



Connect with Us!

(888) 60-GOLDEN
(888) 604-6533

GoldenTALK is a dedicated chat and resource line for seniors aged 60 and older, available 11 hours a day, 365 days a year.

We help seniors overcome social isolation with friendly conversations, wellness check-ins, and crisis referrals when needed.

Our compassionate volunteers are carefully screened and expertly trained to support a variety of situations.

Interested in volunteering?

Visit our website or email us to learn how you can make a meaningful impact in a senior's life.



(888) 604-6533

volunteer@idsgt.org

www.idsgt.org

I Did Something Good Today Foundation