

**LSU Relays**  
**March 26 & 27, 2010**  
**Bernie Moore Track Stadium... Baton Rouge, Louisiana**  
**Time Schedule – Friday, March 26**  
**REVISED- (3.25)**

**Time                      Event                      Division                      Round                      Advance**

**Friday Field Events\*\*\*\*\***

10:30 AM	Javelin	College Women	Trials & Finals	9
12:30 PM	Hammer	College Women	Trials & Finals	9
2:30 PM	High Jump	College Men	Final	
2:30 PM	High Jump	College Women	Final	
3:00 PM	Shot Put	High School Boys	Trials & Finals	7
3:00 PM	Javelin	High School Girls	Trials & Finals	7
3:00 PM	Long Jump	High School Boys	Trials & Finals	7
3:00 PM	Long Jump	High School Girls	Trials & Finals	7
5:15 PM	Shot Put	High School Girls	Trials & Finals	7
5:30 PM	Javelin	High School Boys	Trials & Finals	7
6:00 PM	High Jump	High School Boys	Trials & Finals	
6:00 PM	High Jump	High School Girls	Trials & Finals	
6:15 PM	Long Jump	College Men	Trials & Finals	9
6:15 PM	Long Jump	College Women	Trials & Finals	9
7:00 PM	Shot Put	College Women	Trials & Finals	9
7:45 PM	Hammer	College Men	Trials & Finals	9

**Friday Afternoon Running Events \*\*\*\*\***

2:15 PM	4x100 Relay	College Women	Preliminaries	9
2:25 PM	4x100 Relay	College Men	Preliminaries	9
2:35 PM	4x800 Relay	College Women	Final	
2:50 PM	4x800 Relay	College Men	Final	
3:00 PM	National Anthem			
3:05 PM	100 Hurdles	High School Girls	Preliminaries	9
3:05 PM	110 Hurdles	High School Boys	Preliminaries	9
3:20 PM	100 Hurdles	College Women	Preliminaries	9
3:20 PM	110 Hurdles	College Men	Preliminaries	9
3:35 PM	4x200 Relay	High School Girls	Final (Sections Against Time)	
3:50 PM	4x200 Relay	High School Boys	Final (Sections Against Time)	
4:00 PM	4x800 Relay	High School Girls	Final (Sections Against Time)	
4:15 PM	4x800 Relay	High School Boys	Final (Sections Against Time)	
4:25 PM	100 Meters	High School Girls	Preliminaries	9
4:25 PM	100 Meters	High School Boys	Preliminaries	9
4:40 PM	100 Meters	College Women	Preliminaries	9
4:40 PM	100 Meters	College Men	Preliminaries	9
5:00 PM	300 Hurdles	High School Girls	Final	
5:15 PM	400 Hurdles	College Women	Preliminaries	9
5:25 PM	300 Hurdles	High School Boys	Final	
5:40 PM	400 Hurdles	College Men	Preliminaries	9

**Friday Night Running Events \*\*\*\*\***

6:30 PM	Sprint Medley Relay	High School Girls	Final (Sections Against Time)	
6:45 PM	Sprint Medley Relay	High School Boys	Final (Sections Against Time)	
7:00 PM	Sprint Medley Relay	College Women	Final (Sections Against Time)	
7:10 PM	Sprint Medley Relay	College Men	Final (Sections Against Time)	
7:20 PM	4x400 Relay	High School Girls	Preliminaries	9
7:35 PM	4x400 Relay	High School Boys	Preliminaries	9
7:50 PM	3200 Meters	High School Girls	Final	
8:10 PM	3200 Meters	High School Boys	Final	
8:30 PM	5000 Meters	College Women	Final	
8:50 PM	5000 Meters	College Men	Final	

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**Time Schedule – Saturday, March 27**

