

Portugal

24th April – 3rd May 2027 (9 nights)

Luxury Travel Journal & Watercolour Workshop

with Artist Crystal Beshara



Retreat Information & Traveller Agreement Form

1. PLEASE READ CAREFULLY & SAVE for future reference
2. **Once deposit has been sent,** EACH PARTICIPANT MUST FILL OUT THE LAST PAGE AND SEND A COPY of this agreement to:
to crystal@crystalbeshara.com

****PLEASE CHECK YOUR SPAM FOLDERS for this email if not received within 1 hour of submission.***

Organizer Information

Organizer & Instructor: Crystal Beshara
Email: crystal@crystalbeshara.com
Phone: Canada 613-276-1568
Website: www.CrystalBeshara.com

Venue address:
Quinta Bonita, Matos Morenos Quatro Estradas, 8600-115 Lagos, Portugal

Retreat Overview

Escape to sun-drenched southern Portugal for a week of creativity, connection, and coastal beauty. This exclusive retreat invites you to join award-winning artist Crystal Beshara at a luxury villa, surrounded by spectacular gardens and breathtaking views of the sea. Over nine evenings and six full days, you will experience guided painting sessions ranging from the lush villa gardens to the golden cliffs and turquoise waters of the Algarve coast. Between sessions, guests may relax by the pool, explore the grounds, or indulge in exquisite meals prepared with fresh, local ingredients. Accommodation options include two elegant private rooms and eight shared rooms, with one cottage ideally suited for two to three people.

Inclusions

- Six days of art instruction (aprox 6 hours each day)
- Three group critique sessions
- Nine breakfasts
- Six lunches
- Eight dinners
- Nine nights at a private luxury villa in the Algarve

Itinerary & Lesson Plans

- **SATURDAY April 24th** Arrival at Villa (between 5:00pm – 6:00 p.m.) followed by a welcome dinner at 7:30 p.m.
- Six days of art instruction, including four on-site painting lessons at the villa and two off-site sessions (transportation is included for these days).
- Two free days with optional group excursions or activities (fees to be determined).
- **MONDAY May 3rd** Departure by 10am (breakfast available).
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* Physical Activity and Terrain Considerations *

For the two off-site sessions included in the retreat itinerary, participants should be prepared for some walking. Aprox 10 minutes. All attendees are required to carry their own art supplies and personal gear, as there will be no available personal assistance or helpers during these excursions.

The outings may include visits to beaches and cliffs. While these excursions are intended to be enjoyable and not excessively strenuous, please be aware that the terrain may be uneven in places. It is important to wear appropriate footwear and be mindful of your own physical comfort and safety. By completing and signing the agreement, participants acknowledge and accept these requirements.

This retreat is for the enjoyment of all. As such, the trip has been designed to flow with positivity & balance meaning equal attention to all members. The instructor and / or facilitator is NOT responsible for any extra care or extra travel expenses related to sickness whether mental, emotional or physical. To ensure the personal safety and comfort of all participants, it is up to the discretion of the instructor and facilitator to deem any member unfit to participate in activities.

BY SIGNING THIS DOCUMENT, you agree that:

- You are in good health
- You do not require any special assistance (medical or physical)
- You understand that you are responsible for all expenses & arrangements related to illness should they arise.

FLIGHTS & Group Ground Airport Transfer

Our villa is located just outside of Lagos, the closest airport is Faro Airport (FAO).

Porter Airlines, Air Transat and WestJet fly direct from Toronto to Faro on specific days (I believe direct flights operate on Fridays)

Participants are responsible for finding their own flights and arranging transportation to and from our retreat venue.

Optional group ground transfer to the retreat *may be possible depending on arrival times; Saturday April 24th*, from Faro Airport (FAO). Please indicate your interest on the last page of this form.

The organizer will provide updates as more information becomes available. However, **it is recommended to arrive in Portugal a day early to avoid travel delays and adjust to the time zone. If there is enough interest, the group would meet the driver at a pre-determined location between 3:00-4:00 p.m. on Saturday April 24th, with a return transfer on the morning of May 3rd.**

- **Arrival Transfer: April 24** leaving from Faro Airport (FAO), arriving at the retreat venue (a little after between 5:00pm - 5:30 PM)
- **Departure Transfer: May 3 - 10:00 AM** leaving from the retreat venue, arriving at Faro Airport (FAO) a little after 11:00 AM

Cost for the optional group ground transfer is \$50 CAD *each way per person* (based on a group of 10–16 people). Payment is due via e-transfer by 2027-01-01. *Luggage is limited to one suitcase, one carry-on, and one personal item. Full details will be provided by email several months before the retreat, and fees must be paid up to three months prior to departure.

Independent Travel Options

If your travel arrangements do not align with the optional group transfer times, consider spending extra days in Faro or Lagos before or after the retreat. The transfer from Faro to the venue takes approximately one hour; from Lagos, about 15 minutes. The venue address is: Quinta Bonita, Matos Morenos Quatro Estradas, 8600-115 Lagos, Portugal (approx. US\$100 per way by taxi).

