

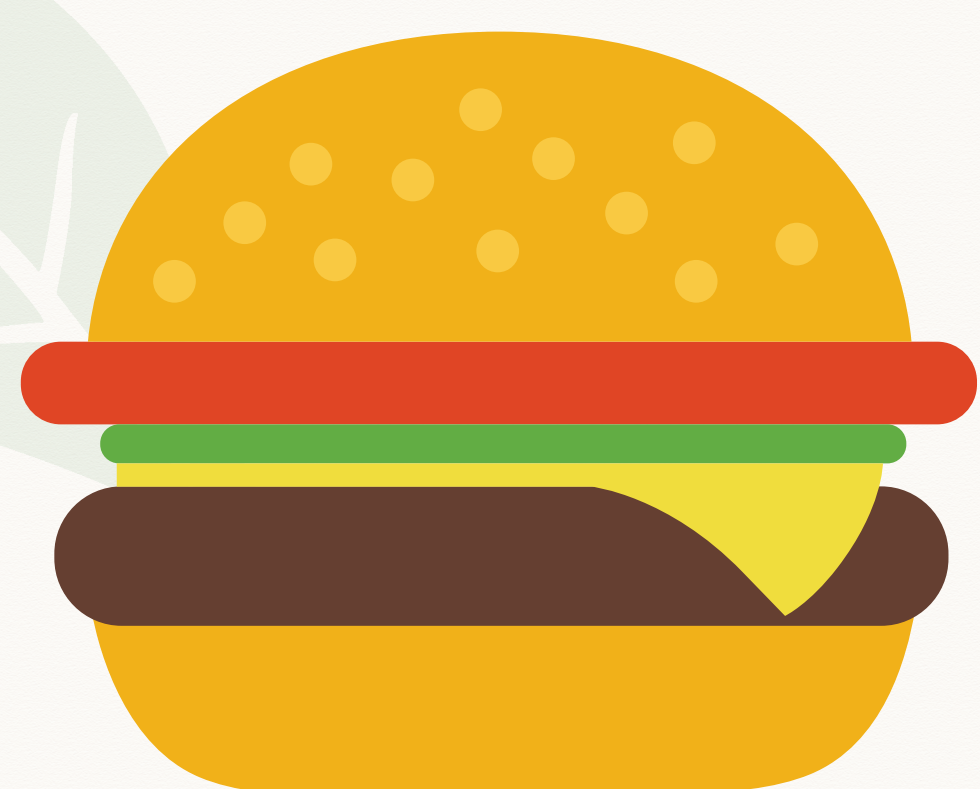


# More Plants Please!

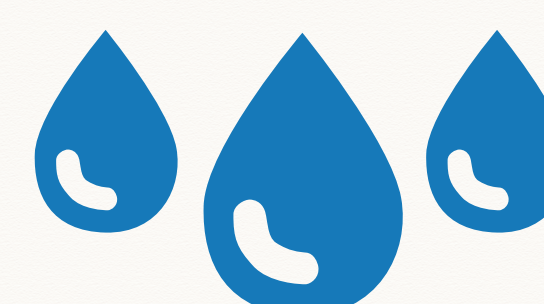
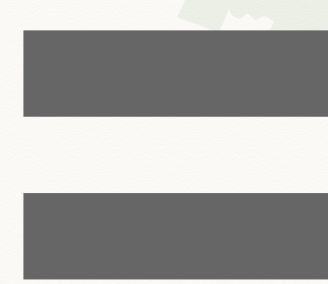
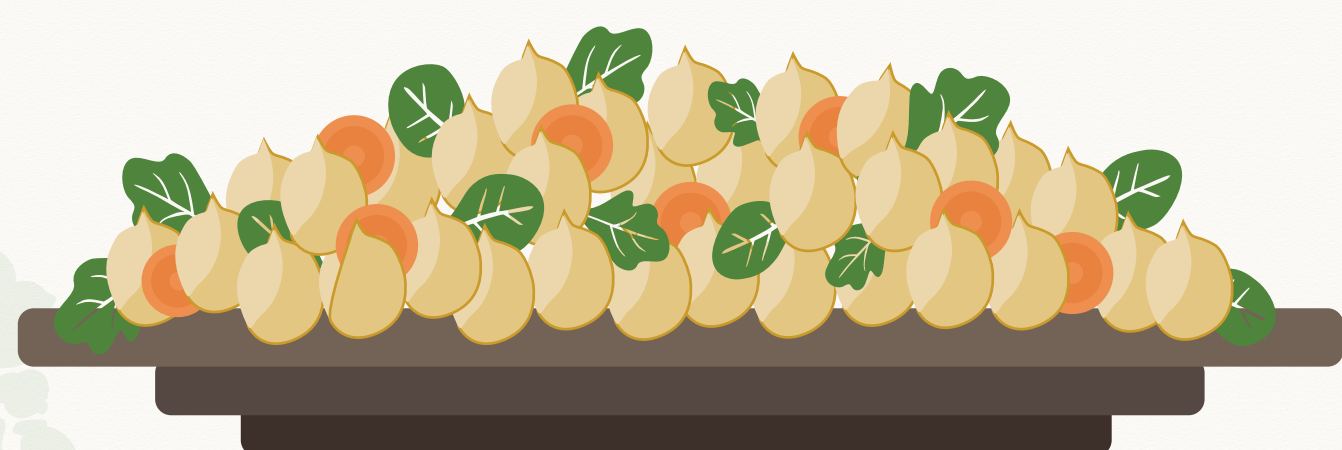
Choices with Impact: Save Water

## How Much Water Did You **EAT** Today?

It takes roughly 312 gallons of water to produce a 2 oz beef patty.



It takes roughly 46 gallons of water to produce a serving of chickpeas.



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**Swap beef for chickpeas just once a week and save roughly 266 gallons of water!**



**That is almost as much water as taking 11 showers!**

