Exercise Dice

Do 10 jumping jacks

Do 10 squats

Touch your toes 5 times

Hop on one foot

Do 5 push-ups

Run in place for 10 seconds

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Why settle for one when you can have it all? Get the complete bundle set of 12 Action cubes.

HERE

- SET INCLUDES
- positive affirmations
- imagnative
- Adventure Emotions
- Exercise
- Storytelling
- Calm Down Techniques
- Feelings Expressions
- Colors
- Silly Sound
- Energy Release
- Emotions
- Animal Actions

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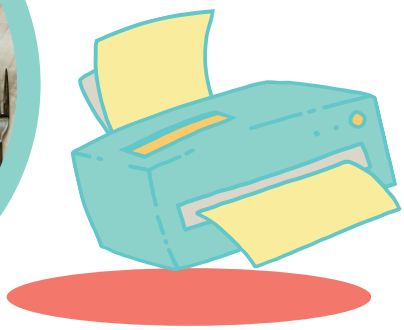

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