meet (Date)	Time
1.	Casey Goetschel	SEC Championships (05/15)	14:11.13
2.	Jack Wallace	SEC Championships (05/15)	14:51.60

10,000 Meters

#	Name	Meet (Date)	Time
n/a			

110-Meter Hurdles

#	Name	Meet (Date)	Time
1.	Jahiem Stern	NCAA Championships (06/11)	13.29
2.	Matthew Sophia	LSU Alumni Gold (04/26)	13.31w

400-Meter Hurdles

#	Name	Meet (Date)	Time
1.	Louis Rudge	LSU Invitational (05/03)	53.18
2.	Jayden Phillip	LSU Alumni Gold (04/26)	54.80

3000-Meter Steeplechase

#	Name	Meet (Date)	Time
n/a			

High Jump

#	Name	Meet (Date)	Measurement
1.	Kuda Chadenga	NCAA East First Round (05/28)	2.17m (7' 1.75")
2.	Kam Franklin	Battle on the Bayou (03/28)	2.17m (7' 1.5")
3.	Isaac Onuoha	Battle on the Bayou (03/28)	2.10m (6' 10.75")
4.	Justine Jimoh	Battle on the Bayou (03/28)	2.10m (6' 10.75")

Pole Vault

#	Name	Meet (Date)	Measurement
1.	Beau Domingue	SEC Championships (05/15)	5.30m (17' 4.5")
2.	Kameron Aime	Battle on the Bayou (03/28)	5.15m (16' 10.75")

Long Jump

#	Name	Meet (Date)	Measurement
1.	Jordan Turner	SEC Championships (05/15)	7.86m (25' 9.5")
2.	Josiah Gaynor	LSU Alumni Gold (04/26)	7.13m (23' 4.75")
3.	Ronnie Rounds	Battle on the Bayou (03/28)	6.77m (22' 2.5")w

Triple Jump

#	Name	Meet (Date)	Measurement
n/a			

Shot Put

#	Name	Meet (Date)	Measurement
n/a			

Discus Throw

#	Name	Meet (Date)	Measurement
1.	Chad Hendricks	Battle at the Beach (04/04)	58.65m (192' 5")
2.	Jaden James	LSU Invitational (05/03)	56.59m (179' 5")
3.	Jevan Parara	Battle on the Bayou (03/28)	56.13m (184' 2")

Hammer Throw

#	Name	Meet (Date)	Measurement
1.	Jevan Parara	LSU Alumni Gold (04/26)	58.37m (191' 6")

Javelin Throw

#	Name	Meet (Date)	Measurement
1.	Paul Catalanatto Jr	Battle on the Bayou (03/28)	67.29m (220' 9")

4x100-Meter Relay

#	Names	Meet (Date)	Time
1.	Jahiem Stern, Jelani Watkins, Myles Thomas, Jaiden Reid	NCAA Championships (06/11)	38.14

4x400-Meter Relay

#	Names	Meet (Date)	Time
1.	Jeremiah Walker, Shakeem McKay, Gregory Prince, Amal Glasgow	SEC Championships (05/15)	3:03.73

Distance Medley Relay (1200, 400, 800, 1600)

#	Names	Meet (Date)	Time
n/a			

a - adjusted for altitude

w - wind aided (+2.1-4.0 m/s)

MEN'S COLLEGIATE OUTDOOR PERSONAL BESTS

KAMERON AIME

Event	Meet (Date)	Time/Mark
Pole vault	Battle on the Bayou (03/28/25)	5.15m (16' 10.75")

ZAK BLANCHARD

Event	Meet (Date)	Time/Mark
n/a		

TREY BOUCHER

Event	Meet (Date)	Time/Mark
Pole vault	Maroon and White Invite (04/28/23)	4.96m (16' 3.25")

ROB BUISSON

Event	Meet (Date)	Time/Mark
1500 meters	Keyth Talley Invitational (03/23/24)	3:55.95
3000 meters.....	Hurricane Invitational (03/15/24)	8:47.04
5000 meters.....	Bryan Clay Invitational (04/11/24)	14:45.16
3000-meter steeplechase...	LSU Battle on the Bayou (03/29/24)	9:25.59

HUGH CARLSON

Event	Meet (Date)	Time/Mark
1500 meters	LSU Alumni Gold (04/20/24)	3:53.11
3000 meters.....	Hurricane Invitational (03/15/24)	8:36.28

PAUL CATALANATTO JR.

Event	Meet (Date)	Time/Mark
Javelin throw.....	Battle on the Bayou (03/28/25)	67.29m (220' 9")

KUDA CHADENGA

Event	Meet (Date)	Time/Mark
High jump	LSU Alumni Gold (04/20/24)	2.22m (7' 3.25")

BEAU DOMINGUE

Event	Meet (Date)	Time/Mark
Pole vault	SEC Championships (05/11/23)	5.30m (17' 4.5")

KAM FRANKLIN

Event	Meet (Date)	Time/Mark
High jump	Battle on the Bayou (03/28/25)	2.17m (7' 1.5")

JOSIAH GAYNOR

Event	Meet (Date)	Time/Mark
Long jump.....	LSU Alumni Gold (04/26/25)	713m (23' 4.75")

AMAL GLASGOW

Event	Meet (Date)	Time/Mark
400 meters	SEC Championships (05/15/25)	45.85

CASEY GOETSCHEL

Event	Meet (Date)	Time/Mark
1500 meters	LSU Invitational (05/03/25)	3:45.41
3000 meters.....	Hurricane Invitational (03/15/24)	8:29.75
5000 meters.....	SEC Championships (05/15/25)	14:11.13

CHAD HENDRICKS

Event	Meet (Date)	Time/Mark
Discus throw	Battle at the Beach (04/04/25)	58.65m (192' 5")

JADEN JAMES

Event	Meet (Date)	Time/Mark
Discus throw	LSU Invitational (05/03/25)	56.59m (185' 8")

JUSTINE JIMOH

Event	Meet (Date)	Time/Mark
High jump	Corky/Crofoot Shootout (04/26/24)	2.17m (7' 1.5")

EMEDY KIPLIMO

Event	Meet (Date)	Time/Mark
800 meters	LSU Alumni Gold (04/26/25)	1:48.35
1500 meters	LSU Invitational (05/03/25)	3:39.88

RHEN LANGLEY

Event	Meet (Date)	Time/Mark
600 meters	Keyth Talley Invitational (03/23/24)	1:21.02
800 meters	LSU Alumni Gold (04/20/24)	1:49.97
1500 meters	LSU Invitational (05/03/25)	3:40.55
3000 meters.....	Hurricane Invitational (03/15/24)	8:23.30

JACK LARRIVIERE

Event	Meet (Date)	Time/Mark
Javelin throw.....	LSU Alumni Gold (04/20/24)	71.61m (234' 11")

SHAKEEM McKAY

Event	Meet (Date)	Time/Mark
200 meters	SEC Championships (05/09/24)	20.97
400 meters	SEC Championships (05/09/24)	46.39

DYLLON NIMMERS

Event	Meet (Date)	Time/Mark
600 meters	Lurline Hamilton Invitational (03/22/25)	1:18.83
800 meters	LSU Invitational (05/03/25)	1:49.35
1500 meters	Bryan Clay Invitational (04/16/25)	3:56.49

GODSON OGHENEBRUME

Event	Meet (Date)	Time/Mark
100 meters.....	NCAA Championships (06/07/23)	9.90
200 meters	Hurricane Invitational (03/15/24)	20.63

ISAAC ONUOHA

Event	Meet (Date)	Time/Mark
High jump	LSU Battle on the Bayou (03/29/24)	2.10m (6' 10.75")

JEVAN PARARA

Event	Meet (Date)	Time/Mark
Discus throw	Battle on the Bayou (03/28/25)	56.13m (184' 2")
Hammer throw.....	LSU Alumni Gold (04/26/25)	58.37m (191' 6")

JAYDEN PHILLIP

Event	Meet (Date)	Time/Mark
100 meters.....	Wake Forest Invitational (04/21/23)	10.71
200 meters	Charlotte Invitational (04/26/24)	21.33
400 meters	Duke Invitational (04/11/24)	46.92
400-meter hurdles.....	LSU Alumni Gold (04/26/25)	54.80

GREGORY PRINCE

Event	Meet (Date)	Time/Mark
200 meters	Buffalo Invitational (04/21/24)	21.03
400 meters	NJCAA Championships (05/18/23)	45.85

JAIDEN REID

Event	Meet (Date)	Time/Mark
100 meters.....	NCAAChampionships (06/11/25)	10.02
200 meters	SEC Championships (05/15/25)	20.13

JACKSON RIMES

Event	Meet (Date)	Time/Mark
Javelin throw.....	Hurricane Invitational (03/15/24)	71.22m (233' 8")

THOMAS ROGERS

Event	Meet (Date)	Time/Mark
n/a		

RONNIE ROUNDS II

Event	Meet (Date)	Time/Mark
High jump	SEC Championships (05/13/21)	2.07m (6' 9.5")
Long jump.....	Battle on the Bayou (03/28/25)	6.77m (22' 2.5")
Triple jump.....	LSU Battle on the Bayou (04/03/21)	14.20m (46' 7.25")