Time	Event	Division	Round	Advance
<b>Saturday Field Events*****</b>				
9:00 AM	Discus	High School Boys	Trials & Finals	7
9:00 AM	Discus	High School Girls	Trials & Finals	7
11:00 AM	Triple Jump	High School Boys	Trials & Finals	7
11:00 AM	Triple Jump	High School Girls	Trials & Finals	7
11:00 AM	Pole Vault	High School Girls	Final	
11:00 AM	Pole Vault	High School Boys	Final	
11:00 AM	Discus	College Women	Trials & Finals	9
1:00 PM	Discus	College Men	Trials & Finals	9
1:30 PM	Pole Vault	College Men	Final	
2:00 PM	Pole Vault	College Women	Final	
2:00 PM	Triple Jump	College Women	Trials & Finals	9
2:15 PM	Triple Jump	College Men	Trials & Finals	9
3:15 PM	Javelin	College Men	Trials & Finals	9
3:30 PM	Shot Put	College Men	Trials & Finals	9
<b>Saturday Morning Running Events *****</b>				
10:30 AM	1500 Meters (B)	College Women	Final (Sections Against Time)	
10:40 AM	1500 Meters (B)	College Men	Final (Sections Against Time)	
10:50 AM	4x100 Relay	High School Girls	Preliminaries	9
11:00 AM	4x100 Relay	High School Boys	Preliminaries	9
11:10 AM	1600 Meters	High School Girls (B)	Final (Sections Against Time)	
11:20 AM	1600 Meters	High School Boys (B)	Final (Sections Against Time)	
11:30 AM	Distance Medley Relay	High School Girls	Final (Sections Against Time)	
11:45 AM	Distance Medley Relay	High School Boys	Final (Sections Against Time)	
<b>Saturday Afternoon Running Events*****</b>				
12:55 PM	National Anthem			
1:00 PM	4x100 Relay	College Women	Final	
1:05 PM	4x100 Relay	College Men	Final	
1:10 PM	3000 Steeplechase	College Women	Final	
1:16 PM	100 Meters	Tiny Tots Boys	Final	
1:19 PM	100 Meters	Sub-bantam Girls	Final	
1:28 PM	100 Meters	Sub-Bantam Boys	Final	
1:31 PM	100 Meters	Bantam Girls	Final	
1:34 PM	100 Meters	Bantam Boys	Final	
1:35 PM	3000 Steeplechase	College Men		
1:38 PM	100 Meters	Midget Girls	Final	
1:41 PM	100 Meters	Midget Boys	Final	
1:44 PM	100 Meters	Youth Girls	Final	
1:47 PM	100 Meters	Youth Boys	Final	
1:50 PM	100 Meters	Master's Women-All Divisions	Final	
1:53 PM	100 Meters	Master's Men-All Divisions	Final	
2:00 PM	400 Hurdles	College Women	Final	
2:05 PM	400 Hurdles	College Men	Final	
2:10 PM	4x200 Relay	College Women	Final (Sections Against Time)	
2:15 PM	4x200 Relay	College Men	Final (Sections Against Time)	
2:20 PM	Distance Medley Relay	College Women	Final	
2:35 PM	Distance Medley Relay	College Men	Final	
2:50 PM	4x100 Relay	High School Girls	Final	
2:55 PM	4x100 Relay	High School Boys	Final	
3:00 PM	100 Hurdles	High School Girls	Final	
3:04 PM	100 Hurdles	College Women	Final	
3:10 PM	110 Hurdles	High School Boys	Final	
3:15 PM	110 Hurdles	College Men	Final	
3:20 PM	1600 Meters	High School Girls (A)	Final	
3:28 PM	1600 Meters	High School Boys (A)	Final	
3:35 PM	800 Meter	Invitational Women	Final	
3:40 PM	800 Meter	Invitational Men	Final	
3:45 PM	4x100 Meters	Bantam/Midget/Youth	Final	
3:50 PM	4x100 Meters	Bantam/Midget/Youth	Final	
3:55 PM	100 Meters	High School Girls	Final	
3:58 PM	100 Meters	High School Boys	Final	
4:01 PM	100 Meters	College Women	Final	
4:04 PM	100 Meters	College Men	Final	
4:09 PM	1500 Meters	College Women	Final	
4:15 PM	1500 Meters	College Men	Final	
4:22 PM	4x400 Relay	High School Girls	Final	
4:29 PM	4x400 Relay	High School Boys	Final	
4:35 PM	4x400 Relay	College Women	Final	
4:50 PM	4x400 Relay	College Men	Final	