

# HISTORY

SANDRA SMITH  
LSU HALL OF FAME

07 LSU GYMNASTICS

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- THIS IS LSU
- TIGERS
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## Jeanie Beadle

1977 AIAW Champion - Beam

A pioneer in LSU gymnastics history, Jeanie Beadle won the Tigers' first individual national championship, claiming the AIAW beam title in 1977. She competed for LSU from 1976-80 and earned All-America status in 1977 and 1978.



## Nicki Arnstad

2002 NCAA Champion - Floor

Nicki Arnstad capped an exceptional four-year career by winning the NCAA floor title at the 2002 national championships. She earned a total of four All-America honors during her career as she was recognized twice on the floor and twice in the all-around. Also a two-time first-team All-SEC performer, she still shares the school record on the floor exercise (10.00).



## April Burkholder

2006 NCAA Champion - Beam

The most decorated gymnast in LSU history, April Burkholder capped a stellar four-year career by winning the national beam title at the 2006 NCAA Championships. She won a school record 14 All-America honors during her career and was named to the All-SEC team four times. Burkholder was also selected as both the NCAA Central Region and SEC Gymnast of the Year twice (2004 and 2005) and was named the SEC Freshman of the Year in 2003.

## All-Americans

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### 1977

Jeanie Beadle

### 1978

Jeanie Beadle  
Jamie Middleton

### 1980

Jolaine Mighton  
Sandra Smith

### 1981

Sandra Smith

### 1982

Sandra Smith

### 1983

Sandra Smith

### 1986

Angie Topham

### 1987

Jennifer Lyerly

### 1988

Patti Kieckhefer

### 1990

Rachelle Fruge' (BB, FX, AA)  
Elizabeth Wilson (UB)

### 1993

Kristine McDonald (VT)  
Jennifer Wood (VT, UB, AA)

### 1994

Aida Canovas (BB)  
Jennifer Wood (FX)

### 1995

Kristy Savoie (FX, AA)  
Jennifer Wood (VT)

### 1996

Jennifer Wood (VT, UB, FX, AA)

### 1997

Colleen Barger (BB)  
Amy McClosky (BB, FX)

### 1998

Colleen Barger (BB)  
Abbey Burns (UB, AA)  
Amy McClosky (BB)

### 1999

Shanyn MacEachern (VT)  
Stacey Wegener (BB)

### 2000

Beth Boudreaux (BB)  
Abbey Burns (UB)  
Kim Descalopoulos (VT)  
Shanyn MacEachern (VT)  
Stacey Wegener (BB)

### 2001

Nicki Arnstad (FX, AA)

### 2002

Nicki Arnstad (FX, AA)  
Lauren Companioni (FX)  
Kristin Uransky (UB)

### 2003

Annie Gagnon (UB)

### 2004

April Burkholder (VT, BB, FX, AA)  
Annie Gagnon (UB)

### 2005

April Burkholder (VT, UB, BB, FX, AA)  
Annie Gagnon (VT, UB)  
Terin Martinjak (BB)  
Lisa Rennie (UB)

### 2006

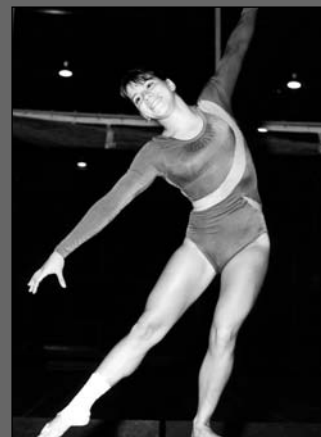
April Burkholder (VT, UB, BB, FX, AA)  
Kelly Lea (UB)  
Terin Martinjak (BB, FX)  
Kelly Phelan (FX)  
Lisa Rennie (UB)



**Jeanie Beadle**  
1977 • 1978



**Jamie Middleton**  
1978



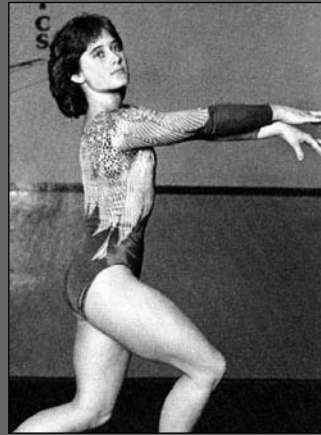
**Jolaine Mighton**  
1980

# All-Americans

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**Sandra Smith**  
1980 • 1981 • 1982 • 1983