LOUIS RUDGE

Event	Meet (Date)	Time/Mark
200 meters	Hurricane Invitational (03/15/24)	21.79
400-meter hurdles.....	LSU Invitational (04/27/24)	52.58

TRENTON SANDLER

Event	Meet (Date)	Time/Mark
600 meters	Lurline Hamilton Invitational (03/22/25)	1:22.72
800 meters	Battle at the Beach (04/04/25)	1:54.91
1500 meters	LSU Invitational (05/03/25)	3:48.12

MATTHEW SOPHIA

Event	Meet (Date)	Time/Mark
100 meters.....	LSU Battle on the Bayou (03/25/23)	10.49
110-meter hurdles	NCAA Championships (06/05/24)	13.37

JAHIEM STERN

Event	Meet (Date)	Time/Mark
100 meters.....	Battle on the Bayou (03/28/25)	10.47
110-meter hurdles	Jamaican National Championships (06/28/25)	13.27

TYLER STEVENS

Event	Meet (Date)	Time/Mark
1500 meters	LSU Invitational (04/27/24)	4:04.60
3000 meters.....	LSU Alumni Gold (04/20/24)	8:42.21

MEN'S COLLEGIATE OUTDOOR PERSONAL BESTS

MATS SWANSON

Event	Meet (Date)	Time/Mark
200 meters	LSU Alumni Gold (04/22/23)	21.69
300 meters	Hurricane Invitational (03/15/24)	33.60
400 meters	SEC Championships (05/11/23)	47.10
600 meters	Keyth Talley Invitational (03/23/24)	1:18.26
800 meters	LSU Alumni Gold (04/20/24)	1:48.78

MYLES THOMAS

Event	Meet (Date)	Time/Mark
100 meters	SEC Championships (05/09/24)	10.04
200 meters	Red Wolf Open (04/21/23)	20.96

JORDAN TURNER

Event	Meet (Date)	Time/Mark
Long jump	NCAA Championships (06/07/23)	8.13m (26' 8.25")

MICHAEL VOCKE

Event	Meet (Date)	Time/Mark
600 meters	Lurline Hamilton Invitational (03/22/25)	1:20.44
1500 meters	LSU Alumni Gold (04/26/25)	3:49.68

JEREMIAH WALKER

Event	Meet (Date)	Time/Mark
100 meters	West Coast Relays (03/30/23)	10.45
200 meters	MWC Championships (05/11/23)	20.61
400 meters	MWC Championships (05/11/23)	45.74

JACK WALLACE

Event	Meet (Date)	Time/Mark
600 meters	Lurline Hamilton Invitational (03/22/25)	1:20.84
1500 meters	LSU Invitational (05/03/25)	3:43.38

JELANI WATKINS

Event	Meet (Date)	Time/Mark
100 meters	NCAA East First Round (05/28/25)	10.01
200 meters	NCAA East First Round (05/28/25)	20.24

a - adjusted for altitude

MEN'S ALL-TIME OUTDOOR PERFORMANCE LIST

100 Meters

#	Name	Year	Meet	Time
1.	Richard Thompson	2008	XXIX Olympic Games	9.89
2.	Godson Oghenebrume	2023	NCAA Championships	9.90
3.	Da'Marcus Fleming	2023	NCAA Championships	9.97
4.	Nethaneel Mitchell-Blake	2017	SEC Championships	9.99
5.	Trindon Holliday	2009	NCAA Championships	10.00
6.	Jelani Watkins	2025	NCAA East First Round	10.01
7.	Jaiden Reid	2025	NCAA Championships	10.02
8.	Myles Thomas	2024	SEC Championships	10.04
	Terrance Laird	2021	NCAA Championships	10.05
10.	Xavier Carter	2006	NCAA Championships	10.09

200 Meters

#	Name	Year	Meet	Time
1.	Xavier Carter	2006	Lausanne Grand Prix	19.63
2.	Terrance Laird	2021	Texas Relays	19.81
3.	Nethaneel Mitchell-Blake	2016	SEC Championships	19.95
4.	Dorian Camel	2022	LSU Invitational	20.00
5.	Jaron Flournoy	2019	NCAA Regionals	20.09
6.	Jaiden Reid	2025	SEC Championships	20.13
7.	Aaron Ernest	2014	LSU Invitational	20.14
8.	Renard Howell	2016	SEC Chamionships	20.15
9.	Tremayne Acy	2015	NCAA Championships	20.17
10.	Richard Thompson	2008	NCAA Regionals	20.18

400 Meters

#	Name	Year	Meet	Time
1.	Derrick Brew	1999	SEC Championships	44.29
2.	Noah Williams	2021	LSU Alumni Gold	44.30
3.	Vernon Norwood	2015	LSU Alumni Gold	44.44
4.	Xavier Carter	2006	NCAA Championships	44.53
5.	Kelly Willie	2004	USA Championships	44.63
6.	Michael Cherry	2017	USA Championships	44.67
7.	Alleyne Francique	2002	LSU Invitational	44.87
8.	Pete Coley	2002	SEC Championships	44.89
9.	Fitzroy Dunkley	2016	NCAA Championships	45.06
10.	Tyler Terry	2021	LSU Invitational	45.18

800 Meters

#	Name	Year	Meet	Time
1.	Robin van Helden	1987	Adriaan Paulen Memorial	1:45.53
2.	David Singoei	1993	Kristiinankaupunki	1:45.64
3.	Julian Parker	2015	SEC Championships	1:46.17
4.	Richard Jones	2010	NCAA Regionals	1:46.42
5.	Bob Smith	1972	NCAA Championships	1:46.90
6.	Jamaal Jones	2007	SEC Championships	1:47.00
7.	Blair Henderson	2015	LSU Invitational	1:47.03
8.	Elkana Kosgei	2008	SEC Championships	1:47.05
9.	Reuben Twijukye	2007	SEC Championships	1:47.11
10.	Sadiki White	2010	NCAA Regionals	1:47.57

1500 Meters

#	Name	Year	Meet	Time
1.	Passmore Furusa	1995	Ingolstadt	3:38.41
2.	Davis Bove	2023	Bryan Clay Invitational	3:39.42
3.	Emedy Kiplimo	2025	LSU Invitational	3:39.88
4.	Rhen Langley	2025	LSU Invitational	3:40.55
5.	Bobby Beck	1984	Stanford Quad Meet	3:41.80
6.	Terry Thornton	1989	Ludwigshafen	3:42.18
7.	Mike Quigley	1980	LSU Invitational	3:42.36
8.	Robin van Helden	1989	LSU Classic	3:42.37
9.	Alex Selles	2023	Bryan Clay Invitational	3:42.82
10.	John Kosgei	2008	LSU Invitational	3:42.98

5000 Meters

#	Name	Year	Meet	Time
1.	Mark Elliot	1989	Koblenz International Meet	13:33.10
2.	Terry Thornton	1989	Brussels	13:49.69
3.	John Kosgei	2008	SEC Championships	13:54.40
4.	John Stewart	1971	Texas Relays	14:04.0c
5.	Mike Smith	1986	Paper Tiger Invitational	14:10.74
6.	Casey Goetschel	2025	SEC Championships	14:11.13
7.	Abderrazak Merchoud	1997	Sea Ray Relays	14:12.79
8.	Mike Quigley	1980	LSU Five-Way Meet	14:13.43
9.	Tom Douple	1974	LSU Quad Meet	14:13.4c
10.	Sam Mwape	2004	LSU Alumni Gold	14:14.52

10,000 Meters

#	Name	Year	Meet	Time
1.	Terry Thornton	1990	Berlin ISTAF	28:18.68
2.	Mark Elliott	1989	Aarhus Games	28:32.44
3.	Likhaya Dayile	2001	Stanford Invitational	29:16.82
4.	Mike Smith	1986	Dogwood Relays	29:18.88
5.	Joseph Simuchimba	2007	Penn Relays	29:39.83
6.	Jimmy Wiggins	2005	Stanford Invitational	29:50.94
7.	Sam Mwape	2005	SEC Championships	30:02.83
8.	Pablo Presedo	1988	Meet Name Missing	30:12.65
9.	Dajour Braxton	2017	Louisiana Classic	30:15.26
10.	Jackson Martingayle	2023	Bryan Clay Invitational	30:15.43

110-Meter Hurdles

#	Name	Year	Meet	Time
1.	Damion Thomas	2021	Jamaican Championships	13.11
2.	Eric Edwards Jr.	2022	NCAA Championships	13.15
3.	Jahiem Stern	2025	Jamaican National Championships	13.27
4.	Barrett Nugent	2012	NACAC U23 Championships	13.32
5.	Matthew Sophia	2024	NCAA Championships	13.37
6.	Jordan Moore	2015	SEC Championships	13.47
7.	Eric Reid	1987	Meet of Champions	13.50
8.	Alleyne Lett	2007	NCAA Championships	13.52
9.	Joshua Thompson	2015	SEC Championships	13.55
	Larry Shipp	1975	Texas Relays	13.55

400-Meter Hurdles

#	Name	Year	Meet	Time
1.	Bennie Brazell	2005	NCAA Championships	47.67
2.	Sean Burrell	2021	NCAA Championships	47.85
3.	Isa Phillips	2007	NCAA Championships	48.51
4.	Leroy Colquhon	2002	SEC Championships	48.91
5.	Regan Nichols	1996	USA Championships	49.43
6.	Quincy Downing	2015	SEC Championships	49.63
7.	Bernard Williams	1986	Penn Relays	49.65
8.	Billy Hardin	1964	USA Olympic Trials	49.94c
9.	Christian Boyd	2018	NCAA Regionals	50.31
10.	Carey Schimph	1975	SEC Championships	50.44c

