

Elemental 5

ACROBATICS • PARKOUR • NINJA

NEWSLETTER

Important Dates

THURSDAY, JUNE 12 - GYM CLOSED

Join us as we celebrate another year of FibArk by participating in the Hill Climb! All evening programs will be canceled for race day.

JULY 4 - 6: GYM CLOSED

Gym is CLOSED. Happy Independence Day! (no birthday party/special events bookings will be accepted during this time)

AUGUST 30 - SEPT 1: GYM CLOSED

Gym is CLOSED. Happy Labor Day! (no birthday party/special events bookings will be accepted during this time)

SATURDAY, JUNE 21 AT 10AM

There will be auditions for the performance Crew. Please prepare a 2 minute routine to music to share. Please contact the front desk if you are looking to audition.

JUNE HAS ARRIVED!!

We are officially using our new system, iClassPro. If you have not already created a new account, please scroll to the end of this newsletter to find the onboarding information and create your account ASAP. Summer camp tuition has officially increased as well.

New Weekly Schedule Starting NOW!!

SPARKNOTES VERSION:

- We are ADDING Mini Ninja Classes
 - New schedule: Mon Thurs at 4:30PM, Fri at 9AM
- NinFit classes will be split up by level
 - Levels 1-3: Mon Fri at 4:30PM
 - Levels 4+: Wed/Thurs at 5:30PM
- Aerial Silks on Monday will move to 5:30PM
- Aerial Silks Intermediate on Wednesday will be CANCELLED
- Open Gyms on Wednesdays and Saturdays are cancelled for the summer.
- A new conditioning class called "Push, Pull, & Flex" (AKA: PPF) for committed students, teens, and adults is being added on Thurs at 6:30PM
- Performance Crew practice hours are increasing to 6 hours per week starting June 9th
- Teens/Adult hours on Mondays and Thursdays are cancelled. Wednesday
 7:30 - 8:30 will continue through the summer.
- Mini Open Gym will be offered NOT on a weekly basis. Please scroll to see the flyer with dates.

Please see the schedule on the next page.



Summer Schedule starting June 1st:

Click here for a printable copy of the schedule

Classes	Duration	Monday	Tuesday	Wednesday	Thursday	Friday
Ninja-Tots (Ages starting to walk - 2)	1 hr			-	,	9AM
Mini Ninjas (Ages 3 - 5)	1 hr	4:30 PM	4:30 PM	4:30 PM	4:30 PM	9 AM
Minis Open Gym (Ages starting to walk - 5)	Modified Schdule for the summer. Please check flyer for dates.					
NinFit (Levels 1-3)	1 hr	4:30 PM	4:30 PM	4:30 PM	4:30 PM	4:30 PM
NinFit (Levels 4+)	1 hr			5:30 PM	5:30 PM	
Tx3 Youth (Ages 5 - 12)	1 hr	5:30 PM	5:30 PM			
Aerial Silks Beginners Youth (Ages 7 - 12)	1 hr	5:30 PM	5:30 PM			
Open Gym (Youth/Teen)	1 - 2 hr	6:30 - 7:30PM	6:30 - 7:30PM			5:30 - 7:00PM
Push, Pull, & Flex Conditioning class (for committed students)	1 hr				6:30PM	
Teen/Adult (Ages 13+)	1 hr			7:30 PM		
Performance Crew (By invitation only)	varies	6:30 PM - 8:00PM	6:30 PM - 8:00PM	5:30 - 7:30PM	5:30 - 7:30PM	
Birthday parties & Special Events (By appt. Only Please email/call for availability)	Varies.					

Interested in joining the Elemental 5 Performance Crew? Click HERE!!

Be sure the schedule your Rank test!

As we progress toward classes that are organized by skill level students will need to go through a rank test to be placed in a class that properly challenges them. Please contact the front desk via email to set up a ranking test for your student.

There will be 2 Ninjas of the Month for July!!

Due to the craziness of the end of the school year, the transition into a new online system, and the beautiful chaos of life, there has not been a Ninja of the Month selected for June. However, we will have not one... but TWO Ninjas of the Month for July!! So keep showing up and working hard!!

