

Meet Information



LSU TRACK AND FIELD

LSU Invitational: Battle on the Bayou
April 7, 2012
Bernie Moore Track Stadium-- Baton Rouge, Louisiana

Entry Information and Instructions

Entry Procedure

1. All entries will be done electronically through www.directathletics.com. A link to this site can also be found by accessing www.lsusports.net, clicking on Track and Field, then on 2011 Meet Info.
2. Entry Deadline is 3:00 PM, Tuesday, April 3. Entries may be made as early as Sunday, April 1. You may make changes as often as you wish until the entry deadline.
3. No Faxed or Phoned entries will be accepted.

Invited Teams LSU, Texas Tech University, Mississippi State University, University of Illinois, University of Iowa, University of Missouri, Penn State University, University of Houston, University of Connecticut

Meet Information

SCORING

The meet will be scored per NCAA Rules. Eight Places will be scored as such: 10-8-6-5-4-3-2-1. Only one relay team may score per university.

FACILITY

Bernie Moore Track Stadium on the campus of LSU, is a 5,280-seat, lighted facility that was renovated in 2011. It is surfaced with Mondo FTX, the same surface used in the Beijing Olympics.

FACILITY LAYOUT

The facility contains two tracks, a 400 meter overall and an interior sprint/hurdle straightaway. Both tracks have 9, 48 inch wide lanes.

FIELD EVENTS

Field event areas include two dual directional horizontal jump runways, four dual directional pole vault runways, two shot put areas including six circles, and a multi-purpose high jump area within the oval capable of contesting three high jump competitions at once. At the south end are a javelin runway and a hammer/discus ring and cage. Another hammer/discus ring and cage and javelin runway are located in the southwest corner of the facility.

Horizontal take off boards

Long Jump:	9 feet 10 inches (3.00 meters)
Women's Triple Jump:	34 feet 0 inches (10.36 meters)
Men's Triple Jump:	42 feet 8 inches (13.00 meters)

Horizontal length distances

Long Jump:	203 feet	(62 meters)
Women's Triple Jump:	177 feet	(54 meters)
Men's Triple Jump:	170 feet	(52 meters)

Javelin runway lengths

East runway:	117 feet	(35.70 meters)
West runway:	110 feet	(35.00 meters)

PARKING

Parking is available at Bernie Moore Track Stadium off Nicholson Drive, and in the lot at Tiger Stadium.

PACKET PICKUP

Coaches should pick up their team's meet packet prior to competing Saturday from 8:00 AM to 10:00 AM at Gate 1 at the northwest corner of Bernie Moore Track.

MEET PACKETS

Team packets will include heat sheets, time schedule, coaches infield passes, meet tickets for athletes, and five additional meet tickets for coaches and support staff per gender.

MEET ADMISSION

Athletes and Coaches: Enter at Gate 2 by presenting your meet wristband.

General Public: Enter at Gate 3. Admission cost is \$5, \$3 for children aged 12 and under.

DRESSING FACILITIES

Locker room and shower facilities are available in the Carl Maddox Fieldhouse for both men and women during meet hours. You must furnish your own towels.

TRAINING AREA

Trainers will be available in the Pete Maravich Assembly Center Training Room, near the backstretch of Bernie Moore Track, or emergencies. Team Trainers will be allowed to set up on the concourse behind Sections 10 and 11 in the lower deck of Bernie Moore Stadium.

SEATING

Athletes and coaches must only use sections 1, 2, 10 and 11 in the lower deck. Other sections are reserved for ticket holders.

TIME SCHEDULE

A tentative copy of the time schedule is enclosed.

SPECIAL MEET RULE(S)

- No radios or portable stereos will be allowed through the gates of Bernie Moore Track Stadium. Please remind your athletes of this policy.

HEAT SHEETS & RESULTS

Performance lists will be posted on the web site www.lsusports.net on Wednesday, April 4 after 8:00 PM. Go to Track and Field and click on Performance Lists. Heat sheets will be in your packet at check in. Individual event results will be posted in main entry foyer of Bernie Moore Stadium. Final results will be available from the press box after the meet, and will be posted on the same web site.

PRE MEET PRACTICE

Bernie Moore Track will be available for team practice on Friday, April 6 from 4:30 PM to 6:30 PM based on event scheduling. Long throws: 4:30-5:30 PM Hammer/Discus(West Ring), 5:30-6:30 PM Javelin(East Runway)

RELAY CARDS

Relay teams should pick up a relay card in the Clerking area, fill it out, and turn it in to the clerk of course. This constitutes the checking for the relay event.

ATHLETE CHECK-IN

Running Events: Athletes must check in one event prior to their own event at the check-in area (Clerk of Course, in the Northwest Portal).

Field events: Athletes must check in 30 minutes prior to the start of their event with the Head Judge of that event at the event site.

Relay Events: Relay teams should check in one event prior to their own event at the clerk of course at Gate 12. This gate is located at the northwest corner of Bernie Moore Track near the Southeast Portal of the Fieldhouse. Relay teams should pick up a relay card in the Clerking area, fill it out, and turn it in to the clerk of course.