3000-Meter Steeplechase

#	Name	Year	Meet	Time
1.	Magnus Bengtsson	1990	Swedish Championships	8:38.14
2.	Mark Dobbins	1979	Texas Relays	8:39.72
3.	Terry Thornton	1991	SEC Championships	8:44.19
4.	Passmore Furusa	1994	Texas Relays	8:45.33
5.	Bobby Beck	1981	LSU Triangular	8:47.35
6.	Paul Marmaro	1987	Stanford Classic	8:47.83
7.	Stuart Mee	1987	SEC Championships	8:48.26
8.	David Hall	1986	SEC Championships	8:56.01
9.	Bob Wyman	1993	LSU Last Chance	9:00.40
10.	Jaime Bastidas	1998	SEC Championships	9:02.64

High Jump

#	Name	Year	Meet	Measurement
1.	JuVaughn Harrison	2021	SEC Championships	2.36m (7' 8.75")
2.	Tom Lange	1990	SEC Championships	2.28m (7' 5.75")
3.	J.J. Barton	1997	Florida State Relays	2.25m (7' 4.5")
4.	Larey Weaver	1982	SEC Championships	2.23m (7' 3.75")
5.	Kuda Chadenga	2024	LSU Alumni Gold	2.22m (7' 3.25")
	Alain Metellus	1986	Canadian Championships	2.22m (7' 3.25")
7.	Claston Bernard	2002	SEC Championships	2.19m (7' 2.25")
8.	Kam Franklin	2025	Battle on the Bayou	2.17m (7' 1.5")
9.	Louis Callaway	1986	Meet Name Missing	2.16m (7' 1")
10.	Bruce Reid	1988	Meet Name Missing	2.14m (7' 0.25")

Long Jump

#	Name	Year	Meet	Measurement
1.	JuVaughn Harrison	2021	USA Olympic Trials	8.47m (27' 9.5")
	John Moffitt	2004	XXVIII Olympic Games	8.47m (27' 9.5")
3.	Damar Forbes	2013	Jamaican Championships	8.25m (27' 0.75")
4.	Llewellyn Starks	1990	San Juan	8.24m (27' 0.5")
5.	Walter Davis	2001	NCAA Championships	8.13m (26' 8.25")
6.	Rayvon Grey	2021	Crimson Tide Invitational	8.10m (26' 7")
7.	Reggie Jones	1993	El Paso Invitational	8.07m (26' 5.75")
8.	LeJuan Simon	2004	NCAA Regionals	8.01m (26' 3.25")
9.	Jeremy Hicks	2009	Penn Relays	8.00m (26' 3")
10.	Lotfi Khaida	1992	NCAA Championships	7.98m (26' 2.25")
	Matthew Rose	1989	NCAA Championships	7.98m (26' 2.25")

MEN'S ALL-TIME OUTDOOR PERFORMANCE LIST

Triple Jump

#	Name	Year	Meet	Measurement
1.	Walter Davis	2002	USA Championships	17.59m (57' 8.5")
2.	Reggie Jones	1992	USA Olympic Trials	17.12m (56' 2")
3.	Lotfi Khaida	1993	Monaco Herculis	16.92m (55' 6.25")
4.	LeVar Anderson	1999	Flagstaff High Altitude Series	16.78m (55' 0.75")
5.	LeJuan Simon	2004	Szombathely Hungaria Cup	16.67m (54' 8.25")
6.	Sean Dixon-Bodie	2022	NCAA Regionals	16.63m (54' 6.75")
	Marcus Thomas	2000	SEC Championships	16.63m (54' 6.75")
8.	Zedric Thomas	2011	USA Championships	16.60m (54' 5.5")
9.	John Moffitt	2003	SEC Championships	16.53m (54' 2.75")
10.	Kyron Blaise	2012	SEC Championships	16.49m (54' 1.25")

Pole Vault

#	Name	Year	Meet	Measurement
1.	Mondo Duplantis	2019	SEC Championships	6.00m (19' 8.25")
2.	Russ Buller	2000	Texas Relays	5.71m (18' 8.75")
3.	Greg Duplantis	1986	El Paso Invitational	5.62m (18' 5.25")
4.	Derrick Prentice	1996	Alabama Relays	5.50m (18' 0.5")
	Grey Rappe	1983	Domino's Pizza Relays	5.50m (18' 0.5")
6.	Thomas Reinecke	2013	Texas Relays	5.41m (17' 9")
	Edgar Diaz	1991	CAC Championships	5.41m (17' 9")
8.	Josh Dominguez	2010	NCAA Championships	5.40m (17' 8.5")
	Ricky Wright	1986	LSU Five-Way Meet	5.40m (17' 8.5")
10.	Marcus McGehee	2011	LSU Alumni Gold	5.38m (17' 7.75")

Shot Put

#	Name	Year	Meet	Measurement
1.	John Meyer	2022	Tom Jones Invitational ...	20.50m (67' 3.25")
2.	Joe Maciejczyk	1982	SEC Championships	19.99m (65' 7")
3.	Gunnar Pflugsten	1998	Dortmund Sparkassen Meeting ..	19.68m (62' 4.5")
4.	Simon Williams	1991	SEC Championships	19.17m (62' 10.75")
5.	Ralf Kahles	1997	SEC Championships	18.97m (62' 3")
6.	Scott Petersen	1993	El Paso Invitational	18.92m (62' 1")
7.	Alex Forst	2000	LSU Last Ditch	18.56m (60' 10.75")
8.	John Dermody	1996	UTEP Invitational	18.47m (60' 7.25")
9.	Frank Mazza	1989	LSU Classic	18.40m (60' 4.5")
10.	Tom Marshall	1980	Meet Name Missing	18.19m (59' 8")

Discus Throw

#	Name	Year	Meet	Measurement
1.	Claudio Romero	2024	LSU Alumni Gold	67.29m (220' 9")
2.	Rodney Brown	2015	Penn Relays	65.04m (213' 5")
3.	John Nichols	1989	Norman USOF	63.73m (209' 1")
4.	Simon Williams	1992	LSU Alumni Gold	61.14m (200' 7")
5.	Alex Forst	1998	NCAA Championships	59.61m (195' 7")
6.	Mike Yasolsky	1989	Houston Invitational	58.93m (193' 4")
7.	<i>Chad Hendricks</i>	<i>2025</i>	<i>Battle at the Beach</i>	<i>58.65m (192' 5")</i>
	Derrick Farrell	1993	SEC Championships	58.65m (192' 5")
9.	<i>Jaden James</i>	<i>2025</i>	<i>LSU Invitational</i>	<i>56.59m (185' 8")</i>
10.	<i>Jevan Parara</i>	<i>2025</i>	<i>Battle on the Bayou</i>	<i>56.13m (184' 2")</i>

Hammer Throw

#	Name	Year	Meet	Measurement
1.	Jake Norris	2018	NCAA Championships	73.24m (240' 3")
2.	Walter Henning	2010	Miami Elite Invitational ...	72.98m (239' 5")
3.	Jon Nerdal	2021	Battle on the Bayou	72.31m (237' 3")
4.	Johnnie Jackson	2017	NCAA Championships	71.72m (235' 4")
5.	Michael Lauro	2011	Hammerama	67.97m (223' 0")
6.	Dave Paddison	1994	Penn Relays	67.74m (222' 3")
7.	Javier Nieto	1999	Guadalajara SC Championship ...	67.34m (220' 11.25")
8.	Jeremy Tuttle	2014	LSU Invitational	66.05m (216' 8")
9.	Rabun Fox	2008	Tiger Invitational	65.81m (215' 11")
10.	David Collins	2016	Texas Invitational	64.67m (212' 2")

Javelin Throw

#	Name	Year	Meet	Measurement
1.	Tzurriel Pedigo	2023	NCAA Championships	79.79m (261' 9")
2.	Mikael Olander	1987	NCAA Championships	75.56m (247' 11")
3.	Will Lawrence	2024	Tom Jones Invitational	74.49m (245' 4")
4.	Chad Radgowski	2007	SEC Championships	73.06m (239' 8")
5.	Mark Morris	1992	SEC Championships	71.96m (236' 1")
6.	<i>Jack Larriviere</i>	<i>2024</i>	<i>LSU Alumni Gold</i>	<i>71.61m (234' 11")</i>
7.	Preston Chatham	2008	NCAA Championships	71.50m (234' 7")
8.	<i>Jackson Rimes</i>	<i>2024</i>	<i>Hurricane Invitational ...</i>	<i>71.22m (233' 8")</i>
9.	Willie Boudloche	1993	SEC Championships	70.69m (231' 11")
10.	Blake Theriot	2000	SEC Championships	70.61m (231' 8")
Old Model (through 1995):				
1.	Delmon McNabb	1967	USA vs. British Commonwealth ...	82.07m (269' 3")

