

History

2006 LSU GYMNASTICS MEDIA GUIDE

INTRO

THIS IS LSU

TIGERS

COACHES

REVIEW

HISTORY

RECORDS

MEDIA

National Champions



Nicki Arnstad
2002 NCAA Champion - Floor



Jeanie Beadle
1977 AIAW Champion - Beam

All-Americans

1977

Jeanie Beadle

1978

Jeanie Beadle
Jamie Middleton

1980

Jolaine Mighton
Sandra Smith

1981

Sandra Smith

1982

Sandra Smith

1983

Sandra Smith

1986

Angie Topham

1987

Jennifer Lyerly

1988

Patti Kieckhefer

1990

Rachelle Fruge' (BB, FX, AA)
Elizabeth Wilson (UB)

1993

Kristine McDonald (VT)
Jennifer Wood (VT, UB, AA)

1994

Aida Canovas (BB)
Jennifer Wood (FX)

1995

Kristy Savoie (FX, AA)
Jennifer Wood (VT)

1996

Jennifer Wood (VT, UB, FX, AA)

1997

Colleen Barger (BB)
Amy McClosky (BB, FX)

1998

Colleen Barger (BB)
Abbey Burns (UB, AA)
Amy McClosky (BB)

1999

Shayn MacEachern (VT)
Stacey Wegener (BB)

2000

Beth Boudreaux (BB)
Abbey Burns (UB)
Kim Descalopoulos (VT)
Shayn MacEachern (VT)
Stacey Wegener (BB)

2001

Nicki Arnstad (FX, AA)

2002

Nicki Arnstad (FX, AA)
Lauren Companioni (FX)
Kristin Uransky (UB)

2003

Annie Gagnon (UB)

2004

April Burkholder (VT, BB, FX, AA)
Annie Gagnon (UB)

2005

April Burkholder (VT, UB, BB, FX, AA)
Annie Gagnon (UB)
Terin Martinjak (BB)
Lisa Rennie (UB)