QUALIFYING

All running events will be multiple section finals against time. In the field events, the top 9 marks for the preliminary rounds will advance to the finals.

IMPLEMENT WEIGH-IN

Implement inspections will be held in the weigh in facility, located in the LSU Track and Field Pavilion and accessible through Gate 14. Inspections for all throwing events will begin at 8:00 AM on Saturday, and will terminate 60 minutes prior to the scheduled start of competition in each throwing event. Implements will be transported to the event site 60 minutes prior to the scheduled start of competition.

STARTING HEIGHTS

Approximate Starting Heights in the vertical jumps are as follows. Men's High Jump: 6-2; Women's High Jump, 5-2; Men's Pole Vault, 15-3; Women's Pole Vault, 10-6. Exact starting heights will be determined by meet management after all entries are received.

WARMUPS

Running Events: Warm ups for all running events will be inside the Carl Maddox Fieldhouse or on the adjacent grass field.

Field Events: Athletes will have access to field event venues for warm ups approximately 45 minutes prior to the scheduled start of competition. Warm ups for field events will be terminated ten minutes prior to the scheduled start of the event. In the high jump, tape measures may not be used within 30 minutes of the start of competition.

TEAM STAGING

Teams may set up in the North East corner of the Carl Maddox Fieldhouse or in the area adjacent to the Pete Maravich Assembly Center on the east side of the track. Only team personnel will be allowed in the Carl Maddox Fieldhouse.

COACHING ACCESS

Coaches will have access to the select areas of the infield during the competition. Field event coaches, please stay in the designated coaching box for your event when possible.

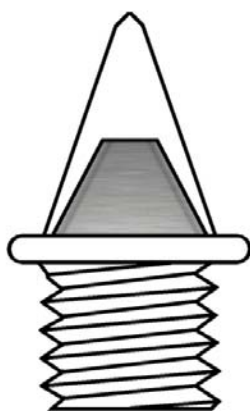
FURTHER INFORMATION

For further information, contact the LSU Track & Field Office at (225) 578-8627.

FACILITY REGULATIONS

SPIKES

- All spikes must be presented and will be checked at the spike check table. Athletes will not be allowed to compete without having their spikes tagged at the spike check table. Any athletes competing with non-tagged spikes will be disqualified.
- Acceptable spikes:
 - o 1/4" pyramids



TAPE

- Tape for any marking on the track (relay exchange zones, jumpers'/throwers' markings) must be white athletic tape. NO other tape will be allowed. Chalk is prohibited for any marking. Athletes caught using chalk you will be disqualified

HYDRATION

- Water is the only permitted drink allowed on the track facility.

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FINAL Time Schedule

Time	Event	Division	Round	Advance
Field Events*****				
10:00 AM	Javelin (West Runway)	Women	Trials and Finals	9
10:00 AM	Discus (East Cage)	Men	Trials and Finals	9
11:30 AM	Javelin (West Runway)	Men	Trials and Finals	9
11:30 AM	Pole Vault	Men	Finals	
12:00 PM	Discus (East Cage)	Women	Trials and Finals	9
12:30 PM	High Jump	Women	Finals	
1:15 PM	Long Jump	Women	Trials and Finals	9
1:30 PM	Long Jump	Men	Trials and Finals	9
1:30 PM	Shot Put	Men	Trials and Finals	9
2:00 PM	Hammer (West Cage)	Women	Trials and Finals	9
2:05 PM	High Jump	Men	Finals	
3:00 PM	Pole Vault	Women	Finals	
3:30 PM	Triple Jump	Women	Trials and Finals	9
3:30 PM	Shot Put	Women	Trials and Finals	9
3:40 PM	Triple Jump	Men	Trials and Finals	9
4:00 PM	Hammer (West Cage)	Men	Trials and Finals	9
Running Events*****				
1:40 PM	National Anthem			
1:45 PM	3000m Steeplechase	Women	Final	
2:00 PM	3000m Steeplechase	Men	Final	
2:15 PM	4 x 100 Relay	Women	Final	
2:20 PM	4 x 100 Relay	Men	Final	
2:25 PM	1500 Meters	Women	Final	
2:35 PM	1500 Meters	Men	Final	
2:45 PM	100 Hurdles	Women	Final (sections against time)	
2:55 PM	110 Hurdles	Men	Final (sections against time)	
3:05 PM	400 Meters	Women	Final (sections against time)	
3:15 PM	400 Meters	Men	Final (sections against time)	
3:25 PM	100 Meters	Women	Final (sections against time)	
3:30 PM	100 Meters	Men	Final (sections against time)	
3:35 PM	800 Meters	Women	Final	
3:45 PM	800 Meters	Men	Final	
3:55 PM	400 Hurdles	Women	Final (sections against time)	
4:00 PM	400 Hurdles	Men	Final (sections against time)	
4:10 PM	200 Meters	Women	Final (sections against time)	
4:20 PM	200 Meters	Men	Final (sections against time)	
4:35 PM	3000 Meters	Women	Final	
4:55 PM	3000 Meters	Men	Final	
5:15 PM	4 x 400 Relay	Women	Final (sections against time)	
5:25 PM	4 x 400 Relay	Men	Final (sections against time)	