4x100-Meter Relay

#	Names	Year	Meet	Time
1.	<i>Brandon Hicklin, Dorian Camel, Da'Marcus Fleming, Godson Oghenebrume</i>	<i>2023</i>	<i>SEC Championships</i>	<i>37.90</i>
2.	<i>Jahiem Stern, Jaiden Reid, Myles Thomas, Jelani Watkins</i>	<i>2025</i>	<i>NCAA Championships</i>	<i>38.14</i>
3.	<i>Myles Thomas, Da'Marcus Fleming, Jaiden Reid, Godson Oghenebrume</i>	<i>2024</i>	<i>SEC Championships</i>	<i>38.19</i>
4.	Jermaine Grant, Mike Alridge, Byron Logan, Curtis Perry	1998	NCAA Championships	38.24
5.	Walter Davis, Robert Parham, Bennie Brazell, Pete Coley	2002	NCAA Championships	38.32
6.	Jaron Flournoy, Renard Howell, Trey mayne Acy, Nethaneel Mitchell-Blake	2016	SEC Championships	38.33
7.	Kary Vincent, Akanni Hislop, Correion Mosby, Jaron Flournoy	2019	NCAA Championships	38.37
8.	Barrett Nugent, Aaron Ernest, Keyth Talley, Shermund Allsop	2012	NCAA Championships	38.38
9.	Akanni Hislop, Kary Vincent, Dylan Peebles, Jaron Flournoy	2019	Texas Relays	38.41
10.	Armanti Hayes, Richard Thompson, Gabriel Mvumvure, Trindon Holliday	2008	NCAA Championships	38.42

4x400-Meter Relay

#	Names	Year	Meet	Time
1.	Reggie Dardar, Kelly Willie, Bennie Brazell, Xavier Carter	2005	NCAA Championships	2:59.59
2.	Lamar Bruton, Michael Cherry, Cyril Grayson, Fitzroy Dunkley	2016	LSU Alumni Gold	3:00.38
3.	Jahnoy Thompson, Correion Mosby, Renard Howell, Jaron Flournoy	2018	NCAA Championships	3:00.56
4.	Dorian Camel, Sean Burrell, Tyler Terry, Noah Williams	2021	Texas Relays	3:01.00
5.	Robert Simmons, Ade Alleyne-Forte, Caleb Williams, Riker Hylton	2011	NCAA Championships	3:01.07
6.	Robert Simmons, Quincy Downing, Ade Alleyne-Forte, Riker Hylton	2012	NCAA Championships	3:01.21
7.	<i>Sean Burrell, Salim Epps, Shakeem McKay, Dillon Bedell</i>	<i>2024</i>	<i>SEC Championships</i>	<i>3:01.28</i>
8.	Marvin Stevenson, Bennie Brazell, Kelly Willie, Pete Coley	2004	Penn Relays	3:01.39
9.	Reggie Dardar, Kelly Willie, Melville Rogers, Xavier Carter	2006	NCAA Championships	3:01.58
10.	Quincy Downing, Darrel Bush, Cyril Grayson, Vernon Norwood	2014	NCAA Championships	3:01.60

Decathlon (1985 IAAF Tables)

#	Name	Year	Meet	Points
1.	Mario Sategna	1995	NCAA Championships	8172
2.	Mikael Olander	1988	SEC Championships	8126
3.	Claston Bernard	2002	NCAA Championships	8094
4.	Sheldon Blockburger	1987	Gulf Coast TAC Decathlon	7964
5.	Bruce Reid	1988	LSU Multi Invitational	7900w
6.	Bengt Jarlsjo	1989	Spring Break Competition	7733
7.	Darion Powell	2006	SEC Championships	7640
8.	Alleyne Lett	2005	SEC Championships	7550
9.	Edwin Billot	2006	Texas Relays	7468
10.	Kanon Vanderhoff	1992	NCAA Championships	7449w

a - adjusted for altitude

c - converted from equivalent distance

w - wind-aided decathlon or heptathlon (over 4.0 m/s)

y - time achieved at yard equivalent

2025 WOMEN'S OUTDOOR PERFORMANCE LIST

100 Meters

#	Name	Meet (Date)	Time
1.	Tima Godbless	NCAA East First Round (05/28)	10.91
2.	Aniyah Bigam	LSU Invitational (05/03)	11.35
3.	Nasya Williams	Battle on the Bayou (03/28)	11.66w
4.	Laila Campbell	Battle on the Bayou (03/28)	11.88w
5.	Makeriah Harris	Lurline Hamilton Invitational (03/22)	12.21
6.	Gabriella Cunningham	Lurline Hamilton Invitational (03/22)	12.34

200 Meters

#	Name	Meet (Date)	Time
1.	Tima Godbless	Tom Jones Invitational (04/18)	22.55
2.	Aniyah Bigam	SEC Championships (05/15)	22.95
3.	Ella Onojuvwevwo	Battle at the Beach (04/04)	22.97w
4.	Nasya Williams	Battle on the Bayou (03/28)	23.63
5.	Laila Campbell	Lurline Hamilton Invitational (03/22)	23.75w
6.	Garriel White	LSU Alumni Gold (04/26)	24.51
7.	Gabriella Cunningham	Battle at the Beach (04/04)	24.61

400 Meters

#	Name	Meet (Date)	Time
1.	Ella Onojuvwevwo	NCAA Championships (06/11)	50.31
2.	Michaela Rose	Battle at the Beach (04/04)	53.99
3.	Garriel White	Tom Jones Invitational (04/18)	54.39
4.	Sophia Jungling	Lurline Hamilton Invitational (03/22)	58.17

600 Meters

#	Name	Meet (Date)	Time
1.	Natalie Venkataraman	Lurline Hamilton Invitational (03/22)	1:36.96

800 Meters

#	Name	Meet (Date)	Time
1.	Michaela Rose	LSU Invitational (05/03)	1:58.12
2.	Natalie Venkataraman	Battle at the Beach (04/04)	2:12.01
3.	Yuya Sawada	Battle at the Beach (04/04)	2:14.30
4.	Svenya Stoyanoff	Battle at the Beach (04/04)	2:15.92
5.	Sophia Jungling	Battle at the Beach (04/04)	2:19.65

1500 Meters

#	Name	Meet (Date)	Time
1.	Michaela Rose	Bryan Clay Invitational (04/16)	4:10.38
2.	Yuya Sawada	LSU Invitational (05/03)	4:20.34
3.	Emerald Kehr	LSU Alumni Gold (04/26)	4:24.89
4.	Edna Chepkemoi	Battle at the Beach (04/04)	4:28.16
5.	Svenya Stoyanoff	Bryan Clay Invitational (04/16)	4:29.65
6.	Ella Chesnut	LSU Invitational (05/03)	4:30.00
7.	Sophie Martin	Battle at the Beach (04/04)	4:30.45
8.	Hailey Day	Battle at the Beach (04/04)	4:31.20
9.	Addison Stevenson	LSU Alumni Gold (04/26)	4:31.92
10.	Natalie Venkataraman	Battle on the Bayou (03/28)	4:33.66
11.	Gwyneth Hughes	Battle at the Beach (04/04)	4:34.23
12.	Ahry Comer	LSU Invitational (05/03)	4:35.13
13.	Taylor Tarpley	Battle on the Bayou (03/28)	4:38.81
14.	Ava Gumb	LSU Invitational (05/03)	4:41.56
15.	Carly Nicholson	Lurline Hamilton Invitational (03/22)	4:45.28
16.	Jenna Key	Lurline Hamilton Invitational (03/22)	4:52.81
17.	Maddie Gump	LSU Invitational (05/03)	4:55.12
18.	Anna Pierce	Lurline Hamilton Invitational (03/22)	4:59.78
19.	Grace Rennhoff	Lurline Hamilton Invitational (03/22)	5:01.16
20.	Maddie Kate Gardiner	LSU Invitational (05/03)	5:07.30

3000 Meters

#	Name	Meet (Date)	Time
1.	Gwyneth Hughes	Lurline Hamilton Invitational (03/22)	9:52.99
2.	Ava Gumb	LSU Alumni Gold (04/26)	9:56.08
3.	Maddie Gump	LSU Alumni Gold (04/26)	10:24.25
4.	Jenna Key	Battle at the Beach (04/04)	10:29.80
5.	Anna Pierce	LSU Alumni Gold (04/26)	10:30.97
6.	Grace Rennhoff	Battle at the Beach (04/04)	10:33.29
7.	Maddie Kate Gardiner	LSU Alumni Gold (04/26)	11:16.14

5000 Meters

#	Name	Meet (Date)	Time
1.	Edna Chepkemoi	Bryan Clay Invitational (04/16)	16:18.55
2.	Ella Chesnut	Battle on the Bayou (03/28)	16:28.81
3.	Yuya Sawada	SEC Championships (05/15)	16:43.95
4.	Gwyneth Hughes	Battle on the Bayou (03/28)	17:08.24
5.	Sophie Martin	Battle on the Bayou (03/28)	17:20.83
6.	Ava Gumb	Battle on the Bayou (03/28)	17:41.86
7.	Grace Rennhoff	Battle on the Bayou (03/28)	18:15.59
8.	Anna Pierce	Battle on the Bayou (03/28)	18:30.78
9.	Jenna Key	Battle on the Bayou (03/28)	18:37.02