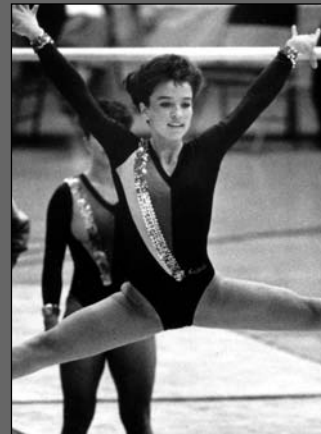
**Angie Topham**  
1986



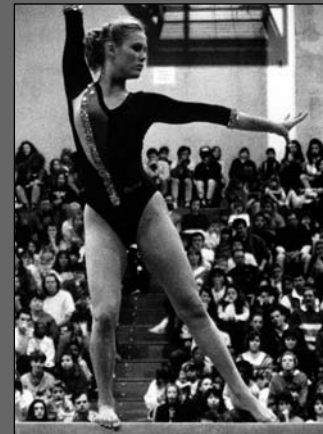
**Jennifer Lyerly**  
1987



**Patti Kieckhefer**  
1988



**Rachelle Fruge'**  
1990



**Elizabeth Wilson**  
1990



**Kristine McDonald**  
1993



**Jennifer Wood**  
1993 • 1994 • 1995 • 1996



**Aida Canovas**  
1994

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**Kristy Savoie**  
1995



**Colleen Barger**  
1997 • 1998



**Amy McClosky**  
1997 • 1998



**Abbey Burns**  
1998 • 2000



**Shynyn MacEachern**  
1999 • 2000



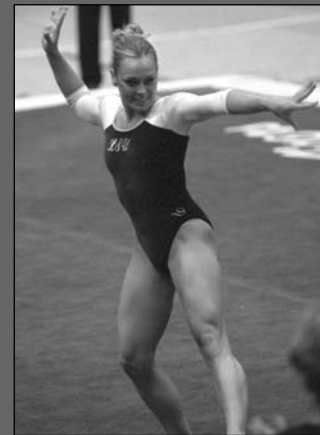
**Stacey Wegener**  
1999 • 2000



**Beth Boudreaux**  
2000



**Kim Descalopoulis**  
2000



**Nicki Arnstad**  
2001 • 2002

# All-Americans

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**Lauren Companioni**  
2002



**Kristin Uransky**  
2002



**Annie Gagnon**  
2003 • 2004 • 2005



**April Burkholder**  
2004 • 2005 • 2006



**Terin Martinjak**  
2005 • 2006



**Lisa Rennie**  
2005 • 2006



**Kelly Lea**  
2006



**Kelly Phelan**  
2006

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**D-D Breaux**  
Six-time SEC Coach of the Year

### SEC Coach of the Year

1990	D-D Breaux
1993	D-D Breaux
1994	D-D Breaux (Co-Head Coach of the Year)
1995	D-D Breaux (Co-Head Coach of the Year)
2000	D-D Breaux (Co-Head Coach of the Year)
2005	D-D Breaux

### SEC Gymnast of the Year

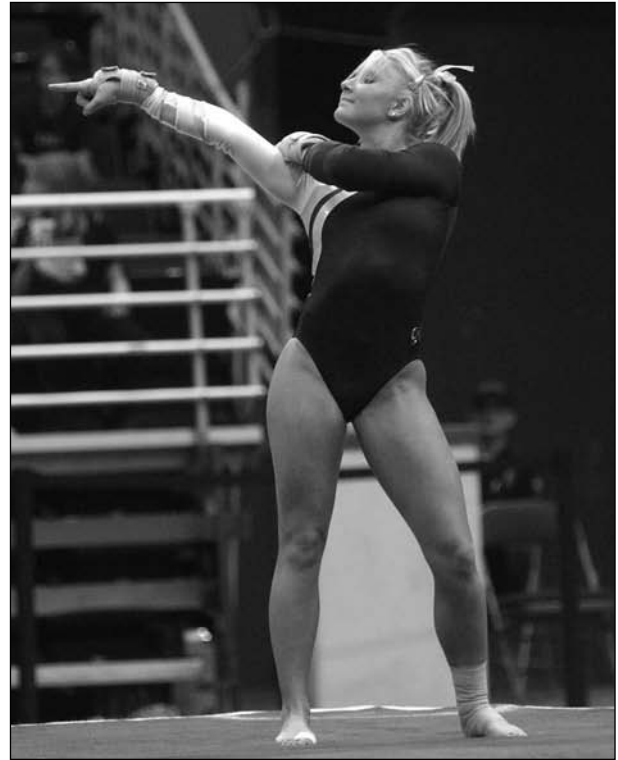
2004	April Burkholder
2005	April Burkholder