INTRO
THIS IS LSU
TIGERS
COACHES
REVIEW
HISTORY
RECORDS
MEDIA



Jeanie Beadle
1977 • 1978



Jamie Middleton
1978



Jolaine Mighton
1980



Sandra Smith
1980 • 1981 • 1982 • 1983



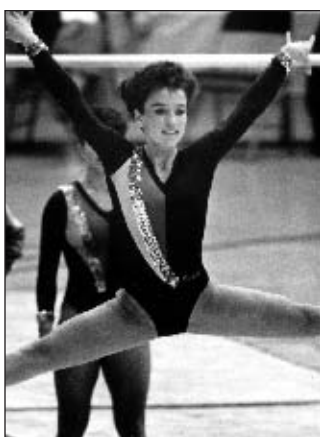
Angie Topham
1986



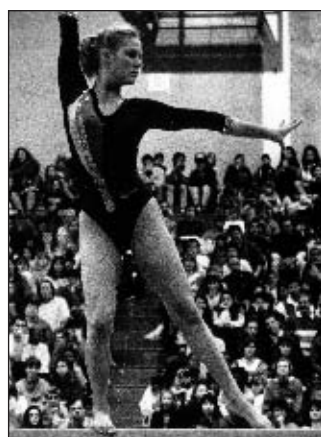
Jennifer Lyerly
1987



Patti Kieckhefer
1988



Rachelle Fruge'
1990



Elizabeth Wilson
1990

INTRO

THIS IS LSU

TIGERS

COACHES

REVIEW

HISTORY

RECORDS

MEDIA



Kristine McDonald
1993



Jennifer Wood
1993 • 1994 • 1995 • 1996



Aida Canovas
1994



Kristy Savoie
1995



Colleen Barger
1997 • 1998



Amy McClosky
1997 • 1998



Abbey Burns
1998 • 2000



Shanyn MacEachern
1999 • 2000



Stacey Wegener
1999 • 2000

INTRO
THIS IS LSU
TIGERS
COACHES
REVIEW
HISTORY
RECORDS
MEDIA



Beth Boudreaux
2000



Kim Descalopoulis
2000



Nicki Arnstad
2001 • 2002



Lauren Companioni
2002



Kristin Uransky
2002



Annie Gagnon
2003 • 2004 • 2005



April Burkholder
2004 • 2005



Terin Martinjak
2005



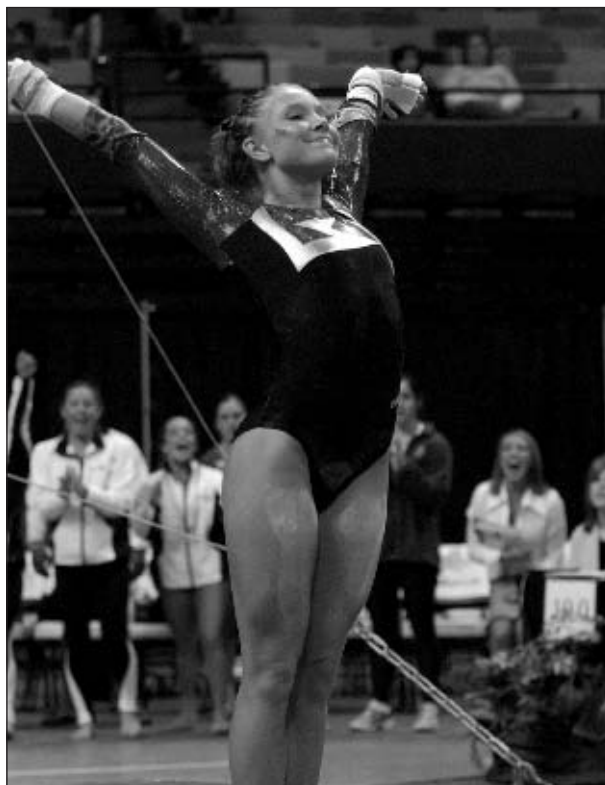
Lisa Rennie
2005

- INTRO
- THIS IS LSU
- TIGERS
- COACHES
- REVIEW
- HISTORY**
- RECORDS
- MEDIA



D-D Breaux

Six-time SEC Coach of the Year



April Burkholder

Two-time SEC Gymnast of the Year

SEC Coach of the Year

1990	D-D Breaux
1993	D-D Breaux
1994	D-D Breaux (Co-Head Coach of the Year)
1995	D-D Breaux (Co-Head Coach of the Year)
2000	D-D Breaux (Co-Head Coach of the Year)
2005	D-D Breaux

SEC Gymnast of the Year

2004	April Burkholder
2005	April Burkholder

SEC Freshman of the Year

2003	April Burkholder
------	------------------

SEC Champions

1981	Sandra Smith (VT, FX)
1982	Sandra Smith (FX)
1983	Sandra Smith (VT)
1985	Angie Topham (BB)
1988	Jennifer Lyerly (VT)
	Julianne Wilson (VT)
1990	Jami Snopek (VT)
1991	Rachelle Fruge' (BB, AA)
	Elizabeth Wilson (UB)
1994	Jennifer Wood (UB)
1998	Amy McClosky (BB)

All-SEC

1981	Lisa Benn
	Michelle Camarata
	Jamie Middleton
	Sandra Smith
	Paula Stansbury
1982	Lisa Benn
	Sandra Smith
1983	Sandra Smith
1984	Ellen Donaldson
1985	Angie Topham
1987	Mary Spence
1990	Rachelle Fruge'
	Jami Snopek
1991	Rachelle Fruge'
	Elizabeth Wilson
1993	Jennifer Wood
1994	Jennifer Wood
1995	Kristy Savoie
	Jennifer Wood
1996	Jennifer Wood
1997	Stephanie Hyett
	Amy McClosky
1998	Colleen Barger
	Stephanie Hyett
	Amy McClosky
1999	Abbey Burns
2000	Nicki Arnstad
2002	Nicki Arnstad
	Rebecca Lightsey
2003	April Burkholder
2004	Lindsay Beddow
	April Burkholder
2005	April Burkholder
	Nicki Butler
	Lisa Rennie