10,000 Meters

#	Name	Meet (Date)	Time
1.	Edna Chepkemoi	NCAA Championships (06/11)	32:10.75
2.	Gwyneth Hughes	Bryan Clay Invitational (04/16)	34:57.06
3.	Ella Chesnut	Bryan Clay Invitational (04/16)	35:14.58
4.	Sophie Martin	Bryan Clay Invitational (04/16)	35:26.73

100-Meter Hurdles

#	Name	Meet (Date)	Time
1.	Makeriah Harris	Battle at the Beach (04/04)	13.58w
2.	Gabriella Cunningham	Battle on the Bayou (03/28)	13.99w

400-Meter Hurdles

#	Name	Meet (Date)	Time
1.	Garriel White	Tom Jones Invitational (04/18)	57.35
2.	Makeriah Harris	LSU Invitational (05/03)	59.41

3000-Meter Steeplechase

#	Name	Meet (Date)	Time
1.	Edna Chepkemoi	Bryan Clay Invitational (04/16)	10:32.20
2.	Emerald Kehr	Bryan Clay Invitational (04/16)	10:34.08
3.	Ahry Comer	Bryan Clay Invitational (04/16)	10:46.47
4.	Addison Stevenson	Battle on the Bayou (03/28)	11:37.73

High Jump

#	Name	Meet (Date)	Measurement
1.	Jolie Dormus Bayer	LSU Alumni Gold (04/26)	1.74m (5' 8.5")

Pole Vault

#	Name	Meet (Date)	Measurement
1.	Johanna Duplantis	NCAA Championships (06/11)	4.39m (14' 4.75")
2.	Emery Prentice	LSU Alumni Gold (04/26)	4.00m (13' 1.5")

Long Jump

#	Name	Meet (Date)	Measurement
1.	Machaeda Linton	Battle at the Beach (04/04)	6.32m (20' 9")
2.	Taylor Fingers	Tom Jones Invitational (04/18)	5.98m (19' 7.5")
3.	Kaiya Key	LSU Invitational (05/03)	5.23m (17' 2")

Triple Jump

#	Name	Meet (Date)	Measurement
1.	Machaeda Linton	NCAA East First Round (05/28)	13.25m (43' 5.75")
2.	Taylor Fingers	Tom Jones Invitational (04/18)	12.91m (42' 4.25")

Shot Put

#	Name	Meet (Date)	Measurement
1.	Ambria Langley	LSU Alumni Gold (04/26)	14.93m (48' 11.75")
2.	Leah Acosta	Lurline Hamilton Invitational (03/22)	14.60m (47' 11")

Discus Throw

#	Name	Meet (Date)	Measurement
1.	Princesse Hyman	NCAA Championships (06/11)	56.50m (185' 4")
2.	Leah Acosta	Battle on the Bayou (03/28)	51.88m (170' 2")
3.	Ambria Langley	Battle at the Beach (04/04)	49.85m (163' 6")

Hammer Throw

#	Name	Meet (Date)	Measurement
n/a			

Javelin Throw

#	Name	Meet (Date)	Measurement
1.	Trinity Spooner	LSU Invitational (05/03)	53.37m (175' 1")
2.	Alexis Guillory	Battle on the Bayou (03/28)	46.65m (153' 1")

4x100-Meter Relay

#	Names	Meet (Date)	Time
1.	Machaeda Linton, Nasya Williams, Aniyah Bigam, Tima Godbless	NCAA East First Round (05/28)	42.85

4x400-Meter Relay

#	Names	Meet (Date)	Time
1.	Ella Onojuvwevwo, Michaela Rose, Nasya Williams, Garriel White	NCAA East First Round (05/28)	3:29.85

Distance Medley Relay (1200, 400, 800, 1600)

#	Names	Meet (Date)	Time
n/a			

a - adjusted for altitude

w - wind aided (+2.1-4.0 m/s)

WOMEN'S COLLEGIATE OUTDOOR PERSONAL BESTS

LEAH ACOSTA

Event	Meet (Date)	Time/Mark
Shot put	LSU Battle on the Bayou (03/28/25).....	14.60m (47' 11")
Discus throw	LSU Battle on the Bayou (03/28/25).....	51.88m (170' 2")

ANITYAH BIGAM

Event	Meet (Date)	Time/Mark
100 meters.....	LSU Invitational (05/03/25)	11.35
200 meters	SEC Championships (05/15/25).....	22.95

LAILA CAMPBELL

Event	Meet (Date)	Time/Mark
100 meters.....	Lurline Hamilton Invitational (03/22/25).....	11.95
200 meters	LSU Battle on the Bayou (03/28/25).....	24.34

EDNA CHEPKEMOI

Event	Meet (Date)	Time/Mark
1500 meters	Battle at the Beach (04/04/25)	4:28.16
5000 meters.....	Bryan Clay Invitational (04/16/25)	16:18.55
10,000 meters	NCAA Championships (06/11/25)	32:10.75
3000-meter steeplechase...	Bryan Clay Invitational (04/16/25)	10:32.20

ELLA CHESNUT

Event	Meet (Date)	Time/Mark
1500 meters	LSU Invitational (05/03/25)	4:30.00
3000 meters.....	Hurricane Invitational (03/15/24)	9:35.27
5000 meters.....	Bryan Clay Invitational (04/11/24).....	16:11.49
10,000 meters	Raleigh Relays (03/28/24)	32:46.56
2000-meter steeplechase...	Hurricane Invitational (03/17/23).....	6:51.80
3000-meter steeplechase...	Texas Relays (03/29/23)	10:34.02

AHRY COMER

Event	Meet (Date)	Time/Mark
1500 meters	LSU Invitational (05/03/25)	4:35.13
3000-meter steeplechase...	Bryan Clay Invitational (04/16/25)	10:46.47

GABRIELLA CUNNINGHAM

Event	Meet (Date)	Time/Mark
100 meters.....	Battle at the Beach (04/04/25)	12.34
200 meters	LSU Battle on the Bayou (03/28/25).....	25.38

HAILEY DAY

Event	Meet (Date)	Time/Mark
1500 meters	Battle at the Beach (04/04/25)	4:31.20
3000 meters.....	Hurricane Invitational (03/15/24)	10:19.42

JOLIE DORMUS-BAYER

Event	Meet (Date)	Time/Mark
High jump	LSU Alumni Gold (04/26/25).....	1.73m (5' 8.5")

JOHANNA DUPLANTIS

Event	Meet (Date)	Time/Mark
Pole vault	LSU Invitational (05/03/25)	4.26m (13' 11.75")

TAYLOR FINGERS

Event	Meet (Date)	Time/Mark
Long jump.....	LSU Battle on the Bayou (03/29/24).....	6.00m (19' 8.25")
Triple jump.....	SEC Championships (05/15/25).....	12.98m (42' 7")

MADDIE-KATE GARDINER

Event	Meet (Date)	Time/Mark
1500 meters	LSU Invitational (05/03/25)	5:07.30
3000 meters.....	LSU Alumni Gold (04/26/25).....	11:16.14

TIMA GODBLESS

Event	Meet (Date)	Time/Mark
100 meters.....	NCAA East First Round (05/28/25)	10.91
200 meters	Tom Jones Invitational (04/18/25).....	22.55

JORDYN GRADY

Event	Meet (Date)	Time/Mark
100 meters.....	Aztec Invitational (03/24/22).....	12.22
200 meters	LSU Battle on the Bayou (03/29/24).....	24.35
400 meters	Keyth Talley Invitational (03/23/24)	55.31
60-meter hurdles	Cal All-Comers Meet (02/18/23)	9.13
100-meter hurdles	LSU Invitational (04/27/24)	13.85
400-meter hurdles.....	Tom Jones Invitational (04/12/24)	59.96

ALEXIS GUILLORY

Event	Meet (Date)	Time/Mark
Javelin throw.....	Hurricane Invitational (03/15/24)	50.21m (164' 9")

AVA GUMB

Event	Meet (Date)	Time/Mark
1500 meters	LSU Invitational (05/03/25)	4:41.56
3000 meters.....	LSU Alumni Gold (04/26/25).....	9:56.08
5000 meters.....	LSU Battle on the Bayou (03/28/25).....	17:41.86

MADDIE GUMP

Event	Meet (Date)	Time/Mark
1500 meters	LSU Invitational (05/03/25)	4:55.12
3000 meters	LSU Alumni Gold (04/26/25).....	10:24.25

CALLIE HARDY

Event	Meet (Date)	Time/Mark
800 meters	Hurricane Invitational (03/15/24)	2:09.56
1500 meters	LSU Battle on the Bayou (03/29/24).....	4:20.26
3000 meters.....	Hurricane Invitational (03/15/24)	9:28.31
5000 meters.....	SEC Championships (05/09/24)	16:53.74
2000-meter steeplechase...	Hurricane Invitational (03/17/23).....	7:02.53
3000-meter steeplechase...	SEC Championships (05/09/24)	10:29.37

MAKERIAH HARRIS

Event	Meet (Date)	Time/Mark
100 meters.....	Battle at the Beach (04/04/25)	12.21
100-meter hurdles	Lurline Hamilton Invitational (03/22/25).....	14.24
400-meter hurdles.....	LSU Invitational (05/03/25)	59.41

GWYNETH HUGHES

Event	Meet (Date)	Time/Mark
1500 meters	Battle at the Beach (04/04/25)	4:34.23
3000 meters.....	Lurline Hamilton Invitational (03/22/25).....	9:52.99
5000 meters.....	Bryan Clay Invitational (04/13/23)	16:58.91
10,000 meters	Bryan Clay Invitational (04/16/25)	34:57.06

