

Meet Information



LSU TRACK AND FIELD

LSU Twilight
Friday, February 17, 2012
Carl Maddox Fieldhouse - Baton Rouge, Louisiana

Entry Information and Instructions

Invitation

Entry into the meet is by invitation only. A school desiring consideration for meet entry should email Jeremy Kenny at jkenny1@lsu.edu by December 9.

Number Restrictions

Relay:	2 teams per school
60m, 60m Hurdles:	unlimited entries
Mile, 3000m:	3 per school
Vertical Jumps:	2 per school, plus athletes who meet the Special Standards below.
Throwing Events:	2 per school, plus athletes who meet the Special Standards below.
Horizontal Jumps:	2 per school, plus athletes who meet the Special Standards below.

Special Field Event Standards

In the field events each school will be allowed only two competitors per gender. Extra entries (above the limit of 2) will be permitted into the meet if they have met the following standards in collegiate competition:

	Men	Women
Long Jump	25-0	20-6
Triple Jump	52-0	42-0
Pole Vault	16-0	12-6
High Jump	6-10	5-8
Shot Put	50-0	45-0
Weight Throw	55-0	50-0

Teams who have entries meeting these standards that are not included among the two allowed entries should email these entries to Jeremy Kenny at jkenny1@lsu.edu, with a web link to document the mark.

Minimum Marks and Starting Heights

Minimum marks and approximate starting heights are listed below. In the horizontal jumps and throws, the first legal mark will be measured, all further marks must meet the minimums.

	Men	Women
Weight Throw	45-0	40-0
Shot Put	45-0	40-0
High Jump	6-4	5-2
Long Jump	23-0	18-0
Triple Jump	47-0	38-0
Pole Vault	14-6	10-6

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Entry Procedure

1. All entries will be done electronically through www.directathletics.com. A link to this site can also be found by accessing www.lsusports.net, clicking on Track and Field, then on 2012 Meet Info.
2. Entry Deadline is **11:30 PM, Tuesday, February 14, 2012**. Entries may be made as early as Sunday, February 12, 2011. You may make changes as often as you wish until the entry deadline.
3. Entries should be projected marks.
4. No Faxed or Phoned entries will be accepted.
5. All universities with unattached entries should follow the unattached athlete entry procedure as outlined later in this meet information.

Entry Fees

1. Entry fees are \$200 per team (men and women are considered separate teams).
2. This fee must be paid prior to the meet at packet pickup.
3. Checks should be made payable to LSU Athletic Department.
4. This entry fee will provide tickets for all athletes and 5 extra passes for coaches and support staff per gender.
5. **Unattached athletes** must make payment online at www.directathletics.com with a credit card. **PLEASE READ ENTRY INFORMATION BELOW FOR ENTRY DEADLINES FOR UNATTACHED ENTRIES.**

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Meet Information

MEET SITE

The Carl Maddox Fieldhouse is a 3,000-seat facility with a 200-meter un-banked tartan track. The lanes are 42" wide, with 7 lanes on the oval and 10 for straightaway races. The pole vault runway is rubber covered board runway, the high jump area is tartan and the long/triple jump runway is a rubber covered board runway. The throwing circles are plywood. The Carl Maddox Fieldhouse is located just off Nicholson Drive on the LSU campus.

PARKING

Parking is available at the Bernie Moore Lot off Nicholson Drive, near the Southwest Portal of the Carl Maddox Fieldhouse (athletes and coaches entrance). Buses may park on Nicholson Drive, at the former Alex Box Stadium lot or in W lot. Please see attached map.

PACKET PICKUP

Coaches should pick up their team's meet packet prior to competing Friday between the hours of 12:00 PM and 3:30 PM at the Southwest Portal (athletes and coaches entrance) of the Carl Maddox Fieldhouse. Unattached athletes should collect their packets there at the same time.

MEET PACKETS

Team packets will include heat sheets, time schedule, entry fee receipts, coaches' infield passes and instructions, meet tickets for athletes and five additional meet tickets for coaches and support staff per gender.

MEET ADMISSION

Athletes and Coaches: Enter at Southwest Portal by presenting your meet ticket.

General Public: Enter at Southeast Portal. Admission is \$5 for adults, \$3 for children aged 12 and under.

DRESSING FACILITIES

Locker room and shower facilities are available in the Carl Maddox Fieldhouse for both men and women during meet hours. You must furnish your own towels.

TRAINING AREA

Athletic trainers will be available in the Northeast Portal of the Carl Maddox Fieldhouse for emergencies. Team athletic trainers must set up behind the bleachers adjacent to the Southwest Portal (athletes and coaches entrance). Athletic trainers will not be allowed to set up in any other area.

SEATING

Athletes and coaches must use only sections 3, 4, 5, 6, and the portable bleachers located in the Southwest corner of the Carl Maddox Fieldhouse. All other sections are reserved for ticket holders only.

TIME SCHEDULE

A copy of the tentative time schedule is enclosed. Running event times are approximate. A revised schedule will be in your packet, and will be posted on the website www.lsusports.net Thursday, February 16 at 9:00 PM. Go to Track and Field, meet info and click on LSU Twilight Performance Lists.