The Ninja of the month is selected based on The Three A's:

Attendance - Are you coming to class?

Aptitude - Are you progressing in skill?

Attitude - Are you acting with positivity toward yourself, your classmates, and your coaches?



IMPORTANT!! New System Onboarding Information

New System Updates/Reminders:

Read through the onboarding directions if you have not already.

- Already Register for Summer camp? If you are registered for summer camp please PLEASE
 PLEASE create a new account in our new customer system so we can ensure your registration is visible in the new system.
- New Billing Day: All monthly billing will be processed the 1st of each month starting June 1st
- Sibling Discount: The sibling discount for weekly classes will be adjusted as follows:
 - First kid's first class is \$75, second class is 25% OFF, third class is 50% OFF
 - Second kid's first class is 10%, second class is 50% OFF, third class is 75% OFF
 - Third kid's first class is 15%, second class is 75% OFF, third class is FREE
 - Fourth kid is FREE!
- **Enrollment Cancelation:** We will no longer be suspending accounts if students are looking to take a break from classes. They will be expected to cancel their enrollment. Cancelation requests must be submitted 7 days prior to the new billing period (the 1st of the month).
- No Refunds: There will be no refunds or prorated tuition for missed classes.
- Gym Closure Proration: tuition will be prorated for planned gym closures and if a student enrolls
 in a class partway through the month.
- **New Makeup Policy:** If a student misses class whether planned or unexpected, then they are still able to make up that class. Once the student is marked 'absent' for their class then a 'Makeup Token' will be applied to their account. Parents will be able to schedule makeup classes using the token through their online customer portal. Parents may schedule a makeup class within 14 days of today's date. The token will expire within 60 days from when it was applied to the account. Makeup classes may still be scheduled between different programs.
- **Punch Passes:** Punch passes may be shared among family members however they may no longer be extended to friends/members outside of the registered family unit.
- **Birthday Parties:** It will no longer be required for clients to call prior to booking a birthday party. It may all be done through the online customer portal. There will now be specific designated time slots to choose from, still with the option of purchasing an extra half hour. If you are looking to book a party on a Sunday then you will need to contact the front desk for availability. Please note that if a client requests an extra half hour they will be expect to pay that added fee the day they book their event and process their deposit. Any extra guest fees will be process the day of the party at the end. You will be able to book a party no earlier than 2 weeks in advanced. If you are looking to book an event less than 2 weeks in advanced then you will need to contact the front desk.

Click to read through the iClassPro Onboarding Directions

MINIS OPEN GYM (AGES 0 - 5) MODIFIED SUMMER SCHEDULE 2025

TUESDAYS AND THURSDAYS

9AM - 11AM

NOT EVERY TUESDAY AND THURSDAY

JUNE 3, 5, 10 JULY 1, 3, 8, 10, 22, 24 AUGUST 12, 14, 19, 21, 26, 28

PUNCH PASSES MAYBE USED TO COVER TUITION

*NINJA-TOT UNLIMITED PLAN WILL TEMPORARILY
BE CANCELLED FOR THE SUMMER*



5 WEENS OF CAMP! 6 HOURS PER DAY!

Session 2: June 23 - 27

Session 3: July 14 - 18

Session 4: July 28 - Aug 1

Session 5: Aug 4-8

Save the Date!! Join us in running the

FibArk Hill Climb!! June 12 at 6PM

All evening classes will be canceled for race day!

Get a FRIE you do the usil his!!

All evening classes will be canceled for race day!

PULL FLEX

CONDITIONING CLASS

PPF IS A FUNCTIONAL STRENGTH AND **MOBILITY CLASS** FOCUSED ON THREE PILLARS: HANDSTANDS, HANGING AND FLEXIBILITY, EACH SESSION DEVELOPS UPPER BODY AND CORE STRENGTH WHILE ENHANCING FLEXIBILITY AND JOINT RESILIENCE THROUGH BODYWEIGHT TRAINING, HOLDS, AND DYNAMIC STRETCHING.







your child's big day the **Elemental 5 way!**





Thanks for reading!!