- **Check-in begins at 5:00 p.m. April 24th**
- **Check-out is after breakfast by 10:00 a.m. May 3rd**

Meals

Portuguese cuisine at the retreat is a passionate blend of land and sea, with ingredients sourced from nearby farms and the venue's own gardens and orchards. Breakfasts feature a wide selection of oatmeal delights. Light lunches may include orzo salad, Moroccan salad bowls, tuna niçoise, and other daily options. Dinners offer three courses, starting with a light dish and followed by generous mains such as Piri Piri prawns, Arroz de Tomate, citrus-spiced salmon, Brazilian coconut stew (fish or veggies), lemon risotto with Algarvian prawns, and more. Regional wines are available, and guests can help themselves to beer, wine, and soft drinks from the honesty bar. Any dietary restrictions (vegetarian, vegan, gluten or lactose intolerance) must be advised at least 60 days before the retreat.

Our RETREAT INCLUDES

- Nine breakfasts (breakfast everyday)
- Six lunches (on instruction days)
- Eight dinners (welcome dinner, 6 dinners on instructional day, farewell diner)
- All other meals, 2 lunches and a dinner would be the responsibility of participants on their days off

A NOTE FROM THE CATERER: We cater for vegetarian, vegan, gluten/dairy free each week and there is no charge for these dietary restrictions. *Please note that preferences cannot be accommodated and the meals are catered for the group and not individuals.*

Payment Terms & Important Dates

- **March 15, 2026:** Any payments received after this date becomes non-refundable
- Spots are not held without payment.
- **June 1, 2026:** A further \$1,000 CAD non-refundable payment due via bank e-transfer to crystal@crystalbeshara.com.
- **December (TBA) 2026: Final balance is due +** Optional group ground transfer (\$100 CAD round-trip) to be confirmed via email. Payable via bank e-transfer to crystal@crystalbeshara.com
- Don't worry, individual reminder emails and invoices will be sent!

Refund & Cancellation Policy

- A full refund is available if cancellation is received before **March 15, 2026**.
- All payments become non-refundable after **March 15, 2026**.
- If the minimum of 11 participants is not reached by **March 15, 2026**, all deposits received before that date will be fully refunded by the organizer (Crystal Beshara) via the original method of payment by **March 30, 2026**.
- The organizer and venue reserve the right to cancel bookings if payments are not made on time.

Accommodation Details

Upon payment of your deposit, you must indicate your preferred room and whether you intend to share, including the names of your chosen roommates.

- Rooms are allocated on a first-come, first-served basis, and every effort is made to accommodate preferences. If your first and second choices are unavailable, alternative arrangements will be discussed.
- Participants may indicate willingness to share a room; however, if no roommate is available, please note that the participant is responsible for the additional single supplement fee of \$900 CAD.
- **There are only two single and two triple rooms; otherwise, rooms are shared with two twin beds (or king configuration) per room.**

Travel Information & Responsibilities

All participants are responsible for booking and paying for their own flights. If you choose the group transfer from FAO, please ensure you are at the designated meeting point by the agreed upon time (TBD)

Responsibilities, Insurance & Cancellation

Neither the organizer nor the venue is responsible for personal injury, accidents, loss, or damage to property before, during, or after the retreat. Participants are responsible for arranging and paying for their own flights, medical expenses, travel insurance, art supplies, and transportation to and from the venue (unless using the group transfer).

The organizer is not liable for travel delays, cancellations, or force majeure events such as weather, strikes, or pandemics.

PLEASE SIGN AND SEND the last page of this document (see next page)

PORTUGAL April 24th – May 3rd 2027 TRAVELLER AGREEMENT

EACH participant must fill out this form independently

PLEASE PRINT LEGIBLY, SIGN AND SEND THIS page via email to crystal@crystalbeshara.com

YOUR FIRST NAME _____

YOUR LAST NAME _____

YOUR PHONE NUMBER (country code + area code + number) _____

ROOM NAME _____

ARE YOU SHARING? (circle or "x") _____ YES _____ / _____ NO _____

IF SHARING, FIRST AND LAST NAME of ROOMATE (s) if known

(1) _____

(2) _____

YOUR EMERGENCY CONTACT INFO:

FOOD ALLERGIES or RESTRICTIONS?

EMERGENCY CONTACT (not travelling with you)

FIRST NAME _____ LAST NAME _____

EMERGENCY CONTACT EMAIL _____

EMERGENCY CONTACT PHONE # _____ (country) _____

BY SIGNING THIS DOCUMENT, you agree that:

- You are in good health
- You do not require any special assistance (medical or physical)
- You understand that you are responsible for all expenses & arrangements related to illness should they arise.

YES I HAVE READ AND AGREE TO THE TERMS on PAGE 1-6

SIGN HERE _____

DATE _____ / _____ / _____

Please email this to crystal@crystalbeshara.com once deposit has been sent