PRINCESSE HYMAN

Event	Meet (Date)	Time/Mark
Discus throw	NCAA Championships (06/11/25)	56.50m (185' 4")

SOPHIA JUNGLING

Event	Meet (Date)	Time/Mark
400 meters	Lurline Hamilton Invitational (03/22/25).....	58.17
800 meters	Badger Challenge (05/03/24).....	2:09.09
1500 meters	Good Friday Challenge (03/29/24)	4:32.20

EMERALD KEHR

Event	Meet (Date)	Time/Mark
800 meters	Mike Faneli Track Classic (03/29/24)	2:17.61
1500 meters	LSU Alumni Gold (04/26/25).....	4:24.89
Mile	BYU Robison Invitational (04/25/24).....	5:02.70
3000-meter steeplechase...	Bryan Clay Invitational (04/16/25)	10:34.08

BRYNN KELSO

Event	Meet (Date)	Time/Mark
n/a		

JENNA KEY

Event	Meet (Date)	Time/Mark
1500 meters	Lurline Hamilton Invitational (03/22/25).....	4:52.81
3000 meters.....	Battle at the Beach (04/04/25)	10:29.80
5000 meters.....	LSU Battle on the Bayou (03/28/25).....	18:37.02

KAIYA KEY

Event	Meet (Date)	Time/Mark
Long jump.....	LSU Invitational (05/03/25)	5.23m (17' 2")

AMBRIA LANGLEY

Event	Meet (Date)	Time/Mark
Shot put	LSU Alumni Gold (04/26/25)	14.93m (48' 11.75")
Discus throw	Battle at the Beach (04/04/25)	49.85m (163' 6")
Hammer throw.....	Cameron Burrell Alumni Invite (04/06/24)	43.18m (141' 8")

MACHAEDA LINTON

Event	Meet (Date)	Time/Mark
100 meters.....	SSAC Championships (04/22/24)	11.55
Long jump.....	NAIA Championships (05/22/24).....	6.35m (20' 10")
Triple jump.....	NCAA East First Round (05/28/25)	13.25m (43' 5.75")

BRIANNA LYSTON

Event	Meet (Date)	Time/Mark
100 meters.....	SEC Championships (05/09/24)	10.91
200 meters	SEC Championships (05/09/24)	22.31

WOMEN'S COLLEGIATE OUTDOOR PERSONAL BESTS

SOPHIE MARTIN

Event	Meet (Date)	Time/Mark
1500 meters	Battle at the Beach (04/04/25)	4:30.45
3000 meters.....	Hurricane Invitational (03/15/24)	9:59.28
5000 meters.....	SEC Championships (05/09/24)	16:59.84
10,000 meters	Bryan Clay Invitational (04/16/25)	35:26.73
3000-meter steeplechase...	LSU Battle on the Bayou (03/29/24)	10:46.50

CARLY NICHOLSON

Event	Meet (Date)	Time/Mark
1500 meters	Battle at the Beach (04/04/25)	4:41.27

ELLA ONOJUWVEWVO

Event	Meet (Date)	Time/Mark
200 meters	LSU Battle on the Bayou (03/28/25).....	23.25
400 meters	NCAA Championships (06/11/25)	50.31

ANNA PIERCE

Event	Meet (Date)	Time/Mark
1500 meters	Lurline Hamilton Invitational (03/22/25)	4:59.78
3000 meters.....	LSU Alumni Gold (04/26/25)	10:30.97
5000 meters.....	LSU Battle on the Bayou (03/28/25).....	18:30.78

EMERY PRENTICE

Event	Meet (Date)	Time/Mark
Pole vault	LSU Alumni Gold (04/26/25)	4.00m (13' 1.5")

GRACE RENNHOFF

Event	Meet (Date)	Time/Mark
1500 meters	Lurline Hamilton Invitational (03/22/25)	5:01.16
3000 meters.....	Battle at the Beach (04/04/25)	10:33.29
5000 meters.....	LSU Battle on the Bayou (03/28/25).....	18:15.59

MICHAELA ROSE

Event	Meet (Date)	Time/Mark
400 meters	LSU Invitational (04/27/24)	53.16
600 meters	Keyth Talley Invitational (03/23/24)	1:25.75
800 meters	LSU Invitational (05/03/25)	1:58.12
1500 meters	Bryan Clay Invitational (04/16/25)	4:10.38
400-meter hurdles.....	Joe May Invitational (04/09/22)	57.62

YUYA SAWADA

Event	Meet (Date)	Time/Mark
800 meters	Battle at the Beach (04/04/25)	2:14.30
1500 meters	LSU Invitational (05/03/25)	4:20.34
5000 meters.....	SEC Championships (05/15/25)	16:43.95

TRINITY SPOONER

Event	Meet (Date)	Time/Mark
Javelin throw.....	LSU Alumni Gold (04/20/24)	55.24m (181' 3")

ADDY STEVENSON

Event	Meet (Date)	Time/Mark
1500 meters	Baldy Castillo Invitational (03/28/22)	4:28.54
3000-meter steeplechase...	Mt. SAC Relays (04/13/22)	10:18.07

SVENYA STOYANOFF

Event	Meet (Date)	Time/Mark
800 meters	Battle at the Beach (04/04/25)	2:15.92
1500 meters	Bryan Clay Invitational (04/16/25)	4:29.65

TAYLOR TARPLEY

Event	Meet (Date)	Time/Mark
1500 meters	LSU Battle on the Bayou (03/28/25).....	4:38.81

NATALIE VENKATARAMAN

Event	Meet (Date)	Time/Mark
600 meters	Lurline Hamilton Invitational (03/22/25)	1:36.96
800 meters	Battle at the Beach (04/04/25)	2:12.01
1500 meters	LSU Battle on the Bayou (03/28/25).....	4:33.66

ALY JO WARREN

Event	Meet (Date)	Time/Mark
Pole vault	Hurricane Invitational (03/15/24)	3.80m (12' 5.5")

GARRIEL WHITE

Event	Meet (Date)	Time/Mark
200 meters	Baldy Castillo Invitational (03/18/22)	24.34
400 meters	LSU Battle on the Bayou (04/02/22).....	52.70
400-meter hurdles.....	NCAA East First Round (05/25/22)	56.73

NASYA WILLIAMS

Event	Meet (Date)	Time/Mark
200 meters	LSU Battle on the Bayou (03/28/25).....	23.63

a - adjusted for altitude

WOMEN'S ALL-TIME OUTDOOR PERFORMANCE LIST

100 Meters

#	Name	Year	Meet	Time
1.	Sha'Carri Richardson	2019	NCAA Championships	10.75
2.	Dawn Sowell	1989	NCAA Championships	10.78a
3.	Aleia Hobbs	2017	SEC Relays	10.85
4.	Tima Godbless	2025	NCAA East First Round	10.91
	Brianna Lyston	2024	SEC Championships	10.91
6.	D'Andre Hill	1996	USA Championships	10.92
7.	Favour Ofili	2022	LSU Invitational	10.93
8.	Mikiah Brisco	2017	NCAA Championships	10.96
	Kimberlyn Duncan	2012	SEC Championships	10.96
10.	Thelma Davies	2024	SEC Championships	11.01

200 Meters

#	Name	Year	Meet	Time
1.	Favour Ofili	2022	Tom Jones Invitational	21.96
2.	Dawn Sowell	1989	NCAA Championships	22.04a
3.	Thelma Davies	2024	SEC Championships	22.17
	Sha'Carri Richardson	2019	NCAA Championships	22.17
5.	Kimberlyn Duncan	2012	NCAA Championships	22.19
6.	Zundra Feagin	1996	USA Championships	22.30
7.	Brianna Lyston	2024	SEC Championships	22.31
8.	Muna Lee	2004	NCAA Regionals	22.47
9.	Stephanie Durst	2002	SEC Championships	22.48
10.	Symone Mason	2021	NCAA East First Round	22.49
	D'Andre Hill	1996	NCAA Championships	22.49
	Esther Jones	1990	NCAA Championships	22.49

400 Meters

#	Name	Year	Meet	Time
1.	Ella Onojuvwevwo	2025	NCAA Championships	50.31
2.	LaTarsha Stroman	1997	NCAA Championships	50.60
3.	Hazelann Regis	2004	SEC Championships	50.64
4.	Nadia Davy	2003	NCAA Championships	50.66
5.	Rebecca Alexander	2012	NCAA Championships	51.13
6.	Claudine Williams	1999	IAAF World Championships	51.40
7.	Favour Ofili	2021	LSU Alumni Gold	51.49
8.	Youlanda Warren	1992	NCAA Championships	51.55
9.	Rachel Misher	2018	SEC Championships	51.60
10.	Ronetta Smith	2002	NCAA Championships	51.62

