

Meet Information



Youth & Master's Division

LSU TRACK AND FIELD

LSU Relays Youth/Master's Division
March 26 & 27, 2010
Bernie Moore Track Stadium... Baton Rouge, Louisiana

Entry Information and Instructions

Youth Events

1. 100 meters
2. 4*100 meter relay

Youth Division Breakdown for 100 meter races

Tiny Tots	2004 or later
Sub-Bantam	2002 - 2003
Bantam	2000 - 2001
Midget	1998 - 1999
Youth	1996 - 1997

Master's Events

1. 100 meters

Entry Limitations

1. Entries are limited to 5 per club per age group in the 100 meters.
2. Entries are limited to 2 per club per age group in the relay.

Entry Procedure

1. All entries will be done electronically through www.directathletics.com. A link to this site can also be found by accessing www.lsusports.net, clicking on Track and Field, then on 2010 Meet Info. You should set your account up in advance of the deadline to avoid any problems.
2. Entry Deadline is 11:30 PM, Monday, March 22. Entries may be made as early as March 16. You may make changes as often as you wish until the entry deadline.
3. No Faxed or Phoned entries will be accepted.

Entry Fees

1. Entry fees are \$5 per individual athlete entered, even those on just the relays.
2. Relays and the athletes participating in relays must be entered.
3. Checks, cash, or money orders will be accepted.
4. This entry fee will provide tickets for all athletes and 2 extra passes for coaches.
5. Make checks payable to **LSU TRACK & FIELD OFFICIAL'S ASSOCIATION**.

Check Online for Accepted Entries

1. Visit www.lsusports.net Wednesday, March 24 after 9:00 AM. Click on "Track & Field", Then on "LSU Tiger Relay Heat Sheets".

Awards

1. Awards will be available for all competitors and presented at the finish line.

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MEET SITE

Bernie Moore Track Stadium is a 5,280-seat facility with two tracks, a 400-meter oval and an interior sprint/hurdle straightaway. Both tracks have nine 42" lanes. Field event areas include three dual directional horizontal jump runways, four dual directional pole vault runways, two shot put areas including six circles, and a multi-purpose high jump area within the oval capable of contesting three high jump competitions at once. At the south end are a synthetic javelin runway, two hammer/discus rings and cages, and two additional discus rings and cages. Bernie Moore Track Stadium is located on the LSU Campus off Nicholson Drive.

PARKING

Parking is available at Bernie Moore Track Stadium off Nicholson Drive, and in the lot at Tiger Stadium.

PACKET PICKUP

Coaches should pick up their team's meet packet prior to competing at Gate 1 (athletes and coaches entrance) at the northwest corner of Bernie Moore Track. Packet Pickup hours are as follows:

Saturday, March 27: 7:45 AM – Noon

MEET PACKETS

Team packets will include heat sheets, time schedule, meet tickets for athletes, and two additional meet tickets for coaches.

MEET ADMISSION

Athletes and Coaches: Enter at Gate 1 by presenting your meet ticket.

General Public: Enter at Gate 3. Cost is \$6 per day, \$3 for children aged 12 and under on Friday and Saturday.

DRESSING FACILITIES

Locker room and shower facilities are available in the Fieldhouse for both men and women during meet hours. You must furnish your own towels.

TRAINING AREA

Trainers will be available in the Maravich Assembly Center Training Room, near the backstretch of Bernie Moore Track, for emergencies. Team Trainers will be allowed to set in the Carl Maddox Fieldhouse warm up area or on Maravich Assembly Center Lower Concourse just east of Bernie Moore Track.

SEATING

Athletes and coaches must only use sections 1, 2, 10 and 11 in the lower deck. Other sections are reserved for ticket holders.

TIME SCHEDULE

A copy of the tentative time schedule is enclosed. Running event times are approximate. A revised schedule will be in your packet, and will be posted on the web site www.lsusports.net Wednesday, March 24 at 9:00 AM. Go to Track and Field and click on LSU Tiger Relay Heat Sheets.

SPECIAL MEET RULE(S)

- No radios or portable stereos will be allowed through the gates of Bernie Moore Track Stadium. Please remind your athletes of this policy. (Walkman-type individual radios are OK.)

ENTRY LISTS & RESULTS

Entry lists will be posted on the web site www.lsusports.net Wednesday, March 24 at 9:00 AM. Go to Track and Field and click on LSU Tiger Relays Heat Sheets. They will also be in your packet at check in. Individual event results will be posted on the concourse of Bernie Moore Stadium. Final results will be available from the press box after the meet, and will be posted on the same web site.

PREMEET PRACTICE

Bernie Moore Track will not be available for team practice.

RELAY CARDS

Relay teams should pick up a relay card in the Clerking area, fill it out, and turn it in to the clerk of course. This constitutes the checking for the relay event.

ATHLETE CHECK-IN

Running events: Athletes must check in one event prior to their own event at the check-in area. This area is located at the northwest corner of Bernie Moore Track near the athlete's entrance (Gate 1).

Field events: Athletes must check in 15 minutes prior to the start of their event with the Head Judge of that event at the event site.

WARMUPS

Running Events: Warm ups for all running events will be inside the LSU Fieldhouse or on the adjacent grass field.

FURTHER INFORMATION

For further information, contact the LSU Track & Field Office at (225) 578-8627 or email toddlane@lsu.edu