

Meet Information



LSU TRACK AND FIELD



2008 LSU Track and Field Meet Information

INDOOR

<u>Date</u>	<u>Meet</u>	<u>Format</u>
January 19	Purple Tiger Invite	Invitational
Jan. 31- Feb 1	LSU Combined Events	Open- Limited
February 1	Bayou Bengal Invite	Invitational
February 22	LSU Twilight	Invitational
March 7	LSU Qualifier Invitational	Open

OUTDOOR

<u>Date</u>	<u>Meet</u>	<u>Format</u>
March 28-29	LSU Relays	Open
April 10-11	Tiger Combined Events	Open- Limited
April 12	Tiger Invitational	Invitational
April 19	LSU Alumni Gold	Open

- Open meets are available to all who would like to enter.
- Open-Limited meets have field size limits.
- Invitational meets are closed meets to invited teams only.

Interested individuals or teams in open-limited meets or invitational meets should email Todd Lane at toddlane@lsu.edu about possible participation.

All meet specific information is posted on the Track and Field page at www.lsusports.net

**LSU Twilight Invitational
February 22, 2008
LSU Field House - Baton Rouge, Louisiana**

Entry Information

Invitation

Entry into the meet is by invitation. A school desiring consideration for meet entry should email Todd Lane at toddlane@lsu.edu by November 1.

Entry Limitations

Running Events (except 200 and 400):	unlimited entries
200 and 400:	3 per school
Vertical Jumps:	3 per school
Throwing Events:	3 per school
Horizontal Jumps:	2 per school plus additional who have met NCAA I Provisional Standard
Relays:	1 per school

Those who meet the additional horizontal athletes jump standards should email these entries to toddlane@lsu.edu. They will be entered manually by meet management.

Entry Procedure

1. All entries will be done electronically through www.directathletics.com. A link to this site can also be found by accessing www.lsusports.net, clicking on Track and Field, then on 2008 Meet Info.
2. Entry Deadline is 11:30 PM, Tuesday, February 19. Entries may be made as early as Sunday, February 17. You may make changes as often as you wish until the entry deadline.
3. No Faxed or Phoned entries will be accepted.

Entry Fees

1. Entry fees are \$300 per team (men and women are considered separate teams).
2. This fee must be paid prior to the meet at packet pickup.
3. Checks should be made payable to LSU Athletic Department.
4. This entry fee will provide tickets for all athletes and 5 extra passes for coaches and support staff per gender.
5. **Unattached athletes** must make payment online at www.directathletics.com with a credit card.

**LSU Twilight Invitational
February 22, 2008
LSU Field House - Baton Rouge, Louisiana**

Meet Information

MEET SITE

The LSU Carl Maddox Fieldhouse is a 3,000-seat facility with a 200-meter un-banked tartan track. The lanes are 42" wide, with 7 lanes on the oval and 10 for straightaway races. The pole vault runway is Mondo, the high jump area is tartan, and the long/triple jump runway is a rubber covered board runway. The throwing circles are plywood. The LSU Fieldhouse is located just off Nicholson Drive on the LSU campus.

PARKING

Parking is available at Bernie Moore Lot off Nicholson Drive, near the Southwest Portal of the LSU Field House (athletes and coaches entrance).

PACKET PICKUP

Coaches should pick up their team's meet packet prior to competing Friday between the hours of 1:00 PM and 4:30 PM at the Southwest Portal (athletes and coaches entrance) of the Fieldhouse. Unattached athletes should collect their packets there at the same time.

MEET PACKETS

Team packets will include heat sheets, time schedule, coaches infield passes and instructions, meet tickets for athletes, and five additional meet tickets for coaches and support staff per gender.

MEET ADMISSION

Athletes and Coaches: Enter at Southwest Portal by presenting your meet ticket.

General Public: Enter at Southeast Portal. Admission is \$5 for adults, \$3 for children aged 12 and under.

DRESSING FACILITIES

Locker room and shower facilities are available in the Fieldhouse for both men and women during meet hours. You must furnish your own towels.

TRAINING AREA

Trainers will be available in the Northeast Portal of the Fieldhouse for emergencies. Team trainers must set up behind the bleachers adjacent to the Southwest Portal (athletes and coaches entrance). Trainers will not be allowed to set up in any other area.

SEATING

Athletes and coaches must use only sections 3, 4, 5, 6, and the portable bleachers located in the Southwest corner of the LSU Field House. All other sections are reserved for ticket holders only.

TIME SCHEDULE

A copy of the tentative time schedule is enclosed. Running event times are approximate. A revised schedule will be in your packet, and will be posted on the website www.lsusports.net Wednesday, February 20 at 8:00 PM. Go to Track and Field and click on LSU Twilight Invitational Heat Sheets.

UNATTACHED ENTRIES

Unattached athletes should obtain a password for entry on www.directathletics.com from the LSU Track and Field Office by emailing toddlane@lsu.edu. Phone calls will not be accepted or returned. Unattached athletes should pick up their packets at the Southwest Portal Friday between the hours of 1:00 PM and 4:30 PM, and bring their printed receipt indicating payment from Direct Athletics in case of difficulty.

