The Secret to Keeping That Summertime Feeling



August sits in that in-between space. The calendar says summer, but fall's demands are right around the corner. That relaxed, summertime feeling doesn't have to end just because the calendar says so.

The Days are Vanishing!

- Feeling we didn't enjoy summer enough.
- Back-to-school energy is everywhere.
- Days are slowly becoming shorter.
- Not mentally ready to shift into fall responsibilities.

Shift Into a Sunnier Outlook

- ☑ Redefine summer as a mindset, not a season.
- ☑ Think of fall months as a "bonus summer."
- ☑ Schedule something fun to look forward to.
- ☑ Make a simple "still enough time" to-do list.

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14 Fun Ways to Make the Summertime Last



1. Host a “Last Splash” backyard bash.
2. Try an outdoor workout like a beach walk, park workout, or yoga in the yard.
3. Have a no-oven cooking day with grilling, salads, and cold dishes.
4. Try a “new to you” hobby or sport.
5. Have a sunrise breakfast.
6. Plan a patio hop night and visit 2–3 local outdoor spots.
7. Do a summer photo day and capture a few favorite spots before the season ends.
8. Host a “white party” or summer color theme night.
9. Plan a sunset “appetizers only” hangout.
10. Visit the places (museums, attractions, etc.) that you’ve been putting off.
11. Let the kids do a backwards day (e.g., dessert for breakfast, etc.).
12. Host a backyard games tournament.
13. Pick a random, local town for a day trip.
14. Give yourself permission to have a day to just do nothing!

Summer is not just about fun, sunny days. It’s the time with family and friends that matters. Hold onto that feeling and you’ll enjoy your “bonus summer” all the way through the fall months.

Oh, by the way...if you know of someone who would appreciate the level of service I provide, please call me with their name and contact information and I’ll be happy to follow up and take great care of them.