### SEC Freshman of the Year

2003	April Burkholder
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### SEC Champions

1981	Sandra Smith (VT, FX)
1982	Sandra Smith (FX)
1983	Sandra Smith (VT)
1985	Angie Topham (BB)
1988	Jennifer Lyerly (VT)
	Julianne Wilson (VT)
1990	Jami Snopek (VT)
1991	Rachelle Fruge' (BB, AA)
	Elizabeth Wilson (UB)
1994	Jennifer Wood (UB)
1998	Amy McClosky (BB)



**April Burkholder**  
Two-time SEC Gymnast of the Year

### All-SEC

1981	Lisa Benn
	Michelle Camarata
	Jamie Middleton
	Sandra Smith
	Paula Stansbury
1982	Lisa Benn
	Sandra Smith
1983	Sandra Smith
1984	Ellen Donaldson
1985	Angie Topham
1987	Mary Spence
1990	Rachelle Fruge'
	Jami Snopek
1991	Rachelle Fruge'
	Elizabeth Wilson
1993	Jennifer Wood
1994	Jennifer Wood
1995	Kristy Savoie
	Jennifer Wood
1996	Jennifer Wood
1997	Stephanie Hyett
	Amy McClosky
1998	Colleen Barger
	Stephanie Hyett
	Amy McClosky
1999	Abbey Burns
2000	Nicki Arnstad
2002	Nicki Arnstad
	Rebecca Lightsey
2003	April Burkholder
2004	Lindsay Beddow
	April Burkholder
2005	April Burkholder
	Nicki Butler
	Lisa Rennie
2006	April Burkholder

# All-SEC Performers

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**Sandra Smith**  
1981 • 1982 • 1983



**Lisa Benn**  
1981 • 1982



**Michelle Camarata**  
1981



**Paula Stansbury**  
1981



**Jamie Middleton**  
1981



**Ellen Donaldson**  
1984



**Angie Topham**  
1985



**Mary Spence**  
1987



**Rachelle Fruge'**  
1990 • 1991



**Jami Snopek**  
1990



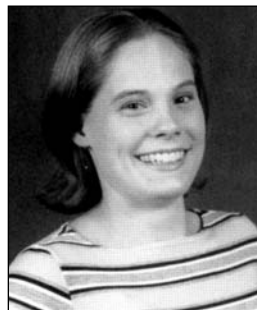
**Elizabeth Wilson**  
1991



**Jennifer Wood**  
1993 • 1994 • 1995 • 1996



**Kristy Savoie**  
1997



**Stephanie Hyett**  
1997 • 1998



**Amy McClosky**  
1997 • 1998



**Colleen Barger**  
1998



**Abbey Burns**  
 1999



**Beth Boudreaux**  
 2000



**Shany MacEachern**  
 2000



**Nicki Arnstad**  
 2000 • 2002



**Rebecca Lightsey**  
 2000 • 2002



**April Burkholder**  
 2003 • 2004  
 2005 • 2006



**Lindsay Beddow**  
 2004



**Nicki Butler**  
 2005



**Lisa Rennie**  
 2005

# Team Championships

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## SEC Team Championships - 1981



**Lisa Benn**



**Jamie Middleton**



**Michelle Camarata**



**Paula Stansbury**



**Terri Harris**

NOT PICTURED  
**Dionne Estopinal**



1981 SEC Champions

## Event Championships

1988	Vault	47.60
1990	Floor Exercise	48.150
1995	Floor Exercise	49.175
1998	Floor Exercise	49.400
2002	Beam	48.975
2004	Bars	49.400



1986 NCAA Central Regional Champions

## Regional Team Championships

Year	Location	Team Score
1975*	Baton Rouge, La.	79.75
1976*	Baton Rouge, La.	99.90
1977*	Stillwater, Okla.	134.25
1979*	Baton Rouge, La.	137.55
1980*	Baton Rouge, La.	147.65
1986	Baton Rouge, La.	185.25
2002	Baton Rouge, La.	196.450
2004	Baton Rouge, La.	197.500
2005	Durham, N.H.	197.125

\*AIAW Regional Finish



2005 NCAA Northeast Regional Champions



## ACADEMIC ALL-AMERICANS

**1991** Kristine McDonald  
Christine Wetzel  
Elizabeth Wilson

**1992** Alana Long

**1993** Alana Long  
Kristy Savoie

**1994** Kelly Duffy  
Alysia Furgatch  
Alana Long  
Roxanne St. Romain  
Kristy Savoie

**1995** Kelly Duffy  
Alysia Furgatch  
Jennifer Landry  
Alana Long  
Cindy Marion  
Kristy Savoie

**1996** Robin Evans  
Jennifer Landry  
Cindy Marion  
Kristy Savoie

**1997** Abbey Burns  
Kerry Descalopoulos  
Robin Evans  
Cindy Marion  
Amy McClosky

**1998** Colleen Barger  
Abbey Burns  
Leah Concannon  
Jennie Conrad  
Kerry Descalopoulos  
Kim Descalopoulos  
Robin Evans  
Cindy Marion  
Amy McClosky  
Stacey Wegener