800 Meters

#	Name	Year	Meet	Time
1.	Michaela Rose	2025	LSU Invitational	1:58.12
2.	Natoya Goule	2013	Jamaican Championships	1:59.93
3.	Katy-Ann McDonald	2022	Bryan Clay Invitational	2:00.98
4.	Niesha Bernard-Thomas	2004	Roma Golden Gala	2:01.32
5.	Charlene Lipsey	2012	NCAA Championships	2:01.40
	LaTavia Thomas	2010	LSU Alumni Gold	2:01.40
7.	Morgan Schuetz	2016	LSU Alumni Gold	2:02.29
8.	Claudine Williams	1999	SEC Championships	2:02.52
9.	Camille Cato	1987	SEC Championships	2:02.73
10.	Lorena Rangel Batres	2024	Battle on the Bayou	2:03.00

1500 Meters

#	Name	Year	Meet	Time
1.	Lorena Rangel Batres	2024	NCAA Regionals	4:09.06
2.	Michaela Rose	2025	Bryan Clay Invitational	4:10.38
3.	Katy-Ann McDonald	2022	SEC Championships	4:12.30
4.	Christine Slythe	1985	Dogwood Relays	4:17.14
5.	Charlene Lipsey	2012	SEC Championships	4:18.16
6.	Charlotte Mayock	1997	USC Invitational	4:18.68
7.	Laura Carleton	2013	LSU Battle on the Bayou	4:19.99
8.	Morgan Schuetz	2016	LSU Invitational	4:20.21
9.	Muffy McLeod	1985	SEC Championships	4:20.25
10.	Callie Hardy	2024	LSU Battle on the Bayou	4:20.26

3000 Meters

#	Name	Year	Meet	Time
1.	Lorena Rangel Batres	2024	Hurricane Invitational	9:20.15
2.	Lisa Reed	1987	Stanford Classic	9:22.04
3.	Laura Carleton	2013	UCLA vs. LSU/TCU	9:22.62
4.	Charlotte Mayock	1997	Sea Ray Relays	9:25.58
5.	Callie Hardy	2024	Hurricane Invitational	9:28.31
6.	Muffy McLeod	1985	Dogwood Relays	9:32.28
7.	Ella Chesnut	2024	Hurricane Invitational	9:35.27
8.	Montana Monk	2024	Hurricane Invitational	9:39.96
9.	Morgan Schuetz	2016	Hurricane Twilight	9:44.41
10.	Shelby Spoor	2021	LSU Battle on the Bayou	9:47.53

5000 Meters

#	Name	Year	Meet	Time
1.	Laura Carleton	2013	Mt. SAC Relays	15:44.41
2.	Ella Chesnut	2024	Bryan Clay Invitational	16:11.49
3.	Edna Chepkemol	2025	Bryan Clay Invitational	16:18.55
4.	Muffy McLeod	1985	SEC Championships	16:18.89
5.	Lisa Reed	1988	Drake Relays	16:27.65
6.	Yuya Sawada	2025	SEC Championships	16:43.95
7.	Callie Hardy	2024	SEC Championships	16:53.74
8.	Gwyneth Hughes	2023	Bryan Clay Invitational	16:58.91
9.	Sophie Martin	2024	SEC Championships	16:59.84
10.	Julia Palin	2019	LSU Alumni Gold	17:02.47

10,000 Meters

#	Name	Year	Meet	Time
1.	Edna Chepkemol	2025	NCAA Championships	32:10.75
2.	Ella Chesnut	2024	Raleigh Relays	32:46.56
3.	Laura Carleton	2013	SEC Championships	34:01.65
4.	Julia Palin	2019	NCAA Regionals	34:34.20
5.	Gwyneth Hughes	2025	Bryan Clay Invitational	34:57.06
6.	Sophie Martin	2025	Bryan Clay Invitational	35:26.73
7.	Lisa Reed	1988	SEC Championships	35:27.94
8.	Katie Denton	2005	Penn Relays	35:39.94
9.	Bridget Cusack	2001	Penn Relays	36:32.79
10.	Elaine Gomez	1984	Bayou Classic	36:37.25

100-Meter Hurdles

#	Name	Year	Meet	Time
1.	Alia Armstrong	2023	SEC Championships	12.40
2.	Tonea Marshall	2021	NCAA Regionals	12.44
3.	Tananjalyn Stanley	1989	NCAA Championships	12.70a
4.	Leah Phillips	2024	LSU Invitational	12.71
	Jasmin Stowers	2014	USA Championships	12.71
6.	Kim Carson	1996	SEC Championships	12.72
7.	Shani'a Bellamy	2024	LSU Invitational	12.77
	Lolo Jones	2004	NCAA Championships	12.77
9.	Astia Walker	1997	SEC Championships	12.82
	Dawn Bowles	1991	NCAA Championships	12.82

400-Meter Hurdles

#	Name	Year	Meet	Time
1.	Nickiesha Wilson	2007	IAAF World Championships	53.97
2.	Schowonda Williams	1987	IAAF World Championships	54.82
3.	Chanice Chase	2016	NCAA Championships	54.94
4.	Debbie Paris	1994	Monaco Herculis	55.17
5.	Nikita Tracey	2014	Jamaican Championships	55.18
6.	Cassandra Tate	2012	NCAA Championships	55.22
7.	Shani'a Bellamy	2023	NACAC U23 Championships	55.48
8.	Kymber Payne	2017	NCAA Regionals	55.50
9.	Brittley Humphrey	2019	NCAA Championships	56.11
10.	Milan Young	2021	NCAA Championships	56.23

3000-Meter Steeplechase

#	Name	Year	Meet	Time
1.	Addison Stevenson	2022	Mt. SAC Relays	10:18.07
2.	Alicia Stamey	2021	LSU Invitational	10:18.28
3.	Susanne Strunz	2001	LSU Last Ditch	10:18.54h
4.	Sara Funderburk	2021	LSU Invitational	10:19.15
5.	Callie Hardy	2024	SEC Championships	10:29.37
6.	Edna Chepkemol	2025	Bryan Clay Invitational	10:32.20
7.	Ella Chesnut	2023	Texas Relays	10:34.02
8.	Emerald Kehr	2025	Bryan Clay Invitational	10:34.08
9.	Ahry Comer	2025	Bryan Clay Invitational	10:46.47
10.	Sophie Martin	2024	LSU Battle on the Bayou	10:46.50

High Jump

#	Name	Year	Meet	Measurement
1.	Abigail O'Donoghue	2021	LSU Invitational	1.89m (6' 2.25")
	Gai Kapernick	1994	NCAA Championships	1.89m (6' 2.25")
3.	Morgan Smalls	2023	Pelican Relays	1.86m (6' 1.25")
	Nyagao Bayak	2022	SEC Championships	1.86m (6' 1.25")
5.	Brittani Carter	2010	Texas Relays	1.84m (6' 0.5")
	Kelli Flynn	1993	SEC Championships	1.84m (6' 0.5")
	Kym Carter	1987	SEC Championships	1.84m (6' 0.5")
8.	Hareldau Argyle	1997	USC Invitational	1.83m (6' 0")
9.	Kaitlyn Walker	2018	LSU Invitational	1.81m (5' 11.25")
	Gretchen Francois	1998	LSU Invitational	1.81m (5' 11.25")

2025 LSU TRACK & FIELD OUTDOOR PERFORMANCE LIST

WOMEN'S ALL-TIME OUTDOOR PERFORMANCE LIST

Long Jump

#	Name	Year	Meet	Measurement
1.	Sheila Echols	1987	NCAA Championships	6.94m (22' 9.25")
2.	Daphne Saunders	1993	NCAA Championships	6.77m (22' 2.5")
3.	Aliyah Whisby	2021	LSU Invitational	6.65m (21' 10")
4.	Claire Connor	1988	USA Olympic Trials.....	6.63m (21' 9")
5.	Keisha Spencer	2000	SEC Championships	6.61m (21' 8.25")
6.	Morgan Smalls.....	2022	SEC Championships	6.58m (21' 7.25")
7.	Keri Emanuel.....	2014	Texas Relays.....	6.56m (21' 6.25")
8.	Marita Hunt	1995	SEC Championships	6.54m (21' 5.5")
9.	Tina Harris	2005	SEC Championships	6.52m (21' 4.75")
10.	Camille Jackson	1993	Florida Relays	6.49m (21' 3.5")
	Dahlia Duhaney	1991	Penn Relays	6.49m (21' 3.5")

Triple Jump

#	Name	Year	Meet	Measurement
1.	Keisha Spencer	2000	Texas Relays.....	13.97m (45' 10")
2.	Suzette Lee	1997	NCAA Championships	13.92m (45' 8")
3.	Nicole Toney	2003	NCAA Regionals	13.58m (44' 6.75")
4.	Lynnika Pitts	2014	NCAA Championships ..	13.44m (44' 1.25")
	Andrea Linton	2007	SEC Championships	13.44m (44' 1.25")
6.	Sharon Clarke	1986	NCAA Championships ..	13.40m (43' 11.75")
7.	Nataliyah Friar	2015	SEC Championships	13.36m (43' 10")
8.	Melissa Ogbourne.....	2010	NCAA Championships	13.31m (43' 8")
9.	Camille Jackson	1993	UTEP Invitational.....	13.26m (43' 6")
10.	<i>Machaeda Linton.....</i>	<i>2025</i>	<i>NCAA East First Round...</i>	<i>13.25m (43' 5.75")</i>

