

# The 2026 Family Safe Word Protocol

A Parent's Guide to Defeating Voice-Cloning Scams

## 1 WHY YOUR FAMILY NEEDS A SAFE WORD IN 2026

**AI can now clone your child's voice from a 3-second social media clip.**

If you get an emergency call asking for money · how do you know it's actually them?

**The solution: A secret Family Safe Word**

Only your real family members know it · AI and scammers cannot guess it.

## 2 THE RULES OF A GOOD SAFE WORD

To be effective, your word must be AI-Proof.

### AVOID

Pet names  
Birthdays  
Street names  
Sports teams

### CHOOSE

Random object  
+ colour  
+ action

**Example:**

**-Blue Toaster Jumping-**

Easy to remember. Impossible to guess. No algorithm can predict it.

## 3 THE CHALLENGE & RESPONSE METHOD

Don't just share the word. Use a Challenge & Response to catch scammers.

### PARENT CHALLENGE

**-What is our Family  
Safe Word?-**

### CHILD RESPONSE

**-Blue Toaster Jumping-**

### SCAMMER RESULT

**FAILS immediately**

## 4 WHEN TO USE THE PROTOCOL

This protocol isn't just for phone calls. Use it in all these scenarios:

- 1 Emergency phone calls**  
Unexpected -accidents- or -arrests- · verify before you react.
- 2 Unexpected pick-ups**  
If a friend or -relative- is sent to pick up your child from school.
- 3 Odd text messages**  
Any message asking for a bank transfer or sensitive information.

## 5 THE SAFE WORD FAMILY CONTRACT

Sit down for 5 minutes tonight and complete this family contract.

- |   |  |
|---|--|
| <b>1 Pick the word TOGETHER</b><br>As a family · everyone must know it. | <b>2 Write it on PAPER</b><br>Not a digital note. Physical paper only. |
| <b>3 Store it SAFELY</b><br>Kitchen drawer or a physical safe.          | <b>4 NEVER text the word</b><br>Digital messages can be intercepted.   |

## 6 WHAT TO DO IF THEY FAIL THE WORD

If the person on the phone cannot give the correct response:

- |   |   |
|---|---|
| <b>DO NOT GIVE MORE INFO</b><br>Stop the conversation ·<br>share nothing further.           | <b>HANG UP IMMEDIATELY</b><br>End the call<br>without hesitation.                 |
| <b>CALL BACK ON SAVED NUMBER</b><br>Use your saved contact ·<br>not the number that called. | <b>REPORT TO AUTHORITIES</b><br>Report to local police or<br>consumer protection. |

**More family AI safety resources at [jennycreated.com](https://jennycreated.com)**

Get the free AI Safety Checklist and more · [jennycreated.com](https://jennycreated.com)