SEC Champions

INTRO
THIS IS LSU
TIGERS
COACHES
REVIEW
HISTORY
RECORDS
MEDIA



Sandra Smith
1981 - VT, FX
1982 - FX • 1983 - VT



Angie Topham
1985 - BB



Jennifer Lyerly
1988 - VT



Julianne Wilson
1988 - VT



Jami Snopek
1990 - VT



Rachelle Fruge'
1991 - BB, AA



Elizabeth Wilson
1991 - UB



Jennifer Wood
1994 - UB



Amy McClosky
1998 - BB

- INTRO
- THIS IS LSU
- TIGERS
- COACHES
- REVIEW
- HISTORY**
- RECORDS
- MEDIA



Sandra Smith
1981 • 1982 • 1983



Lisa Benn
1981 • 1982



Michelle Camarata
1981



Paula Stansbury
1981



Jamie Middleton
1981



Ellen Donaldson
1984



Angie Topham
1985



Mary Spence
1987



Rachelle Fruge'
1990 • 1991



Jami Snopek
1990



Elizabeth Wilson
1991



Jennifer Wood
1993 • 1994 • 1995 • 1996



Kristy Savoie
1997



Stephanie Hyett
1997 • 1998



Amy McClosky
1997 • 1998



Colleen Barger
1998

INTRO
THIS IS LSU
TIGERS
COACHES
REVIEW
HISTORY
RECORDS
MEDIA



Abbey Burns
1999



Beth Boudreaux
2000



Shanyn MacEachern
2000



Nicki Arnstad
2000 • 2002



Rebecca Lightsey
2000 • 2002



Lindsay Beddow
2004



April Burkholder
2003 • 2004 • 2005



Nicki Butler
2005



Lisa Rennie
2005

SEC Team Championships - 1981



Lisa Benn



Jamie Middleton



Michelle Camarata



Paula Stansbury



Terri Harris

NOT PICTURED
Dionne Estopinal

Event Championships

1988	Vault	47.60
1990	Floor Exercise	48.150
1995	Floor Exercise	49.175
1998	Floor Exercise	49.400
2002	Beam	48.975
2004	Bars	49.400



1981 SEC Champions

Regional Team Championships

Year	Location	Team Score
1975*	Baton Rouge, La.	79.75
1976*	Baton Rouge, La.	99.90
1977*	Stillwater, Okla.	134.25
1979*	Baton Rouge, La.	137.55
1980*	Baton Rouge, La.	147.65
1986	Baton Rouge, La.	185.25
2002	Baton Rouge, La.	196.450
2004	Baton Rouge, La.	197.500
2005	Durham, N.H.	197.125