**1999** Colleen Barger  
Abbey Burns  
Leah Concannon  
Jennie Conrad  
Kerry Descalopoulos  
Kim Descalopoulos  
Stacey Wegener

**2000** Colleen Barger  
Abbey Burns  
Leah Concannon  
Adrienne Couret  
Kerry Descalopoulos  
Kim Descalopoulos  
Sharene Mamby  
Stacey Wegener

**2001** Lindsay Beddow  
Adrienne Couret  
Marina Degteva  
Sharene Mamby

**2002** Lindsay Beddow  
Lauren Companioni  
Adrienne Couret  
Marina Degteva  
Rachel Franzella  
Jade Jenkins  
Sharene Mamby

**2003** Lindsay Beddow  
Lauren Companioni  
Jade Jenkins  
Kelly Lea  
Terin Martinjak  
Amanda Mueller

**2004** Lindsay Beddow  
Lauren Companioni  
Annie Gagnon  
Jade Jenkins  
Kelly Lea  
Mandy Mueller

**2005** Lauren Companioni  
Annie Gagnon  
Jade Jenkins  
Kelly Lea

**2006** Kristi Esposito  
Lauren Klein  
Kelly Lea  
Amanda Morales  
Kelly Phelan

## SEC ACADEMIC HONOR ROLL

**1987** Angie Topham

**1990** Elizabeth Wilson

**1991** Kristine McDonald  
Christine Wetzel  
Elizabeth Wilson

**1992** Alana Long  
Elizabeth Wilson

**1993** Alana Long  
Kristy Savoie

**1994** Jennifer Landry  
Alana Long  
Kristy Savoie

**1995** Kelly Duffy  
Alysia Furgatch  
Jennifer Landry  
Alana Long  
Roxanne St. Romain  
Kristy Savoie

**1996** Jennifer Landry  
Cindy Marion  
Amy McClosky  
Kristy Savoie

**1997** Robin Evans  
Cindy Marion  
Amy McClosky  
Denise Savoie

**1998** Colleen Barger  
Abbey Burns  
Kerry Descalopoulos  
Kim Descalopoulos  
Robin Evans  
Stephanie Hyett  
Cindy Marion  
Amy McClosky  
Denise Savoie  
Kellye Smith  
Stacey Wegener

**1999** Colleen Barger  
Abbey Burns  
Leah Concannon  
Jennie Conrad  
Patricia Corbello  
Kerry Descalopoulos  
Kim Descalopoulos  
Stephanie Hyett  
Kellye Smith  
Stacey Wegener

**2000** Colleen Barger  
Beth Boudreaux  
Abbey Burns  
Patricia Corbello  
Adrienne Couret  
Marina Degteva  
Kerry Descalopoulos  
Kim Descalopoulos  
Stephanie Hyett  
Sharene Mamby  
Kellye Smith  
Stacey Wegener

**2001** Beth Boudreaux  
Patricia Corbello  
Adrienne Couret  
Marina Degteva  
Sharene Mamby

**2002** Beth Boudreaux  
Tricia Corbello  
Adrienne Couret  
Marina Degteva  
Sharene Mamby

**2003** Lindsay Beddow  
Beth Boudreaux  
Brooke Cazeaux  
Lauren Companioni  
Adrienne Couret  
Marina Degteva  
Rachel Franzella  
Annie Gagnon  
Jade Jenkins  
Rebecca Lightsey  
Sharene Mamby  
Chelsea Richard  
Kristin Uransky

**2004** Lindsay Beddow  
Lauren Companioni  
Annie Gagnon  
Jade Jenkins  
Kelly Lea  
Terin Martinjak

**2005** April Burkholder  
Lauren Companioni  
Megan Durning  
Annie Gagnon  
Katherine Hilton  
Jade Jenkins  
Kelly Lea  
Rikki L'Heureux  
Kelly Phelan  
Terin Martinjak  
Lisa Rennie

**2006** Lauren Klein  
Kelly Lea  
Terin Martinjak  
Amanda Morales  
Kelly Phelan  
Lisa Rennie  
Vanessa Rodriguez  
Christina Suhr

