The 10-Minute Declutter

ONE SMALL SPACE, ONE CLEAR FINISH

TRY THE 2 - 6 - 2 RESET

2 MIN — **CHOOSE**

Pick one small area. Get a bag or basket ready.

6 MIN — **SORT**

Remove trash, return easy items, and put uncertain items aside.

2 MIN — **CLOSE**

Put the bag where it belongs and notice what changed.

CHOOSE ONE PLACE TO BEGIN

- [ ] The chair where clothes land
- [ ] Entryway drop zone
- [ ] Receipts and loose papers
- [ ] Top of the dresser
- [ ] One refrigerator shelf
- [ ] One nightstand
- [ ] One kitchen counter corner
- [ ] Bathroom products
- [ ] One drawer
- [ ] The bottom of a tote bag

MAKE THE RESULT EASIER TO MAINTAIN

Why does clutter gather here? (No home, hard-to-reach storage, or something else?)

One small change I can make: _____