UNATTACHED ENTRIES

Unattached entries must:

- 1) Set up an individual account on www.directathletics.com. Please do this in advance of the entry deadline as it takes several days for this to process.
- 2) Email the LSU Track and Field Office (jkenny1@lsu.edu) with event(s) and entry mark for permission to enter the meet. If permission is granted a password will be emailed. ***In the horizontal jumps, Unattached athletes must have met the special standard within the past 12 months to receive permission to enter***
- 3) Enter on line through the individual account at www.directathletics.com.
- 4) Payment for meet entry of \$25 will be done on line at time of entry. A credit card will be required.

NO PHONE or EMAIL entries will be accepted. Please plan accordingly to meet entry deadlines.

SPECIAL MEET RULE(S)

- NCAA Rules pertaining to electronic equipment will be strictly enforced on the arena floor of the Field House
- Louisiana State University, the Athletics Department, and Event Management are not responsible for any lost or stolen items. Please leave all valuables and personal items at home. LSU Athletics does not provide security for monitoring personal belongings.

PERFORMANCE LIST & RESULTS

A performance list will be posted on the website www.lsusports.net Thursday, February 16 at 9:00 PM. Go to Track & Field, meet info and click on LSU Twilight Performance List. Heat sheets will be in your packet at check in. Individual event results will be posted at the conclusion of that event in the Southwest Corner of the Carl Maddox Fieldhouse. Final results will be available to teams from the press box after the meet and will be posted on the same website.

INFIELD PASSES AND COACHING AREAS

Included in the meet packet will be one infield coaching pass per gender. This pass permits entry into either of two coaching boxes. These boxes are located next to the pole vault runway on the infield, and directly in front of the temporary bleachers in the southeast corner of the Carl Maddox Fieldhouse just outside the oval.

ATHLETE CHECK-IN

Running Events: Athletes must check in one event prior to their own event at the check-in area (Clerk of Course, in the Northwest Portal).

Field events: Athletes must check in 15 minutes prior to the start of their event with the Head Judge of that event at the event site.

Relay Events: Relay teams should check in one event prior to their own event at the check-in area (Clerk of Course, in the Northwest Portal). Relay teams should pick up a relay card in the Clerking area, fill it out, and turn it in to the clerk of course.

QUALIFYING

In the 60 and 60 Hurdles, the Top 10 times from the qualifying rounds will advance to the final. All other running events will be contested as sections against time. In field events, the top 10 marks for the preliminary rounds will advance to the finals.

SCORING

This will be a non-scoring meet.

IMPLEMENT INSPECTIONS

Throwing implements will be inspected in the Northwest Portal of the Carl Maddox Fieldhouse. Inspections will begin 90 minutes prior to the event and conclude 30 minutes prior to the event. Implements will be transported to the event area 30 minutes prior to the event's starting time.

STARTING HEIGHTS

See entry restrictions page above.

WARM UPS

Running Events: Warm ups for all running events will be outside on Bernie Moore Track or the grass field outside the Northwest Portal of the Field House.

Field Events: Athletes will have access to field event venues for warm ups approximately 45 minutes prior to the scheduled start of competition. Warm-ups for field events will be terminated ten minutes prior to the scheduled start of the event. In the high jump, no tape measures may be used within 30 minutes of the starting time.

FURTHER INFORMATION

For further information, contact the LSU Track & Field Office at (225) 578-8627.

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FINAL

Time Schedule

Track Events*****

Time	Event	Division	Round	Advance
5:15 PM	60 Meter Hurdles	Women	Preliminaries	10
5:30 PM	60 Meter Hurdles	Men	Preliminaries	10
5:45 PM	60 Meters	Women	Preliminaries	10
6:00 PM	60 Meters	Men	Preliminaries	10
6:20 PM	600 M Invitational	Men	Final	
6:25 PM	Mile	Women	Final (Sections Against Time)	
6:45 PM	Mile	Men	Final (Sections Against Time)	
7:00 PM	60 Meter Hurdles	Women	Final	
7:05 PM	60 Meter Hurdles	Men	Final	
7:10 PM	60 Meters	Women	Final	
7:15 PM	60 Meters	Men	Final	
7:20 PM	3000 Meters	Women	Final	
7:35 PM	200 M Invitational	Women	Final	
7:40 PM	3000 Meters	Men	Final	
7:55 PM	4x400 Meter Relay	Women	Final	
8:10 PM	4x400 Meter Relay	Men	Final	

Field Events*****

Time	Event	Division	Round	Advance
12:30 PM	Weight Throw	Men	Trials & Final	10
1:30 PM	Weight Throw	Women	Trials & Final	10
3:00 PM	Long Jump	Men	Trials & Final	10
3:00 PM	Shot Put	Men	Trials & Final	10
3:00 PM	Pole Vault	Men	Final	
5:00 PM	Shot Put	Women	Trials & Final	10
5:00 PM	Long Jump	Women	Trials & Final	10
5:30 PM	High Jump	Men	Final	
5:30 PM	Pole Vault	Women	Final	
6:30 PM	Triple Jump	Women	Trials & Final	10
7:15 PM	High Jump	Women	Final	
8:00 PM	Triple Jump	Men	Trials & Final	10