

# ORGANISE YOUR WARDROBE



Have something to wear every day. A wardrobe that consistently reflects who you are, how you want to feel and look.



What we wear affects how we feel and how we behave.

Wearing clothes that reflect your personality will help you achieve your career and personal goals.

Having an organised wardrobe that you can pull an outfit together from easily will save you time.

Being sure of who you are, what image you want to convey can build your confidence.

This guide will show you how to have an organised wardrobe, that gives you choice, saves you time and shows the world the person you want to be.



# Step one - Preparation

Think of this as an investment of time for the year ahead, so you will need proper time and some organisation.

What you will need

- an afternoon (or 3 -4 hours, in daylight)
- to take a break half way through, or finish the job on another day
- to feel calm and in the mood
- a camera/camera phone
- a flat clear bed or a wardrobe rail
- bags for the charity shop
- a bag or box for items you plan to sell
- to be honest with yourself
- hangers - sturdy ones for jackets, ideally bespoke trouser or skirt hangers



## Step two - A fresh start

To start with a 'clean slate' you will need to start afresh with a clean space

- take **everything** out and put on your bed or a rail
- open up the bags you have for the charity shop or selling ready
- give the wardrobe a dust, make it feel new
- look at each item in turn
  - if you wear it regularly, hang it back in the wardrobe
  - if you don't wear it, but it holds a special memory, take a picture of it (see next page)
  - if you don't wear it - put it in the charity shop/'to sell' bags
  - if you want to wear it/it fits but needs mending put on a pile to sort that



## Step three - Letting go

Clearing space in your wardrobe is freeing, and builds clarity.

Let go of the guilt of spending money on items you don't wear.

This will let in light, energy and a fresh start.

Here's a way to hold them in your memory without taking up space:

- make them look great on a hanger, then take a great picture you can keep.
- then lovingly pack them with tissue ready to be treasured.
- donate to a charity shop and feel good, or sell on and have cash for a treat.
- Imagine the delight of the person that buys your item!



## Step four - Organise

Now you have all the items you regularly wear in your wardrobe.

Start to hang items together.

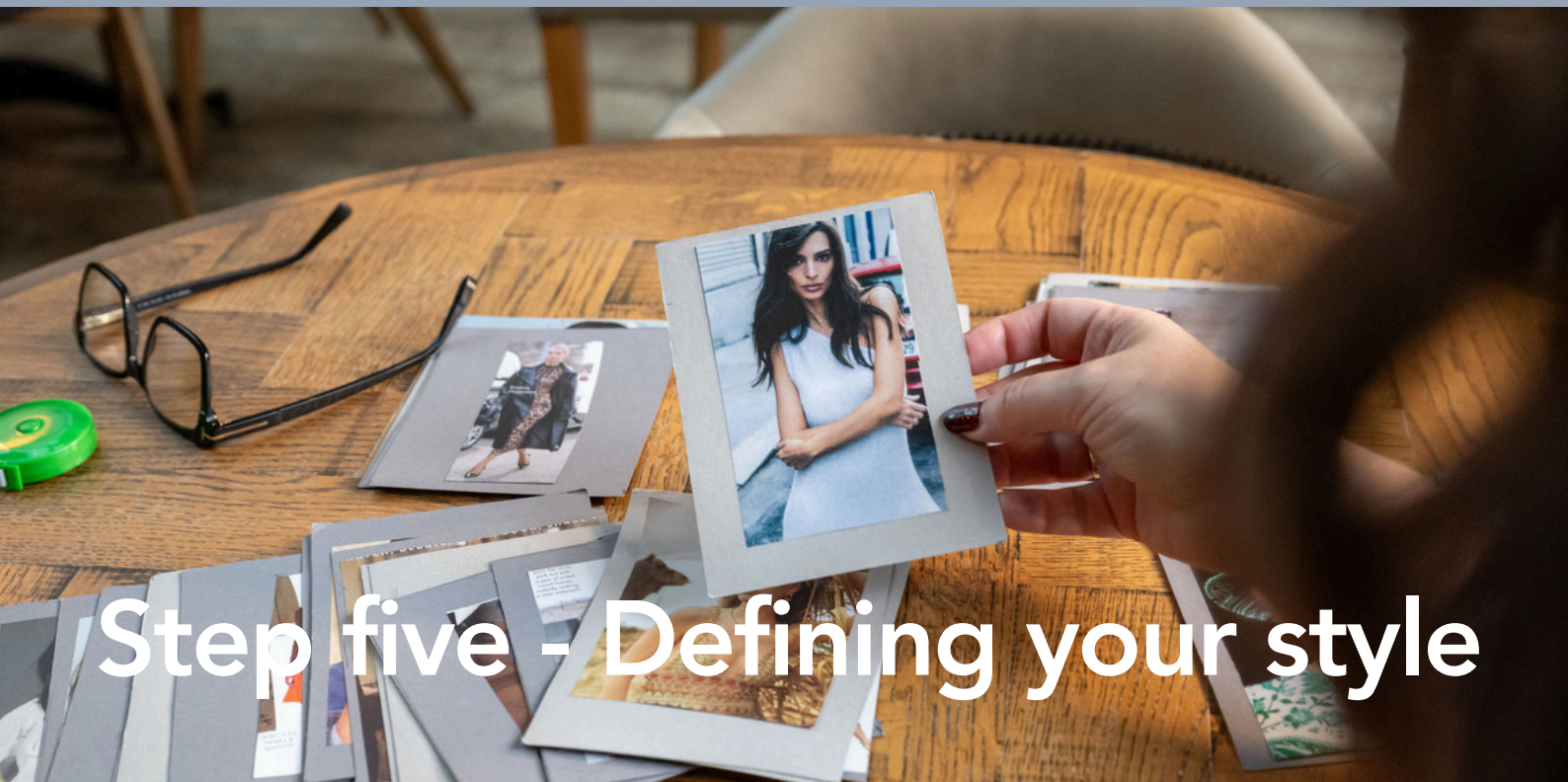
- colours that work well
- styles that compliment each other

Put your shoes under the outfits they usually go with.

You might find it useful to keep work and social clothes separate.

Most important is that you can see what you have in your wardrobe.

Now... what does your wardrobe say...



## Step five - Defining your style

Stand back and take a look at your wardrobe style.

Take a picture on your phone. It's like looking at someone else's wardrobe.

Is there a common theme - colour? Style? A mix?

Grab some magazines. Cut out the pictures that attract you. Glue these to a board to keep as a reminder of how you want to be seen. Or create a board on Pinterest. These pictures will help you define your own personal style.

Use this board to help combine items in your own wardrobe and to help you buy items that fit in with your own personal style.



## Step six - Complete

You now have a wardrobe of clothes you wear. Take a picture on your phone.

You can see what works together and what style this wardrobe conveys.

Now write a list of missing items. e.g. shoes, belts, tops, perhaps underwear for your next shopping trip.

My wardrobe review and edit service will leave you with a collection of clothes that works effortlessly for you.

A wardrobe that flatters your body shape and defines your unique style every day. That serves you best and will enable you to show up as you.

[Book a discovery call](#) to find out more.