SPECIAL MEET RULE(S)

- No radios or portable stereos will be allowed through the gates of the Fieldhouse. Please remind your athletes of this policy. (Walkman-type individual radios are OK.).
- NCAA Rules pertaining to electronic equipment will be strictly enforced on the arena floor of the Fieldhouse

HEAT SHEETS & RESULTS

Heat sheets will be posted on the website www.lsusports.net Wednesday, February 20 at 8:00 PM. Go to Track & Field and click on LSU Twilight Invitational Heat Sheets. They will also be in your packet at check in. Individual event results will be posted at the conclusion of that event in the Southwest Corner of the Field House. Final results will be available to teams from the press box after the meet, and will be posted on the same website.

INFIELD PASSES AND COACHING AREAS

Included in the meet packet will be one infield coaching pass per gender. This pass permits entry into either of two coaching boxes. These boxes are located next to the pole vault runway on the infield, and directly in front of the temporary bleachers in the southeast corner of the Fieldhouse just outside the oval.

RELAY CARDS

Relay teams should pick up a relay card in the Clerking area, fill it out, and turn it in to the clerk of course. This constitutes the checking for the relay event.

ATHLETE CHECK-IN

Running Events: Athletes must check in one event prior to their own event at the check-in area (Clerk of Course, in the Northwest Portal).

Field events: Athletes must check in 15 minutes prior to the start of their event with the Head Judge of that event at the event site.

Relay Events: Relay teams should check in one event prior to their own event at the check-in area (Clerk of Course, in the Northwest Portal). Relay teams should pick up a relay card in the Clerking area, fill it out, and turn it in to the clerk of course.

QUALIFYING

In the 60 and 60 Hurdles, the Top 10 times from the qualifying rounds will advance to the final. All other running events will be contested as sections against time. In field events, the top 10 marks for the preliminary rounds will advance to the finals.

SCORING

This will be a non-scoring meet.

IMPLEMENT INSPECTIONS

Throwing implements will be inspected in the Northwest Portal of the Field House. Inspections will begin 1½ hours prior to the event and conclude ½ hour prior to the event. Implements will be transported to the event area one half hour prior to the event's starting time.

STARTING HEIGHTS

Approximate Starting Heights in the vertical jumps are as follows. Men's High Jump: 6-4; Women's High Jump, 5-2; Men's Pole Vault, 14-0; Women's Pole Vault, 9-6.

WARM UPS

Running Events: Warm ups for all running events will be outside on Bernie Moore Track or the grass field outside the Northwest Portal of the Fieldhouse.

Field Events: Athletes will have access to field event venues for warm ups approximately 45 minutes prior to the scheduled start of competition. Warmups for field events will be terminated ten minutes prior to the scheduled start of the event. In the high jump, no tape measures may be used within 30 minutes of the starting time.

FURTHER INFORMATION

For further information, contact the LSU Track & Field Office at (225) 578-8627.

LSU Twilight Invitational
February 22, 2008
LSU Field House - Baton Rouge, Louisiana

REVISED
Time Schedule

Field Events*****

Time	Event	Division	Round	Advance
3:00 PM	Weight Throw	Women	Trials & Final	10
3:00 PM	Long Jump	Men	Trials & Final	10
3:00 PM	Shot Put	Men	Trials & Final	10
4:00 PM	Pole Vault	Women	Final	
4:30 PM	Shot Put	Women	Trials & Final	10
4:30 PM	Weight Throw	Men	Trials & Final	10
4:30 PM	Long Jump	Women	Trials & Final	10
6:30 PM	High Jump	Men	Final	
6:30 PM	Triple Jump	Men	Trials & Final	10
7:00 PM	Pole Vault	Men	Final	
8:00 PM	Triple Jump	Women	Trials & Final	10
8:00 PM	High Jump	Women	Final	

Track Events*****

Time	Event	Division	Round	Advance
6:00 PM	Distance Medley Relay	Women	Final	
6:15 PM	Distance Medley Relay	Men	Final	
6:30 PM	60-Meter Hurdles	Women	Preliminaries	10
6:40 PM	60-Meter Hurdles	Men	Preliminaries	10
6:55 PM	60-Meter Dash	Women	Preliminaries	10
7:10 PM	60-Meter Dash	Men	Preliminaries	10
7:25 PM	Mile Run	Women	Final (Sections Against Time)	
7:40 PM	Mile Run	Men	Final (Sections Against Time)	
7:50 PM	400-Meter Dash	Women	Final (Sections Against Time)	
8:05 PM	400-Meter Dash	Men	Final (Sections Against Time)	
8:25 PM	60-Meter Hurdles	Women	Final	
8:30 PM	60-Meter Hurdles	Men	Final	
8:35 PM	60-Meter Dash	Women	Final	
8:40 PM	60-Meter Dash	Men	Final	
8:45 PM	800-Meter Run	Women	Final (Sections Against Time)	
8:55 PM	800-Meter Run	Men	Final (Sections Against Time)	
9:00 PM	200-Meter Dash	Women	Final (Sections Against Time)	
9:15 PM	200-Meter Dash	Men	Final (Sections Against Time)	
9:35 PM	3000-Meter Run	Women	Final	
9:50 PM	3000-Meter Run	Men	Final	
10:10 PM	4x400-Meter Relay	Women	Final	

10:15 PM

4x400-Meter Relay

Men

Final