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## A

Nicki Arnstad (1999-2002)

## B

Colleen Barger (1997-2000)

Syreeta Barnett (1994-97)

Jeanie Beadle (1977-78)

Lindsay Beddow (2001-04)

Lisa Benn (1981-84)

Beth Boudreaux (1999-2002)

Brittany Brown (2003-04)

Stephanie Buck (1996)

April Burkholder (2003-06)

**Nicki Butler (2004-06)**

Abbey Burns (1997-2000)

## C

Michelle Camarata (1981)

Aida Canovas (1993-95)

Brooke Cazeaux (2000-03)

Allison Christopher (1986)

Aimee Churchill (1988-91)

**Ashleigh Clare-Kearney (2005-06)**

Lauren Companioni (2002-05)

Leah Concannon (1998-99)

Jennie Conrad (1998-99)

Tricia Corbello (1998-2001)

Adrienne Couret (1999-2002)

Lauren Craig (1983-84)

## D

Marina Degteva (1999-2002)

Tammy DeFries (1986-88)

Tracy Delello (1986)

Kerry Descalopoulis (1997-2000)

Kim Descalopoulis (1997-2000)

Ellen Donaldson (1982-84)

Cathy Douglass (1987)

Kelly Duffy (1994-95)

Megan Durning (2003-05)

Amy Duval (1985)

## E

**Emily Ellis (2005-06)**

Dionne Estpinel (1981)

Robin Evans (1996-98)

## F

Tricia Fortson (1990)

Rachel Franzella (2002-03)

Nancy Frey (1983-84)

Rachelle Fruge' (1988-91)

Alysia Furgatch (1994-95)

## G

Annie Gagnon (2002-05)

Teri Gibson (2006)

Amber Goforth (1992-93)

## H

Terri Harris (1980)

Sherri Hayes (1977-78)

Katherine Hilton (2003-05)

Ashley Hopson (2001)

Eva Hozman (1989-90)

Stephanie Hyett (1997-2000)

## J

Jade Jenkins (2002-05)

Jennifer Jones (1994)

## K

Lori Kent (1977-80)

Patti Kieckhefer (1986-89)

**Lauren Klein (2006)**

## L

Jennifer Landry (1993-96)

Kelly Lea (2003-06)

Rikki L'Heureux (2003-05)

Susan Lindblom (1988-90)

Rebecca Lightsey (2000-01)

Alana Long (1992-95)

Larissa Lowing (1992-95)

Jennifer Lyerly (1986-89)

## M

Shanyn MacEachern (1999-2002)

Sharene Mamby (1998-2000, 02)

Cindy Marion (1995-98)

Terin Martinjak (2003-06)

Amy McClosky (1995-98)

Kristine McDonald (1990-93)

Debbie Menzie (1977-78)

Jamie Middleton (1978-81)

Jolaine Mighton (1980)

Kim Miner (1986)

Cecilia Montani (1984-86)

**Amanda Morales (2006)**

Amanda Mueller (2001)

Daniela Muzkat (1987)

## P

**Kelly Phelan (2004-06)**

Jennifer Pokrana (1996-97)

Kathy Polko (1986-88)

## Q

Elizabeth Qualine (1978-79)

## R

Aparna Ray (1994-97)

Pam Reither (1982-85)

**Lisa Rennie (2004-06)**

Chelsea Richard (2001-03)

Tami Richardson (1985-86)

Vanessa Rodriguez (2006)

Nina Roffey (1986)

Donna Rogers (1984-85)

Roxanne St. Romain (1994-95)

## S

Denise Savoie (1996-98)

Kristy Savoie (1993-96)

Kellye Smith (1997-2000)

Sandra Smith (1980-83)

Jami Snopek (1988-91)

Mary Spence (1985-87)

Michelle Spillman (1987)

Paula Stansbury (1981-84)

Shea Lyn Streeter (1991)

Christina Suhr (2006)

Missy Sweeton (1979)

## T

Jessica Thompson (2001)

Lindsey Thompson (2003-05)

Angie Topham (1985-88)

Beth Tostevin (1985-86)

Cindy Truman (1986)

## U

Kristin Uransky (2001-02)

## V

Maureen Valentine (1982-85)

Stephanie Viado (1996)

## W

Marla Walker (1982-85)

Stacey Wegener (1997-2000)

Elizabeth Wilson (1990-93)

Julianne Wilson (1988-90)

SuAnna Wells (1992-93)

Christine Wetzel (1989-91)

Sonja Wojtkun (1992)

Jennifer Wood (1993-96)

Current gymnasts in bold.