Pole Vault

#	Name	Year	Meet	Measurement
1.	Lisa Gunnarsson	2022	Texas Relays.....	4.65m (15' 3")
2.	<i>Johanna Duplantis.....</i>	<i>2025</i>	<i>NCAA Championships.....</i>	<i>4.39m (14' 4.75")</i>
3.	Rachel Laurent	2011	Texas Relays.....	4.35m (14' 3.25")
4.	Katelyn Rodriguez	2008	Penn Relays	4.15m (13' 7.25")
5.	Lacey Sanchez.....	2013	LSU Relays	4.01m (13' 1.75")
6.	<i>Emery Prentice.....</i>	<i>2025</i>	<i>LSU Alumni Gold.....</i>	<i>4.00m (13' 1.5")</i>
7.	Amy Stelly	2019	LSU Invitational	3.86m (12' 8")
8.	<i>Aly Jo Warren.....</i>	<i>2023</i>	<i>SEC Championships.....</i>	<i>3.80m (12' 5.5")</i>
9.	Mallory Thompson	2008	LSU Alumni Gold	3.72m (12' 2.5")
10.	Calah Young	2005	LSU Alumni Gold.....	3.65m (11' 11.75")

Shot Put

#	Name	Year	Meet	Measurement
1.	Tori Bliss	2015	LSU Invitational	18.49m (60' 8")
2.	Danyel Mitchell.....	1994	LSU Last Ditch	16.62m (54' 6.5")
3.	Nickolette Dunbar.....	2017	NCAA Regionals	16.43m (53' 11")
4.	Teresa Williford.....	1986	Gatorade Classic.....	16.28m (53' 5")
5.	Amber Hart.....	2022	Joe May Invitational.....	16.18m (53' 1")
6.	Estel Valeanu	2024	LSU Alumni Gold	16.02m (52' 6.75")
7.	Katie McKeever.....	2003	Pomona-Pitzer Invitational ..	15.79m (51' 9.75")
8.	Laurie Trapp	1992	Tiger Tracks Invitational....	14.95m (49' 0.75")
9.	<i>Ambria Langley</i>	<i>2025</i>	<i>LSU Alumni Gold.....</i>	<i>14.93m (48' 11.75")</i>
10.	Kym Carter	1987	Penn Relays	14.81m (48' 7.25")

Discus Throw

#	Name	Year	Meet	Measurement
1.	Danyel Mitchell.....	1994	SEC Championships	59.24m (194' 4")
2.	Estel Valeanu	2024	LSU Invitational	57.53m (188' 9")
3.	<i>Princesse Hyman</i>	<i>2025</i>	<i>NCAA Championships...</i>	<i>56.50m (185' 4")</i>
4.	Samia Stokes	2012	SEC Championships	55.18m (181' 0")
5.	Amber Hart.....	2022	Tom Jones Invitational	54.95m (180' 3")
6.	Tori Bliss	2015	Texas Relays.....	54.37m (178' 4")
7.	Laurie Trapp	1992	Meet of Champions	53.62m (175' 11")
8.	Katie McKeever.....	2004	Coral Gables Invitational ...	52.99m (173' 10")
9.	Teresa Williford.....	1987	Rice Invitational	52.68m (172' 10")
10.	<i>Leah Acosta</i>	<i>2025</i>	<i>Battle at the Beach</i>	<i>51.88m (170' 2")</i>

Hammer Throw

#	Name	Year	Meet	Measurement
1.	Emma Robbins	2021	SEC Championships	67.17m (220' 4")
2.	Denise Hinton	2014	LSU Invitational	66.44m (218' 0")
3.	Monique Hardy.....	2021	LSU Alumni Gold	65.52m (214' 11")
4.	Britney Henry.....	2004	NCAA Regionals	62.76m (205' 11")
5.	Brieanna Kennedy	2012	LSU Alumni Gold.....	62.56m (205' 3")
6.	Karen Henning.....	2013	Texas Relays.....	61.26m (201' 0")
7.	Mallory McDonald	2003	Texas Relays.....	60.14m (197' 4")
8.	Kim Williams	2010	Texas Relays.....	59.66m (195' 9")
9.	Estel Valeanu	2024	SEC Championships	57.34m (188' 1")
	Candice Gonzalez	2002	LSU Team Invitational.....	57.34m (188' 1")

Javelin Throw

#	Name	Year	Meet	Measurement
1.	Rebekah Wales	2017	SEC Championships	58.23m (191' 0")
2.	<i>Trinity Spooner.....</i>	<i>2024</i>	<i>LSU Alumni Gold.....</i>	<i>55.24m (181' 3")</i>
3.	Anna Lyons	2009	SEC Championships	51.49m (168' 11")
4.	Amanda Harmata.....	2007	Sun Angel Classic	50.70m (166' 4")
5.	Mayme Cook	2015	Texas Relays.....	50.51m (165' 8")
6.	Annie Simoneaux.....	2015	NCAA Regionals	50.44m (165' 6")
7.	<i>Alexis Guillory.....</i>	<i>2024</i>	<i>Hurricane Invitational....</i>	<i>50.21m (164' 9")</i>
8.	Noel Baker	2021	NCAA Regionals	49.99m (164' 0")
9.	Maria Romero	2003	SEC Quadrangular.....	47.96m (157' 4")
10.	Doren Welch.....	2014	Penn Relays	47.19m (154' 10")
Old Model (through 2000):				
1.	Laverne Eve.....	1987	SEC Championships	62.41m (204' 9")

4x100-Meter Relay

#	Names	Year	Meet	Time
1.	Mikiah Brisco, Kortnei Johnson, Rachel Misher, Aleia Hobbs	2018	SEC Championships	42.05
2.	Mikiah Brisco, Kortnei Johnson, Jada Martin, Aleia Hobbs	2017	SEC Relays	42.12
3.	Tonea Marshall, Kortnei Johnson, Rachel Misher, Sha'Carri Richardson	2019	NCAA Championships	42.29
4.	<i>Brianna Lyston, Thelma Davies, Leah Phillips, Tima Godbless</i>	<i>2024</i>	<i>SEC Championships.....</i>	<i>42.49</i>
5.	Tanajayln Stanley, Dawn Sowell, Cinnamon Sheffield, Esther Jones	1989	NCAA Championships	42.50
6.	<i>Alia Armstrong, Favour Ofili, Brianna Lyston, Thelma Davies</i>	<i>2023</i>	<i>NCAA Championships.....</i>	<i>42.52</i>
	Tonea Marshall, Favour Ofili, Symone Mason, Thelma Davies	2021	SEC Championships	42.52
8.	Stephanie Durst, Monique Hall, Lolo Jones, Muna Lee	2003	NCAA Championships	42.55
9.	Alia Armstrong, Favour Ofili, Tionna Beard-Brown, Thelma Davies	2022	NCAA Championships	42.59
	Brooklynn Morris, Samantha Henry, Juanita Broaddus, Kelly Baptiste	2008	Penn Relays	42.59

4x400-Meter Relay

#	Names	Year	Meet	Time
1.	Latoya McDermott, Rebecca Alexander, Cassandra Tate, Jonique Day	2012	NCAA Championships	3:24.59
2.	Neisha Bernard-Thomas, Hazelann Regis, Monique Hall, Nadia Davy	2004	NCAA Championships	3:25.26
3.	Brooklynn Morris, Meisue Francis, Cynetheia Rooks, Deonna Lawrence	2006	NCAA Championships	3:25.78
4.	<i>Ella Onojuvwewo, Shani'a Bellamy, Michaela Rose, Garriel White</i>	<i>2024</i>	<i>LSU Invitational</i>	<i>3:26.55</i>
5.	Rachel Misher, Jada Martin, Kymber Payne, Travia Jones	2017	NCAA Championships	3:26.99
6.	Debbie Paris, Indira Hamilton, Heather Van Norman, Youlanda Warren	1993	NCAA Championships	3:27.97
7.	Rachel Misher, Zakiya Denoon, Kymber Payne, Cassondra Hall	2018	SEC Championships	3:28.02
8.	Nickiesha Wilson, Cynetheia Rooks, LaTavia Thomas, Deonna Lawrence	2007	NCAA Championships	3:28.07
9.	LaTarsha Stroman, Sheila Powell, Charleen Maulseed, Youlanda Warren	1995	NCAA Championships	3:28.26
10.	Brooklynn Morris, Kelly Ann Baptiste, LaTavia Thomas, Deonna Lawrence	2008	NCAA Championships	3:28.33

Heptathlon

#	Name	Year	Meet	Points
1.	Sharon Jaklofsky.....	1992	Tiger Tracks Invitational.....	6013w
2.	Cheryl Wilson.....	1989	NCAA Championships	5855
3.	Jovennie McDuffie.....	1991	SEC Championships	5778
4.	Lana Zimmerman.....	1985	USA Championships	5606w
5.	Kym Carter	1987	SEC Championships	5545
6.	Camilla Strid	1991	European Cup 1st League	5532
7.	Katarina Hallberg.....	1990	SEC Championships	5506w
8.	Brittany Kelly	2017	SEC Championships	5438
9.	Loren Leaverton	2000	SEC Championships	5366
10.	Rhonda Phillips	1988	LSU Multi Invitational	5363w

a - adjusted for altitude

c - converted from equivalent distance

h - hand timed

w - wind-aided decathlon or heptathlon (over 4.0 m/s)

y - time achieved at yard equivalent

2025 LSU TRACK & FIELD OUTDOOR PERFORMANCE LIST