*AIAW Regional Finish



1986 NCAA Central Regional Champions



2005 NCAA Northeast Regional Champions

INTRO
THIS IS LSU
TIGERS
COACHES
REVIEW
HISTORY
RECORDS
MEDIA

ACADEMIC ALL-AMERICANS

1991 Kristine McDonald Christine Wetzel Elizabeth Wilson	1997 Abbey Burns Kerry Descalopoulos Robin Evans Cindy Marion Amy McClosky	2000 Colleen Barger Abbey Burns Leah Concannon Adrienne Couret Kerry Descalopoulos Kim Descalopoulos Sharene Mamby Stacey Wegener	2004 Lindsay Beddow Lauren Companioni Annie Gagnon Jade Jenkins Kelly Lea Mandy Mueller
1992 Alana Long	1998 Colleen Barger Abbey Burns Leah Concannon Jennie Conrad Kerry Descalopoulos Kim Descalopoulos Robin Evans Cindy Marion Amy McClosky Stacey Wegener	2001 Lindsay Beddow Adrienne Couret Marina Degteva Sharene Mamby	2005 Lauren Companioni Annie Gagnon Jade Jenkins Kelly Lea
1993 Alana Long Kristy Savoie	1999 Colleen Barger Abbey Burns Leah Concannon Jennie Conrad Kerry Descalopoulos Kim Descalopoulos Stacey Wegener	2002 Lindsay Beddow Lauren Companioni Adrienne Couret Marina Degteva Rachel Franzella Jade Jenkins Sharene Mamby	
1994 Kelly Duffy Alysia Furgatch Alana Long Roxanne St. Romain Kristy Savoie		2003 Lindsay Beddow Lauren Companioni Jade Jenkins Kelly Lea Terin Martinjak Amanda Mueller	
1995 Kelly Duffy Alysia Furgatch Jennifer Landry Alana Long Cindy Marion Kristy Savoie			
1996 Robin Evans Jennifer Landry Cindy Marion Kristy Savoie			

SEC ACADEMIC HONOR ROLL

1987 Angie Topham	1998 Colleen Barger Abbey Burns Kerry Descalopoulos Kim Descalopoulos Robin Evans Stephanie Hyett Cindy Marion Amy McClosky Denise Savoie Kellye Smith Stacey Wegener	2001 Beth Boudreaux Patricia Corbello Adrienne Couret Marina Degteva Sharene Mamby	2005 April Burkholder Lauren Companioni Megan Durning Annie Gagnon Katherine Hilton Jade Jenkins Kelly Lea Rikki L'Heureux Kelly Phelan Terin Martinjak Lisa Rennie
1990 Elizabeth Wilson	1999 Colleen Barger Abbey Burns Leah Concannon Jennie Conrad Patricia Corbello Kerry Descalopoulos Kim Descalopoulos Stephanie Hyett Kellye Smith Stacey Wegener	2002 Beth Boudreaux Tricia Corbello Adrienne Couret Marina Degteva Sharene Mamby	
1991 Kristine McDonald Christine Wetzel Elizabeth Wilson	2000 Colleen Barger Beth Boudreaux Abbey Burns Patricia Corbello Adrienne Couret Marina Degteva Kerry Descalopoulos Kim Descalopoulos Stephanie Hyett Sharene Mamby Kellye Smith Stacey Wegener	2003 Lindsay Beddow Beth Boudreaux Brooke Cazeaux Lauren Companioni Adrienne Couret Marina Degteva Rachel Franzella Annie Gagnon Jade Jenkins Rebecca Lightsey Sharene Mamby Chelsea Richard Kristin Uransky	
1992 Alana Long Elizabeth Wilson		2004 Lindsay Beddow Lauren Companioni Annie Gagnon Jade Jenkins Kelly Lea Terin Martinjak	
1993 Alana Long Kristy Savoie			
1994 Jennifer Landry Alana Long Kristy Savoie			
1995 Kelly Duffy Alysia Furgatch Jennifer Landry Alana Long Roxanne St. Romain Kristy Savoie			
1996 Jennifer Landry Cindy Marion Amy McClosky Kristy Savoie			
1997 Robin Evans Cindy Marion Amy McClosky Denise Savoie			

INTRO

THIS IS LSU

TIGERS

COACHES

REVIEW

HISTORY

RECORDS

MEDIA

A

Nicki Arnstad (1999-2002)

B

Colleen Barger (1997-2000)

Syreeta Barnett (1994-97)

Jeanie Beadle (1977-78)

Lindsay Beddow (2001-04)

Lisa Benn (1981-84)

Beth Boudreaux (1999-2002)

Brittany Brown (2003-04)

Stephanie Buck (1996)

Nicki Butler (2004-05)

