Goodbye Gentle Giant



Book Club Discussion Questions

Six thoughtful questions for conversations about love, caregiving and hope

1. Love and caregiving

How did Holly's relationship with Dave change as his illnesses progressed? What moments in their story stayed with you?

2. The challenges of caregiving

Holly writes openly about exhaustion, anger, guilt, and wondering whether she was doing enough. Did her honesty change how you think about caregiving?

3. Finding joy

Despite the difficulties, Holly continued to look for moments of laughter and happiness. Why do you think finding joy was so important to her?

4. Family relationships

How did Dave's illnesses affect the family? Were there situations where you could understand different family members having different needs or feelings?

5. Acceptance and courage

Dave faced many losses as his illnesses progressed. What did you admire most about the way he lived with frontotemporal dementia and ALS?

6. Life after loss

What does Goodbye Gentle Giant tell us about finding our way forward after losing someone we love?



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