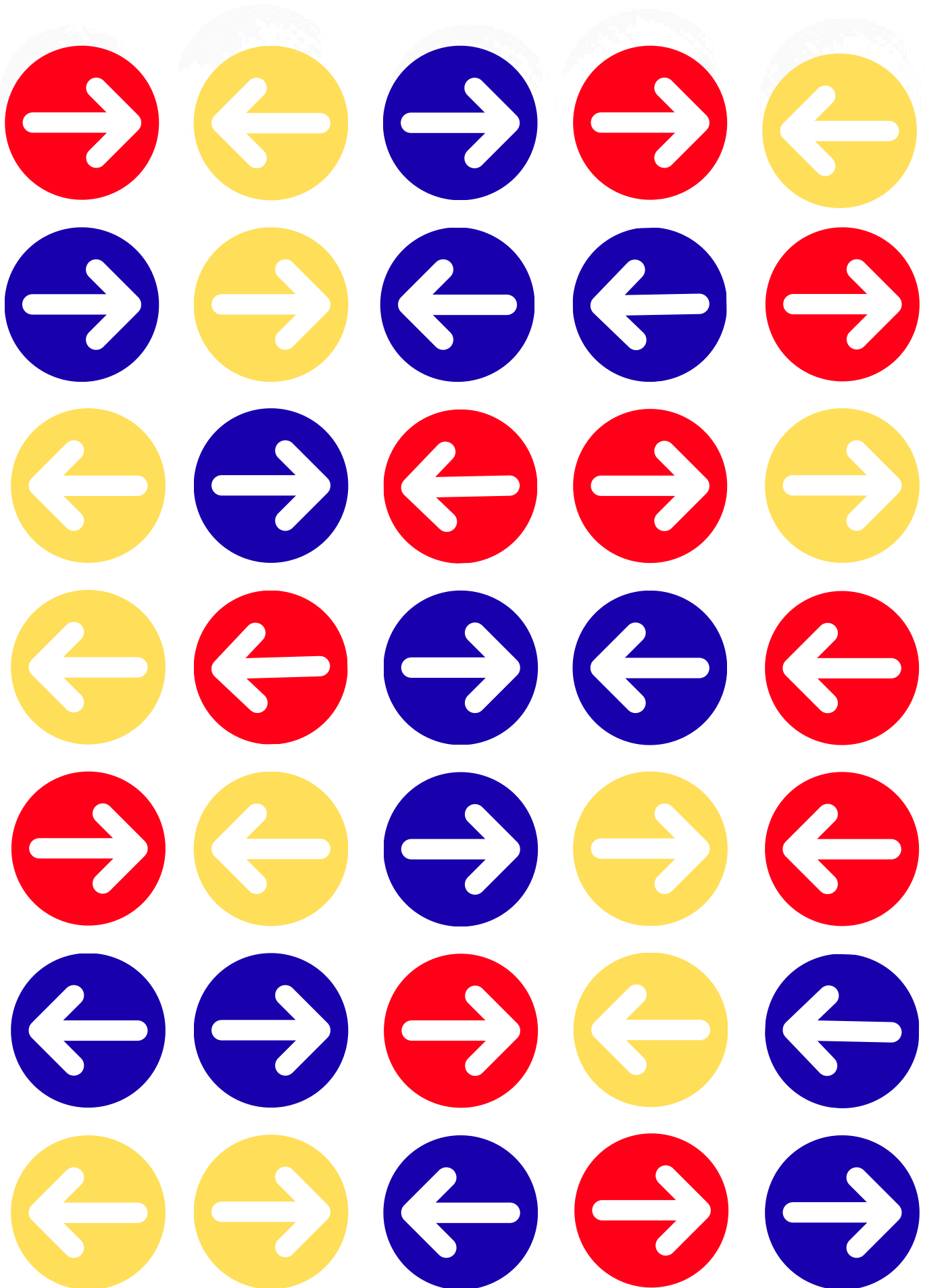




Movement Puzzle

Print out both sheets. Fold this one in half long ways so you only see the 3 colored circles.

Place both pages in front of you on a table so the folded paper is closest to you, with the 3 circles facing horizontally. Place the other sheet on the other side of it, further away from you, facing vertically or hanging in front of you at eye height.

The arrows indicate which hand you use, so the arrow that points right means you use the right hand, and the arrows pointing left mean you use the left hand.

So if you see a blue circle with a left arrow in it, you would touch the big blue circle in front of you with your left hand. If you see a red circle with a right arrow, you would use your right hand to touch the large red circle.

You go down the arrow page from left to right, row by row, just as if you were reading any page. Your goals are to go as fast as you can and make as few mistakes as possible.

Give yourself grace when starting this. It is harder than it seems. Have FUN!

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