April Burkholder (2003-05)

Abbey Burns (1997-2000)

C

Michelle Camarata (1981)

Aida Canovas (1993-95)

Brooke Cazeaux (2000-03)

Allison Christopher (1986)

Aimee Churchill (1988-91)

Ashleigh Clare-Kearney (2005)

Lauren Companioni (2002-05)

Leah Concannon (1998-99)

Jennie Conrad (1998-99)

Tricia Corbello (1998-2001)

Adrienne Couret (1999-2002)

D

Marina Degteva (1999-2002)

Tammy DeFries (1986)

Tracy Delello (1986)

Kerry Descalopoulos (1997-2000)

Kim Descalopoulos (1997-2000)

Ellen Donaldson (1982-84)

Cathy Douglass (1987)

Kelly Duffy (1994-95)

Megan Durning (2003-05)

Amy Duval (1985)

E

Emily Ellis (2005)

Dionne Estpinel (1981)

Robin Evans (1996-98)

F

Tricia Fortson (1990)

Rachel Franzella (2002-03)

Nancy Frey (1983-84)

Rachelle Fruge' (1988-91)

Alysia Furgatch (1994-95)

G

Annie Gagnon (2002-05)

Amber Goforth (1992-93)

H

Terri Harris (1980)

Sherri Hayes (1977-78)

Katherine Hilton (2003-05)

Ashley Hopson (2001)

Eva Hozman (1989-90)

Stephanie Hyett (1997-2000)

J

Jade Jenkins (2002-05)

Jennifer Jones (1994)

K

Lori Kent (1977-80)

Patti Kieckhefer (1986-89)

L

Jennifer Landry (1993-96)

Kelly Lea (2003-05)

Rikki L'Heureux (2003-05)

Susan Lindblom (1988-90)

Rebecca Lightsey (2000-01)

Alana Long (1992-95)

Larissa Lowing (1992-95)

Jennifer Lyerly (1986-89)

M

Shanyn MacEachern (1999-2002)

Sharene Mamby (1998-2000, 02)

Cindy Marion (1995-98)

Terin Martinjak (2003-05)

Amy McClosky (1995-98)

Kristine McDonald (1990-93)

Debbie Menzie (1977-78)

Jamie Middleton (1978-81)

Jolaine Mighton (1980)

Kim Miner (1986)

Cecilia Montani (1984-86)

Amanda Mueller (2001)

Daniela Muzkat (1987)

P

Kelly Phelan (2004-05)

Jennifer Pokrana (1996-97)

Kathy Polko (1986-88)

Q

Elizabeth Qualine (1978-79)

R

Aparna Ray (1994-97)

Pam Reither (1982-85)

Lisa Rennie (2004-05)

Chelsea Richard (2001-03)

Tami Richardson (1985-86)

Nina Roffey (1986)

Donna Rogers (1984-85)

Roxanne St. Romain (1994-95)

S

Denise Savoie (1996-98)

Kristy Savoie (1993-96)

Kellye Smith (1997-2000)

Sandra Smith (1980-83)

Jami Snopek (1988-91)

Mary Spence (1985-87)

Michelle Spillman (1987)

Paula Stansbury (1981-84)

Shea Lyn Streeeter (1991)

Missy Sweeton (1979)

T

Jessica Thompson (2001)

Lindsey Thompson (2003-05)

Angie Topham (1985-88)

Beth Tostevin (1985-86)

Cindy Truman (1986)

U

Kristin Uransky (2001-02)

V

Maureen Valentine (1982-85)

Stephanie Viado (1996)

W

Marla Walker (1982-85)

Stacey Wegener (1997-2000)

Elizabeth Wilson (1990-93)

Julianne Wilson (1988-90)

SuAnna Wells (1992-93)

Christine Wetzel (1989-91)

Sonja Wojtkun (1992)

Jennifer Wood (1993-96)

Current gymnasts in bold.