

Join the Danceathon 2026!



Let's dance together for 21 days
in March



On 1st March 2026, we start a big event called the Danceathon.

It lasts for 21 days.

- We're celebrating all the different ways people love to move to music.



Dancing every day can make us feel good and have fun together. We want dancing to be part of daily life.



We want to show that everyone can dance, no matter their ability. There are no wrong moves. Everyone can dance in their own way.



We will have a library of online dance videos. These will show different styles and ways to join in. You can watch on you-tube.



The Danceathon raises money for disability and inclusive dance charities.



You can sponsor me and help me keep dancing!



Or join me and dance every day!
You can SIGN UP here – you will get daily emails with a short video animation inviting you to move



Or join with friends or a team at work or school! You will fundraise together



8th March, is the national day of dance. We will tell you about local dance event you can join in person.

Sponsor us!



[Fundraising page](#)

Give

[Click here to sponsor us](#)

Start Fundraising

[Click here to set up a team fundraising page for your school/work/family](#)

Dance Stars

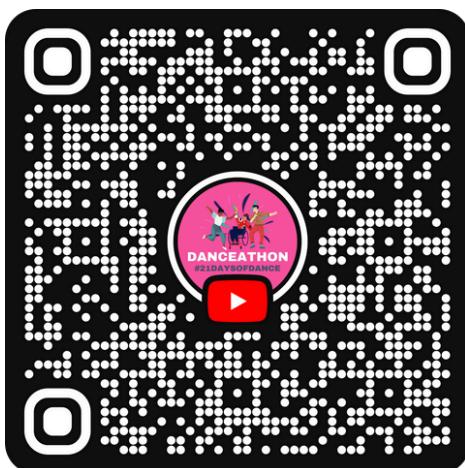


Share your photos of your #EverydayDancefloor on our socials @Dancethon_21DaysOfDance or your favourite dance moves.

Community reporters



Do you want to speak to our community reporters? They will ask you on a zoom call about why you are doing the danceathon and how you are going to do it as part of everyday life. We will get your ideas about how to make it easier for people to dance at school or at work



In March You Tube channel will have:

- **Short animation videos:** giving you daily ideas about how to move
- **Dance Snacks** – short inclusive videos from our dance stars. You can watch and dance along anywhere



On the final day - 21st March, we celebrate World Down Syndrome Day. We will dance with people all over the world. We will tell you about local events you can join.